

Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Kevin Gerteisen	6:07.00	David Rudd	20:34.98	Kevin Gerteisen	21:43.01	Julio Lopez	24:47.91
Yanira Lopez	8:37.63	Paige Loehding	23:40.20	Kim Andres	26:53.59	Kumiko McCoy	31:07.03

5K MALE

33 MALE Runners --- Average Time of **28:36**

Avg. Age Grade: **52.0%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 David Rudd	Dallas	(30)	10:20	-5	20:34.98	M ✓	6:37.5	62.8%	1	1
MASTERS	1 Kevin Gerteisen	Carrollton	(48)	10:18	+66	21:43.01	M	6:59.4	66.8%	3	3
SENIORS	1 Julio Lopez	Farmers Branch	(61)	12:05	+38	24:47.91	M	7:58.9	65.3%	10	9
M10-14	1 Jacob Timmons	Carrollton	(14)	11:31	+3	23:05.48		7:25.9	61.5%	7	7
M15-19	1 Ja'lease Mackey	Irving	(17)	10:13	+5	20:31.01	M	6:36.2	65.8%	2	2
	2 Erick Vargas	Irving	(15)	12:24	+74	26:02.54	M	8:22.9	53.5%	14	12
M25-29	1 Jonathon Barnett	Arlington	(26)	11:09	+38	22:56.46	M	7:23.0	56.2%	6	6
	2 Derek Sims	Carrollton	(26)	13:05	+29	26:39.36		8:34.8	48.4%	19	15
	3 Maurice Valderas	Dallas	(26)	14:01	+29	28:31.80	M	9:11.0	45.2%	25	21
M30-34	1 Manav Shah	Dallas	(32)	12:31	+14	25:16.63	M	8:08.2	51.4%	11	10
	2 Christopher Toolin	Dallas	(31)	13:05	+20	26:29.89		8:31.7	48.9%	15	13
	3 Given Kachepa	Dallas	(30)	19:09	+27	38:44.27		12:28.1	33.4%	45	31
M40-44	1 Ryan Loehding	Carrollton	(44)	10:55	+18	22:07.75	M	7:07.4	63.6%	4	4
	2 Jeho Oh	Mckinney	(41)	12:01	-15	23:46.22	M	7:39.1	57.9%	9	8
	3 Suresh Sellappan	Coppell	(41)	15:30	+62	32:01.13		10:18.4	43.0%	32	24
	4 Rama Atla	Coppell	(40)	15:33	+107	32:52.01		10:34.7	41.5%	35	26
	5 Miguel Virella	Carrollton	(40)	20:24	+41	41:29.01	✓	13:21.1	32.9%	47	32
M45-49	1 David Lewis	Bedford	(45)	11:01	+13	22:14.50	M	7:09.5	63.7%	5	5
	2 Jen Evangelista	Irving	(45)	13:33	-35	26:31.19	M	8:32.2	53.5%	16	14
	3 Ryan Pogue	Carrollton	(45)	13:55	-43	27:08.02		8:44.0	52.3%	21	17
	4 Dierk Hohman	Coppell	(47)	14:32	-41	28:23.11		9:08.2	50.7%	24	20
	5 Geronimo Simpao	Irving	(45)	15:34	-55	30:12.22	M	9:43.3	46.9%	29	22
	6 Nathan Bruser	Coppell	(45)	16:27	-18	32:35.90		10:29.5	43.5%	38	27
	7 Supote Manodamrongsat	Flower Mound	(49)	17:06	+28	34:40.36		11:09.6	42.2%	42	28
M50-54	1 Tomas Bern	Allen	(53)	13:15	+27	26:57.37	✓	8:40.6	56.1%	20	16
M55-59	1 Clay Timmons	Carrollton	(55)	13:27	+64	27:57.39		8:59.9	55.0%	22	18
	2 Ronald Hamilton	The Colony	(57)	16:19	-46	31:53.13		10:15.8	49.0%	33	25
	3 John Kramer	Plano	(55)	16:06	-3	32:09.43	M	10:21.0	47.8%	44	30
	4 Mark Blackstock	The Colony	(56)	22:37	+28	45:42.67		14:42.8	33.9%	51	33
M60-64	1 Ruben Arevalo	Carrollton	(61)	12:56	+14	26:05.76	M	8:24.0	62.0%	13	11
	2 David Mask	Lewisville	(64)	14:03	-36	27:29.25		8:50.8	60.5%	23	19
	3 Ruben Reyes	Carrollton	(60)	14:43	+64	30:30.64		9:49.2	52.6%	30	23
	4 Michael Johnson	Coppell	(64)	17:39	+8	35:25.16	M	11:24.0	46.9%	43	29

5K FEMALE

24 FEMALE Runners --- Average Time of

37:01

Avg. Age Grade: 48.1%

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Paige Loehding	Carrollton	(16)	11:57	-14	23:40.20		7:37.1	64.7%	8	1
MASTERS	1 Kim Andres	Irving	(63)	13:18	+17	26:53.59		8:39.4	75.1%	18	4
SENIORS	1 Kumiko McCoy	Eules	(67)	15:08	+50	31:07.03		10:00.9	69.0%	31	8
F01-09	1 Blake Bruser	Coppell	(7)	16:27	-18	32:35.90	✓	10:29.5	57.6%	39	12
F10-14	1 Isabella Baeza	Highland Village	(10)	16:19	+15	32:53.13		10:35.1	51.9%	36	10
F25-29	1 Sara Sasso	Rockwall	(29)	13:09	+22	26:40.07		8:35.0	55.5%	17	3
F30-34	1 Jessica Burnett	Grapevine	(34)	12:12	+64	25:28.58		8:12.0	58.5%	12	2
	2 Megan Denman	Frisco	(30)	20:28	+66	42:01.52		13:31.6	35.2%	49	17
F35-39	1 Melissa Dennis	Grapevine	(35)	14:18	+66	29:41.46		9:33.4	50.4%	28	7
	2 Nika Brunk	Eules	(35)	16:58	+39	34:35.24		11:08.0	43.2%	41	14
F40-44	1 Jennifer Loehding	Carrollton	(44)	14:36	-9	29:03.62		9:21.2	54.4%	26	5
	2 Lisa Jo Garcia	Coppell	(41)	16:02	+25	32:28.72	ML ✓	10:27.2	47.5%	34	9
	3 Merari Baeza	The Colony	(42)	16:20	+22	33:02.65		10:38.2	47.1%	37	11
	4 Elsa Gil	Richardson	(44)	20:27	+36	41:29.41		13:21.3	38.1%	48	16
	5 Nocheline Parent	Lewisville	(41)	22:43	+29	45:55.69		14:47.0	33.6%	52	19
	6 Vanessa Cree	Lake Dallas	(40)	23:01	+63	47:04.70		15:09.2	32.6%	54	21
	7 Marcella Floyd	Dallas	(44)	23:01	+72	47:14.07		15:12.2	33.5%	55	22
F45-49	1 Melissa Hoffman	The Colony	(46)	22:38	+40	45:55.85		14:47.0	35.1%	53	20
F50-54	1 Yanira Lopez	Farmers Branch	(54)	14:40	+5	29:25.47	ML	9:28.3	60.5%	27	6
	2 Suvi Raisanen	Grapevine	(51)	22:37	+29	45:42.30		14:42.7	37.5%	50	18
F55-59	1 Betsy Palmer	Carrollton	(55)	16:20	+24	33:03.19	ML	10:38.3	54.6%	40	13
	2 Kathy Kelly	The Colony	(58)	28:45	-134	55:16.36		17:47.4	34.0%	56	23
	3 Cindi Gant	Carrollton	(58)	29:00	-163	55:17.30		17:47.7	34.0%	57	24
F65-69	1 Carol Creech	Plano	(66)	20:35	+35	41:44.93		13:26.3	50.6%	46	15

FN*: Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

1/29/2017

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

 DeltaViewTiming.com

1M MALE

		16 MALE Runners --- Average Time of 8:09							Avg. Age Grade: 51.7%		Place in	
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Kevin Gerteisen	Carrollton	(48)			6:07.00		6:07.0	68.2%	1	1
M15-19	1	Ja'lease Mackey		(17)			6:10.49		6:10.5	62.9%	2	2
	2	Erick Vargas		(15)			7:03.38		7:03.4	56.7%	4	4
M25-29	1	Jonathon Barnett	Arlington	(26)			8:40.06		8:40.1	42.8%	10	9
	2	Maurice Valderas	Dallas	(26)			8:40.46		8:40.5	42.8%	11	10
M30-34	1	David Rudd	Dallas	(30)			7:55.18		7:55.2	47.0%	8	8
	2	Manav Shah	Dallas	(32)			9:16.34		9:16.3	40.3%	15	14
M40-44	1	Ryan Loehding	Carrollton	(44)			6:32.64		6:32.6	61.8%	3	3
	2	Jeho Oh	Mckinney	(41)			8:43.05		8:43.1	45.4%	12	11
M45-49	1	David Lewis	Bedford	(45)			7:19.09		7:19.1	55.7%	6	6
	2	Jen Evangelista	Irving	(45)			9:13.62		9:13.6	44.2%	14	13
	3	Geronimo Simpao	Irving	(45)			10:16.11		10:16.1	39.7%	18	15
M55-59	1	John Kramer	Plano	(55)			8:50.65		8:50.7	50.0%	13	12
M60-64	1	Julio Lopez	Farmers Branch	(61)			7:15.61		7:15.6	64.1%	5	5
	2	Ruben Arevalo	Carrollton	(61)			7:52.38		7:52.4	59.1%	7	7
	3	Michael Johnson	Coppell	(64)			10:20.36		10:20.4	46.2%	19	16

1M FEMALE

		3 FEMALE Runners --- Average Time of 9:27							Avg. Age Grade: 53.4%		Place in	
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Yanira Lopez	Farmers Branch	(54)			8:37.63		8:37.6	60.8%	9	1
F40-44	1	Lisa Jo Garcia	Coppell	(41)			9:26.14	✓	9:26.1	47.4%	16	2
F55-59	1	Betsy Palmer	Carrollton	(55)			10:15.80		10:15.8	51.8%	17	3

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	6170 Kevin Gerteisen (M48)	1	M45-49	OA	---				6:07.00		6:07.0	20.93	6:07.00	68.2%
2	6002 Ja'lease Mackey (M17)	2	M15-19	1st	---				6:10.49	×	6:10.5	21.10	6:10.49	62.9%
3	7072 Ryan Loehding (M44)	3	M40-44	1st	---				6:32.64		6:32.6	22.35	6:32.64	61.8%
4	6003 Erick Vargas (M15)	4	M15-19	2nd	---				7:03.38	×	7:03.4	24.12	7:03.38	56.7%
5	7193 Julio Lopez (M61)	5	M60-64	1st	---				7:15.61		7:15.6	24.80	7:15.61	64.1%
6	7299 David Lewis (M45)	6	M45-49	1st	---				7:19.09		7:19.1	25.03	7:19.09	55.7%
7	7155 Ruben Arevalo (M61)	7	M60-64	2nd	---				7:52.38		7:52.4	26.91	7:52.38	59.1%
8	6480 David Rudd (M30)	8	M30-34	1st	---				7:55.18	×	7:55.2	27.08	7:55.18	47.0%
9	7198 Yanira Lopez (F54)	1	F50-54	OA	---				8:37.63		8:37.6	29.48	8:37.63	60.8%
10	6999 Jonathon Barnett (M26)	9	M25-29	1st	---				8:40.06	×	8:40.1	29.65	8:40.06	42.8%
11	7591 Maurice Valderas (M26)	10	M25-29	2nd	---				8:40.46	×	8:40.5	29.65	8:40.46	42.8%
12	7275 Jeho Oh (M41)	11	M40-44	2nd	---				8:43.05		8:43.1	29.82	8:43.05	45.4%
13	7261 John Kramer (M55)	12	M55-59	1st	---				8:50.65		8:50.7	30.22	8:50.65	50.0%
14	6993 Jen Evangelista (M45)	13	M45-49	2nd	---				9:13.62		9:13.6	31.53	9:13.62	44.2%
15	7184 Manav Shah (M32)	14	M30-34	2nd	---				9:16.34		9:16.3	31.70	9:16.34	40.3%
16	7575 Lisa Jo Garcia (F41)	2	F40-44	1st	---				9:26.14	✓ 2	9:26.1	32.27	9:26.14	47.4%
17	7454 Betsy Palmer (F55)	3	F55-59	1st	---				10:15.80		10:15.8	35.07	10:15.80	51.8%
18	7509 Geronimo Simpao (M45)	15	M45-49	3rd	---				10:16.11		10:16.1	35.12	10:16.11	39.7%
19	7252 Michael Johnson (M64)	16	M60-64	3rd	---				10:20.36		10:20.4	35.35	10:20.36	46.2%

✓ 1 Club PR's

Average Finish Time: 08:20 5 First Timers

Average Age Grade: 52.0%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	6480 David Rudd (M30)	1	M30-34	OA	3.0	10:20	10:15	-5	20:34.98	ℓ ✓ 1	6:37.5	20.57	20:37.96	62.8%
2	6002 Ja'lease Mackey (M17)	2	M15-19	1st	7.0	10:13	10:18	+5	20:31.01	ℓ ×	6:36.2	20.52	20:37.99	65.8%
3	6170 Kevin Gerteisen (M48)	3	M45-49	MS	---	10:18	11:25	+66	21:43.01	ℓ	6:59.4	21.72	21:42.99	66.8%
4	7072 Ryan Loehding (M44)	4	M40-44	1st	---	10:55	11:13	+18	22:07.75	ℓ	7:07.4	22.12	22:07.73	63.6%
5	7299 David Lewis (M45)	5	M45-49	1st	17.0	11:01	11:14	+13	22:14.50	ℓ	7:09.5	22.23	22:31.48	63.7%
6	6999 Jonathon Barnett (M26)	6	M25-29	1st	9.0	11:09	11:47	+38	22:56.46	ℓ	7:23.0	22.93	23:05.44	56.2%
7	7556 Jacob Timmons (M14)	7	M10-14	1st	1.0	11:31	11:34	+3	23:05.48	×	7:25.9	23.08	23:06.46	61.5%
8	7473 Paige Loehding (F16)	1	F15-19	OA	2.0	11:57	11:43	-14	23:40.20		7:37.1	23.67	23:42.18	64.7%
9	7275 Jeho Oh (M41)	8	M40-44	2nd	4.0	12:01	11:46	-15	23:46.22	ℓ	7:39.1	23.77	23:50.20	57.9%
10	7193 Julio Lopez (M61)	9	M60-64	SR	2.0	12:05	12:43	+38	24:47.91	ℓ	7:58.9	24.78	24:49.90	65.3%
11	7184 Manav Shah (M32)	10	M30-34	1st	5.0	12:31	12:45	+14	25:16.63	ℓ	8:08.2	25.27	25:21.61	51.4%
12	6524 Jessica Burnett (F34)	2	F30-34	1st	10.0	12:12	13:16	+64	25:28.58	×	8:12.0	25.47	25:38.57	58.5%
13	7155 Ruben Arevalo (M61)	11	M60-64	1st	2.0	12:56	13:10	+14	26:05.76	ℓ	8:24.0	26.08	26:07.74	62.0%
14	6003 Erick Vargas (M15)	12	M15-19	2nd	7.0	12:24	13:38	+74	26:02.54	ℓ ×	8:22.9	26.03	26:09.52	53.5%
15	6285 Christopher Toolin (M31)	13	M30-34	2nd	2.0	13:05	13:25	+20	26:29.89		8:31.7	26.48	26:31.87	48.9%
16	6993 Jen Evangelista (M45)	14	M45-49	2nd	5.0	13:33	12:58	-35	26:31.19	ℓ	8:32.2	26.52	26:36.17	53.5%
17	6393 Sara Sasso (F29)	3	F25-29	1st	1.0	13:09	13:31	+22	26:40.07		8:35.0	26.67	26:41.05	55.5%
18	7040 Kim Andres (F63)	4	F60-64	MS	---	13:18	13:35	+17	26:53.59		8:39.4	26.88	26:53.57	75.1%
19	7090 Derek Sims (M26)	15	M25-29	2nd	16.0	13:05	13:34	+29	26:39.36		8:34.8	26.65	26:55.34	48.4%
20	7563 Tomas Bern (M53)	16	M50-54	1st	1.0	13:15	13:42	+27	26:57.37	✓ 8	8:40.6	26.95	26:58.35	56.1%
21	7345 Ryan Pogue (M45)	17	M45-49	3rd	15.0	13:55	13:13	-43	27:08.02		8:44.0	27.13	27:23.00	52.3%
22	7555 Clay Timmons (M55)	18	M55-59	1st	1.0	13:27	14:31	+64	27:57.39	×	8:59.9	27.95	27:58.37	55.0%
23	7008 David Mask (M64)	19	M60-64	2nd	59.5	14:03	13:27	-36	27:29.25		8:50.8	27.48	28:28.74	60.5%
24	7170 Dierk Hohman (M47)	20	M45-49	4th	12.0	14:32	13:51	-41	28:23.11		9:08.2	28.38	28:35.09	50.7%
25	7591 Maurice Valderas (M26)	21	M25-29	3rd	13.0	14:01	14:30	+29	28:31.80	ℓ	9:11.0	28.52	28:44.78	45.2%
26	7472 Jennifer Loehding (F44)	5	F40-44	1st	4.0	14:36	14:27	-9	29:03.62		9:21.2	29.05	29:07.60	54.4%
27	7198 Yanira Lopez (F54)	6	F50-54	1st	13.0	14:40	14:45	+5	29:25.47	ℓ	9:28.3	29.42	29:38.45	60.5%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

1/29/2017

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

28	6001	Melissa Dennis (F35)	7	F35-39	1st	1.0	14:18	15:23	+66	29:41.46	×	9:33.4	29.68	29:42.44	50.4%	
29	7509	Geronimo Simpao (M45)	22	M45-49	5th	8.0	15:34	14:39	-55	30:12.22	ℓ	9:43.3	30.20	30:20.20	46.9%	
30	7283	Ruben Reyes (M60)	23	M60-64	3rd	4.0	14:43	15:48	+64	30:30.64		9:49.2	30.50	30:34.62	52.6%	
31	7449	Kumiko McCoy (F67)	8	F65-69	SR	10.0	15:08	15:59	+50	31:07.03		10:00.9	31.12	31:17.01	69.0%	
32	6531	Suresh Sellappan (M41)	24	M40-44	3rd	---	15:30	16:31	+62	32:01.13	×	10:18.4	32.02	32:01.11	43.0%	
33	7020	Ronald Hamilton (M57)	25	M55-59	2nd	22.3	16:19	15:34	-46	31:53.13		10:15.8	31.88	32:15.38	49.0%	
34	7575	Lisa Jo Garcia (F41)	9	F40-44	2nd	4.0	16:02	16:27	+25	32:28.72	ℓ ✓	5	10:27.2	32.47	32:32.70	47.5%
35	7777	Rama Atla (M40)	26	M40-44	4th	---	15:33	17:19	+107	32:52.01	×	10:34.7	32.87	32:52.00	41.5%	
36	6005	Isabella Baeza (F10)	10	F10-14	1st	3.0	16:19	16:34	+15	32:53.13		10:35.1	32.88	32:56.11	51.9%	
37	7111	Merari Baeza (F42)	11	F40-44	3rd	3.0	16:20	16:42	+22	33:02.65		10:38.2	33.03	33:05.63	47.1%	
38	7097	Nathan Bruser (M45)	27	M45-49	6th	36.0	16:27	16:09	-18	32:35.90		10:29.5	32.58	33:11.88	43.5%	
39	7316	Blake Bruser (F7)	12	F01-09	1st	36.0	16:27	16:09	-18	32:35.90	✓	39	10:29.5	32.58	33:11.88	57.6%
40	7454	Betsy Palmer (F55)	13	F55-59	1st	76.4	16:20	16:44	+24	33:03.19	ℓ	10:38.3	33.05	34:19.58	54.6%	
41	7448	Nika Brunk (F35)	14	F35-39	2nd	11.0	16:58	17:37	+39	34:35.24		11:08.0	34.58	34:46.22	43.2%	
42	7249	Supote Manodamrongsat (M4)	28	M45-49	7th	20.9	17:06	17:34	+28	34:40.36		11:09.6	34.67	35:01.25	42.2%	
43	7252	Michael Johnson (M64)	29	M60-64	4th	6.0	17:39	17:47	+8	35:25.16	ℓ	11:24.0	35.42	35:31.14	46.9%	
44	7261	John Kramer (M55)	30	M55-59	3rd	283.6	16:06	16:03	-3	32:09.43	ℓ	10:21.0	32.15	36:53.01	47.8%	
45	6996	Given Kachepa (M30)	31	M30-34	3rd	6.0	19:09	19:36	+27	38:44.27		12:28.1	38.73	38:50.25	33.4%	
46	7024	Carol Creech (F66)	15	F65-69	1st	4.0	20:35	21:10	+35	41:44.93		13:26.3	41.73	41:48.91	50.6%	
47	6010	Miguel Virella (M40)	32	M40-44	5th	27.0	20:24	21:05	+41	41:29.01	✓	1	13:21.1	41.48	41:55.99	32.9%
48	7372	Elsa Gil (F44)	16	F40-44	4th	26.8	20:27	21:03	+36	41:29.41		13:21.3	41.48	41:56.26	38.1%	
49	6212	Megan Denman (F30)	17	F30-34	2nd	11.0	20:28	21:34	+66	42:01.52		13:31.6	42.02	42:12.50	35.2%	
50	7250	Suvi Raisanen (F51)	18	F50-54	2nd	8.0	22:37	23:05	+29	45:42.30		14:42.7	45.70	45:50.28	37.5%	
51	6240	Mark Blackstock (M56)	33	M55-59	4th	8.0	22:37	23:05	+28	45:42.67		14:42.8	45.70	45:50.65	33.9%	
52	6527	Nocheline Parent (F41)	19	F40-44	5th	8.0	22:43	23:12	+29	45:55.69	×	14:47.0	45.92	46:03.67	33.6%	
53	7245	Melissa Hoffman (F46)	20	F45-49	1st	8.0	22:38	23:18	+40	45:55.85		14:47.0	45.92	46:03.83	35.1%	
54	6522	Vanessa Cree (F40)	21	F40-44	6th	5.0	23:01	24:04	+63	47:04.70	×	15:09.2	47.07	47:09.68	32.6%	
55	6523	Marcella Floyd (F44)	22	F40-44	7th	5.0	23:01	24:13	+72	47:14.07	×	15:12.2	47.23	47:19.05	33.5%	
56	6008	Kathy Kelly (F58)	23	F55-59	2nd	9.0	28:45	26:31	-134	55:16.36	×	17:47.4	55.27	55:25.34	34.0%	
57	6526	Cindi Gant (F58)	24	F55-59	3rd	9.0	29:00	26:17	-163	55:17.30	×	17:47.7	55.28	55:26.28	34.0%	

42 Positive Split

15 Negative Split

✓ 5 Club PR's

Average Finish Time: 32:08 13 First Timers Average Age Grade: 50.3%

FN*: Broke Age-Group Record GD Place among Females

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Positive Split

△ Negative Split

Timing provided by:

1/29/2017



DeltaViewTiming.com

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Kevin Gerteisen	M48	6:07.00	68.2%	
2	5	Julio Lopez	M61	7:15.61	64.1%	
3	2	Ja'lease Mackey	M17	6:10.49	62.9%	
4	3	Ryan Loehding	M44	6:32.64	61.8%	
5	9	Yanira Lopez	F54	8:37.63	60.8%	
6	7	Ruben Arevalo	M61	7:52.38	59.1%	
7	4	Erick Vargas	M15	7:03.38	56.7%	
8	6	David Lewis	M45	7:19.09	55.7%	
9	17	Betsy Palmer	F55	10:15.80	51.8%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	18	Kim Andres	F63	26:53.59	75.1%	
2	31	Kumiko McCoy	F67	31:07.03	69.0%	
3	3	Kevin Gerteisen	M48	21:43.01	66.8%	
4	2	Ja'lease Mackey	M17	20:31.01	65.8%	New
5	10	Julio Lopez	M61	24:47.91	65.3%	
6	8	Paige Loehding	F16	23:40.20	64.7%	
7	5	David Lewis	M45	22:14.50	63.7%	
8	4	Ryan Loehding	M44	22:07.75	63.6%	
9	1	David Rudd	M30	20:34.98	62.8%	
10	13	Ruben Arevalo	M61	26:05.76	62.0%	
11	7	Jacob Timmons	M14	23:05.48	61.5%	
12	27	Yanira Lopez	F54	29:25.47	60.5%	
13	23	David Mask	M64	27:29.25	60.5%	
14	12	Jessica Burnett	F34	25:28.58	58.5%	
15	9	Jeho Oh	M41	23:46.22	57.9%	
16	39	Blake Bruser	F7	32:35.90	57.6%	
17	6	Jonathon Barnett	M26	22:56.46	56.2%	
18	20	Tomas Bern	M53	26:57.37	56.1%	
19	17	Sara Sasso	F29	26:40.07	55.5%	
20	22	Clay Timmons	M55	27:57.39	55.0%	
21	40	Betsy Palmer	F55	33:03.19	54.6%	
22	26	Jennifer Loehding	F44	29:03.62	54.4%	
23	16	Jen Evangelista	M45	26:31.19	53.5%	
24	14	Erick Vargas	M15	26:02.54	53.5%	
25	30	Ruben Reyes	M60	30:30.64	52.6%	
26	21	Ryan Pogue	M45	27:08.02	52.3%	
27	36	Isabella Baeza	F10	32:53.13	51.9%	
28	11	Manav Shah	M32	25:16.63	51.4%	
29	24	Dierk Hohman	M47	28:23.11	50.7%	
30	46	Carol Creech	F66	41:44.93	50.6%	
31	28	Melissa Dennis	F35	29:41.46	50.4%	

100% World Record Level for Gender/Age**90%** World Class Level**80%** National Class Level**70%** Regional Class Level

List* Carrollton Runners Performance Lists for Age Grades > 65%

65% Boston-Qualifier Approximate Level**60%** Local Class Level**50%** Average Class Level