

Mile Overall		5K Overall		5K Masters		5K Seniors	
Albert Marban	5:26.73	Albert Marban	17:43.62	John Cosentino	21:45.73	Vijayan Nair	22:41.31
Blake Bruser	7:49.99	Kim Andres	28:44.41	Kimi Bader	29:19.09	Yanira Lopez	34:01.27

5K MALE

		23 MALE Runners --- Average Time of 32:26						Avg. Age Grade: 51.9%		Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Albert Marban	Farmers Branch	(29)	8:46	+13	17:43.62	ℳ	5:42.3	72.8%	1	1
MASTERS	1 John Cosentino	Plano	(60)	11:01	-15	21:45.73		7:00.3	73.7%	2	2
SENIORS	1 Vijayan Nair	Plano	(60)	11:01	+40	22:41.31	ℳ	7:18.2	70.7%	4	4
M01-09	1 Alex Toth	Coppell	(9)	15:45	+314	36:44.00		11:49.4	44.5%	23	16
M10-14	1 Dylan Loudermilk	Haslet	(10)	14:01	-7	27:54.54	ℳ	8:59.0	56.6%	8	8
	2 Connor Shipp	Haslet	(11)	29:46	-187	56:24.03	ℳ	18:09.2	27.1%	33	23
M20-24	1 Nicholas Livingston	McKinney	(23)	14:45	-66	28:24.49		9:08.6	45.4%	9	9
M40-44	1 Gabor Toth	Coppell	(42)	15:44	+317	36:44.51		11:49.6	37.7%	24	17
M50-54	1 Marcus O'con	Dallas	(52)	11:16	-11	22:20.16	ℳ	7:11.4	67.1%	3	3
	2 Rich Weklar	Bartonville	(51)	13:40	+63	28:22.40		9:08.0	52.4%	10	10
	3 David Helms	Sachse	(54)	14:55	-33	29:16.04		9:25.2	52.1%	13	11
	4 Chris Goins	Garland	(52)	14:50	+85	31:04.35		10:00.1	48.2%	15	13
	5 Nathan Bruser	Highland Village	(51)	16:25	+154	35:23.55		11:23.5	42.0%	26	19
	6 Carlos Ordonez	Carrollton	(52)	22:02	+5	44:09.52		14:12.8	33.9%	31	21
M55-59	1 Doug Waters	Carrollton	(58)	12:11	+10	24:32.75		7:54.0	64.2%	5	5
	2 Rob Preston	Irving	(57)	13:38	-9	27:06.95		8:43.7	57.6%	7	7
	3 Rich Cronin	Arlington	(55)	17:56	+76	37:08.81		11:57.4	41.4%	25	18
	4 Jeffrey Conklin	Arlington	(59)	17:51	+165	38:27.65		12:22.8	41.3%	29	20
M60-64	1 Victor Eifenbein	Dallas	(64)	15:12	+35	30:57.80	ℳ	9:58.0	53.7%	14	12
M65-69	1 Julio Lopez	Farmers Branch	(67)	13:36	-4	27:07.93	ℳ	8:44.0	63.0%	6	6
	2 Ruben Reyes	Carrollton	(66)	16:33	+122	35:08.94		11:18.8	48.2%	20	15
	3 Robert Simpson	Coppell	(67)	27:32	-28	54:36.52		17:34.6	31.3%	32	22
M80-99	1 Wally Capps	Farmers Branch	(82)	16:01	-10	31:51.91	ℳ	10:15.4	69.5%	17	14

5K FEMALE

11 FEMALE Runners --- Average Time of **36:13** Avg. Age Grade: **54.2%**

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	Place in OA	GD
OVERALL	1 Kim Andres	Irving	(69)	14:20	+4	28:44.41		9:15.0	77.1%	11	1
MASTERS	1 Kimi Bader	Grand Prairie	(48)	14:28	+23	29:19.09	✓	9:26.2	56.3%	12	2
SENIORS	1 Yanira Lopez	Farmers Branch	(59)	16:58	+6	34:01.27	ℓ	10:57.0	56.0%	18	4
F10-14	1 Blake Bruser	Highland Village	(13)	16:35	+139	35:28.74	ℓ	11:25.2	45.0%	27	8
F50-54	1 Amie Goins	Garland	(51)	15:05	+56	31:06.40		10:00.7	55.1%	16	3
	2 Debbie Riedner	Dallas	(53)	17:24	-18	34:29.08	ℓ	11:06.0	51.0%	19	5
	3 Lilliana Wutter	Frisco	(50)	18:57	-5	37:49.24	✓	12:10.4	44.7%	28	9
	4 Sheila Holen	Lewisville	(51)	27:24	+82	56:10.30		18:04.8	30.5%	34	11
F55-59	1 Donna Illig	Sachse	(58)	18:16	-41	35:50.28		11:32.1	52.4%	22	7
F60-64	1 Betsy Palmer	Carrollton	(61)	17:23	+32	35:17.51		11:21.6	55.6%	21	6
F80-99	1 Mary Kaplan	Sunrise Beach	(83)	20:12	-17	40:07.52		12:54.9	73.0%	30	10

1M MALE

8 MALE Runners --- Average Time of **8:42** Avg. Age Grade: **56.4%**

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	Place in OA	GD
OVERALL	1 Albert Marban	Farmers Branch	(29)			5:26.73		5:26.7	68.2%	1	1
M10-14	1 Dylan Loudermilk	Haslet	(10)			7:42.39	✓	7:42.4	58.9%	3	3
	2 Connor Shipp	Haslet	(11)			13:21.00		13:21.0	33.0%	11	8
M50-54	1 Marcus O'con	Dallas	(52)			8:33.29		8:33.3	50.4%	6	5
M60-64	1 Vijayan Nair	Plano	(60)			7:08.86		7:08.9	64.5%	2	2
	2 Victor Eifenbein	Dallas	(64)			8:55.37		8:55.4	53.6%	7	6
M65-69	1 Julio Lopez	Farmers Branch	(67)			8:01.22		8:01.2	61.3%	5	4
M80-99	1 Wally Capps	Farmers Branch	(82)			10:23.37		10:23.4	61.3%	9	7

1M FEMALE

3 FEMALE Runners --- Average Time of **9:22** Avg. Age Grade: **54.8%**

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	Place in OA	GD
OVERALL	1 Blake Bruser	Highland Village	(13)			7:49.99		7:50.0	57.8%	4	1
F50-54	1 Debbie Riedner	Dallas	(53)			9:49.82		9:49.8	52.7%	8	2
F55-59	1 Yanira Lopez	Farmers Branch	(59)			10:24.79		10:24.8	54.0%	10	3

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock Time	AgeGD	
1	7493 Albert Marban (M29)	1	M25-29	OA	---				5:26.73		5:26.7	18.59	5:26.73	68.2%
2	7117 Vijayan Nair (M60)	2	M60-64	1st	---				7:08.86		7:08.9	24.40	7:08.86	64.5%
3	6881 Dylan Loudermilk (M10)	3	M10-14	1st	---				7:42.39	✓ 2	7:42.4	26.34	7:42.39	58.9%
4	7096 Blake Bruser (F13)	1	F10-14	OA	---				7:49.99		7:50.0	26.74	7:49.99	57.8%
5	7193 Julio Lopez (M67)	4	M65-69	1st	---				8:01.22		8:01.2	27.43	8:01.22	61.3%
6	7270 Marcus O'con (M52)	5	M50-54	1st	---				8:33.29		8:33.3	29.25	8:33.29	50.4%
7	7113 Victor Elfenbein (M64)	6	M60-64	2nd	---				8:55.37		8:55.4	30.50	8:55.37	53.6%
8	7121 Debbie Riedner (F53)	2	F50-54	1st	---				9:49.82		9:49.8	33.58	9:49.82	52.7%
9	7916 Wally Capps (M82)	7	M80-99	1st	---				10:23.37		10:23.4	35.52	10:23.37	61.3%
10	7198 Yanira Lopez (F59)	3	F55-59	1st	---				10:24.79		10:24.8	35.58	10:24.79	54.0%
11	6984 Connor Shipp (M11)	8	M10-14	2nd	---				13:21.00		13:21.0	45.67	13:21.00	33.0%

✓ 1 Club PR's

Average Finish Time: 08:52

Average Age Grade: 56.0%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock Time	AgeGD	
1	7493 Albert Marban (M29)	1	M25-29	OA	0.4	8:46	8:58	+13	17:43.62	ℓ	5:42.3	17.72	17:44.04	72.8%
2	7255 John Cosentino (M60)	2	M60-64	MS	1.4	11:01	10:45	-15	21:45.73		7:00.3	21.75	21:47.11	73.7%
3	7270 Marcus O'con (M52)	3	M50-54	1st	2.4	11:16	11:05	-11	22:20.16	ℓ	7:11.4	22.33	22:22.57	67.1%
4	7117 Vijayan Nair (M60)	4	M60-64	SR	0.4	11:01	11:41	+40	22:41.31	ℓ	7:18.2	22.68	22:41.74	70.7%
5	7012 Doug Waters (M58)	5	M55-59	1st	8.5	12:11	12:21	+10	24:32.75		7:54.0	24.53	24:41.28	64.2%
6	7193 Julio Lopez (M67)	6	M65-69	1st	0.9	13:36	13:32	-4	27:07.93	ℓ	8:44.0	27.12	27:08.83	63.0%
7	7192 Rob Preston (M57)	7	M55-59	2nd	7.0	13:38	13:29	-9	27:06.95		8:43.7	27.10	27:13.93	57.6%
8	6881 Dylan Loudermilk (M10)	8	M10-14	1st	1.4	14:01	13:54	-7	27:54.54	ℓ	8:59.0	27.90	27:55.93	56.6%
9	6006 Nicholas Livingston (M23)	9	M20-24	1st	4.6	14:45	13:39	-66	28:24.49	⊗	9:08.6	28.40	28:29.13	45.4%
10	7222 Rich Weklar (M51)	10	M50-54	2nd	7.4	13:40	14:43	+63	28:22.40		9:08.0	28.37	28:29.81	52.4%
11	7040 Kim Andres (F69)	1	F65-69	OA	2.6	14:20	14:24	+4	28:44.41		9:15.0	28.73	28:46.99	77.1%
12	7239 Kimi Bader (F48)	2	F45-49	MS	1.9	14:28	14:51	+23	29:19.09	✓ 2	9:26.2	29.32	29:20.99	56.3%
13	6996 David Helms (M54)	11	M50-54	3rd	7.5	14:55	14:22	-33	29:16.04	⊗	9:25.2	29.27	29:23.50	52.1%
14	7113 Victor Elfenbein (M64)	12	M60-64	1st	6.4	15:12	15:46	+35	30:57.80	ℓ	9:58.0	30.95	31:04.16	53.7%
15	7050 Chris Goins (M52)	13	M50-54	4th	5.5	14:50	16:15	+85	31:04.35		10:00.1	31.07	31:09.81	48.2%
16	7044 Amie Goins (F51)	3	F50-54	1st	5.8	15:05	16:01	+56	31:06.40		10:00.7	31.10	31:12.18	55.1%
17	7916 Wally Capps (M82)	14	M80-99	1st	5.9	16:01	15:51	-10	31:51.91	ℓ	10:15.4	31.85	31:57.85	69.5%
18	7198 Yanira Lopez (F59)	4	F55-59	SR	17.2	16:58	17:04	+6	34:01.27	ℓ	10:57.0	34.02	34:18.52	56.0%
19	7121 Debbie Riedner (F53)	5	F50-54	2nd	6.3	17:24	17:05	-18	34:29.08	ℓ	11:06.0	34.48	34:35.42	51.0%
20	7283 Ruben Reyes (M66)	15	M65-69	2nd	17.7	16:33	18:36	+122	35:08.94		11:18.8	35.13	35:26.65	48.2%
21	7454 Betsy Palmer (F61)	6	F60-64	1st	18.4	17:23	17:55	+32	35:17.51		11:21.6	35.28	35:35.94	55.6%
22	6732 Donna Illig (F58)	7	F55-59	1st	10.2	18:16	17:34	-41	35:50.28	⊗	11:32.1	35.83	36:00.46	52.4%
23	7368 Alex Toth (M9)	16	M01-09	1st	1.1	15:45	20:59	+314	36:44.00		11:49.4	36.73	36:45.07	44.5%
24	7380 Gabor Toth (M42)	17	M40-44	1st	1.2	15:44	21:01	+317	36:44.51		11:49.6	36.73	36:45.74	37.7%
25	7256 Rich Cronin (M55)	18	M55-59	3rd	4.5	17:56	19:12	+76	37:08.81		11:57.4	37.13	37:13.33	41.4%
26	7097 Nathan Bruser (M51)	19	M50-54	5th	126.1	16:25	18:59	+154	35:23.55		11:23.5	35.38	37:29.64	42.0%
27	7096 Blake Bruser (F13)	8	F10-14	1st	126.2	16:35	18:54	+139	35:28.74	ℓ	11:25.2	35.47	37:34.97	45.0%
28	6748 Lilliana Wutter (F50)	9	F50-54	3rd	9.6	18:57	18:52	-5	37:49.24	✓ 1	12:10.4	37.82	37:58.88	44.7%
29	6997 Jeffrey Conklin (M59)	20	M55-59	4th	3.6	17:51	20:36	+165	38:27.65		12:22.8	38.45	38:31.28	41.3%
30	7039 Mary Kaplan (F83)	10	F80-99	1st	0.9	20:12	19:55	-17	40:07.52		12:54.9	40.12	40:08.40	73.0%
31	7529 Carlos Ordonez (M52)	21	M50-54	6th	14.5	22:02	22:07	+5	44:09.52		14:12.8	44.15	44:24.02	33.9%
32	7106 Robert Simpson (M67)	22	M65-69	3rd	19.9	27:32	27:04	-28	54:36.52		17:34.6	54.60	54:56.38	31.3%
33	6984 Connor Shipp (M11)	23	M10-14	2nd	2.4	29:46	26:38	-187	56:24.03	ℓ	18:09.2	56.40	56:26.47	27.1%
34	7246 Sheila Holen (F51)	11	F50-54	4th	20.7	27:24	28:46	+82	56:10.30		18:04.8	56.17	56:31.04	30.5%

20 Positive Split

14 Negative Split

✓ 2 Club PR's

Average Finish Time: 33:39 3 First Timers

Average Age Grade: 52.7%

FN*: Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

11/27/2020

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

Sorted Age Grades

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Albert Marban	M29	5:26.73	68.2%	
2	2	Vijayan Nair	M60	7:08.86	64.5%	
3	9	Wally Capps	M82	10:23.37	61.3%	
4	5	Julio Lopez	M67	8:01.22	61.3%	
5	3	Dylan Loudermilk	M10	7:42.39	58.9%	
6	4	Blake Bruser	F13	7:49.99	57.8%	
7	10	Yanira Lopez	F59	10:24.79	54.0%	
8	7	Victor Elfenbein	M64	8:55.37	53.6%	
9	8	Debbie Riedner	F53	9:49.82	52.7%	
10	6	Marcus O'con	M52	8:33.29	50.4%	

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	11	Kim Andres	F69	28:44.41	77.1%	
2	2	John Cosentino	M60	21:45.73	73.7%	
3	30	Mary Kaplan	F83	40:07.52	73.0%	
4	1	Albert Marban	M29	17:43.62	72.8%	
5	4	Vijayan Nair	M60	22:41.31	70.7%	
6	17	Wally Capps	M82	31:51.91	69.5%	
7	3	Marcus O'con	M52	22:20.16	67.1%	
8	5	Doug Waters	M58	24:32.75	64.2%	
9	6	Julio Lopez	M67	27:07.93	63.0%	
10	7	Rob Preston	M57	27:06.95	57.6%	
11	8	Dylan Loudermilk	M10	27:54.54	56.6%	
12	12	Kimi Bader	F48	29:19.09	56.3%	
13	18	Yanira Lopez	F59	34:01.27	56.0%	
14	21	Betsy Palmer	F61	35:17.51	55.6%	
15	16	Amie Goins	F51	31:06.40	55.1%	
16	14	Victor Elfenbein	M64	30:57.80	53.7%	
17	22	Donna Illig	F58	35:50.28	52.4%	
18	10	Rich Weklar	M51	28:22.40	52.4%	
19	13	David Helms	M54	29:16.04	52.1%	
20	19	Debbie Riedner	F53	34:29.08	51.0%	

100% World Record Level for Gender/Age

90% World Class Level

80% National Class Level

70% Regional Class Level

List* Carrollton Runners Performance Lists for Age Grades > 65%

65% Boston-Qualifier Approximate Level

60% Local Class Level

50% Average Class Level