

# Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Jon Shirk	4:45.10	Jon Shirk	18:24.74	John Cosentino	22:44.19	Vijayan Nair	23:23.11
Iris Pizzarello	5:45.00	Iris Pizzarello	21:29.20	Frances McKissick	26:04.90	Kim Andres	27:41.17

## 5K MALE

		42 MALE Runners --- Average Time of <b>30:01</b>				Avg. Age Grade: <b>52.6%</b>		Place in			
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Jon Shirk</b>	Mile Race Group	(25)			<b>18:24.74</b> M		5:55.6	<b>70.1%</b>	1	1
MASTERS	1 <b>John Cosentino</b>	Plano	(57)			<b>22:44.19</b>		7:19.1	<b>68.7%</b>	7	6
SENIORS	1 <b>Vijayan Nair</b>	Plano	(56)			<b>23:23.11</b> M		7:31.6	<b>66.3%</b>	8	7
M01-09	1 <b>Ian Traub</b>	Carrollton	(9)			<b>34:39.83</b>		11:09.4	47.2%	38	32
M10-14	1 <b>William Poole</b>	Carrollton	(14)			<b>22:34.63</b> ✓		7:16.0	<b>62.9%</b>	6	5
	2 <b>Grayson Gosnell</b>	Carrollton	(11)			<b>36:56.13</b> ✓		11:53.3	41.4%	43	35
M15-19	1 <b>Reece Parker</b>	Plano	(18)			<b>23:52.68</b>		7:41.1	55.9%	9	8
	2 <b>Eli Levine</b>	Parker	(15)			<b>25:27.83</b> ✓		8:11.8	54.7%	12	11
	3 <b>Benjamin Schussler</b>	Dallas	(15)			<b>26:24.10</b>		8:29.9	52.7%	18	16
	4 <b>Paul Schussler</b>	Dallas	(17)			<b>41:34.82</b>		13:23.0	32.5%	49	39
M25-29	1 <b>Albert Marban</b>	Farmers Branch	(26)			<b>18:39.21</b> M		6:00.2	<b>69.2%</b>	2	2
	2 <b>Agustin Gonzales</b>	Dallas	(29)			<b>21:44.72</b> M		6:59.9	59.4%	5	4
M35-39	1 <b>Robert Flores</b>	Aubrey	(39)			<b>21:12.55</b>		6:49.6	<b>63.9%</b>	3	3
	2 <b>Gabor Toth</b>	Coppell	(39)			<b>23:49.79</b> ✓		7:40.2	56.9%	10	9
	3 <b>Jeff Traub</b>	Carrollton	(39)			<b>24:40.45</b> ✓		7:56.5	54.9%	11	10
	4 <b>Atsushi Matsumoto</b>	Plano	(37)			<b>27:44.64</b>		8:55.8	48.1%	23	19
M40-44	1 <b>Anandan Kumaraswamy</b>	Plano	(44)			<b>28:44.00</b>		9:14.9	49.0%	25	21
M45-49	1 <b>Rich Weklar</b>	Bartonville	(48)			<b>25:43.24</b> M		8:16.7	56.4%	14	13
	2 <b>Jen Evangelista</b>	Irving	(48)			<b>26:16.28</b>		8:27.4	55.2%	19	17
	3 <b>Ryan Pogue</b>	Carrollton	(48)			<b>30:53.00</b>		9:56.4	47.0%	30	26
	4 <b>Chris Goins</b>	Garland	(49)			<b>34:28.61</b>		11:05.8	42.4%	37	31
	5 <b>Nathan Bruser</b>	Higland Village	(48)			<b>35:35.33</b>		11:27.3	40.8%	41	34
M50-54	1 <b>Rob Preston</b>	Irving	(54)			<b>25:35.53</b> M		8:14.2	59.5%	13	12
	2 <b>Larry Poblete</b>		(51)			<b>26:33.50</b>		8:32.9	56.0%	20	18
	3 <b>Rich Cronin</b>	Arlington	(51)			<b>29:28.67</b>		9:29.3	50.4%	26	22
	4 <b>Scott Levine</b>	Parker	(52)			<b>30:11.41</b>		9:43.0	49.7%	27	23
	5 <b>Les George</b>	Grand Prairie	(54)			<b>36:46.53</b>		11:50.2	41.4%	44	36
M55-59	1 <b>Tomas Bern</b>	Allen	(56)			<b>30:45.08</b> M		9:53.9	50.4%	29	25
	2 <b>Doug Waters</b>	Carrollton	(55)			<b>32:28.18</b>		10:27.1	47.3%	35	30
	3 <b>Jeffrey Conklin</b>	Arlington	(56)			<b>39:58.51</b>		12:52.0	38.8%	48	38
	4 <b>Martin Chavez</b>	Lewisville	(58)			<b>45:28.89</b>		14:38.3	34.7%	52	42
M60-64	1 <b>Julio Lopez</b>	Farmers Branch	(64)			<b>25:49.22</b> M		8:18.6	<b>64.4%</b>	15	14
	2 <b>Ruben Arevalo</b>	Carrollton	(64)			<b>25:55.01</b> M		8:20.5	<b>64.1%</b>	16	15
	3 <b>Ruben Reyes</b>	Carrollton	(63)			<b>30:32.64</b> M		9:49.9	53.9%	28	24
	4 <b>Danny White</b>	Plano	(61)			<b>31:15.57</b> ✓		10:03.7	51.8%	33	28
	5 <b>Robert Simpson</b>	Coppell	(64)			<b>38:17.60</b>		12:19.5	43.4%	46	37
	6 <b>Steven Johnson</b>	Farmers Branch	(61)			<b>44:09.51</b>		14:12.8	36.6%	50	40

M65-69	1	<b>David Mask</b>	Lewisville (67)	<b>31:00.89</b> $\mathcal{M}$	9:59.0	55.1%	31	27
M70-74	1	<b>Kendall Black</b>	Grand Prairie (70)	<b>32:29.85</b> $\mathcal{M}$	10:27.6	54.2%	34	29
	2	<b>Maxx Pomm</b>	Dallas (70)	<b>34:42.45</b>	11:10.3	50.8%	39	33
	3	<b>Scott Ahlstrom</b>	Carrollton (71)	<b>44:57.64</b>	14:28.3	39.7%	51	41
M75-79	1	<b>Wally Capps</b>	Farmers Branch (78)	<b>28:42.06</b> $\mathcal{M}$	9:14.3	<b>70.0%</b>	24	20

## 5K FEMALE

		12 FEMALE Runners --- Average Time of <b>34:29</b>				Avg. Age Grade: <b>57.1%</b>		Place in			
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	<b>Iris Pizzarello</b>	Carrollton (31)			<b>21:29.20</b> $\mathcal{M}$ ✓		6:55.0	<b>69.0%</b>	4	<b>1</b>
MASTERS	1	<b>Frances McKissick</b>	Irving (57)			<b>26:04.90</b> $\mathcal{M}$		8:23.7	<b>71.1%</b>	17	<b>2</b>
SENIORS	1	<b>Kim Andres</b>	Irving (66)			<b>27:41.17</b>		8:54.7	<b>76.3%</b>	22	<b>4</b>
F10-14	1	<b>Blake Bruser</b>	Higland Village (10)			<b>35:37.50</b>		11:28.0	47.9%	42	<b>8</b>
F15-19	1	<b>Ava Kosoy</b>	Plano (16)			<b>47:15.24</b> ✓		15:12.6	32.4%	53	<b>11</b>
F45-49	1	<b>Amie Goins</b>	Garland (47)			<b>35:14.37</b>		11:20.6	46.3%	40	<b>7</b>
	2	<b>Sheila Holen</b>	Lewisville (48)			<b>52:33.97</b>		16:55.2	31.4%	54	<b>12</b>
F50-54	1	<b>Rebecca Caruso</b>	Dallas (52)			<b>27:00.46</b> ✓		8:41.6	<b>64.3%</b>	21	<b>3</b>
F55-59	1	<b>Betsy Palmer</b>	Carrollton (58)			<b>33:49.32</b>		10:53.2	55.6%	36	<b>6</b>
	2	<b>Yanira Lopez</b>	Farmers Branch (56)			<b>37:19.87</b> $\mathcal{M}$		12:00.9	49.0%	45	<b>9</b>
F70-74	1	<b>Kumiko McCoy</b>	Eules (70)			<b>31:15.02</b>		10:03.5	<b>72.1%</b>	32	<b>5</b>
F80-99	1	<b>Mary Kaplan</b>	Sunrise Beach (80)			<b>38:28.24</b>		12:23.0	<b>70.3%</b>	47	<b>10</b>

# 1M MALE

18 MALE Runners --- Average Time of **7:38** Avg. Age Grade: **59.8%** Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Jon Shirk</b>	Mile Race Group	(25)			<b>4:45.10</b>	✓	4:45.1	<b>78.1%</b>	1	1
M01-09	1 <b>Yota Matsumoto</b>	Plano	(9)			<b>9:09.81</b>		9:09.8	51.3%	18	16
	2 <b>Takumi Matsumoto</b>	Plano	(7)			<b>9:12.74</b>		9:12.7	55.5%	19	17
M10-14	1 <b>German Marban</b>	Farmers Branch	(13)			<b>7:53.99</b>		7:54.0	52.8%	11	10
	2 <b>Enrique Marban</b>	Farmers Branch	(11)			<b>8:09.25</b>		8:09.3	53.9%	13	11
M25-29	1 <b>Cole Atchinson</b>	Mile Race Group	(25)			<b>5:13.94</b>		5:13.9	<b>70.9%</b>	2	2
	2 <b>Albert Marban</b>	Farmers Branch	(26)			<b>5:24.02</b>		5:24.0	<b>68.7%</b>	3	3
	3 <b>Agustin Gonzales</b>	Dallas	(29)			<b>6:34.96</b>		6:35.0	56.4%	5	4
M45-49	1 <b>Rich Weklar</b>	Bartonville	(48)			<b>6:50.77</b>		6:50.8	<b>61.0%</b>	6	5
M50-54	1 <b>Rob Preston</b>	Irving	(54)			<b>7:20.39</b>	✓	7:20.4	59.7%	8	7
M55-59	1 <b>Vijayan Nair</b>	Plano	(56)			<b>6:56.16</b>		6:56.2	<b>64.3%</b>	7	6
	2 <b>Tomas Bern</b>	Allen	(56)			<b>8:45.16</b>		8:45.2	50.9%	15	13
M60-64	1 <b>Julio Lopez</b>	Farmers Branch	(64)			<b>7:34.20</b>		7:34.2	<b>63.1%</b>	9	8
	2 <b>Ruben Arevalo</b>	Carrollton	(64)			<b>7:42.54</b>		7:42.5	<b>62.0%</b>	10	9
	3 <b>Ruben Reyes</b>	Carrollton	(63)			<b>8:17.25</b>		8:17.3	57.2%	14	12
M65-69	1 <b>David Mask</b>	Lewisville	(67)			<b>9:01.75</b>		9:01.8	54.4%	17	15
M70-74	1 <b>Kendall Black</b>	Grand Prairie	(70)			<b>9:37.46</b>		9:37.5	52.7%	20	18
M75-79	1 <b>Wally Capps</b>	Farmers Branch	(78)			<b>8:58.83</b>		8:58.8	<b>64.3%</b>	16	14

# 1M FEMALE

3 FEMALE Runners --- Average Time of **8:52** Avg. Age Grade: **61.3%** Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Iris Pizzarello</b>	Carrollton	(31)			<b>5:45.00</b>		5:45.0	<b>73.1%</b>	4	<b>1</b>
F55-59	1 <b>Frances McKissick</b>	Irving	(57)			<b>7:56.68</b>		7:56.7	<b>68.8%</b>	12	<b>2</b>
	2 <b>Yanira Lopez</b>	Farmers Branch	(56)			<b>12:54.58</b>		12:54.6	41.8%	21	<b>3</b>

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	120 Jon Shirk (M25)	1	M25-29	OA	---				4:45.10	✓ 1	4:45.1	16.25	4:45.10	78.1%
2	128 Cole Atchinson (M25)	2	M25-29	1st	---				5:13.94		5:13.9	17.85	5:13.94	70.9%
3	7493 Albert Marban (M26)	3	M25-29	2nd	---				5:24.02		5:24.0	18.47	5:24.02	68.7%
4	6764 Iris Pizzarello (F31)	1	F30-34	OA	---				5:45.00		5:45.0	19.67	5:45.00	73.1%
5	6001 Agustin Gonzales (M29)	4	M25-29	3rd	---				6:34.96	✗	6:35.0	22.47	6:34.96	56.4%
6	7222 Rich Weklar (M48)	5	M45-49	1st	---				6:50.77		6:50.8	23.38	6:50.77	61.0%
7	7117 Vijayan Nair (M56)	6	M55-59	1st	---				6:56.16		6:56.2	23.72	6:56.16	64.3%
8	7192 Rob Preston (M54)	7	M50-54	1st	---				7:20.39	✓ 2	7:20.4	25.09	7:20.39	59.7%
9	7193 Julio Lopez (M64)	8	M60-64	1st	---				7:34.20		7:34.2	25.89	7:34.20	63.1%
10	7155 Ruben Arevalo (M64)	9	M60-64	2nd	---				7:42.54		7:42.5	26.34	7:42.54	62.0%
11	7494 German Marban (M13)	10	M10-14	1st	---				7:53.99		7:54.0	26.97	7:53.99	52.8%
12	7062 Frances McKissick (F57)	2	F55-59	1st	---				7:56.68		7:56.7	27.14	7:56.68	68.8%
13	7495 Enrique Marban (M11)	11	M10-14	2nd	---				8:09.25		8:09.3	27.88	8:09.25	53.9%
14	7283 Ruben Reyes (M63)	12	M60-64	3rd	---				8:17.25		8:17.3	28.34	8:17.25	57.2%
15	7563 Tomas Bern (M56)	13	M55-59	2nd	---				8:45.16	✗	8:45.2	29.93	8:45.16	50.9%
16	7916 Wally Capps (M78)	14	M75-79	1st	---				8:58.83		8:58.8	30.68	8:58.83	64.3%
17	7008 David Mask (M67)	15	M65-69	1st	---				9:01.75		9:01.8	30.85	9:01.75	54.4%
18	6892 Yota Matsumoto (M9)	16	M01-09	1st	---				9:09.81	✗	9:09.8	31.30	9:09.81	51.3%
19	6893 Takumi Matsumoto (M7)	17	M01-09	2nd	---				9:12.74	✗	9:12.7	31.47	9:12.74	55.5%
20	7070 Kendall Black (M70)	18	M70-74	1st	---				9:37.46		9:37.5	32.90	9:37.46	52.7%
21	7198 Yanira Lopez (F56)	3	F55-59	2nd	---				12:54.58		12:54.6	44.13	12:54.58	41.8%
✓ 2 Club PR's						Average Finish Time: 07:48 4 First Timers				Average Age Grade: 60.0%				

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	120 Jon Shirk (M25)	1	M25-29	OA	---				18:24.74	ℓ	5:55.6	18.40	18:24.74	70.1%
2	7493 Albert Marban (M26)	2	M25-29	1st	1.4				18:39.21	ℓ	6:00.2	18.65	18:40.65	69.2%
3	7580 Robert Flores (M39)	3	M35-39	1st	0.5				21:12.55		6:49.6	21.20	21:13.02	63.9%
4	6764 Iris Pizzarello (F31)	1	F30-34	OA	1.3				21:29.20	ℓ ✓ 1	6:55.0	21.48	21:30.47	69.0%
5	6001 Agustin Gonzales (M29)	4	M25-29	2nd	---				21:44.72	ℓ ✗	6:59.9	21.73	21:44.72	59.4%
6	6994 William Poole (M14)	5	M10-14	1st	1.9				22:34.63	✓ 3	7:16.0	22.57	22:36.50	62.9%
7	7255 John Cosentino (M57)	6	M55-59	MS	2.3				22:44.19		7:19.1	22.73	22:46.50	68.7%
8	7117 Vijayan Nair (M56)	7	M55-59	SR	---				23:23.11	ℓ	7:31.6	23.38	23:23.11	66.3%
9	6824 Reece Parker (M18)	8	M15-19	1st	4.2				23:52.68		7:41.1	23.87	23:56.83	55.9%
10	7380 Gabor Toth (M39)	9	M35-39	2nd	11.1				23:49.79	✓ 2Z	7:40.2	23.82	24:00.86	56.9%
11	6910 Jeff Traub (M39)	10	M35-39	3rd	1.7				24:40.45	✓ 1	7:56.5	24.67	24:42.10	54.9%
12	6761 Eli Levine (M15)	11	M15-19	2nd	3.8				25:27.83	✓ 1	8:11.8	25.45	25:31.60	54.7%
13	7192 Rob Preston (M54)	12	M50-54	1st	4.5				25:35.53	ℓ	8:14.2	25.58	25:40.00	59.5%
14	7222 Rich Weklar (M48)	13	M45-49	1st	5.0				25:43.24	ℓ	8:16.7	25.72	25:48.29	56.4%
15	7193 Julio Lopez (M64)	14	M60-64	1st	1.9				25:49.22	ℓ	8:18.6	25.82	25:51.08	64.4%
16	7155 Ruben Arevalo (M64)	15	M60-64	2nd	1.7				25:55.01	ℓ	8:20.5	25.92	25:56.72	64.1%
17	7062 Frances McKissick (F57)	2	F55-59	MS	2.2				26:04.90	ℓ	8:23.7	26.07	26:07.07	71.1%
18	6948 Benjamin Schussler (M15)	16	M15-19	3rd	4.0				26:24.10		8:29.9	26.40	26:28.14	52.7%
19	7343 Jen Evangelista (M48)	17	M45-49	2nd	15.9				26:16.28		8:27.4	26.27	26:32.16	55.2%
20	6003 Larry Poblete (M51)	18	M50-54	2nd	6.4				26:33.50	✗	8:32.9	26.55	26:39.90	56.0%
21	6991 Rebecca Caruso (F52)	3	F50-54	1st	3.5				27:00.46	✓ 2	8:41.6	27.00	27:03.96	64.3%
22	7040 Kim Andres (F66)	4	F65-69	SR	2.9				27:41.17		8:54.7	27.68	27:44.08	76.3%
23	6891 Atsushi Matsumoto (M37)	19	M35-39	4th	3.1				27:44.64	✗	8:55.8	27.73	27:47.78	48.1%
24	7916 Wally Capps (M78)	20	M75-79	1st	4.3				28:42.06	ℓ	9:14.3	28.70	28:46.40	70.0%
25	6907 Anandan Kumaraswamy (M44)	21	M40-44	1st	6.0				28:44.00	✗	9:14.9	28.73	28:50.00	49.0%

26	7256	Rich Cronin (M51)	22	M50-54	3rd	6.8	<b>29:28.67</b>		9:29.3	29.47	29:35.51	50.4%	
27	6720	Scott Levine (M52)	23	M50-54	4th	5.2	<b>30:11.41</b>	⊗	9:43.0	30.18	30:16.64	49.7%	
28	7283	Ruben Reyes (M63)	24	M60-64	3rd	10.7	<b>30:32.64</b>	⌚	9:49.9	30.53	30:43.30	53.9%	
29	7563	Tomas Bern (M56)	25	M55-59	1st	2.5	<b>30:45.08</b>	⌚	9:53.9	30.75	30:47.54	50.4%	
30	7345	Ryan Pogue (M48)	26	M45-49	3rd	10.5	<b>30:53.00</b>		9:56.4	30.88	31:03.50	47.0%	
31	7008	David Mask (M67)	27	M65-69	1st	15.1	<b>31:00.89</b>	⌚	9:59.0	31.00	31:16.02	55.1%	
32	7449	Kumiko McCoy (F70)	5	F70-74	1st	12.5	<b>31:15.02</b>		10:03.5	31.25	31:27.56	<b>72.1%</b>	
33	6995	Danny White (M61)	28	M60-64	4th	12.8	<b>31:15.57</b>	✓ ⊥	10:03.7	31.25	31:28.35	51.8%	
34	7070	Kendall Black (M70)	29	M70-74	1st	5.9	<b>32:29.85</b>	⌚	10:27.6	32.48	32:35.77	54.2%	
35	7012	Doug Waters (M55)	30	M55-59	2nd	14.2	<b>32:28.18</b>		10:27.1	32.47	32:42.36	47.3%	
36	7454	Betsy Palmer (F58)	6	F55-59	1st	8.8	<b>33:49.32</b>		10:53.2	33.82	33:58.09	55.6%	
37	7050	Chris Goins (M49)	31	M45-49	4th	10.6	<b>34:28.61</b>		11:05.8	34.47	34:39.23	42.4%	
38	6911	Ian Traub (M9)	32	M01-09	1st	---	<b>34:39.83</b>		11:09.4	34.65	34:39.83	47.2%	
39	7049	Maxx Pomm (M70)	33	M70-74	2nd	5.2	<b>34:42.45</b>		11:10.3	34.70	34:47.61	50.8%	
40	7044	Amie Goins (F47)	7	F45-49	1st	10.1	<b>35:14.37</b>		11:20.6	35.23	35:24.52	46.3%	
41	7097	Nathan Bruser (M48)	34	M45-49	5th	19.1	<b>35:35.33</b>		11:27.3	35.58	35:54.40	40.8%	
42	7316	Blake Bruser (F10)	8	F10-14	1st	18.5	<b>35:37.50</b>		11:28.0	35.62	35:55.98	47.9%	
43	6993	Grayson Gosnell (M11)	35	M10-14	2nd	---	<b>36:56.13</b>	✓ ⊥	11:53.3	36.93	36:56.13	41.4%	
44	6002	Les George (M54)	36	M50-54	5th	15.8	<b>36:46.53</b>	⊗	11:50.2	36.77	37:02.33	41.4%	
45	7198	Yanira Lopez (F56)	9	F55-59	2nd	59.9	<b>37:19.87</b>	⌚	12:00.9	37.32	38:19.82	49.0%	
46	7106	Robert Simpson (M64)	37	M60-64	5th	12.4	<b>38:17.60</b>		12:19.5	38.28	38:29.99	43.4%	
47	7039	Mary Kaplan (F80)	10	F80-99	1st	2.5	<b>38:28.24</b>		12:23.0	38.47	38:30.72	<b>70.3%</b>	
48	7257	Jeffrey Conklin (M56)	38	M55-59	3rd	10.2	<b>39:58.51</b>		12:52.0	39.97	40:08.68	38.8%	
49	6992	Paul Schussler (M17)	39	M15-19	4th	3.7	<b>41:34.82</b>		13:23.0	41.57	41:38.50	32.5%	
50	7258	Steven Johnson (M61)	40	M60-64	6th	22.7	<b>44:09.51</b>		14:12.8	44.15	44:32.18	36.6%	
51	7148	Scott Ahlstrom (M71)	41	M70-74	3rd	8.9	<b>44:57.64</b>		14:28.3	44.95	45:06.56	39.7%	
52	6739	Martin Chavez (M58)	42	M55-59	4th	14.8	<b>45:28.89</b>	⊗	14:38.3	45.47	45:43.71	34.7%	
53	7116	Ava Kosoy (F16)	11	F15-19	1st	5.0	<b>47:15.24</b>	✓ ⊥	15:12.6	47.25	47:20.20	32.4%	
54	7246	Sheila Holen (F48)	12	F45-49	2nd	11.3	<b>52:33.97</b>		16:55.2	52.55	52:45.22	31.4%	
✓ 9 Club PR's							Average Finish Time: 31:00			7 First Timers		Average Age Grade: 53.6%	

## Sorted Age Grades

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Jon Shirk	M25	4:45.10	78.1%	Move UP
2	4	Iris Pizzarello	F31	5:45.00	73.1%	
3	2	Cole Atchinson	M25	5:13.94	70.9%	
4	12	Frances McKissick	F57	7:56.68	68.8%	
5	3	Albert Marban	M26	5:24.02	68.7%	
6	16	Wally Capps	M78	8:58.83	64.3%	
7	7	Vijayan Nair	M56	6:56.16	64.3%	
8	9	Julio Lopez	M64	7:34.20	63.1%	
9	10	Ruben Arevalo	M64	7:42.54	62.0%	
10	6	Rich Weklar	M48	6:50.77	61.0%	
11	8	Rob Preston	M54	7:20.39	59.7%	
12	14	Ruben Reyes	M63	8:17.25	57.2%	
13	5	Agustin Gonzales	M29	6:34.96	56.4%	
14	19	Takumi Matsumoto	M7	9:12.74	55.5%	
15	17	David Mask	M67	9:01.75	54.4%	
16	13	Enrique Marban	M11	8:09.25	53.9%	
17	11	German Marban	M13	7:53.99	52.8%	
18	20	Kendall Black	M70	9:37.46	52.7%	
19	18	Yota Matsumoto	M9	9:09.81	51.3%	
20	15	Tomas Bern	M56	8:45.16	50.9%	

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	22	Kim Andres	F66	27:41.17	76.3%	
2	32	Kumiko McCoy	F70	31:15.02	72.1%	
3	17	Frances McKissick	F57	26:04.90	71.1%	
4	47	Mary Kaplan	F80	38:28.24	70.3%	
5	1	Jon Shirk	M25	18:24.74	70.1%	
6	24	Wally Capps	M78	28:42.06	70.0%	
7	2	Albert Marban	M26	18:39.21	69.2%	
8	4	Iris Pizzarello	F31	21:29.20	69.0%	New
9	7	John Cosentino	M57	22:44.19	68.7%	
10	8	Vijayan Nair	M56	23:23.11	66.3%	
11	15	Julio Lopez	M64	25:49.22	64.4%	
12	21	Rebecca Caruso	F52	27:00.46	64.3%	
13	16	Ruben Arevalo	M64	25:55.01	64.1%	
14	3	Robert Flores	M39	21:12.55	63.9%	
15	6	William Poole	M14	22:34.63	62.9%	
16	13	Rob Preston	M54	25:35.53	59.5%	
17	5	Agustin Gonzales	M29	21:44.72	59.4%	
18	10	Gabor Toth	M39	23:49.79	56.9%	
19	14	Rich Weklar	M48	25:43.24	56.4%	
20	20	Larry Poblete	M51	26:33.50	56.0%	
21	9	Reece Parker	M18	23:52.68	55.9%	
22	36	Betsy Palmer	F58	33:49.32	55.6%	
23	19	Jen Evangelista	M48	26:16.28	55.2%	
24	31	David Mask	M67	31:00.89	55.1%	
25	11	Jeff Traub	M39	24:40.45	54.9%	
26	12	Eli Levine	M15	25:27.83	54.7%	
27	34	Kendall Black	M70	32:29.85	54.2%	
28	28	Ruben Reyes	M63	30:32.64	53.9%	
29	18	Benjamin Schussler	M15	26:24.10	52.7%	
30	33	Danny White	M61	31:15.57	51.8%	
31	39	Maxx Pomm	M70	34:42.45	50.8%	
32	26	Rich Cronin	M51	29:28.67	50.4%	
33	29	Tomas Bern	M56	30:45.08	50.4%	

100%	World Record Level for Gender/Age	List*	Carrollton Runners Performance Lists for Age Grades > 65%
90%	World Class Level	65%	Boston-Qualifier Approximate Level
80%	National Class Level	60%	Local Class Level
70%	Regional Class Level	50%	Average Class Level