

# The Compassion Run 5K

The Denton Wesley Foundation, Denton, TX

Saturday, October 05, 2019

73F Clear 85%H 7mphSSE  
5K Off :8:30 am

## 5K FEMALE

		7 Runners --- Average Time of 40:29				Avg. Age Grade: 44.8%			Place in	
	Name	City or Team	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <a href="#">Sarah Simmons</a>	Denton	(31)			19:12.54	6:11.0	77.1%	3	1
F20-29	<u>1</u> <a href="#">Alyssa West</a>		(27)			48:45.24	15:41.5	30.4%	13	5
F30-39	<u>1</u> <a href="#">Sarah Wells</a>		(39)			30:28.43	9:48.5	50.0%	7	3
	<u>2</u> <a href="#">Beyanca Martinez</a>		(30)			58:36.00	18:51.7	25.3%	17	7
F40-49	<u>1</u> <a href="#">Sara Athey</a>		(42)			25:48.63	8:18.5	60.3%	6	2
	<u>2</u> <a href="#">Jeni Kuseski</a>	The Colony	(49)			58:24.36	18:47.9	28.6%	16	6
F50-59	<u>1</u> <a href="#">Lisa Henderson</a>	The Colony	(54)			42:04.72	13:32.6	42.3%	11	4

## 5K MALE

		7 Runners --- Average Time of 30:33				Avg. Age Grade: 54.3%			Place in	
	Name	City or Team	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <a href="#">Brock Simmons</a>	Denton	(30)			15:46.85	5:04.8	81.9%	1	1
M11-14	<u>1</u> <a href="#">Brighton Caruthers</a>		(13)			20:37.04	6:38.2	70.3%	5	4
M20-29	<u>1</u> <a href="#">John Singler</a>	Denton	(22)			16:01.24	5:09.4	80.6%	2	2
	<u>2</u> <a href="#">Kailon Medrano</a>		(23)			20:27.42	6:35.1	63.1%	4	3
	<u>3</u> <a href="#">Darrell Wood</a>		(27)			48:49.12	15:42.8	26.4%	14	6
	<u>4</u> <a href="#">William Atwood</a>		(28)			53:14.97	17:08.4	24.2%	15	7
M30-39	<u>1</u> <a href="#">Jonathan Kroboth</a>	Aubrey	(34)			38:54.41	12:31.4	33.7%	10	5

## 5K OPEN

		3 Runners --- Average Time of 38:36				Avg. Age Grade: 35.9%			Place in	
	Name	City or Team	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
Open	<u>1</u> <a href="#">Hannah Kimble</a>	Denton	(19)			32:38.51	10:30.4	40.4%	8	
	<u>2</u> <a href="#">Christian Kroboth</a>	Aubrey	(13)			38:50.95	12:30.3	37.3%	9	
	<u>3</u> <a href="#">Josie Arsenio</a>	Greenville	(18)			44:18.10	14:15.6	30.1%	12	

### Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	Net Chip Time	Pace	5KEq	Clock Time	AgeGD
1	346	Brock Simmons (M30)	1	M30-39	OA	---			15:46.85	5:04.8	15.77	15:46.85	81.9%
2	352	John Singler (M22)	2	M20-29	1st	---			16:01.24	5:09.4	16.02	16:01.24	80.6%
3	350	Sarah Simmons (F31)	1	F30-39	OA	0.3			19:12.54	6:11.0	19.20	19:12.83	77.1%
4	191	Kailon Medrano (M23)	3	M20-29	2nd	0.6			20:27.42	6:35.1	20.45	20:28.00	63.1%
5	190	Brighton Caruthers (M13)	4	M11-14	1st	0.4			20:37.04	6:38.2	20.62	20:37.47	70.3%
6	194	Sara Athey (F42)	2	F40-49	1st	1.6			25:48.63	8:18.5	25.80	25:50.22	60.3%
7	193	Sarah Wells (F39)	3	F30-39	1st	4.5			30:28.43	9:48.5	30.47	30:32.89	50.0%
8	358	Hannah Kimble (O19)		Open	1st	2.9			32:38.51	10:30.4	32.63	32:41.41	40.4%
9	326	Christian Kroboth (O13)		Open	2nd	36.9			38:50.95	12:30.3	38.83	39:27.81	37.3%
10	353	Jonathan Kroboth (M34)	5	M30-39	1st	44.4			38:54.41	12:31.4	38.90	39:38.77	33.7%
11	318	Lisa Henderson (F54)	4	F50-59	1st	8.0			42:04.72	13:32.6	42.07	42:12.72	42.3%
12	357	Josie Arsenio (O18)		Open	3rd	3.8			44:18.10	14:15.6	44.30	44:21.91	30.1%
13	195	Alyssa West (F27)	5	F20-29	1st	9.4			48:45.24	15:41.5	48.75	48:54.59	30.4%
14	196	Darrell Wood (M27)	6	M20-29	3rd	9.1			48:49.12	15:42.8	48.82	48:58.17	26.4%
15	197	William Atwood (M28)	7	M20-29	4th	7.4			53:14.97	17:08.4	53.23	53:22.38	24.2%
16	339	Jeni Kuseski (F49)	6	F40-49	2nd	6.8			58:24.36	18:47.9	58.40	58:31.19	28.6%
17	192	Beyanca Martinez (F30)	7	F30-39	2nd	6.2			58:36.00	18:51.7	58.60	58:42.20	25.3%
Average Finish Time:									36:03	Average Age Grade:			47.18%