

Univera Serve First 5K

McInnish Park, Carrollton, TX

Sunday, September 22, 2019

76F Clear 80%H 9mphS

5K Off :8:00 am

5K MALE

		33 Runners --- Average Time of 33:13				Avg. Age Grade: 47.3%			Place in	
	Name	City or Team	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <u>Joseph Grimm</u>	Dallas	(31)			20:04.00	6:27.5	64.6%	1	1
M10-15	<u>1</u> <u>Benjamin Schussler</u>	Dallas	(15)	13:16	+12	26:44.37	8:36.4	52.1%	11	10
	<u>2</u> <u>Eli Levine</u>	Parker	(15)	15:03	-98	28:27.83	9:09.7	48.9%	17	15
	<u>3</u> <u>Zander Kam</u>	Dallas	(14)	24:28	+69	50:05.89	16:07.5	28.3%	51	29
M16-19	<u>1</u> <u>Reece Parker</u>	Plano	(18)	11:27	+25	23:18.56	7:30.2	57.2%	2	2
	<u>2</u> <u>Paul Schussler</u>	Dallas	(17)	15:53	+182	34:48.46	11:12.2	38.8%	29	24
M20-29	<u>1</u> <u>Niraj Parekh</u>	Plano	(25)	13:56	+37	28:28.05	9:09.8	45.3%	16	14
	<u>2</u> <u>Dihruv Narayanan</u>		(23)	14:07	+264	32:36.59	10:29.8	39.6%	23	21
	<u>3</u> <u>Leland Licciardi</u>	Dallas	(28)	16:27	+46	33:39.66	10:50.1	38.3%	27	23
	4 <u>Alex Williams</u>		(24)	26:21	+86	54:07.31	17:25.2	23.8%	55	31
	5 <u>Brandon Silva</u>		(24)	29:45	-210	56:00.49	18:01.6	23.0%	59	32
M30-39	<u>1</u> <u>Pedro Serrano</u>	Dallas	(30)	11:39	+99	24:57.12	8:01.9	51.8%	7	7
	<u>2</u> <u>Milan Kc</u>	Carrollton	(34)	13:48	+7	27:41.88	8:54.9	47.3%	13	12
	<u>3</u> <u>Sammy Gonzalez</u>	Frisco	(38)	14:23	+36	29:22.02	9:27.1	45.8%	20	18
	4 <u>Chris Lopez</u>	Carrollton	(32)	17:14	+149	36:57.02	11:53.6	35.2%	35	25
M40-49	<u>1</u> <u>José Carlos Maldonado</u>	Dallas	(41)	11:37	+47	24:01.39	7:43.9	57.2%	4	4
	<u>2</u> <u>Neil Rubinstein</u>	Plano	(45)	11:50	+48	24:27.33	7:52.3	58.0%	5	5
	<u>3</u> <u>Terrell Carter</u>	Dallas	(43)	12:36	-5	25:06.41	8:04.9	55.6%	8	8
	4 <u>Greg Brinkley</u>	Dallas	(41)	13:36	+0	27:11.96	8:45.3	50.6%	12	11
	5 <u>Gavin Kam</u>		(45)	13:55	-21	27:29.39	8:50.9	51.6%	14	13
	6 <u>Chris Stafford</u>		(46)	14:09	+26	28:43.14	9:14.6	49.8%	18	16
	7 <u>Jason Parker</u>	Plano	(48)			50:13.82	16:10.1	28.9%	53	30
M50-59	<u>1</u> <u>David Short</u>		(58)	12:03	+0	24:06.27	7:45.5	65.4%	6	6
	<u>2</u> <u>Pauli Kajaani</u>	Dallas	(57)	14:58	-27	29:28.79	9:29.3	53.0%	21	19
	<u>3</u> <u>Jim Lord</u>	Dallas	(59)	15:00	+164	32:44.78	10:32.4	48.6%	25	22
	4 <u>John Kramer</u>	Plano	(57)	18:29	+56	37:53.38	12:11.7	41.2%	39	27
M60-69	<u>1</u> <u>Julio Lopez</u>	Farmers Branch	(63)	11:36	+21	23:34.25	7:35.2	69.9%	3	3
	<u>2</u> <u>Ruben Arevalo</u>	Dallas	(64)	12:38	+43	25:59.59	8:22.0	63.9%	10	9
	<u>3</u> <u>David Mask</u>	Lewisville	(67)	14:44	-38	28:49.08	9:16.5	59.3%	19	17
	4 <u>Scott Boeckle</u>	Dallas	(61)			29:10.64	9:23.5	55.5%	22	20
	5 <u>Robert Simpson</u>		(64)	18:35	+27	37:37.64	12:06.7	44.2%	37	26
M70+	<u>1</u> <u>Scott Ahlstrom</u>	Carrollton	(71)	22:18	-11	44:24.43	14:17.6	40.2%	44	28
	<u>2</u> <u>Earl Mikolitch</u>	Dallas	(73)			1:07:50.87	21:50.3	27.0%	67	33

GD Place among Females

Age Grading is based on 100% for World Record for given Age/Gender.

▲ Positive Split

▲ Negative Split

Timing provided by:



DeltaViewTiming.com

5K FEMALE

		34 Runners --- Average Time of 46:23				Avg. Age Grade: 38.8%			Place in	
Name		City or Team	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1 Jennifer Vogler</u>	Dallas	(41)	12:38	-5	25:10.55	8:06.2	61.3%	9	1
F09 & Und	<u>1 Harper Deshong</u>	Plano	(6)	30:01	+299	1:05:01.45	20:55.8	30.0%	63	31
F10-15	<u>1 Isabel Strobel</u>	Dallas	(15)	20:22	+107	42:31.37	13:41.2	36.4%	41	14
	<u>2 Linda Hannah Rhoads</u>	Dallas	(15)	32:19	-585	54:53.85	17:40.2	28.2%	56	25
F16-19	<u>1 Jenna Sasson</u>	Dallas	(17)	17:13	+143	36:48.53	11:50.9	41.1%	34	10
	<u>2 Ava Kosoy</u>	Plano	(16)	24:52	+127	51:51.06	16:41.4	29.5%	54	24
	<u>3 Sarah Liener</u>	Dallas	(17)	32:11	-569	54:52.68	17:39.8	27.5%	57	26
F20-29	<u>1 Kirsten Failing</u>	Dallas	(24)	16:27	+44	33:38.69	10:49.8	44.0%	26	4
	<u>2 Merrita Downs</u>	Flower Mound	(21)	16:51	+21	34:03.09	10:57.6	43.5%	28	5
	<u>3 Kelsey Webster</u>	Dallas	(24)	22:35	+139	47:29.54	15:17.2	31.2%	45	17
	4 Caleigh Clemens	Lewisville	(27)	22:18	+217	48:13.93	15:31.5	30.7%	49	21
	5 Shelby Crabb	Plano	(24)			48:29.06	15:36.3	30.5%	48	20
	6 Sarah Haro		(27)	29:34	-198	55:50.05	17:58.3	26.5%	60	28
F30-39	<u>1 Amanda Poland</u>	Carrollton	(31)	17:16	+144	36:57.00	11:53.6	40.1%	36	11
	<u>2 Krystle Grimm</u>	Dallas	(31)	18:15	+85	37:55.09	12:12.3	39.1%	38	12
	<u>3 Tasha Williams</u>	Dallas	(34)			48:14.78	15:31.7	30.9%	50	22
F40-49	<u>1 Dafna Rubinstein</u>	Plano	(45)	14:51	-87	28:15.07	9:05.6	56.5%	15	2
	<u>2 Lori Sasson</u>	Dallas	(46)	16:44	-13	33:14.44	10:41.9	48.5%	24	3
	<u>3 Jessica Valdez</u>	Cedar Hill	(40)	16:56	+73	35:05.89	11:17.8	43.7%	30	6
	4 Dena Light	Coppell	(48)			48:03.80	15:28.2	34.3%	47	19
	5 Andrea Kleinman Parker	Plano	(48)	24:26	+81	50:12.92	16:09.8	32.9%	52	23
	6 Sonia Smith	Dallas	(49)	33:02	+15	1:06:17.93	21:20.4	25.2%	66	34
F50-59	<u>1 Betsy Palmer</u>	Carrollton	(58)	17:32	+24	35:26.80	11:24.6	53.0%	31	7
	<u>2 Heidi Axelrod</u>	Flower Mound	(51)	17:54	+39	36:26.47	11:43.8	47.0%	32	8
	<u>3 Tiffany Stafford</u>	Flower Mound	(52)	17:54	+53	36:39.74	11:48.0	47.3%	33	9
	4 Iola Bordelon	Plano	(57)	21:30	-21	42:37.59	13:43.2	43.5%	42	15
	5 Monnica Rose	Rowlett	(55)	23:23	+52	47:38.07	15:19.9	37.9%	46	18
	6 Cindy Engel		(56)	29:34	-199	55:48.34	17:57.7	32.8%	58	27
F60-69	<u>1 Carol Creech</u>	Plano	(68)	20:26	+9	41:01.56	13:12.3	53.2%	40	13
	<u>2 Elfrieda Cole</u>	Plano	(64)	30:32	+108	1:02:52.23	20:14.2	32.6%	61	29
	<u>3 Vickie Reynolds</u>	Plano	(68)	30:00	+301	1:05:02.04	20:55.9	33.5%	64	32
	4 Valorie Kajaani	Dallas	(62)	32:33	+42	1:05:47.55	21:10.6	30.2%	65	33
F70+	<u>1 Peggy Campagna</u>	Flower Mound	(75)	20:23	+60	41:44.77	13:26.2	58.9%	43	16
	<u>2 Mary Boyd</u>	Plano	(73)	30:35	+104	1:02:53.21	20:14.5	37.7%	62	30

Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	Net Chip Time	Pace	5KEqClock Time	AgeGD	
1	398 Joseph Grimm (M31)	1	M30-39	0A1	---				20:04.00	6:27.5	20:07	20:04.00	64.6%
2	428 Reece Parker (M18)	2	M16-19	1st	8.5	11:27	11:52	+25	23:18.56	7:30.2	23:30	23:27.04	57.2%
3	461 Julio Lopez (M63)	3	M60-69	1st	---	11:36	11:58	+21	23:34.25	7:35.2	23:57	23:34.25	69.9%
4	418 José Carlos Maldonado (M	4	M40-49	1st	---	11:37	12:24	+47	24:01.39	7:43.9	24:02	24:01.39	57.2%
5	440 Neil Rubinstein (M45)	5	M40-49	2nd	2.6	11:50	12:38	+48	24:27.33	7:52.3	24:45	24:29.91	58.0%
6	469 David Short (M58)	6	M50-59	1st	26.9	12:03	12:03	+0	24:06.27	7:45.5	24:10	24:33.16	65.4%
7	449 Pedro Serrano (M30)	7	M30-39	1st	---	11:39	13:18	+99	24:57.12	8:01.9	24:95	24:57.12	51.8%
8	381 Terrell Carter (M43)	8	M40-49	3rd	4.7	12:36	12:31	-5	25:06.41	8:04.9	25:10	25:11.11	55.6%
9	457 Jennifer Vogler (F41)	1	F40-49	0A1	2.4	12:38	12:33	-5	25:10.55	8:06.2	25:17	25:12.98	61.3%
10	464 Ruben Arevalo (M64)	9	M60-69	2nd	---	12:38	13:22	+43	25:59.59	8:22.0	25:98	25:59.59	63.9%
11	445 Benjamin Schussler (M15)	10	M10-15	1st	8.4	13:16	13:28	+12	26:44.37	8:36.4	26:73	26:52.75	52.1%
12	377 Greg Brinkley (M41)	11	M40-49	4th	12.4	13:36	13:36	+0	27:11.96	8:45.3	27:18	27:24.34	50.6%
13	406 Milan Kc (M34)	12	M30-39	2nd	---	13:48	13:54	+7	27:41.88	8:54.9	27:68	27:41.88	47.3%
14	474 Gavin Kam (M45)	13	M40-49	5th	16.1	13:55	13:34	-21	27:29.39	8:50.9	27:48	27:45.47	51.6%
15	439 Dafna Rubinstein (F45)	2	F40-49	1st	4.5	14:51	13:24	-87	28:15.07	9:05.6	28:25	28:19.58	56.5%
16	425 Niraj Parekh (M25)	14	M20-29	1st	2.2	13:56	14:32	+37	28:28.05	9:09.8	28:47	28:30.29	45.3%
17	411 Eli Levine (M15)	15	M10-15	2nd	8.3	15:03	13:25	-98	28:27.83	9:09.7	28:45	28:36.09	48.9%
18	473 Chris Stafford (M46)	16	M40-49	6th	---	14:09	14:34	+26	28:43.14	9:14.6	28:72	28:43.14	49.8%
19	462 David Mask (M67)	17	M60-69	3rd	8.7	14:44	14:05	-38	28:49.08	9:16.5	28:82	28:57.76	59.3%
20	395 Sammy Gonzalez (M38)	18	M30-39	3rd	12.4	14:23	14:59	+36	29:22.02	9:27.1	29:37	29:34.41	45.8%
21	403 Pauli Kajaani (M57)	19	M50-59	2nd	16.7	14:58	14:31	-27	29:28.79	9:29.3	29:47	29:45.52	53.0%
22	374 Scott Boeckle (M61)	20	M60-69	4th	38.1				29:10.64	9:23.5	29:17	29:48.77	55.5%
23	471 Dihruv Narayanan (M23)	21	M20-29	2nd	1.5	14:07	18:30	+264	32:36.59	10:29.8	32:60	32:38.05	39.6%
24	444 Lori Sasson (F46)	3	F40-49	2nd	4.7	16:44	16:31	-13	33:14.44	10:41.9	33:23	33:19.14	48.5%
25	417 Jim Lord (M59)	22	M50-59	3rd	36.5	15:00	17:45	+164	32:44.78	10:32.4	32:73	33:21.25	48.6%
26	391 Kirsten Failing (F24)	4	F20-29	1st	1.8	16:27	17:11	+44	33:38.69	10:49.8	33:63	33:40.52	44.0%
27	412 Leland Licciardi (M28)	23	M20-29	3rd	1.4	16:27	17:13	+46	33:39.66	10:50.1	33:65	33:41.11	38.3%
28	388 Merrita Downs (F21)	5	F20-29	2nd	9.6	16:51	17:12	+21	34:03.09	10:57.6	34:05	34:12.67	43.5%
29	446 Paul Schussler (M17)	24	M16-19	2nd	7.6	15:53	18:55	+182	34:48.46	11:12.2	34:80	34:56.05	38.8%
30	455 Jessica Valdez (F40)	6	F40-49	3rd	---	16:56	18:10	+73	35:05.89	11:17.8	35:08	35:05.89	43.7%
31	424 Betsy Palmer (F58)	7	F50-59	1st	10.1	17:32	17:55	+24	35:26.80	11:24.6	35:43	35:36.91	53.0%
32	372 Heidi Axelrod (F51)	8	F50-59	2nd	8.5	17:54	18:33	+39	36:26.47	11:43.8	36:43	36:34.99	47.0%
33	453 Tiffany Stafford (F52)	9	F50-59	3rd	8.1	17:54	18:46	+53	36:39.74	11:48.0	36:65	36:47.81	47.3%
34	443 Jenna Sasson (F17)	10	F16-19	1st	5.1	17:13	19:36	+143	36:48.53	11:50.9	36:80	36:53.63	41.1%
35	416 Chris Lopez (M32)	25	M30-39	4th	2.9	17:14	19:43	+149	36:57.02	11:53.6	36:95	36:59.96	35.2%
36	429 Amanda Poland (F31)	11	F30-39	1st	3.6	17:16	19:41	+144	36:57.00	11:53.6	36:95	37:00.60	40.1%
37	470 Robert Simpson (M64)	26	M60-69	5th	10.6	18:35	19:02	+27	37:37.64	12:06.7	37:62	37:48.26	44.2%
38	399 Krystle Grimm (F31)	12	F30-39	2nd	---	18:15	19:40	+85	37:55.09	12:12.3	37:92	37:55.13	39.1%
39	463 John Kramer (M57)	27	M50-59	4th	167.7	18:29	19:25	+56	37:53.38	12:11.7	37:88	40:41.12	41.2%
40	386 Carol Creech (F68)	13	F60-69	1st	3.9	20:26	20:35	+9	41:01.56	13:12.3	41:02	41:05.43	53.2%
41	454 Isabel Strobel (F15)	14	F10-15	1st	6.7	20:22	22:09	+107	42:31.37	13:41.2	42:52	42:38.04	36.4%
42	375 Iola Bordelon (F57)	15	F50-59	4th	9.8	21:30	21:08	-21	42:37.59	13:43.2	42:62	42:47.43	43.5%
43	379 Peggy Campagna (F75)	16	F70+	1st	77.0	20:23	21:22	+60	41:44.77	13:26.2	41:73	43:01.80	58.9%
44	371 Scott Ahlstrom (M71)	28	M70+	1st	9.7	22:18	22:07	-11	44:24.43	14:17.6	44:40	44:34.12	40.2%
45	458 Kelsey Webster (F24)	17	F20-29	3rd	---	22:35	24:54	+139	47:29.54	15:17.2	47:48	47:29.54	31.2%

GD Place among Females

Age Grading is based on 100% for World Record for given Age/Gender.

△ Positive Split

△ Negative Split

Timing provided by:



DeltaViewTiming.com

46	438	Monnica Rose (F55)	18	F50-59	5th	2.4	23:23	24:15	+52	47:38.07	15:19.9	47.63	47:40.45	37.9%
47	414	Dena Light (F48)	19	F40-49	4th	14.4				48:03.80	15:28.2	48.05	48:18.15	34.3%
48	385	Shelby Crabb (F24)	20	F20-29	5th	---				48:29.06	15:36.3	48.48	48:29.06	30.5%
49	383	Caleigh Clemens (F27)	21	F20-29	4th	17.4	22:18	25:56	+217	48:13.93	15:31.5	48.22	48:31.37	30.7%
50	459	Tasha Williams (F34)	22	F30-39	3rd	17.3				48:14.78	15:31.7	48.23	48:32.07	30.9%
51	405	Zander Kam (M14)	29	M10-15	3rd	6.2	24:28	25:38	+69	50:05.89	16:07.5	50.08	50:12.06	28.3%
52	409	Andrea Kleinman Parker (F23)	23	F40-49	5th	11.4	24:26	25:47	+81	50:12.92	16:09.8	50.20	50:24.37	32.9%
53	427	Jason Parker (M48)	30	M40-49	7th	12.2				50:13.82	16:10.1	50.22	50:26.01	28.9%
54	410	Ava Kosoy (F16)	24	F16-19	2nd	7.4	24:52	26:59	+127	51:51.06	16:41.4	51.85	51:58.49	29.5%
55	467	Alex Williams (M24)	31	M20-29	4th	---	26:21	27:46	+86	54:07.31	17:25.2	54.12	54:07.31	23.8%
56	435	Linda Hannah Rhoads (F15)	25	F10-15	2nd	5.8	32:19	22:34	-585	54:53.85	17:40.2	54.88	54:59.64	28.2%
57	413	Sarah Liener (F17)	26	F16-19	3rd	7.4	32:11	22:42	-569	54:52.68	17:39.8	54.87	55:00.08	27.5%
58	466	Cindy Engel (F56)	27	F50-59	6th	11.4	29:34	26:15	-199	55:48.34	17:57.7	55.80	55:59.77	32.8%
59	468	Brandon Silva (M24)	32	M20-29	5th	---	29:45	26:15	-210	56:00.49	18:01.6	56.00	56:00.49	23.0%
60	465	Sarah Haro (F27)	28	F20-29	6th	10.7	29:34	26:16	-198	55:50.05	17:58.3	55.83	56:00.72	26.5%
61	384	Elfrieda Cole (F64)	29	F60-69	2nd	---	30:32	32:20	+108	1:02:52.23	20:14.2	62.871	02:52.23	32.6%
62	376	Mary Boyd (F73)	30	F70+	2nd	0.1	30:35	32:18	+104	1:02:53.21	20:14.5	62.881	02:53.30	37.7%
63	387	Harper Deshong (F6)	31	F09 & Un	1st	58.2	30:01	35:00	+299	1:05:01.45	20:55.8	65.021	05:59.64	30.0%
64	434	Vickie Reynolds (F68)	32	F60-69	3rd	59.1	30:00	35:02	+301	1:05:02.04	20:55.9	65.031	06:01.11	33.5%
65	404	Valorie Kajaani (F62)	33	F60-69	4th	42.2	32:33	33:15	+42	1:05:47.55	21:10.6	65.781	06:29.71	30.2%
66	451	Sonia Smith (F49)	34	F40-49	6th	14.1	33:02	33:16	+15	1:06:17.93	21:20.4	66.281	06:31.98	25.2%
67	419	Earl Mikolitch (M73)	33	M70+	2nd	6.3				1:07:50.87	21:50.3	67.831	07:57.16	27.0%
										Average Finish Time:	39:54	Average Age Grade:		42.98%