

Sunday, March 26, 2017

Carrollton Runners Mile + 5K

59F Clear 72%H 7mph SSE

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:30 am
5K Off :7:45 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Ryan Barrow	5:01.00	Ryan Barrow	17:42.65	Juan Monjaras	20:55.40	Julio Lopez	23:25.93
Kim Andres	7:58.00	Sara Lindero	21:30.51	Jennifer Johnson	27:11.70	Kim Andres	27:00.61

5K MALE

		45 MALE Runners --- Average Time of 28:57						Avg. Age Grade: 52.9%		Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Ryan Barrow	Denton	(29)	9:07	-30	17:42.65 \mathcal{M}		5:42.0	72.9%	1	1
MASTERS	1	Juan Monjaras	Fort Worth	(42)	10:39	-22	20:55.40		6:44.1	66.2%	6	6
SENIORS	1	Julio Lopez	Farmers Branch	(61)	11:39	+9	23:25.93 \mathcal{M}		7:32.5	69.1%	16	13
M01-09	1	David Toth	Coppell	(7)	17:05	-38	33:31.72		10:47.5	53.1%	49	38
M10-14	1	Sean Loehding	Carrollton	(12)	13:11	-1	26:20.74		8:28.8	56.4%	23	19
M15-19	1	Ja'kease Mackey	Irving	(17)	9:07	-22	17:51.68 \mathcal{M}		5:44.9	75.6%	3	3
	2	Jacob Shepherd	Irving	(16)	9:18	+33	19:09.07		6:09.9	71.5%	4	4
	3	Josue Sanchez	Irving HS MCJROTC	(16)	11:09	+180	25:18.64		8:08.8	54.1%	20	16
	4	Aaron Potter	Irving HS MCJROTC	(17)	12:08	+111	26:07.31		8:24.5	51.7%	22	18
	5	Ronald Galeas	Irving HS MCJROTC	(15)	14:54	+51	30:39.33		9:52.0	45.4%	37	26
	6	Joe Rucker	Irving HS MCJROTC	(16)	14:54	+53	30:40.38		9:52.4	44.7%	38	27
	7	Phillip Potter	Irving HS MCJROTC	(17)	14:54	+70	30:57.10		9:57.7	43.6%	39	28
	8	Vincent Perez	Irving HS MCJROTC	(16)	16:05	+449	39:40.00		12:46.0	34.5%	53	41
	9	Omar Younes	Irving HS MCJROTC	(15)	12:23	+1834	55:21.01		17:48.9	25.2%	70	45
M25-29	1	Clinton Blacksmith	Denton	(25)	9:06	-22	17:50.34 \mathcal{M}		5:44.5	72.3%	2	2
	2	Jonathon Barnett	Arlington	(26)	10:53	+79	23:04.68 \mathcal{M}		7:25.7	55.9%	14	11
	3	Maurice Valderas	Dallas	(27)	12:10	+51	25:11.95 ✓		8:06.7	51.2%	19	15
M30-34	1	David Rudd	Dallas	(30)	10:16	+14	20:47.04 \mathcal{M}		6:41.4	62.2%	5	5
	2	Manav Shah	Dallas	(32)	11:38	+9	23:25.06 ✓		7:32.2	55.5%	15	12
	3	Simon Rose	Carrollton	(34)	15:50	-9	31:31.04		10:08.7	41.6%	42	31
	4	Kevin Medina	Carrollton	(32)	16:02	+87	33:31.00		10:47.3	38.8%	47	36
M35-39	1	Gabor Toth	Coppell	(36)	17:10	-45	33:36.18		10:48.9	39.5%	48	37
M40-44	1	Kelly Parma	Carrollton	(44)	10:28	+16	21:12.73		6:49.7	66.3%	8	8
	2	Ryan Loehding	Carrollton	(44)	10:26	+32	21:23.50 \mathcal{M}		6:53.1	65.8%	9	9
	3	Rama Atla	Coppell	(40)	16:14	-44	31:44.68		10:13.1	43.0%	44	33
	4	Robert Farmer	Haslet	(43)	16:44	+35	34:03.00		10:57.6	41.0%	50	39
M45-49	1	Alex Munoz	Haslet	(47)	10:40	-14	21:05.92		6:47.5	68.3%	7	7
	2	David Lewis	Bedford	(45)	10:43	+13	21:39.48 ✓		6:58.3	65.5%	12	10
	3	Scott Wertz	Long Grove, IL	(47)	12:59	-15	25:42.71		8:16.6	56.0%	21	17
	4	Travis Wright	Dallas	(46)	13:48	-31	27:05.25		8:43.1	52.8%	25	21
	5	Vicente Rangel	Carrollton	(49)	15:07	-125	28:10.27		9:04.0	51.9%	30	23
	6	Tony Trevino	Carrollton	(45)	15:32	-35	30:29.54		9:48.9	46.5%	36	25
	7	Jon Shepherd	Irving	(48)	15:51	+59	32:39.89		10:30.8	44.4%	46	35
	8	Nathan Bruser	Coppell	(45)	20:10	-108	38:31.25 \mathcal{M}		12:23.9	36.8%	62	42
M50-54	1	Ken Robinson	Plano	(54)	13:40	-36	26:43.80 ✓		8:36.2	57.0%	24	20
	2	Steve Pliier	Carrollton	(52)	15:51	-9	31:32.79		10:09.2	47.5%	43	32
M55-59	1	Jaws Hansen	Dallas	(56)	15:55	-42	31:08.00		10:01.3	49.8%	40	29

M55-59	2	Ronald Hamilton	The Colony	(57)	15:43	+32	31:57.95	ℓ	10:17.3	48.9%	45	34
	3	John Kramer	Plano	(55)	26:49	-355	47:42.94	ℓ	15:21.5	32.2%	67	44
M60-64	1	David Mask	Lewisville	(64)	13:55	-11	27:39.20		8:54.0	60.1%	28	22
	2	Ruben Reyes	Carrollton	(61)	14:53	+12	29:58.30	ℓ	9:38.8	54.0%	34	24
	3	Michael Johnson	Coppell	(64)	18:19	-37	36:01.77	ℓ	11:35.8	46.1%	52	40
M65-69	1	John Nance	Rowlett	(68)	12:18	-16	24:19.56		7:49.8	70.9%	17	14
	2	Teddy Viator	Dallas	(65)	16:31	-99	31:22.60	ℓ	10:06.0	53.5%	41	30
	3	Scott Ahlstrom	Carrollton	(68)	22:17	-26	44:08.05		14:12.3	39.1%	65	43

5K FEMALE

25 FEMALE Runners --- Average Time of **36:18**

Avg. Age Grade: **50.5%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Sara Lindero	Irving	(16)	10:44	+3	21:30.51	✓	6:55.4	71.2%	10	1
MASTERS	1 Jennifer Johnson	Coppell	(54)	13:45	-18	27:11.70	ℓ	8:45.2	65.5%	26	5
SENIORS	1 Kim Andres	Irving	(64)	13:31	-1	27:00.61	ℓ	8:41.6	75.9%	31	8
F01-09	1 Blake Bruser	Coppell	(7)	20:09	-109	38:29.83	ℓ	12:23.5	48.8%	61	20
F10-14	1 Redhiya Bharmal	Farmers Br	(10)	12:59	+84	27:22.83		8:48.8	62.3%	27	6
F15-19	1 Alexandra Castillo	Irving	(16)	10:43	+4	21:30.58		6:55.4	71.2%	11	2
	2 Abby Lewis	Irving	(15)	10:43	+40	22:07.06		7:07.1	70.1%	13	3
	3 Paige Loehding	Carrollton	(16)	12:44	-28	24:59.88		8:02.8	61.2%	18	4
	4 Breanna Trevino	Carrollton	(19)	15:34	-40	30:28.94		9:48.7	48.7%	35	11
	5 Maria Alcala	Irving HS MCJROTC	(16)	36:05	-1044	54:45.99		17:37.7	27.9%	69	25
F30-34	1 Megan Denman	Frisco	(30)	22:30	+79	46:18.92		14:54.4	32.0%	63	21
F35-39	1 Nika Brunk	Eules	(35)	17:40	-1	35:18.74		11:22.0	42.3%	51	12
	2 Farida Bharmal	Farmers Br	(39)	21:19	+103	44:21.99		14:16.8	34.3%	60	19
	3 Marietta Kovacs	Coppell	(36)	24:08	-75	47:02.08		15:08.3	31.9%	64	22
F40-44	1 Jennifer Loehding	Carrollton	(44)	14:04	-16	27:51.85		8:58.1	56.8%	29	7
	2 Jennifer Wright	Dallas	(42)	14:04	+77	29:23.69		9:27.7	52.9%	33	10
F50-54	1 Yanira Lopez	Farmers Branch	(54)	14:36	-20	28:51.30	ℓ	9:17.3	61.7%	32	9
	2 Susan Schafer	Farmers Branch	(51)	19:24	+47	39:36.21		12:44.8	43.3%	54	13
	3 Maria Quian	The Colony	(54)	18:56	+133	40:05.81		12:54.4	44.4%	55	14
	4 Clara Anumudu	Coppell	(52)	21:19	+65	43:41.72		14:03.9	39.7%	58	17
F55-59	1 Susan Olukoga-daniel	Southlake	(55)	21:17	+6	42:39.23		13:43.7	42.3%	57	16
	2 Cindi Gant	Carrollton	(58)	24:34	+19	49:26.61	✓	15:54.9	38.0%	66	23
F60-64	1 Rosemary Lewis	Carrollton	(61)	25:54	+3	51:51.09		16:41.4	37.8%	68	24
F65-69	1 Carol Creech	Plano	(66)	20:21	+30	41:11.91		13:15.6	51.3%	56	15
	2 Francisca Trevino	Carrollton	(69)	21:51	+32	44:14.03		14:14.3	50.1%	59	18

1M MALE

		18 MALE Runners --- Average Time of 8:47					Avg. Age Grade: 53.3%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Ryan Barrow	Denton	(29)			5:01.00		5:01.0	74.0%	1	1
M01-09	1 Carter Wright	Dallas	(8)			17:16.90		17:16.9	28.3%	21	17
M10-14	1 Spencer Wright	Dallas	(10)			17:22.17		17:22.2	26.1%	22	18
M15-19	1 Ja'kease Mackey	Irving	(17)			5:50.13	✓	5:50.1	66.6%	2	2
M25-29	1 Jonathon Barnett	Arlington	(26)			6:49.60	✓	6:49.6	54.3%	4	4
	2 Clinton Blacksmith	Denton	(25)			7:10.33		7:10.3	51.7%	7	7
M30-34	1 David Rudd	Dallas	(30)			7:34.72	✓	7:34.7	49.1%	8	8
M40-44	1 Ryan Loehding	Carrollton	(44)			6:10.38		6:10.4	65.5%	3	3
M45-49	1 Nathan Bruser	Coppell	(45)			9:03.11		9:03.1	45.0%	15	12
M50-54	1 M Maimonides	Kansas City, Mo	(53)			7:36.59		7:36.6	57.1%	9	9
M55-59	1 Gong Lee	Plano	(57)			8:20.50		8:20.5	53.9%	12	10
	2 John Kramer	Plano	(55)			8:34.92		8:34.9	51.5%	13	11
	3 Ronald Hamilton	The Colony	(57)			9:17.82		9:17.8	48.3%	19	15
M60-64	1 Tom Menn	Hurst	(63)			6:55.48		6:55.5	68.4%	5	5
	2 Julio Lopez	Farmers Branch	(61)			7:05.56		7:05.6	65.6%	6	6
	3 Ruben Reyes	Carrollton	(61)			9:05.99		9:06.0	51.1%	18	14
	4 Michael Johnson	Coppell	(64)			9:46.35		9:46.4	48.9%	20	16
M65-69	1 Teddy Viator	Dallas	(65)			9:04.99		9:05.0	53.1%	17	13

1M FEMALE

		4 FEMALE Runners --- Average Time of 8:32					Avg. Age Grade: 64.4%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Kim Andres	Irving	(64)			7:58.00		7:58.0	76.1%	10	1
F01-09	1 Blake Bruser	Coppell	(7)			9:03.47		9:03.5	58.7%	16	4
F50-54	1 Yanira Lopez	Farmers Branch	(54)			8:20.09		8:20.1	63.0%	11	2
	2 Jennifer Johnson	Coppell	(54)			8:44.90		8:44.9	60.0%	14	3

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD	
1	7287 Ryan Barrow (M29)	1	M25-29	OA	---				5:01.00	✗ 1	5:01.0	17.16	5:01.00	74.0%	
2	6010 Ja'kease Mackey (M17)	2	M15-19	1st	---				5:50.13	✓ 1	5:50.1	19.96	5:50.13	66.6%	
3	7072 Ryan Loehding (M44)	3	M40-44	1st	---				6:10.38		6:10.4	21.10	6:10.38	65.5%	
4	7590 Jonathon Barnett (M26)	4	M25-29	1st	---				6:49.60	✓ 1	6:49.6	23.32	6:49.60	54.3%	
5	6006 Tom Menn (M63)	5	M60-64	1st	---				6:55.48		6:55.5	23.66	6:55.48	68.4%	
6	7193 Julio Lopez (M61)	6	M60-64	2nd	---				7:05.56		7:05.6	24.23	7:05.56	65.6%	
7	6014 Clinton Blacksmith (M25)	7	M25-29	2nd	---				7:10.33	✗	7:10.3	24.52	7:10.33	51.7%	
8	7430 David Rudd (M30)	8	M30-34	1st	---				7:34.72	✓ 1	7:34.7	25.89	7:34.72	49.1%	
9	6999 M Maimonides (M53)	9	M50-54	1st	---				7:36.59	✗	7:36.6	26.00	7:36.59	57.1%	
10	7040 Kim Andres (F64)	1	F60-64	OA	---				7:58.00		7:58.0	27.25	7:58.00	76.1%	
11	7198 Yanira Lopez (F54)	2	F50-54	1st	---				8:20.09		8:20.1	28.51	8:20.09	63.0%	
12	6179 Gong Lee (M57)	10	M55-59	1st	---				8:20.50	✗	8:20.5	28.51	8:20.50	53.9%	
13	7261 John Kramer (M55)	11	M55-59	2nd	---				8:34.92		8:34.9	29.31	8:34.92	51.5%	
14	7262 Jennifer Johnson (F54)	3	F50-54	2nd	---				8:44.90		8:44.9	29.88	8:44.90	60.0%	
15	7097 Nathan Bruser (M45)	12	M45-49	1st	---				9:03.11		9:03.1	30.96	9:03.11	45.0%	
16	7316 Blake Bruser (F7)	4	F01-09	1st	---				9:03.47		9:03.5	30.96	9:03.47	58.7%	
17	7051 Teddy Viator (M65)	13	M65-69	1st	---				9:04.99		9:05.0	31.02	9:04.99	53.1%	
18	7283 Ruben Reyes (M61)	14	M60-64	3rd	---				9:05.99		9:06.0	31.08	9:05.99	51.1%	
19	7020 Ronald Hamilton (M57)	15	M55-59	3rd	---				9:17.82		9:17.8	31.76	9:17.82	48.3%	
20	7252 Michael Johnson (M64)	16	M60-64	4th	---				9:46.35		9:46.4	33.41	9:46.35	48.9%	
21	7308 Carter Wright (M8)	17	M01-09	1st	---				17:16.90	✗	17:16.9	59.07	17:16.90	28.3%	
22	7309 Spencer Wright (M10)	18	M10-14	1st	---				17:22.17	✗	17:22.2	59.41	17:22.17	26.1%	
✓ 3 Club PR's						Average Finish Time: 08:44			6 First Timers		Average Age Grade: 55.3%				

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	7287 Ryan Barrow (M29)	1	M25-29	OA	---	9:07	8:36	-30	17:42.65	ℓ	5:42.0	17.70	17:42.65	72.9%
2	6014 Clinton Blacksmith (M25)	2	M25-29	1st	---	9:06	8:44	-22	17:50.34	ℓ	5:44.5	17.83	17:50.34	72.3%
3	6010 Ja'kease Mackey (M17)	3	M15-19	1st	0.8	9:07	8:45	-22	17:51.68	ℓ	5:44.9	17.85	17:52.45	75.6%
4	7200 Jacob Shepherd (M16)	4	M15-19	2nd	0.4	9:18	9:51	+33	19:09.07		6:09.9	19.15	19:09.49	71.5%
5	7430 David Rudd (M30)	5	M30-34	1st	3.1	10:16	10:31	+14	20:47.04	ℓ	6:41.4	20.78	20:50.10	62.2%
6	6022 Juan Monjaras (M42)	6	M40-44	MS	---	10:39	10:17	-22	20:55.40	✗	6:44.1	20.92	20:55.40	66.2%
7	6005 Alex Munoz (M47)	7	M45-49	1st	0.5	10:40	10:26	-14	21:05.92		6:47.5	21.08	21:06.43	68.3%
8	6618 Kelly Parma (M44)	8	M40-44	1st	---	10:28	10:44	+16	21:12.73		6:49.7	21.20	21:12.77	66.3%
9	7072 Ryan Loehding (M44)	9	M40-44	2nd	0.3	10:26	10:58	+32	21:23.50	ℓ	6:53.1	21.38	21:23.79	65.8%
10	6009 Sara Lindero (F16)	1	F15-19	OA	---	10:44	10:47	+3	21:30.51	✓ 1	6:55.4	21.50	21:30.51	71.2%
11	6007 Alexandra Castillo (F16)	2	F15-19	1st	---	10:43	10:47	+4	21:30.58	✗	6:55.4	21.50	21:30.58	71.2%
12	7299 David Lewis (M45)	10	M45-49	2nd	1.6	10:43	10:56	+13	21:39.48	✓ 16	6:58.3	21.65	21:41.06	65.5%
13	6008 Abby Lewis (F15)	3	F15-19	2nd	2.2	10:43	11:24	+40	22:07.06		7:07.1	22.12	22:09.24	70.1%
14	7590 Jonathon Barnett (M26)	11	M25-29	2nd	2.0	10:53	12:12	+79	23:04.68	ℓ	7:25.7	23.07	23:06.67	55.9%
15	7184 Manav Shah (M32)	12	M30-34	2nd	1.3	11:38	11:47	+9	23:25.06	✓ 20	7:32.2	23.42	23:26.36	55.5%
16	7193 Julio Lopez (M61)	13	M60-64	SR	0.7	11:39	11:47	+9	23:25.93	ℓ	7:32.5	23.42	23:26.61	69.1%
17	7089 John Nance (M68)	14	M65-69	1st	0.3	12:18	12:02	-16	24:19.56		7:49.8	24.32	24:19.88	70.9%
18	7473 Paige Loehding (F16)	4	F15-19	3rd	3.2	12:44	12:16	-28	24:59.88		8:02.8	24.98	25:03.08	61.2%
19	7591 Maurice Valderas (M27)	15	M25-29	3rd	2.4	12:10	13:02	+51	25:11.95	✓ 11	8:06.7	25.18	25:14.35	51.2%
20	6082 Josue Sanchez (M16)	16	M15-19	3rd	---	11:09	14:09	+180	25:18.64	✗	8:08.8	25.30	25:18.64	54.1%
21	6013 Scott Werntz (M47)	17	M45-49	3rd	3.6	12:59	12:44	-15	25:42.71	✗	8:16.6	25.70	25:46.29	56.0%
22	6085 Aaron Potter (M17)	18	M15-19	4th	---	12:08	13:59	+111	26:07.31	✗	8:24.5	26.12	26:07.31	51.7%
23	6572 Sean Loehding (M12)	19	M10-14	1st	3.3	13:11	13:10	-1	26:20.74		8:28.8	26.33	26:24.06	56.4%
24	7077 Ken Robinson (M54)	20	M50-54	1st	3.6	13:40	13:04	-36	26:43.80	✓ 27	8:36.2	26.72	26:47.38	57.0%

25	7310	Travis Wright (M46)	21	M45-49	4th	4.6	13:48	13:17	-31	27:05.25	⌘	8:43.1	27.08	27:09.86	52.8%
26	7262	Jennifer Johnson (F54)	5	F50-54	MS	1.9	13:45	13:27	-18	27:11.70	⌘	8:45.2	27.18	27:13.61	65.5%
27	6020	Redhiya Bharmal (F10)	6	F10-14	1st	0.3	12:59	14:24	+84	27:22.83	⌘	8:48.8	27.37	27:23.17	62.3%
28	7008	David Mask (M64)	22	M60-64	1st	---	13:55	13:44	-11	27:39.20		8:54.0	27.65	27:39.20	60.1%
29	7472	Jennifer Loehding (F44)	7	F40-44	1st	5.3	14:04	13:48	-16	27:51.85		8:58.1	27.85	27:57.11	56.8%
30	6996	Vicente Rangel (M49)	23	M45-49	5th	---	15:07	13:03	-125	28:10.27		9:04.0	28.17	28:10.27	51.9%
31	7040	Kim Andres (F64)	8	F60-64	SR	98.2	13:31	13:30	-1	27:00.61	⌘	8:41.6	27.00	28:38.79	75.9%
32	7198	Yanira Lopez (F54)	9	F50-54	1st	13.0	14:36	14:16	-20	28:51.30	⌘	9:17.3	28.85	29:04.28	61.7%
33	7307	Jennifer Wright (F42)	10	F40-44	2nd	4.7	14:04	15:20	+77	29:23.69	⌘	9:27.7	29.38	29:28.41	52.9%
34	7283	Ruben Reyes (M61)	24	M60-64	2nd	6.9	14:53	15:05	+12	29:58.30	⌘	9:38.8	29.97	30:05.16	54.0%
35	6002	Breanna Trevino (F19)	11	F15-19	4th	5.4	15:34	14:55	-40	30:28.94	⌘	9:48.7	30.47	30:34.37	48.7%
36	6003	Tony Trevino (M45)	25	M45-49	6th	5.2	15:32	14:57	-35	30:29.54		9:48.9	30.48	30:34.72	46.5%
37	6091	Ronald Galeas (M15)	26	M15-19	5th	---	14:54	15:45	+51	30:39.33	⌘	9:52.0	30.65	30:39.33	45.4%
38	6092	Joe Rucker (M16)	27	M15-19	6th	---	14:54	15:47	+53	30:40.38	⌘	9:52.4	30.67	30:40.38	44.7%
39	6084	Phillip Potter (M17)	28	M15-19	7th	---	14:54	16:03	+70	30:57.10	⌘	9:57.7	30.95	30:57.10	43.6%
40	7060	Jaws Hansen (M56)	29	M55-59	1st	---	15:55	15:13	-42	31:08.00		10:01.3	31.13	31:08.00	49.8%
41	7051	Teddy Viator (M65)	30	M65-69	2nd	---	16:31	14:52	-99	31:22.60	⌘	10:06.0	31.37	31:22.60	53.5%
42	6012	Simon Rose (M34)	31	M30-34	3rd	7.9	15:50	15:41	-9	31:31.04		10:08.7	31.52	31:38.94	41.6%
43	6011	Steve Pliier (M52)	32	M50-54	2nd	7.1	15:51	15:42	-9	31:32.79	⌘	10:09.2	31.53	31:39.85	47.5%
44	7777	Rama Atla (M40)	33	M40-44	3rd	14.3	16:14	15:31	-44	31:44.68		10:13.1	31.73	31:58.95	43.0%
45	7020	Ronald Hamilton (M57)	34	M55-59	2nd	6.1	15:43	16:15	+32	31:57.95	⌘	10:17.3	31.95	32:04.05	48.9%
46	6472	Jon Shepherd (M48)	35	M45-49	7th	4.6	15:51	16:49	+59	32:39.89		10:30.8	32.65	32:44.53	44.4%
47	6023	Kevin Medina (M32)	36	M30-34	4th	---	16:02	17:29	+87	33:31.00	⌘	10:47.3	33.52	33:31.00	38.8%
48	7380	Gabor Toth (M36)	37	M35-39	1st	---	17:10	16:26	-45	33:36.18		10:48.9	33.60	33:36.18	39.5%
49	7379	David Toth (M7)	38	M01-09	1st	4.8	17:05	16:27	-38	33:31.72	⌘	10:47.5	33.52	33:36.51	53.1%
50	6021	Robert Farmer (M43)	39	M40-44	4th	---	16:44	17:19	+35	34:03.00	⌘	10:57.6	34.05	34:03.00	41.0%
51	7448	Nika Brunk (F35)	12	F35-39	1st	8.1	17:40	17:39	-1	35:18.74		11:22.0	35.30	35:26.81	42.3%
52	7252	Michael Johnson (M64)	40	M60-64	3rd	8.9	18:19	17:42	-37	36:01.77	⌘	11:35.8	36.02	36:10.68	46.1%
53	6080	Vincent Perez (M16)	41	M15-19	8th	---	16:05	23:35	+449	39:40.00	⌘	12:46.0	39.67	39:40.00	34.5%
54	7065	Susan Schafer (F51)	13	F50-54	2nd	9.6	19:24	20:12	+47	39:36.21		12:44.8	39.60	39:45.82	43.3%
55	6018	Maria Quian (F54)	14	F50-54	3rd	1.5	18:56	21:09	+133	40:05.81	⌘	12:54.4	40.08	40:07.35	44.4%
56	7024	Carol Creech (F66)	15	F65-69	1st	4.2	20:21	20:51	+30	41:11.91		13:15.6	41.18	41:16.16	51.3%
57	6016	Susan Olukoga-daniel (F55)	16	F55-59	1st	1.6	21:17	21:23	+6	42:39.23		13:43.7	42.65	42:40.84	42.3%
58	6017	Clara Anumudu (F52)	17	F50-54	4th	2.4	21:19	22:23	+65	43:41.72	⌘	14:03.9	43.68	43:44.12	39.7%
59	6001	Francisca Trevino (F69)	18	F65-69	2nd	---	21:51	22:23	+32	44:14.03		14:14.3	44.23	44:14.03	50.1%
60	6019	Farida Bharmal (F39)	19	F35-39	2nd	0.9	21:19	23:03	+103	44:21.99	⌘	14:16.8	44.35	44:22.85	34.3%
61	7316	Blake Bruser (F7)	20	F01-09	1st	402.3	20:09	18:21	-109	38:29.83	⌘	12:23.5	38.48	45:12.12	48.8%
62	7097	Nathan Bruser (M45)	42	M45-49	8th	402.1	20:10	18:22	-108	38:31.25	⌘	12:23.9	38.52	45:13.34	36.8%
63	6212	Megan Denman (F30)	21	F30-34	1st	8.4	22:30	23:49	+79	46:18.92		14:54.4	46.30	46:27.28	32.0%
64	6617	Marietta Kovacs (F36)	22	F35-39	3rd	---	24:08	22:54	-75	47:02.08	⌘	15:08.3	47.03	47:02.08	31.9%
65	7148	Scott Ahlstrom (M68)	43	M65-69	3rd	225.7	22:17	21:51	-26	44:08.05		14:12.3	44.13	47:53.79	39.1%
66	6526	Cindi Gant (F58)	23	F55-59	2nd	7.6	24:34	24:53	+19	49:26.61	✓	15:54.9	49.43	49:34.22	38.0%
67	7261	John Kramer (M55)	44	M55-59	3rd	138.2	26:49	20:54	-355	47:42.94	⌘	15:21.5	47.70	50:01.17	32.2%
68	7455	Rosemary Lewis (F61)	24	F60-64	1st	15.7	25:54	25:57	+3	51:51.09		16:41.4	51.85	52:06.77	37.8%
69	6088	Maria Alcalá (F16)	25	F15-19	5th	29.2	36:05	18:41	1044	54:45.99	⌘	17:37.7	54.75	55:15.20	27.9%
70	6083	Omar Younes (M15)	45	M15-19	9th	---	12:23	42:58	1834	55:21.01	⌘	17:48.9	55.35	55:21.01	25.2%

36 Positive Split

34 Negative Split

✓ 6 Club PR's

Average Finish Time: 31:34 25 First Timers

Average Age Grade: 52.0%

FN*: Broke Age-Group Record GD Place among Females Positive Split

Timing provided by:

3/26/2017

 Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later) Negative Split

DeltaViewTiming.com

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	10	Kim Andres	F64	7:58.00	76.1%	
2	1	Ryan Barrow	M29	5:01.00	74.0%	New
3	5	Tom Menn	M63	6:55.48	68.4%	
4	2	Ja'kease Mackey	M17	5:50.13	66.6%	New
5	6	Julio Lopez	M61	7:05.56	65.6%	
6	3	Ryan Loehding	M44	6:10.38	65.5%	
7	11	Yanira Lopez	F54	8:20.09	63.0%	
8	14	Jennifer Johnson	F54	8:44.90	60.0%	
9	16	Blake Bruser	F7	9:03.47	58.7%	
10	9	M Maimonides	M53	7:36.59	57.1%	
11	4	Jonathon Barnett	M26	6:49.60	54.3%	
12	12	Gong Lee	M57	8:20.50	53.9%	
13	17	Teddy Viator	M65	9:04.99	53.1%	
14	7	Clinton Blacksmith	M25	7:10.33	51.7%	
15	13	John Kramer	M55	8:34.92	51.5%	
16	18	Ruben Reyes	M61	9:05.99	51.1%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	31	Kim Andres	F64	27:00.61	75.9%	
2	3	Ja'kease Mackey	M17	17:51.68	75.6%	New
3	1	Ryan Barrow	M29	17:42.65	72.9%	
4	2	Clinton Blacksmith	M25	17:50.34	72.3%	New
5	4	Jacob Shepherd	M16	19:09.07	71.5%	
6	10	Sara Lindero	F16	21:30.51	71.2%	New
7	11	Alexandra Castillo	F16	21:30.58	71.2%	New
8	17	John Nance	M68	24:19.56	70.9%	
9	13	Abby Lewis	F15	22:07.06	70.1%	
10	16	Julio Lopez	M61	23:25.93	69.1%	
11	7	Alex Munoz	M47	21:05.92	68.3%	
12	8	Kelly Parma	M44	21:12.73	66.3%	
13	6	Juan Monjaras	M42	20:55.40	66.2%	New
14	9	Ryan Loehding	M44	21:23.50	65.8%	
15	26	Jennifer Johnson	F54	27:11.70	65.5%	
16	12	David Lewis	M45	21:39.48	65.5%	Move UP
17	27	Redhiya Bharmal	F10	27:22.83	62.3%	
18	5	David Rudd	M30	20:47.04	62.2%	
19	32	Yanira Lopez	F54	28:51.30	61.7%	
20	18	Paige Loehding	F16	24:59.88	61.2%	
21	28	David Mask	M64	27:39.20	60.1%	
22	24	Ken Robinson	M54	26:43.80	57.0%	
23	29	Jennifer Loehding	F44	27:51.85	56.8%	
24	23	Sean Loehding	M12	26:20.74	56.4%	
25	21	Scott Wertz	M47	25:42.71	56.0%	
26	14	Jonathon Barnett	M26	23:04.68	55.9%	
27	15	Manav Shah	M32	23:25.06	55.5%	
28	20	Josue Sanchez	M16	25:18.64	54.1%	
29	34	Ruben Reyes	M61	29:58.30	54.0%	
30	41	Teddy Viator	M65	31:22.60	53.5%	
31	49	David Toth	M7	33:31.72	53.1%	
32	33	Jennifer Wright	F42	29:23.69	52.9%	
33	25	Travis Wright	M46	27:05.25	52.8%	
34	30	Vicente Rangel	M49	28:10.27	51.9%	
35	22	Aaron Potter	M17	26:07.31	51.7%	
36	56	Carol Creech	F66	41:11.91	51.3%	
37	19	Maurice Valderas	M27	25:11.95	51.2%	
38	59	Francisca Trevino	F69	44:14.03	50.1%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level