

Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Joe Wales	5:56.42	Blair Casey	19:36.00	Steve Mudgett	21:10.13	Vijayan Nair	21:38.68
Molly Sarchet	6:37.47	Victoria Repice	21:41.34	Kim Andres	26:27.46	Yanira Lopez	32:18.79

5K MALE

30 MALE Runners --- Average Time of **29:39**

Avg. Age Grade: **53.9%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Blair Casey	Carrollton	(31)			19:36.00		6:18.5	66.1%	1	1
MASTERS	1 Steve Mudgett	Dallas	(61)	10:09	+52	21:10.13		6:48.8	76.4%	2	2
SENIORS	1 Vijayan Nair	Plano	(55)	10:17	+66	21:38.68	M	6:58.0	71.0%	4	4
M10-14	1 Julian Evangelista	Irving	(14)	17:00	+71	35:10.38		11:19.3	40.3%	31	21
M15-19	1 Will Mcintosh		(15)	10:39	+85	22:43.25		7:18.8	61.3%	6	5
	2 Mason Morland	Irving	(16)	11:36	+175	26:06.95		8:24.4	52.4%	14	12
M35-39	1 Robert Flores	Aubrey	(37)	9:58	+95	21:30.14	M	6:55.3	62.1%	3	3
M40-44	1 Kris Nance	Plano	(41)	11:40	+862	37:42.01	M	12:08.1	36.5%	40	27
M45-49	1 Ryan Loehding	Carrollton	(45)	11:29	+3	23:00.75	M	7:24.4	61.6%	7	6
	2 Ryan Pogue	Carrollton	(46)	13:59	+144	30:21.59		9:46.3	47.1%	24	18
	3 Jen Evangelista	Irving	(46)	16:59	+73	35:11.53	M	11:19.6	40.6%	32	22
	4 Chris Goins	Garland	(47)	17:01	+327	39:28.67		12:42.4	36.5%	41	28
M50-54	1 Steve Russo	Plano	(54)	10:53	+95	23:20.44	M	7:30.8	65.3%	8	7
	2 Doug Waters	Carrollton	(53)	12:11	+50	25:12.31	M	8:06.8	60.0%	12	10
	3 Rich Cronin	Arlington	(50)	13:33	+71	28:18.19		9:06.6	52.1%	18	15
	4 Jeffrey Conklin	Arlington	(54)	13:19	+192	29:50.22		9:36.2	51.1%	21	17
M55-59	1 Phil Williams	Dallas	(55)	11:45	+33	24:02.40	M	7:44.3	63.9%	10	8
	2 David Short	Frisco	(57)	11:20	+102	24:21.10	M	7:50.3	64.2%	11	9
	3 Jaws Hansen	Dallas	(58)	13:58	+45	28:40.23	M	9:13.7	55.0%	20	16
	4 Ronald Hamilton	The Colony	(58)	16:07	+17	32:31.45		10:28.1	48.5%	29	20
	5 Abe Mansoori	Carrollton	(59)	17:36	+94	36:46.42	M	11:50.2	43.2%	38	26
	6 John Kramer	Plano	(56)	18:07	+53	37:07.78		11:57.1	41.7%	46	30
M60-64	1 Julio Lopez	Farmers Branch	(62)	12:08	+105	26:00.65	M	8:22.3	62.8%	13	11
	2 Ruben Arevalo	Carrollton	(62)	13:11	+83	27:43.98	M	8:55.6	58.9%	16	13
	3 Robert Simpson	Coppell	(63)	17:05	+92	35:42.64		11:29.7	46.1%	34	23
	4 Ruben Reyes	Carrollton	(62)	17:42	+70	36:32.66	M	11:45.7	44.7%	36	25
M65-69	1 David Mask	Lewisville	(66)	13:27	+59	27:52.76	M	8:58.4	60.7%	17	14
	2 Scott Salter	Irving	(65)	15:54	+268	36:17.08		11:40.7	46.2%	35	24
	3 Scott Ahlstrom	Carrollton	(69)	21:30	+89	44:29.90		14:19.4	39.2%	44	29
M75-79	1 Wally Capps	Farmers Branch	(77)	14:06	+181	31:13.45	M	10:03.0	63.0%	25	19

5K FEMALE

16 FEMALE Runners --- Average Time of

33:45

Avg. Age Grade: 52.9%

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Victoria Repice	Southlake	(47)	10:29	+43	21:41.34		6:58.9	75.2%	5	1
MASTERS	1 Kim Andres	Irving	(65)	12:37	+73	26:27.46		8:31.0	78.7%	15	3
SENIORS	1 Yanira Lopez	Farmers Branch	(55)	15:52	+34	32:18.79	ℓ	10:24.0	55.8%	28	9
F10-14	1 Isabella Baeza	Highland Village	(11)	13:33	+204	30:30.41		9:49.2	54.5%	23	6
F15-19	1 Paige Loehding	Carrollton	(17)	11:35	+28	23:37.84		7:36.4	64.0%	9	2
F20-24	1 Loren Nance	McKinney	(22)	17:28	+166	37:41.04		12:07.8	39.3%	39	13
F30-34	1 Alissa Mayhaus	Carrollton	(30)	15:19	+65	31:43.30	ℓ	10:12.6	46.7%	27	8
F40-44	1 Merari Baeza	The Colony	(43)	14:04	+121	30:08.30		9:42.0	52.0%	22	5
F45-49	1 Jennifer Loehding	Carrollton	(45)	13:05	+135	28:24.49		9:08.6	56.2%	19	4
	2 Amie Goins	Garland	(46)	17:01	+164	36:45.96		11:50.0	43.9%	37	12
	3 Sheila Holen	Lewisville	(47)	24:48	+88	51:03.35		16:26.0	32.0%	45	16
F50-54	1 Kuay Sullivan	Coppell	(52)	15:19	+64	31:42.63	ℓ	10:12.4	54.7%	26	7
	2 Elizabeth Trimble	Highland Village	(50)	16:51	+109	35:30.66		11:25.8	47.6%	33	11
F55-59	1 Betsy Palmer	Carrollton	(57)	16:41	+88	34:50.58		11:12.9	53.2%	30	10
	2 Dora Scarborough	Carrollton	(59)	20:49	+114	43:32.65	ℓ	14:00.9	43.8%	42	14
F65-69	1 Carol Creech	Plano	(67)	21:14	+91	43:58.33		14:09.2	48.8%	43	15

FN*: Broke Age-Group Record

GD Place among Females

▲ Positive Split

Timing provided by:

5/27/2018

Ran Mile before 5K # Races PR @ Carrollton Runners (2003 & later)

▲ Negative Split



DeltaViewTiming.com

1M MALE

		19 MALE Runners --- Average Time of					8:14	Avg. Age Grade: 54.8%			Place in	
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Joe Wales	Carrollton	(16)			5:56.42	✓	5:56.4	66.3%	1	1
M35-39	1	Robert Flores	Aubrey	(37)			8:03.68		8:03.7	47.6%	11	9
M40-44	1	Kris Nance	Plano	(41)			6:36.71		6:36.7	59.8%	3	3
M45-49	1	Ryan Loehding	Carrollton	(45)			6:45.01		6:45.0	60.4%	5	4
	2	Jen Evangelista	Irving	(46)			7:52.43		7:52.4	52.2%	10	8
	3	Nathan Bruser	Coppell	(47)			9:16.84		9:16.8	44.6%	20	16
M50-54	1	Steve Russo	Plano	(54)			6:57.06		6:57.1	63.1%	6	5
	2	M Maimonides	Kansas City, Mo	(54)			7:47.16		7:47.2	56.3%	9	7
	3	Doug Waters	Carrollton	(53)			8:50.56		8:50.6	49.2%	15	13
M55-59	1	Vijayan Nair	Plano	(55)			6:33.82		6:33.8	67.3%	2	2
	2	David Short	Frisco	(57)			8:07.21		8:07.2	55.4%	13	11
	3	Phil Williams	Dallas	(55)			8:47.34		8:47.3	50.3%	14	12
	4	Jaws Hansen	Dallas	(58)			9:12.91		9:12.9	49.2%	17	14
	5	Abe Mansoori	Carrollton	(59)			10:11.35		10:11.4	44.9%	25	18
M60-64	1	Julio Lopez	Farmers Branch	(62)			7:14.27		7:14.3	64.9%	7	6
	2	Ruben Arevalo	Carrollton	(62)			8:05.58		8:05.6	58.0%	12	10
	3	Ruben Reyes	Carrollton	(62)			10:06.27		10:06.3	46.5%	22	17
M65-69	1	David Mask	Lewisville	(66)			10:49.41		10:49.4	45.0%	27	19
M75-79	1	Wally Capps	Farmers Branch	(77)			9:16.16		9:16.2	61.0%	19	15

1M FEMALE

		9 FEMALE Runners --- Average Time of					9:21	Avg. Age Grade: 51.8%			Place in	
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Molly Sarchet	McKinney	(24)			6:37.47		6:37.5	63.3%	4	1
F01-09	1	Blake Bruser	Coppell	(9)			9:15.75		9:15.8	53.7%	18	4
F10-14	1	Saira Francis	Dallas	(10)			10:20.54		10:20.5	46.7%	26	8
F15-19	1	Mala Francis	Dallas	(15)			7:18.23		7:18.2	60.1%	8	2
F25-29	1	Heather Williams	Plano	(29)			9:03.25		9:03.3	46.3%	16	3
F30-34	1	Alissa Mayhaus	Carrollton	(30)			10:07.88		10:07.9	41.4%	23	6
F50-54	1	Kuay Sullivan	Coppell	(52)			10:07.93		10:07.9	50.5%	24	7
F55-59	1	Yanira Lopez	Farmers Branch	(55)			9:21.30		9:21.3	56.9%	21	5
	2	Dora Scarborough	Carrollton	(59)			11:59.68		11:59.7	46.9%	28	9

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	7568 Joe Wales (M16)	1	M15-19	OA	---				5:56.42	✓ 4	5:56.4	20.30	5:56.42	66.3%
2	7117 Vijayan Nair (M55)	2	M55-59	1st	---				6:33.82		6:33.8	22.41	6:33.82	67.3%
3	7276 Kris Nance (M41)	3	M40-44	1st	---				6:36.71		6:36.7	22.58	6:36.71	59.8%
4	6003 Molly Sarchet (F24)	1	F20-24	OA	---				6:37.47	✗	6:37.5	22.64	6:37.47	63.3%
5	7072 Ryan Loehding (M45)	4	M45-49	1st	---				6:45.01		6:45.0	23.09	6:45.01	60.4%
6	6508 Steve Russo (M54)	5	M50-54	1st	---				6:57.06		6:57.1	23.78	6:57.06	63.1%
7	7193 Julio Lopez (M62)	6	M60-64	1st	---				7:14.27		7:14.3	24.75	7:14.27	64.9%
8	7564 Mala Francis (F15)	2	F15-19	1st	---				7:18.23		7:18.2	24.97	7:18.23	60.1%
9	6557 M Maimonides (M54)	7	M50-54	2nd	---				7:47.16		7:47.2	26.63	7:47.16	56.3%
10	7343 Jen Evangelista (M46)	8	M45-49	2nd	---				7:52.43		7:52.4	26.91	7:52.43	52.2%
11	7580 Robert Flores (M37)	9	M35-39	1st	---				8:03.68		8:03.7	27.54	8:03.68	47.6%
12	7155 Ruben Arevalo (M62)	10	M60-64	2nd	---				8:05.58		8:05.6	27.65	8:05.58	58.0%
13	7061 David Short (M57)	11	M55-59	2nd	---				8:07.21		8:07.2	27.77	8:07.21	55.4%
14	6168 Phil Williams (M55)	12	M55-59	3rd	---				8:47.34		8:47.3	30.05	8:47.34	50.3%
15	7012 Doug Waters (M53)	13	M50-54	3rd	---				8:50.56		8:50.6	30.22	8:50.56	49.2%
16	6912 Heather Williams (F29)	3	F25-29	1st	---				9:03.25	✗	9:03.3	30.96	9:03.25	46.3%
17	7060 Jaws Hansen (M58)	14	M55-59	4th	---				9:12.91		9:12.9	31.47	9:12.91	49.2%
18	7316 Blake Bruser (F9)	4	F01-09	1st	---				9:15.75		9:15.8	31.65	9:15.75	53.7%
19	7916 Wally Capps (M77)	15	M75-79	1st	---				9:16.16		9:16.2	31.70	9:16.16	61.0%
20	7097 Nathan Bruser (M47)	16	M45-49	3rd	---				9:16.84		9:16.8	31.70	9:16.84	44.6%
21	7198 Yanira Lopez (F55)	5	F55-59	1st	---				9:21.30		9:21.3	31.99	9:21.30	56.9%
22	7283 Ruben Reyes (M62)	17	M60-64	3rd	---				10:06.27		10:06.3	34.55	10:06.27	46.5%
23	6673 Alissa Mayhaus (F30)	6	F30-34	1st	---				10:07.88	✗	10:07.9	34.61	10:07.88	41.4%
24	7265 Kuay Sullivan (F52)	7	F50-54	1st	---				10:07.93		10:07.9	34.61	10:07.93	50.5%
25	7357 Abe Mansoori (M59)	18	M55-59	5th	---				10:11.35	✗	10:11.4	34.84	10:11.35	44.9%
26	7558 Saira Francis (F10)	8	F10-14	1st	---				10:20.54	✗	10:20.5	35.35	10:20.54	46.7%
27	7008 David Mask (M66)	19	M65-69	1st	---				10:49.41		10:49.4	37.01	10:49.41	45.0%
28	6903 Dora Scarborough (F59)	9	F55-59	2nd	---				11:59.68	✗	11:59.7	41.00	11:59.68	46.9%

✓ 1 Club PR's

Average Finish Time: 08:35 6 First Timers

Average Age Grade: 53.8%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	7011 Blair Casey (M31)	1	M30-34	OA	---				19:36.00		6:18.5	19.60	19:36.00	66.1%
2	6002 Steve Mudgett (M61)	2	M60-64	MS	1.1	10:09	11:01	+52	21:10.13	✗	6:48.8	21.17	21:11.25	76.4%
3	7580 Robert Flores (M37)	3	M35-39	1st	---	9:58	11:32	+95	21:30.14	ℓ	6:55.3	21.50	21:30.14	62.1%
4	7117 Vijayan Nair (M55)	4	M55-59	SR	---	10:17	11:22	+66	21:38.68	ℓ	6:58.0	21.63	21:38.68	71.0%
5	6916 Victoria Repice (F47)	1	F45-49	OA	1.5	10:29	11:12	+43	21:41.34	✗	6:58.9	21.68	21:42.83	75.2%
6	6005 Will Mcintosh (M15)	5	M15-19	1st	---	10:39	12:04	+85	22:43.25	✗	7:18.8	22.72	22:43.25	61.3%
7	7072 Ryan Loehding (M45)	6	M45-49	1st	2.6	11:29	11:32	+3	23:00.75	ℓ	7:24.4	23.00	23:03.32	61.6%
8	6508 Steve Russo (M54)	7	M50-54	1st	1.3	10:53	12:28	+95	23:20.44	ℓ	7:30.8	23.33	23:21.75	65.3%
9	7473 Paige Loehding (F17)	2	F15-19	1st	2.6	11:35	12:03	+28	23:37.84		7:36.4	23.62	23:40.46	64.0%
10	6168 Phil Williams (M55)	8	M55-59	1st	3.4	11:45	12:18	+33	24:02.40	ℓ	7:44.3	24.03	24:05.85	63.9%
11	7061 David Short (M57)	9	M55-59	2nd	33.3	11:20	13:02	+102	24:21.10	ℓ	7:50.3	24.35	24:54.39	64.2%
12	7012 Doug Waters (M53)	10	M50-54	2nd	5.6	12:11	13:01	+50	25:12.31	ℓ	8:06.8	25.20	25:17.88	60.0%
13	7193 Julio Lopez (M62)	11	M60-64	1st	---	12:08	13:53	+105	26:00.65	ℓ	8:22.3	26.00	26:00.65	62.8%
14	6667 Mason Morland (M16)	12	M15-19	2nd	0.5	11:36	14:31	+175	26:06.95		8:24.4	26.10	26:07.46	52.4%
15	7040 Kim Andres (F65)	3	F65-69	MS	1.0	12:37	13:50	+73	26:27.46		8:31.0	26.45	26:28.50	78.7%
16	7155 Ruben Arevalo (M62)	13	M60-64	2nd	3.2	13:11	14:33	+83	27:43.98	ℓ	8:55.6	27.72	27:47.16	58.9%
17	7008 David Mask (M66)	14	M65-69	1st	10.9	13:27	14:26	+59	27:52.76	ℓ	8:58.4	27.87	28:03.66	60.7%
18	7256 Rich Cronin (M50)	15	M50-54	3rd	6.3	13:33	14:45	+71	28:18.19		9:06.6	28.30	28:24.49	52.1%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

5/27/2018

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

19	7472	Jennifer Loehding (F45)	4	F45-49	1st	7.9	13:05	15:20	+135	28:24.49		9:08.6	28.40	28:32.35	56.2%
20	7060	Jaws Hansen (M58)	16	M55-59	3rd	2.1	13:58	14:42	+45	28:40.23	ℓ	9:13.7	28.67	28:42.36	55.0%
21	7257	Jeffrey Conklin (M54)	17	M50-54	4th	5.5	13:19	16:31	+192	29:50.22		9:36.2	29.83	29:55.71	51.1%
22	7111	Merari Baeza (F43)	5	F40-44	1st	2.4	14:04	16:04	+121	30:08.30		9:42.0	30.13	30:10.75	52.0%
23	6004	Isabella Baeza (F11)	6	F10-14	1st	1.4	13:33	16:57	+204	30:30.41		9:49.2	30.50	30:31.83	54.5%
24	7345	Ryan Pogue (M46)	18	M45-49	2nd	13.7	13:59	16:23	+144	30:21.59		9:46.3	30.35	30:35.28	47.1%
25	7916	Wally Capps (M77)	19	M75-79	1st	3.0	14:06	17:07	+181	31:13.45	ℓ	10:03.0	31.22	31:16.42	63.0%
26	7265	Kuay Sullivan (F52)	7	F50-54	1st	7.7	15:19	16:24	+64	31:42.63	ℓ	10:12.4	31.70	31:50.30	54.7%
27	6673	Alissa Mayhaus (F30)	8	F30-34	1st	7.2	15:19	16:24	+65	31:43.30	ℓ	10:12.6	31.72	31:50.47	46.7%
28	7198	Yanira Lopez (F55)	9	F55-59	SR	11.9	15:52	16:27	+34	32:18.79	ℓ	10:24.0	32.30	32:30.65	55.8%
29	7020	Ronald Hamilton (M58)	20	M55-59	4th	12.2	16:07	16:24	+17	32:31.45		10:28.1	32.52	32:43.65	48.5%
30	7454	Betsy Palmer (F57)	10	F55-59	1st	8.7	16:41	18:09	+88	34:50.58		11:12.9	34.83	34:59.30	53.2%
31	7346	Julian Evangelista (M14)	21	M10-14	1st	13.5	17:00	18:11	+71	35:10.38		11:19.3	35.17	35:23.86	40.3%
32	7343	Jen Evangelista (M46)	22	M45-49	3rd	12.9	16:59	18:12	+73	35:11.53	ℓ	11:19.6	35.18	35:24.40	40.6%
33	7156	Elizabeth Trimble (F50)	11	F50-54	2nd	5.0	16:51	18:40	+109	35:30.66		11:25.8	35.50	35:35.66	47.6%
34	7106	Robert Simpson (M63)	23	M60-64	3rd	10.5	17:05	18:37	+92	35:42.64		11:29.7	35.70	35:53.12	46.1%
35	6909	Scott Salter (M65)	24	M65-69	2nd	2.1	15:54	20:23	+268	36:17.08		11:40.7	36.28	36:19.17	46.2%
36	7283	Ruben Reyes (M62)	25	M60-64	4th	8.2	17:42	18:51	+70	36:32.66	ℓ	11:45.7	36.53	36:40.88	44.7%
37	7044	Amie Goins (F46)	12	F45-49	2nd	8.2	17:01	19:45	+164	36:45.96		11:50.0	36.75	36:54.19	43.9%
38	7357	Abe Mansoori (M59)	26	M55-59	5th	10.8	17:36	19:10	+94	36:46.42	ℓ	11:50.2	36.77	36:57.26	43.2%
39	6001	Loren Nance (F22)	13	F20-24	1st	2.4	17:28	20:13	+166	37:41.04	⌘	12:07.8	37.68	37:43.40	39.3%
40	7276	Kris Nance (M41)	27	M40-44	1st	2.3	11:40	26:02	+862	37:42.01	ℓ	12:08.1	37.70	37:44.36	36.5%
41	7050	Chris Goins (M47)	28	M45-49	4th	7.0	17:01	22:28	+327	39:28.67		12:42.4	39.47	39:35.65	36.5%
42	6903	Dora Scarborough (F59)	14	F55-59	2nd	9.0	20:49	22:43	+114	43:32.65	ℓ	⌘ 14:00.9	43.53	43:41.68	43.8%
43	7024	Carol Creech (F67)	15	F65-69	1st	3.7	21:14	22:45	+91	43:58.33		14:09.2	43.97	44:02.04	48.8%
44	7148	Scott Ahlstrom (M69)	29	M65-69	3rd	8.4	21:30	23:00	+89	44:29.90		14:19.4	44.48	44:38.26	39.2%
45	7246	Sheila Holen (F47)	16	F45-49	3rd	3.7	24:48	26:16	+88	51:03.35		16:26.0	51.05	51:07.06	32.0%
46	7261	John Kramer (M56)	30	M55-59	6th	1255.0	18:07	19:00	+53	37:07.78		11:57.1	37.12	58:02.77	41.7%
45 Positive Split				✓ No Club PR's		Average Finish Time: 31:04		5 <i>First Timers</i>		Average Age Grade: 53.6%					

FN*: Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

5/27/2018

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split



DeltaViewTiming.com

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	2	Vijayan Nair	M55	6:33.82	67.3%	
2	1	Joe Wales	M16	5:56.42	66.3%	New
3	7	Julio Lopez	M62	7:14.27	64.9%	
4	4	Molly Sarchet	F24	6:37.47	63.3%	
5	6	Steve Russo	M54	6:57.06	63.1%	
6	19	Wally Capps	M77	9:16.16	61.0%	
7	5	Ryan Loehding	M45	6:45.01	60.4%	
8	8	Mala Francis	F15	7:18.23	60.1%	
9	3	Kris Nance	M41	6:36.71	59.8%	
10	12	Ruben Arevalo	M62	8:05.58	58.0%	
11	21	Yanira Lopez	F55	9:21.30	56.9%	
12	9	M Maimonides	M54	7:47.16	56.3%	
13	13	David Short	M57	8:07.21	55.4%	
14	18	Blake Bruser	F9	9:15.75	53.7%	
15	10	Jen Evangelista	M46	7:52.43	52.2%	
16	24	Kuay Sullivan	F52	10:07.93	50.5%	
17	14	Phil Williams	M55	8:47.34	50.3%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	15	Kim Andres	F65	26:27.46	78.7%	
2	2	Steve Mudgett	M61	21:10.13	76.4%	New
3	5	Victoria Repice	F47	21:41.34	75.2%	New
4	4	Vijayan Nair	M55	21:38.68	71.0%	
5	1	Blair Casey	M31	19:36.00	66.1%	
6	8	Steve Russo	M54	23:20.44	65.3%	
7	11	David Short	M57	24:21.10	64.2%	
8	9	Paige Loehding	F17	23:37.84	64.0%	
9	10	Phil Williams	M55	24:02.40	63.9%	
10	25	Wally Capps	M77	31:13.45	63.0%	
11	13	Julio Lopez	M62	26:00.65	62.8%	
12	3	Robert Flores	M37	21:30.14	62.1%	
13	7	Ryan Loehding	M45	23:00.75	61.6%	
14	6	Will Mcintosh	M15	22:43.25	61.3%	
15	17	David Mask	M66	27:52.76	60.7%	
16	12	Doug Waters	M53	25:12.31	60.0%	
17	16	Ruben Arevalo	M62	27:43.98	58.9%	
18	19	Jennifer Loehding	F45	28:24.49	56.2%	
19	28	Yanira Lopez	F55	32:18.79	55.8%	
20	20	Jaws Hansen	M58	28:40.23	55.0%	
21	26	Kuay Sullivan	F52	31:42.63	54.7%	
22	23	Isabella Baeza	F11	30:30.41	54.5%	
23	30	Betsy Palmer	F57	34:50.58	53.2%	
24	14	Mason Morland	M16	26:06.95	52.4%	
25	18	Rich Cronin	M50	28:18.19	52.1%	
26	22	Merari Baeza	F43	30:08.30	52.0%	
27	21	Jeffrey Conklin	M54	29:50.22	51.1%	

100% World Record Level for Gender/Age

90% World Class Level

80% National Class Level

70% Regional Class Level

List* Carrollton Runners Performance Lists for Age Grades > 65%

65% Boston-Qualifier Approximate Level

60% Local Class Level

50% Average Class Level