

# Love Run 5K

Lakeway Baptist Church , The Colony, TX

Saturday, May 05, 2018  
62F Clear 88%H 6mphNNW  
5K Off :8:30 am

5K	MALE	Name	29 Runners --- Average Time of 35:02					Avg. Age Grade: 44.7%		Place in	
			City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	1	Jeremiah Gonzales	(38)	09:12	+47	19:10.70	6:10.4	70.1%	1	1	
OA Kid	1	Xavier Mulling	(10)	12:24	+142	27:10.25	8:44.7	58.1%	9	6	
M01-07	1	James Stockton	(6)	16:10	+443	39:42.99	12:47.0	47.1%	38	20	
M11-15	1	Cannon Samples	(11)	13:44	+78	28:46.71	9:15.8	53.1%	11	8	
	2	Westbrook Landon	(12)	16:04	+652	42:59.51	13:50.3	34.6%	46	24	
	3	Dylan Hebert	(12)	24:57	+303	54:56.51	17:41.0	27.1%	58	28	
M16-20	1	Sanjit Pandey	(20)	23:35	+146	49:37.15	15:58.3	26.3%	53	26	
M21-30	1	Sonu Gurung	(21)	23:34	+146	49:35.06	15:57.6	26.1%	52	25	
M31-40	1	Jason Bogardus	(40)	09:46	+47	20:18.42	6:32.2	67.2%	2	2	
	2	Andrew Tyler	(36)	11:22	+68	23:50.76	7:40.5	55.6%	6	5	
	3	Patrick Stockton	(38)	14:13	+147	30:54.09	9:56.8	43.5%	17	11	
	4	Jason Hicks	(31)	15:12	+43	31:06.66	10:00.8	41.7%	19	13	
	5	Alton Bryant	(35)	15:40	+37	31:57.25	10:17.1	41.2%	22	16	
	6	Doug Samples	(39)	15:49	+66	32:43.60	10:32.0	41.4%	26	17	
	7	Derry L. Shields Jr.	(37)	18:57	+168	40:41.79	13:05.9	32.8%	40	21	
M41-50	1	Michael Hundt	(42)	10:49	+40	22:17.46	7:10.5	62.2%	4	3	
	2	James Veath	(45)	11:00	+66	23:05.55	7:26.0	61.4%	5	4	
	3	John Kutzke	(47)	13:05	+143	28:32.96	9:11.3	50.4%	10	7	
	4	Chris Holliman	(45)	14:46	+98	31:10.19	10:02.0	45.5%	18	12	
	5	Kevin Chester	(43)	16:26	+159	35:32.01	11:26.2	39.3%	32	18	
	6	Alex Beshirs	(47)	18:30	+264	41:23.84	13:19.5	34.8%	43	22	
	7	Todd Hebert	(42)	24:57	+302	54:56.72	17:41.1	25.2%	59	29	
M51-99	1	Thomas Bern	(54)	14:18	+49	29:25.20	9:28.2	51.8%	13	9	
	2	Tony Martinez	(61)	12:42	+287	30:10.17	9:42.6	53.6%	14	10	
	3	Lynn Moore	(54)	15:10	+59	31:18.84	10:04.7	48.7%	21	15	
	4	Edward Clark	(55)	14:25	+149	31:19.07	10:04.8	49.1%	20	14	
	5	Jim Foreman	(59)	18:07	+52	37:05.02	11:56.2	42.9%	34	19	
	6	Hector Leal	(51)	19:47	+146	41:59.96	13:31.1	35.4%	44	23	
	7	Ron Hodges	(64)	27:47	-88	54:07.31	17:25.2	30.7%	55	27	

## 5K

## FEMALE

Name

33 Runners --- Average Time of 40:01

Avg. Age Grade: 42.5%

Place in  
OA GD

			City	(Age)	Half	Split	Chip Time	Pace	Age Grade		
OVERALL	1	Kisha Littrell		(39)	10:24	+42	21:30.33	6:55.3	70.9%	3	1
OA Kid	1	Lillian Cassady		(12)	12:09	+147	26:45.65	8:36.8	60.8%	8	3
F08-10	1	Reese Samples		(8)	16:13	+110	34:16.67	11:02.0	52.8%	27	10
	2	Sara Chester		(8)	15:13	+282	35:07.68	11:18.4	51.6%	31	14
F11-15	1	Lexy Reyes		(15)	14:55	+162	32:31.35	10:28.1	47.7%	23	7
	2	Kaylee Veath		(14)	16:13	+110	34:15.78	11:01.7	45.9%	28	11
	3	Jackie Limauro		(12)	16:23	+394	39:19.82	12:39.6	41.4%	35	16
	4	Kaitlyn Peterson		(14)	27:48	-89	54:07.58	17:25.3	29.0%	56	29
	5	McKenzie Sterling		(13)	25:06	+367	56:20.21	18:08.0	28.4%	61	32
F31-40	1	Kymerlee Chamberlin		(32)	12:51	+32	26:14.01	8:26.6	56.6%	7	2
	2	Amanda Lee		(32)	14:12	+127	30:30.49	9:49.2	48.6%	15	5
	3	Elena Tyler		(38)	15:48	+68	32:44.63	10:32.4	46.3%	24	8
	4	Kandice Shields		(36)	18:15	-1	36:29.66	11:44.8	41.1%	33	15
	5	Caroline Hicks		(31)	18:39	+162	39:59.76	12:52.4	37.0%	39	19
	6	Melanie Crozier		(33)	19:25	+110	40:40.64	13:05.6	36.6%	41	20
	7	Ashley Smith		(33)	19:26	+110	40:41.08	13:05.7	36.5%	42	21
	8	Christina Moroch		(33)	20:15	+109	42:19.24	13:37.3	35.1%	45	22
	9	Kelly Butler		(35)			45:45.37	14:43.6	32.7%	48	24
	10	Jennifer Bedinghaus		(37)			45:45.60	14:43.7	32.9%	49	25
	11	Amanda Stockton		(31)	22:34	+84	46:31.28	14:58.4	31.8%	50	26
F41-50	1	Sarika Hebert		(46)	14:07	+47	29:01.92	9:20.7	55.6%	12	4
	2	Kim Sagely		(46)	17:03	+13	34:19.67	11:02.9	47.0%	29	12
	3	Shawntrel Veath		(47)	16:34	+119	35:06.89	11:18.1	46.5%	30	13
	4	Tonia Holliman		(46)			39:33.26	12:43.9	40.8%	37	18
	5	Desiree Reyes		(42)	19:04	+86	39:33.67	12:44.0	39.3%	36	17
	6	Tammy Kay Beauchamp		(47)	21:48	+219	47:13.71	15:12.1	34.5%	51	27
	7	Shawntea Hall		(41)	24:01	+118	49:59.27	16:05.4	30.9%	54	28
	8	Stacy Sick		(41)	27:13	+15	54:40.06	17:35.8	28.2%	57	30
	9	Christine Gamlin		(48)	27:23	+26	55:12.56	17:46.2	29.9%	60	31
	10	April Packer		(49)	32:21	+109	1:06:31.92	21:24.9	25.1%	62	33
F51-99	1	Patty Sommers		(63)	15:10	+21	30:39.62	9:52.1	65.9%	16	6
	2	Kim Burak		(51)	16:10	+32	32:51.59	10:34.6	52.1%	25	9
	3	Valerie Foreman		(58)	20:53	+125	43:51.02	14:06.8	42.9%	47	23

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	Pace	5KEq	Clock	Time	AgeG
1	121	Jeremiah Gonzales (M38)	1	M31-40	OA	---	9:12	9:59	+47	19:10.70	6:10.4	19.17	19:10.70	70.1%
2	230	Jason Bogardus (M40)	2	M31-40	1st	---	9:46	10:33	+47	20:18.42	6:32.2	20.30	20:18.42	67.2%
3	229	Kisha Littrell (F39)	1	F31-40	OA	---	10:24	11:06	+42	21:30.33	6:55.3	21.50	21:30.33	70.9%
4	235	Michael Hundt (M42)	3	M41-50	1st	---	10:49	11:29	+40	22:17.46	7:10.5	22.28	22:17.46	62.2%
5	217	James Veath (M45)	4	M41-50	2nd	0.7	11:00	12:06	+66	23:05.55	7:26.0	23.08	23:06.29	61.4%
6	215	Andrew Tyler (M36)	5	M31-40	2nd	0.9	11:22	12:29	+68	23:50.76	7:40.5	23.83	23:51.62	55.6%
7	111	Kymberlee Chamberlin (F32)	2	F31-40	1st	4.1	12:51	13:23	+32	26:14.01	8:26.6	26.23	26:18.15	56.6%
8	110	Lillian Cassady (F12)	3	F11-15	OAK	---	12:09	14:36	+147	26:45.65	8:36.8	26.75	26:45.65	60.8%
9	142	Xavier Mulling (M10)	6	M08-10	OAK	---	12:24	14:46	+142	27:10.25	8:44.7	27.17	27:10.25	58.1%
10	135	John Kutzke (M47)	7	M41-50	3rd	0.6	13:05	15:28	+143	28:32.96	9:11.3	28.53	28:33.58	50.4%
11	149	Cannon Samples (M11)	8	M11-15	1st	---	13:44	15:02	+78	28:46.71	9:15.8	28.77	28:46.71	53.1%
12	127	Sarika Hebert (F46)	4	F41-50	1st	---	14:07	14:55	+47	29:01.92	9:20.7	29.02	29:01.92	55.6%
13	227	Thomas Bern (M54)	9	M51-99	1st	2.0	14:18	15:07	+49	29:25.20	9:28.2	29.42	29:27.25	51.8%
14	233	Tony Martinez (M61)	10	M51-99	2nd	---	12:42	17:28	+287	30:10.17	9:42.6	30.17	30:10.17	53.6%
15	138	Amanda Lee (F32)	5	F31-40	2nd	3.5	14:12	16:19	+127	30:30.49	9:49.2	30.50	30:34.00	48.6%
16	209	Patty Sommers (F63)	6	F51-99	1st	3.1	15:10	15:30	+21	30:39.62	9:52.1	30.65	30:42.70	65.9%
17	213	Patrick Stockton (M38)	11	M31-40	3rd	---	14:13	16:41	+147	30:54.09	9:56.8	30.90	30:54.09	43.5%
18	131	Chris Holliman (M45)	12	M41-50	4th	0.1	14:46	16:24	+98	31:10.19	10:02.0	31.17	31:10.29	45.5%
19	130	Jason Hicks (M31)	13	M31-40	4th	6.7	15:12	15:55	+43	31:06.66	10:00.8	31.10	31:13.37	41.7%
20	236	Edward Clark (M55)	14	M51-99	4th	4.7	14:25	16:54	+149	31:19.07	10:04.8	31.32	31:23.73	49.1%
21	140	Lynn Moore (M54)	15	M51-99	3rd	5.4	15:10	16:09	+59	31:18.84	10:04.7	31.30	31:24.25	48.7%
22	105	Alton Bryant (M35)	16	M31-40	5th	6.0	15:40	16:17	+37	31:57.25	10:17.1	31.95	32:03.25	41.2%
23	146	Lexy Reyes (F15)	7	F11-15	1st	0.8	14:55	17:37	+162	32:31.35	10:28.1	32.52	32:32.11	47.7%
24	216	Elena Tyler (F38)	8	F31-40	3rd	1.5	15:48	16:56	+68	32:44.63	10:32.4	32.73	32:46.10	46.3%
25	106	Kim Burak (F51)	9	F51-99	2nd	3.5	16:10	16:42	+32	32:51.59	10:34.6	32.85	32:55.06	52.1%
26	234	Doug Samples (M39)	17	M31-40	6th	24.9	15:49	16:55	+66	32:43.60	10:32.0	32.72	33:08.53	41.4%
27	150	Reese Samples (F8)	10	F08-10	1st	---	16:13	18:03	+110	34:16.67	11:02.0	34.27	34:16.67	52.8%
28	218	Kaylee Veath (F14)	11	F11-15	2nd	1.0	16:13	18:03	+110	34:15.78	11:01.7	34.25	34:16.74	45.9%
29	148	Kim Sagely (F46)	12	F41-50	2nd	6.6	17:03	17:17	+13	34:19.67	11:02.9	34.32	34:26.31	47.0%
30	219	Shawntrel Veath (F47)	13	F41-50	3rd	---	16:34	18:33	+119	35:06.89	11:18.1	35.10	35:06.89	46.5%
31	114	Sara Chester (F8)	14	F08-10	2nd	0.3	15:13	19:55	+282	35:07.68	11:18.4	35.12	35:07.93	51.6%
32	113	Kevin Chester (M43)	18	M41-50	5th	2.7	16:26	19:06	+159	35:32.01	11:26.2	35.53	35:34.75	39.3%
33	202	Kandice Shields (F36)	15	F31-40	4th	4.2	18:15	18:14	-1	36:29.66	11:44.8	36.48	36:33.81	41.1%
34	118	Jim Foreman (M59)	19	M51-99	5th	5.4	18:07	18:58	+52	37:05.02	11:56.2	37.08	37:10.46	42.9%
35	139	Jackie Limauro (F12)	16	F11-15	3rd	---	16:23	22:57	+394	39:19.82	12:39.6	39.32	39:19.82	41.4%
36	145	Desiree Reyes (F42)	17	F41-50	5th	2.3	19:04	20:30	+86	39:33.67	12:44.0	39.55	39:35.93	39.3%
37	132	Tonia Holliman (F46)	18	F41-50	4th	7.2	---	---	---	39:33.26	12:43.9	39.55	39:40.51	40.8%
38	212	James Stockton (M6)	20	M01-07	1st	---	16:10	23:33	+443	39:42.99	12:47.0	39.70	39:42.99	47.1%
39	129	Caroline Hicks (F31)	19	F31-40	5th	6.1	18:39	21:21	+162	39:59.76	12:52.4	39.98	40:05.83	37.0%
40	203	Derry L. Shields Jr. (M37)	21	M31-40	7th	4.7	18:57	21:45	+168	40:41.79	13:05.9	40.68	40:46.53	32.8%
41	116	Melanie Crozier (F33)	20	F31-40	6th	10.3	19:25	21:15	+110	40:40.64	13:05.6	40.67	40:50.89	36.6%
42	207	Ashley Smith (F33)	21	F31-40	7th	10.3	19:26	21:16	+110	40:41.08	13:05.7	40.68	40:51.37	36.5%
43	103	Alex Beshirs (M47)	22	M41-50	6th	10.3	18:30	22:54	+264	41:23.84	13:19.5	41.38	41:34.14	34.8%
44	136	Hector Leal (M51)	23	M51-99	6th	5.1	19:47	22:13	+146	41:59.96	13:31.1	41.98	42:05.07	35.4%
45	225	Christina Moroch (F33)	22	F31-40	8th	8.6	20:15	22:04	+109	42:19.24	13:37.3	42.32	42:27.84	35.1%
46	228	Westbrook Landon (M12)	24	M11-15	2nd	---	16:04	26:56	+652	42:59.51	13:50.3	42.98	42:59.51	34.6%
47	119	Valerie Foreman (F58)	23	F51-99	3rd	4.1	20:53	22:58	+125	43:51.02	14:06.8	43.85	43:55.12	42.9%



48	107	Kelly Butler (F35)	24	F31-40	9th	11.2			45:45.37	14:43.6	45.75	45:56.56	32.7%
49	102	Jennifer Bedinghaus (F37)	25	F31-40	10th	11.4			45:45.60	14:43.7	45.75	45:56.96	32.9%
50	211	Amanda Stockton (F31)	26	F31-40	11th	9.6	22:34	23:57	+84	46:31.28	14:58.4	46:40.86	31.8%
51	101	Tammy Kay Beauchamp (F4	27	F41-50	6th	---	21:48	25:26	+219	47:13.71	15:12.1	47:13.71	34.5%
52	123	Sonu Gurung (M21)	25	M21-30	1st	3.7	23:34	26:01	+146	49:35.06	15:57.6	49:38.73	26.1%
53	144	Sanjit Pandey (M20)	26	M16-20	1st	3.7	23:35	26:02	+146	49:37.15	15:58.3	49:40.81	26.3%
54	124	Shawntea Hall (F41)	28	F41-50	7th	7.2	24:01	25:59	+118	49:59.27	16:05.4	50:06.46	30.9%
55	223	Ron Hodges (M64)	27	M51-99	7th	11.6	27:47	26:20	-88	54:07.31	17:25.2	54:18.92	30.7%
56	224	Kaitlyn Peterson (F14)	29	F11-15	4th	12.1	27:48	26:19	-89	54:07.58	17:25.3	54:19.71	29.0%
57	204	Stacy Sick (F41)	30	F41-50	8th	3.9	27:13	27:27	+15	54:40.06	17:35.8	54:43.98	28.2%
58	126	Dylan Hebert (M12)	28	M11-15	3rd	18.5	24:57	30:00	+303	54:56.51	17:41.0	55:15.03	27.1%
59	128	Todd Hebert (M42)	29	M41-50	7th	18.7	24:57	30:00	+302	54:56.72	17:41.1	55:15.37	25.2%
60	120	Christine Gamlin (F48)	31	F41-50	9th	8.6	27:23	27:49	+26	55:12.56	17:46.2	55:21.14	29.9%
61	210	McKenzie Sterling (F13)	32	F11-15	5th	---	25:06	31:14	+367	56:20.21	18:08.0	56:20.21	28.4%
62	143	April Packer (F49)	33	F41-50	10th	17.7	32:21	34:11	+109	1:06:31.92	21:24.9	66:52:06:49.66	25.1%
			56 Positive Split		3 Negative Split		Average Finish Time: 37:41			Average Age Grade: 43.54%			