

Sunday, October 29, 2017

# Carrollton Runners Mile + 5K

43F Clear 51%H 7mphSW

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:40 am

5K Off :7:55 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Vijayan Nair	6:10.99	Vijayan Nair	21:02.22	Damian Reyes	22:00.50	Barry Papermaster	22:07.47
Sujean Chung	8:04.00	Lindsay Aragon	25:27.41	Kuay Sullivan	27:00.76	Jennifer Johnson	27:13.93

## 5K MALE

		27 MALE Runners --- Average Time of 28:29					Avg. Age Grade: 56.4%		Place in		
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Vijayan Nair	Plano	(55)	10:33	-4	21:02.22		6:46.3	73.0%	1	1
MASTERS	1 Damian Reyes	Dallas	(40)	10:34	+54	22:00.50		7:05.0	62.0%	3	3
SENIORS	1 Barry Papermaster	Dallas	(63)	11:07	-7	22:07.47		7:07.3	74.4%	5	5
M10-14	1 Chris Williams	Dallas	(11)	10:55	+15	22:06.37		7:06.9	69.2%	4	4
	2 Alex Reyes	Dallas	(13)	14:41	-42	28:40.87	✓	9:13.9	50.6%	20	16
M15-19	1 Ezra Ruderman	Plano	(17)	10:33	+21	21:27.89		6:54.5	62.9%	2	2
	2 Reece Parker	Plano	(16)	11:36	-7	23:05.70		7:26.0	59.3%	6	6
	3 Seth Gerstenfeld	Dallas	(18)	11:41	-2	23:21.00		7:30.9	57.1%	8	8
M25-29	1 Derek Sims	Carrollton	(27)	12:32	+36	25:39.28		8:15.4	50.3%	13	12
M30-34	1 Manav Shah	Dallas	(33)	12:00	-35	23:25.62	✓	7:32.4	55.7%	10	10
	2 Nate Thomas	Carrollton	(34)	15:22	-5	30:38.05	✓	9:51.6	42.8%	25	18
	3 Luke Boyea	Lewisville	(34)	15:39	+37	31:55.02		10:16.4	41.1%	27	20
M45-49	1 Jen Evangelista	Irving	(46)	12:47	+112	27:26.16		8:49.8	52.1%	17	14
M50-54	1 Phil Williams	Dallas	(54)	12:04	-50	23:17.85	✓	7:29.9	65.4%	7	7
M55-59	1 John Kramer	Plano	(55)	16:22	-19	32:23.54		10:25.6	47.4%	31	22
	2 Steven Johnson	Farmers Branch	(59)	18:23	+176	39:41.66		12:46.6	40.1%	40	26
M60-64	1 Julio Lopez	Farmers Branch	(62)	11:44	-17	23:10.19		7:27.5	70.5%	9	9
	2 Ruben Arevalo	Carrollton	(62)	13:02	+1	26:04.59		8:23.6	62.6%	14	13
	3 Ruben Reyes	Carrollton	(61)	15:25	-56	29:54.37		9:37.6	54.1%	23	17
	4 Phil Murch	Frisco	(60)	15:43	-47	30:39.42		9:52.1	52.3%	26	19
	5 Robert Simpson	Coppell	(62)	16:21	+7	32:48.62		10:33.6	49.8%	29	21
M65-69	1 John Nance	Rowlett	(69)	12:29	-24	24:33.24		7:54.2	71.0%	11	11
	2 David Mask	Lewisville	(65)	14:06	-43	27:29.62		8:51.0	61.0%	18	15
	3 Karl Zuber	Mesquite	(66)	16:23	+83	34:09.27		10:59.6	49.6%	32	23
	4 Michael Johnson	Coppell	(65)	18:49	-6	37:32.15		12:04.9	44.7%	36	24
	5 Scott Ahlstrom	Carrollton	(69)	23:06	+12	46:23.68		14:56.0	37.6%	44	27
M80-99	1 Charles Key	Dallas	(86)	19:07	-12	38:00.80		12:14.1	66.2%	38	25

# 5K FEMALE

20 FEMALE Runners --- Average Time of

**36:27**

Avg. Age Grade: **48.8%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Lindsay Aragon		(29)	12:35	+18	25:27.41	✓	8:11.6	58.1%	12	1
MASTERS	1 Kuay Sullivan	Coppell	(52)	13:38	-15	27:00.76		8:41.7	64.2%	15	2
SENIORS	1 Jennifer Johnson	Coppell	(55)	13:40	-5	27:13.93		8:45.9	66.3%	16	3
F10-14	1 Cristie Reyes	Dallas	(14)	27:06	+18	54:29.50		17:32.4	28.8%	47	20
F15-19	1 Alisa Rubinstein	Plano	(16)	14:07	+31	28:44.52		9:15.1	53.2%	21	5
	2 Miriam Schwitzer	Dallas	(15)	21:39	+85	44:43.30		14:23.7	34.7%	42	16
F35-39	1 Nika Brunk	Eules	(36)	16:28	+242	36:58.36		11:54.0	40.6%	35	12
F40-44	1 Camille Palmer	Carrollton	(40)	16:11	+26	32:47.53		10:33.3	46.8%	28	8
	2 Barbara Gibson	Carrollton	(44)	18:04	-5	36:02.13		11:35.9	43.9%	34	11
	3 Chanvatei Tran	Garland	(44)	19:33	-92	37:33.94		12:05.5	42.1%	37	13
	4 Anel Reyna	Carrollton	(42)	20:08	+87	41:42.64		13:25.5	37.3%	41	15
F45-49	1 Judith Jessee	Coppell	(45)	14:21	-16	28:26.79		9:09.4	56.1%	19	4
	2 Rosalyn Tippet	Flower Mound	(45)	17:41	+29	35:51.40	✓	11:32.5	44.5%	33	10
	3 Elise Harper	Allen	(48)	19:37	-19	38:54.74		12:31.5	42.4%	39	14
F50-54	1 Yanira Lopez	Farmers Branch	(54)	14:29	+0	28:58.23		9:19.5	61.5%	22	6
F55-59	1 Betsy Palmer	Carrollton	(56)	16:41	-2	33:20.04		10:43.8	54.9%	30	9
	2 Kristi Lobban	Garland	(58)	23:49	-3	47:35.10		15:19.0	39.5%	46	19
F60-64	1 Regina James	Irving	(62)	22:06	+62	45:12.93		14:33.2	44.0%	43	17
F65-69	1 Kumiko McCoy	Eules	(68)	15:31	-41	30:21.23		9:46.2	71.9%	24	7
	2 Carol Creech	Plano	(66)	23:48	-2	47:34.07		15:18.6	44.4%	45	18

FN\*:  Broke Age-Group Record

**GD** Place among Females

▲ Positive Split

Timing provided by:

10/29/2017

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Negative Split



**DeltaViewTiming.com**

# 1M MALE

		12 MALE Runners --- Average Time of <b>9:36</b>					Avg. Age Grade: <b>51.8%</b>			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Vijayan Nair	Plano (55)			<b>6:10.99</b>		6:11.0	<b>71.5%</b>	1	1
M01-09	1	Ryan Zuber	Carrollton (5)			<b>15:31.00</b>		15:31.0	36.6%	19	11
M10-14	1	Chris Williams	Dallas (11)			<b>7:11.27</b>		7:11.3	<b>61.2%</b>	3	3
M30-34	1	Travis Zuber	Carrollton (34)			<b>15:31.09</b>		15:31.1	24.3%	20	12
M45-49	1	Jen Evangelista	Irving (46)			<b>10:23.83</b>		10:23.8	39.5%	14	8
M50-54	1	Phil Williams	Dallas (54)			<b>7:41.92</b>		7:41.9	56.9%	5	5
M55-59	1	John Kramer	Plano (55)			<b>8:56.37</b>		8:56.4	49.4%	12	7
M60-64	1	Barry Papermaster	Dallas (63)			<b>6:39.00</b>		6:39.0	<b>71.2%</b>	2	2
	2	Julio Lopez	Farmers Branch (62)			<b>7:30.66</b>		7:30.7	<b>62.5%</b>	4	4
	3	Ruben Arevalo	Carrollton (62)			<b>7:48.57</b>		7:48.6	<b>60.1%</b>	6	6
M65-69	1	Michael Johnson	Coppell (65)			<b>10:51.67</b>		10:51.7	44.4%	16	9
	2	Karl Zuber	Mesquite (66)			<b>10:58.48</b>		10:58.5	44.4%	17	10

# 1M FEMALE

		9 FEMALE Runners --- Average Time of <b>11:26</b>					Avg. Age Grade: <b>49.1%</b>			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Sujean Chung	Dallas (40)			<b>8:04.00</b>		8:04.0	54.9%	7	<b>1</b>
F01-09	1	Blake Bruser	Coppell (8)			<b>8:32.08</b>		8:32.1	<b>60.1%</b>	8	<b>2</b>
F40-44	1	Camille Palmer	Carrollton (40)			<b>10:43.44</b>		10:43.4	41.3%	15	<b>7</b>
	2	Barbara Gibson	Carrollton (44)			<b>11:12.15</b>		11:12.2	41.3%	18	<b>8</b>
F45-49	1	Elise Harper	Allen (48)			<b>10:20.58</b>		10:20.6	47.0%	13	<b>6</b>
	2	Chris Snoberger	Arlington (46)			<b>28:02.10</b>		28:02.1	16.9%	21	<b>9</b>
F50-54	1	Yanira Lopez	Farmers Branch (54)			<b>8:33.64</b>		8:33.6	<b>61.3%</b>	9	<b>3</b>
	2	Kuay Sullivan	Coppell (52)			<b>8:44.58</b>		8:44.6	58.5%	11	<b>5</b>
F55-59	1	Jennifer Johnson	Coppell (55)			<b>8:44.19</b>		8:44.2	<b>60.9%</b>	10	<b>4</b>

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	7117 Vijayan Nair (M55)	1	M55-59	OA	---				6:10.99		6:11.0	21.10	6:10.99	71.5%
2	7554 Barry Papermaster (M63)	2	M60-64	1st	---				6:39.00		6:39.0	22.75	6:39.00	71.2%
3	6169 Chris Williams (M11)	3	M10-14	1st	---				7:11.27		7:11.3	24.58	7:11.27	61.2%
4	7193 Julio Lopez (M62)	4	M60-64	2nd	---				7:30.66		7:30.7	25.66	7:30.66	62.5%
5	6168 Phil Williams (M54)	5	M50-54	1st	---				7:41.92		7:41.9	26.29	7:41.92	56.9%
6	7155 Ruben Arevalo (M62)	6	M60-64	3rd	---				7:48.57		7:48.6	26.68	7:48.57	60.1%
7	6001 Sujean Chung (F40)	1	F40-44	OA	---				8:04.00	⊗	8:04.0	27.60	8:04.00	54.9%
8	7316 Blake Bruser (F8)	2	F01-09	1st	---				8:32.08		8:32.1	29.19	8:32.08	60.1%
9	7198 Yanira Lopez (F54)	3	F50-54	1st	---				8:33.64		8:33.6	29.25	8:33.64	61.3%
10	7262 Jennifer Johnson (F55)	4	F55-59	1st	---				8:44.19		8:44.2	29.88	8:44.19	60.9%
11	7265 Kuay Sullivan (F52)	5	F50-54	2nd	---				8:44.58		8:44.6	29.88	8:44.58	58.5%
12	7261 John Kramer (M55)	7	M55-59	1st	---				8:56.37		8:56.4	30.56	8:56.37	49.4%
13	6775 Elise Harper (F48)	6	F45-49	1st	---				10:20.58		10:20.6	35.35	10:20.58	47.0%
14	7343 Jen Evangelista (M46)	8	M45-49	1st	---				10:23.83		10:23.8	35.52	10:23.83	39.5%
15	6833 Camille Palmer (F40)	7	F40-44	1st	---				10:43.44	⊗	10:43.4	36.66	10:43.44	41.3%
16	7252 Michael Johnson (M65)	9	M65-69	1st	---				10:51.67		10:51.7	37.12	10:51.67	44.4%
17	7195 Karl Zuber (M66)	10	M65-69	2nd	---				10:58.48	⊗	10:58.5	37.52	10:58.48	44.4%
18	6791 Barbara Gibson (F44)	8	F40-44	2nd	---				11:12.15		11:12.2	38.32	11:12.15	41.3%
19	6835 Ryan Zuber (M5)	11	M01-09	1st	---				15:31.00	⊗	15:31.0	53.08	15:31.00	36.6%
20	6834 Travis Zuber (M34)	12	M30-34	1st	---				15:31.09	⊗	15:31.1	53.08	15:31.09	24.3%
21	6009 Chris Snoberger (F46)	9	F45-49	2nd	918.0				28:02.10		28:02.1	95.91	43:20.08	16.9%
✓ No Club PR's						Average Finish Time: 10:23 <i>5 First Timers</i>				Average Age Grade: 50.7%				

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	7117 Vijayan Nair (M55)	1	M55-59	OA	---	10:33	10:29	-4	21:02.22		6:46.3	21.03	21:02.22	73.0%
2	6837 Ezra Ruderman (M17)	2	M15-19	1st	---	10:33	10:55	+21	21:27.89	⊗	6:54.5	21.45	21:27.89	62.9%
3	6829 Damian Reyes (M40)	3	M40-44	MS	0.5	10:34	11:27	+54	22:00.50		7:05.0	22.00	22:01.00	62.0%
4	6169 Chris Williams (M11)	4	M10-14	1st	1.0	10:55	11:11	+15	22:06.37		7:06.9	22.10	22:07.36	69.2%
5	7554 Barry Papermaster (M63)	5	M60-64	SR	1.8	11:07	11:00	-7	22:07.47		7:07.3	22.12	22:09.26	74.4%
6	6824 Reece Parker (M16)	6	M15-19	2nd	1.3	11:36	11:29	-7	23:05.70	⊗	7:26.0	23.08	23:07.00	59.3%
7	6168 Phil Williams (M54)	7	M50-54	1st	1.5	12:04	11:14	-50	23:17.85	✓ 2	7:29.9	23.28	23:19.34	65.4%
8	6823 Seth Gerstenfeld (M18)	8	M15-19	3rd	0.5	11:41	11:40	-2	23:21.00	⊗	7:30.9	23.35	23:21.49	57.1%
9	7193 Julio Lopez (M62)	9	M60-64	1st	14.0	11:44	11:26	-17	23:10.19		7:27.5	23.17	23:24.18	70.5%
10	7184 Manav Shah (M33)	10	M30-34	1st	6.6	12:00	11:25	-35	23:25.62	✓ 2Z	7:32.4	23.42	23:32.21	55.7%
11	7089 John Nance (M69)	11	M65-69	1st	0.5	12:29	12:05	-24	24:33.24		7:54.2	24.55	24:33.73	71.0%
12	6002 Lindsay Aragon (F29)	1	F25-29	OA	1.0	12:35	12:53	+18	25:27.41	✓ 1	8:11.6	25.45	25:28.41	58.1%
13	7090 Derek Sims (M27)	12	M25-29	1st	5.0	12:32	13:07	+36	25:39.28		8:15.4	25.65	25:44.27	50.3%
14	7155 Ruben Arevalo (M62)	13	M60-64	2nd	14.0	13:02	13:03	+1	26:04.59		8:23.6	26.07	26:18.58	62.6%
15	7265 Kuay Sullivan (F52)	2	F50-54	MS	3.0	13:38	13:23	-15	27:00.76		8:41.7	27.00	27:03.75	64.2%
16	7262 Jennifer Johnson (F55)	3	F55-59	SR	1.0	13:40	13:34	-5	27:13.93		8:45.9	27.22	27:14.92	66.3%
17	7343 Jen Evangelista (M46)	14	M45-49	1st	6.5	12:47	14:39	+112	27:26.16		8:49.8	27.43	27:32.65	52.1%
18	6800 David Mask (M65)	15	M65-69	2nd	28.0	14:06	13:23	-43	27:29.62		8:51.0	27.48	27:57.61	61.0%
19	6841 Judith Jessee (F45)	4	F45-49	1st	4.0	14:21	14:05	-16	28:26.79	⊗	9:09.4	28.43	28:30.78	56.1%
20	6828 Alex Reyes (M13)	16	M10-14	2nd	0.8	14:41	14:00	-42	28:40.87	✓ 3	9:13.9	28.67	28:41.66	50.6%
21	6839 Alisa Rubinstein (F16)	5	F15-19	1st	1.3	14:07	14:38	+31	28:44.52	⊗	9:15.1	28.73	28:45.81	53.2%
22	7198 Yanira Lopez (F54)	6	F50-54	1st	6.0	14:29	14:29	+0	28:58.23		9:19.5	28.97	29:04.22	61.5%
23	7283 Ruben Reyes (M61)	17	M60-64	3rd	10.0	15:25	14:29	-56	29:54.37		9:37.6	29.90	30:04.36	54.1%
24	7449 Kumiko McCoy (F68)	7	F65-69	1st	7.0	15:31	14:50	-41	30:21.23		9:46.2	30.35	30:28.22	71.9%
25	6838 Nate Thomas (M34)	18	M30-34	2nd	3.0	15:22	15:16	-5	30:38.05	✓ 1	9:51.6	30.63	30:41.04	42.8%

26	7157	Phil Murch (M60)	19	M60-64	4 <sup>th</sup>	8.0	15:43	14:56	-47	<b>30:39.42</b>	9:52.1	30.65	30:47.41	52.3%
27	6842	Luke Boyea (M34)	20	M30-34	3 <sup>rd</sup>	3.0	15:39	16:16	+37	<b>31:55.02</b>	⌘ 10:16.4	31.92	31:58.01	41.1%
28	6833	Camille Palmer (F40)	8	F40-44	1 <sup>st</sup>	11.0	16:11	16:37	+26	<b>32:47.53</b>	⌘ 10:33.3	32.78	32:58.52	46.8%
29	6688	Robert Simpson (M62)	21	M60-64	5 <sup>th</sup>	11.0	16:21	16:28	+7	<b>32:48.62</b>	10:33.6	32.80	32:59.61	49.8%
30	7454	Betsy Palmer (F56)	9	F55-59	1 <sup>st</sup>	11.0	16:41	16:39	-2	<b>33:20.04</b>	10:43.8	33.33	33:31.03	54.9%
31	7261	John Kramer (M55)	22	M55-59	1 <sup>st</sup>	129.7	16:22	16:02	-19	<b>32:23.54</b>	10:25.6	32.38	34:33.26	47.4%
32	7195	Karl Zuber (M66)	23	M65-69	3 <sup>rd</sup>	34.0	16:23	17:46	+83	<b>34:09.27</b>	10:59.6	34.15	34:43.26	49.6%
33	6697	Rosalyn Tippett (F45)	10	F45-49	2 <sup>nd</sup>	3.0	17:41	18:10	+29	<b>35:51.40</b>	✓ ⌘ 11:32.5	35.85	35:54.39	44.5%
34	6791	Barbara Gibson (F44)	11	F40-44	2 <sup>nd</sup>	10.0	18:04	17:58	-5	<b>36:02.13</b>	11:35.9	36.03	36:12.12	43.9%
35	6998	Nika Brunk (F36)	12	F35-39	1 <sup>st</sup>	8.0	16:28	20:30	+242	<b>36:58.36</b>	11:54.0	36.97	37:06.35	40.6%
36	7252	Michael Johnson (M65)	24	M65-69	4 <sup>th</sup>	9.0	18:49	18:43	-6	<b>37:32.15</b>	12:04.9	37.53	37:41.14	44.7%
37	6822	Chanvatei Tran (F44)	13	F40-44	3 <sup>rd</sup>	13.0	19:33	18:01	-92	<b>37:33.94</b>	⌘ 12:05.5	37.55	37:46.93	42.1%
38	7131	Charles Key (M86)	25	M80-99	1 <sup>st</sup>	---	19:07	18:54	-12	<b>38:00.80</b>	12:14.1	38.00	38:00.80	<b>66.2%</b>
39	6775	Elise Harper (F48)	14	F45-49	3 <sup>rd</sup>	5.0	19:37	19:18	-19	<b>38:54.74</b>	12:31.5	38.90	38:59.73	42.4%
40	6258	Steven Johnson (M59)	26	M55-59	2 <sup>nd</sup>	23.0	18:23	21:19	+176	<b>39:41.66</b>	12:46.6	39.68	40:04.65	40.1%
41	6806	Anel Reyna (F42)	15	F40-44	4 <sup>th</sup>	13.0	20:08	21:35	+87	<b>41:42.64</b>	13:25.5	41.70	41:55.63	37.3%
42	6008	Miriam Schwitzer (F15)	16	F15-19	2 <sup>nd</sup>	2.8	21:39	23:04	+85	<b>44:43.30</b>	⌘ 14:23.7	44.72	44:46.09	34.7%
43	6818	Regina James (F62)	17	F60-64	1 <sup>st</sup>	11.0	22:06	23:07	+62	<b>45:12.93</b>	⌘ 14:33.2	45.20	45:23.92	44.0%
44	7148	Scott Ahlstrom (M69)	27	M65-69	5 <sup>th</sup>	7.0	23:06	23:18	+12	<b>46:23.68</b>	14:56.0	46.38	46:30.67	37.6%
45	7024	Carol Creech (F66)	18	F65-69	2 <sup>nd</sup>	2.2	23:48	23:46	-2	<b>47:34.07</b>	15:18.6	47.57	47:36.26	44.4%
46	6007	Kristi Lobban (F58)	19	F55-59	2 <sup>nd</sup>	2.0	23:49	23:46	-3	<b>47:35.10</b>	⌘ 15:19.0	47.58	47:37.09	39.5%
47	6827	Cristie Reyes (F14)	20	F10-14	1 <sup>st</sup>	---	27:06	27:24	+18	<b>54:29.50</b>	17:32.4	54.48	54:29.54	28.8%
<b>21 Positive Split</b> <b>26 Negative Split</b> ✓ <b>6 Club PR's</b>										Average Finish Time: <b>31:52</b> <u>11 First Timers</u> Average Age Grade: <b>53.1%</b>				

# Sorted Age Grades

## 1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Vijayan Nair	M55	6:10.99	71.5%	
2	2	Barry Papermaster	M63	6:39.00	71.2%	
3	4	Julio Lopez	M62	7:30.66	62.5%	
4	9	Yanira Lopez	F54	8:33.64	61.3%	
5	3	Chris Williams	M11	7:11.27	61.2%	
6	10	Jennifer Johnson	F55	8:44.19	60.9%	
7	8	Blake Bruser	F8	8:32.08	60.1%	
8	6	Ruben Arevalo	M62	7:48.57	60.1%	
9	11	Kuay Sullivan	F52	8:44.58	58.5%	
10	5	Phil Williams	M54	7:41.92	56.9%	
11	7	Sujean Chung	F40	8:04.00	54.9%	

## 5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	5	Barry Papermaster	M63	22:07.47	74.4%	
2	1	Vijayan Nair	M55	21:02.22	73.0%	
3	24	Kumiko McCoy	F68	30:21.23	71.9%	
4	11	John Nance	M69	24:33.24	71.0%	
5	9	Julio Lopez	M62	23:10.19	70.5%	
6	4	Chris Williams	M11	22:06.37	69.2%	
7	16	Jennifer Johnson	F55	27:13.93	66.3%	
8	38	Charles Key	M86	38:00.80	66.2%	
9	7	Phil Williams	M54	23:17.85	65.4%	New
10	15	Kuay Sullivan	F52	27:00.76	64.2%	
11	2	Ezra Ruderman	M17	21:27.89	62.9%	
12	14	Ruben Arevalo	M62	26:04.59	62.6%	
13	3	Damian Reyes	M40	22:00.50	62.0%	
14	22	Yanira Lopez	F54	28:58.23	61.5%	
15	18	David Mask	M65	27:29.62	61.0%	
16	6	Reece Parker	M16	23:05.70	59.3%	
17	12	Lindsay Aragon	F29	25:27.41	58.1%	
18	8	Seth Gerstenfeld	M18	23:21.00	57.1%	
19	19	Judith Jessee	F45	28:26.79	56.1%	
20	10	Manav Shah	M33	23:25.62	55.7%	
21	30	Betsy Palmer	F56	33:20.04	54.9%	
22	23	Ruben Reyes	M61	29:54.37	54.1%	
23	21	Alisa Rubinstein	F16	28:44.52	53.2%	
24	26	Phil Murch	M60	30:39.42	52.3%	
25	17	Jen Evangelista	M46	27:26.16	52.1%	
26	20	Alex Reyes	M13	28:40.87	50.6%	
27	13	Derek Sims	M27	25:39.28	50.3%	

100% World Record Level for Gender/Age

90% World Class Level

80% National Class Level

70% Regional Class Level

List\* Carrollton Runners Performance Lists for Age Grades &gt; 65%

65% Boston-Qualifier Approximate Level

60% Local Class Level

50% Average Class Level