

Sunday, April 30, 2017

# Carrollton Runners Mile + 5K

51F Cloudy 74%H 10mphW

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:35 am

5K Off :7:50 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Ryan Loehding	6:27.12	Clinton Blacksmith	18:03.00	Ryan Loehding	22:05.11	Barry Papermaster	22:51.88
Mala Francis	6:40.94	Paige Loehding	23:53.89	Frances McKissick	25:25.75	Kumiko McCoy	31:39.28

## 5K MALE

36 MALE Runners --- Average Time of **29:05**

Avg. Age Grade: **53.3%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Clinton Blacksmith	Denton	(25)	9:00	+3	18:03.00		5:48.6	71.5%	1	1
MASTERS	1 Ryan Loehding	Carrollton	(44)	10:52	+21	22:05.11	M	7:06.5	63.7%	4	4
SENIORS	1 Barry Papermaster	Dallas	(63)	11:34	-15	22:51.88	M	7:21.6	72.0%	6	6
M01-09	1 David Toth	Coppell	(7)	17:08	-112	32:25.30	✓	10:26.1	54.9%	34	24
	2 Carlos E Ramirez		(7)	16:59	-45	33:13.08		10:41.5	53.6%	42	30
M10-14	1 Ryan Weklar		(13)	10:36	+30	21:42.14		6:59.1	66.8%	3	3
M25-29	1 Derek Sims	Carrollton	(27)	11:58	+4	24:01.23	✓	7:43.9	53.7%	11	10
	2 Brian Turner		(28)	15:50	+120	33:39.81		10:50.1	38.3%	43	31
M30-34	1 David Rudd	Dallas	(31)	10:17	+31	21:05.00	M	6:47.2	61.5%	2	2
	2 Manav Shah	Dallas	(32)	11:20	+48	23:28.30		7:33.3	55.4%	9	9
M35-39	1 Gabor Toth	Coppell	(36)	17:09	-114	32:24.36		10:25.8	40.9%	35	25
	2 Carlos Ramirez		(39)	16:56	-41	33:10.97		10:40.8	40.8%	41	29
	3 Camacho Miguel		(35)	20:07	-71	39:03.08		12:34.2	33.7%	49	35
M40-44	1 Bryan Bell	Carrollton	(44)	11:09	+16	22:33.55		7:15.7	62.4%	5	5
	2 Paul Beukema	Lewisville	(40)	14:34	-20	28:47.99		9:16.2	47.4%	19	16
M45-49	1 Rich Weklar		(46)	12:43	+37	26:02.73	✓	8:23.0	54.9%	16	13
	2 Alex Ramirez	Carrollton	(48)	12:47	+86	26:59.65		8:41.3	53.8%	17	14
	3 Tony Trevino	Carrollton	(45)	15:50	-72	30:28.45		9:48.5	46.5%	30	22
	4 Nathan Bruser	Coppell	(46)	14:49	+57	30:34.66		9:50.5	46.7%	45	32
	5 Geronimo Simpao	Irving	(45)	16:54	-77	32:31.55		10:28.1	43.6%	37	26
	6 Supote Manodamrongsat	Flower Mound	(49)	16:18	-3	32:33.92		10:28.9	44.9%	38	27
M50-54	1 Andy Nelson	Eugene	(54)	13:03	-22	25:45.22		8:17.4	59.2%	15	12
	2 Ken Robinson	Plano	(54)	14:07	-25	27:47.85		8:56.8	54.8%	18	15
M55-59	1 Wade McBride	Azle	(59)	11:10	+57	23:16.19		7:29.4	68.3%	8	8
	2 Jaws Hansen	Dallas	(56)	14:33	+33	29:39.74	M	9:32.8	52.2%	22	17
	3 David Short	Frisco	(56)	15:00	-11	29:48.49		9:35.7	52.0%	25	19
	4 John Kramer	Plano	(55)	16:17	-8	32:25.80	M	10:26.3	47.4%	33	23
	5 Ronald Hamilton	The Colony	(57)	16:24	+18	33:06.18		10:39.3	47.2%	40	28
M60-64	1 Julio Lopez	Farmers Branch	(61)	11:35	+1	23:11.06	M	7:27.7	69.8%	7	7
	2 Ruben Arevalo	Carrollton	(61)	12:36	+27	25:38.85	M	8:15.3	63.1%	13	11
	3 Phil Murch	Frisco	(60)	15:30	-36	30:23.96		9:47.1	52.8%	28	21
	4 Bruce Simpson		(62)	16:41	+54	34:15.53	✓	11:01.6	47.7%	46	33
	5 Michael Johnson	Coppell	(64)	17:57	+57	36:52.20	M	11:52.0	45.1%	48	34
M65-69	1 Scott McKissick	Irving	(68)	14:54	-10	29:37.69	M	9:32.2	58.2%	23	18
	2 David Mask	Lewisville	(65)	14:54	+5	29:52.27		9:36.9	56.2%	26	20
	3 Scott Ahlstrom	Carrollton	(68)	23:46	-12	47:19.68		15:14.0	36.4%	51	36

FN\*:  Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

4/30/2017

Ran Mile before 5K  # Races PR @ Carrollton Runners (2003 & later)

Negative Split

 DeltaViewTiming.com

# 5K FEMALE

20 FEMALE Runners --- Average Time of **37:04**

Avg. Age Grade: **51.0%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Paige Loehding</b>	Carrollton	(16)	12:02	-10	<b>23:53.89</b>		7:41.5	<b>64.0%</b>	10	<b>1</b>
MASTERS	1 <b>Frances McKissick</b>	Irving	(55)	12:39	+8	<b>25:25.75</b> $\mathcal{M}$		8:11.1	<b>71.0%</b>	12	<b>2</b>
SENIORS	1 <b>Kumiko McCoy</b>	Eules	(68)	15:29	+42	<b>31:39.28</b>		10:11.3	<b>68.9%</b>	31	<b>9</b>
F01-09	1 <b>Blake Bruser</b>	Coppell	(7)	14:48	+58	<b>30:33.54</b> ✓		9:50.2	<b>61.4%</b>	44	<b>13</b>
F10-14	1 <b>Mala Francis</b>	Dallas	(14)	14:32	+14	<b>29:18.48</b> $\mathcal{M}$		9:26.0	53.6%	21	<b>5</b>
F15-19	1 <b>Breanna Trevino</b>	Carrollton	(19)	15:50	-73	<b>30:27.65</b> ✓		9:48.3	48.8%	29	<b>8</b>
F25-29	1 <b>Amy Bocanegra</b>	Lake Dallas	(25)	24:15	+28	<b>48:58.26</b>		15:45.7	30.2%	52	<b>16</b>
F30-34	1 <b>Rebecca Turner</b>	North Richland Hills	(31)	15:32	+111	<b>32:53.78</b> ✓		10:35.3	45.0%	39	<b>12</b>
F35-39	1 <b>Melisia Beukema</b>	Lewisville	(35)	15:36	+75	<b>32:26.82</b>		10:26.6	46.1%	32	<b>10</b>
F40-44	1 <b>Lisa Jo Garcia</b>	Coppell	(41)	15:19	-37	<b>29:59.99</b> ✓		9:39.4	51.5%	24	<b>6</b>
	2 <b>Jennifer Loehding</b>	Carrollton	(44)	14:58	+27	<b>30:23.83</b>		9:47.0	52.0%	27	<b>7</b>
F50-54	1 <b>Jennifer Johnson</b>	Coppell	(54)	12:47	+8	<b>25:41.16</b> $\mathcal{M}$		8:16.1	<b>69.3%</b>	14	<b>3</b>
	2 <b>Yanira Lopez</b>	Farmers Branch	(54)	14:22	+8	<b>28:52.31</b> $\mathcal{M}$		9:17.6	<b>61.7%</b>	20	<b>4</b>
F55-59	1 <b>Betsy Palmer</b>	Carrollton	(56)	16:00	+30	<b>32:30.84</b>		10:27.9	56.2%	36	<b>11</b>
	2 <b>Diana Fairchild</b>	Lewisville	(55)	24:16	+29	<b>48:59.91</b>		15:46.3	36.8%	53	<b>17</b>
	3 <b>Cindi Gant</b>	Carrollton	(58)	31:00	+166	<b>1:04:46.82</b>		20:51.0	29.0%	55	<b>19</b>
	4 <b>Kathy Kelly</b>	The Colony	(58)	31:01	+166	<b>1:04:47.17</b>		20:51.2	29.0%	56	<b>20</b>
F60-64	1 <b>Jerri Hixson</b>	Plano	(63)	17:33	+30	<b>35:36.10</b>		11:27.5	56.7%	47	<b>14</b>
	2 <b>Rosemary Lewis</b>	Carrollton	(62)	26:32	+11	<b>53:14.25</b>		17:08.1	37.4%	54	<b>18</b>
F65-69	1 <b>Carol Creech</b>	Plano	(66)	20:10	+38	<b>40:57.76</b>		13:11.1	51.6%	50	<b>15</b>

# 1M MALE

		12 MALE Runners --- Average Time of <b>8:12</b>					Avg. Age Grade: <b>55.6%</b>			Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	<b>Ryan Loehding</b>	Carrollton	(44)			<b>6:27.12</b>		6:27.1	<b>62.7%</b>	1	1
M10-14	1	<b>Sean Loehding</b>	Carrollton	(12)			<b>7:55.27</b>		7:55.3	54.0%	8	6
M30-34	1	<b>David Rudd</b>	Dallas	(31)			<b>7:45.63</b>		7:45.6	48.0%	7	5
M50-54	1	<b>Steve Kicinski</b>	Fort Worth	(54)			<b>7:19.34</b>		7:19.3	59.9%	5	4
M55-59	1	<b>John Kramer</b>	Plano	(55)			<b>8:51.00</b>		8:51.0	49.9%	12	8
	2	<b>Jaws Hansen</b>	Dallas	(56)			<b>10:03.00</b>		10:03.0	44.3%	15	11
M60-64	1	<b>Barry Papermaster</b>	Dallas	(63)			<b>6:45.89</b>		6:45.9	<b>70.0%</b>	3	2
	2	<b>Julio Lopez</b>	Farmers Branch	(61)			<b>6:47.14</b>		6:47.1	<b>68.6%</b>	4	3
	3	<b>Ruben Arevalo</b>	Carrollton	(61)			<b>8:13.35</b>		8:13.4	56.6%	9	7
	4	<b>Ruben Reyes</b>	Carrollton	(61)			<b>8:56.91</b>		8:56.9	52.0%	13	9
	5	<b>Michael Johnson</b>	Coppell	(64)			<b>10:07.99</b>		10:08.0	47.2%	16	12
M65-69	1	<b>Scott McKissick</b>	Irving	(68)			<b>9:06.73</b>		9:06.7	54.4%	14	10

# 1M FEMALE

		5 FEMALE Runners --- Average Time of <b>9:48</b>					Avg. Age Grade: <b>57.0%</b>			Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	<b>Mala Francis</b>	Dallas	(14)			<b>6:40.94</b>		6:40.9	<b>66.6%</b>	2	1
F45-49	1	<b>Ary Simpson</b>		(47)			<b>17:22.26</b>	✓	17:22.3	27.6%	17	5
F50-54	1	<b>Jennifer Johnson</b>	Coppell	(54)			<b>8:28.05</b>		8:28.1	<b>62.0%</b>	10	3
	2	<b>Yanira Lopez</b>	Farmers Branch	(54)			<b>8:47.64</b>		8:47.6	59.7%	11	4
F55-59	1	<b>Frances McKissick</b>	Irving	(55)			<b>7:42.54</b>		7:42.5	<b>69.0%</b>	6	2

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	7072 Ryan Loehding (M44)	1	M40-44	OA	---				6:27.12		6:27.1	22.07	6:27.12	62.7%
2	7564 Mala Francis (F14)	1	F10-14	OA	---				6:40.94		6:40.9	22.81	6:40.94	66.6%
3	6992 Barry Papermaster (M63)	2	M60-64	1st	---				6:45.89		6:45.9	23.09	6:45.89	70.0%
4	7193 Julio Lopez (M61)	3	M60-64	2nd	---				6:47.14		6:47.1	23.21	6:47.14	68.6%
5	6633 Steve Kicinski (M54)	4	M50-54	1st	---				7:19.34		7:19.3	25.03	7:19.34	59.9%
6	7062 Frances McKissick (F55)	2	F55-59	1st	---				7:42.54		7:42.5	26.34	7:42.54	69.0%
7	7430 David Rudd (M31)	5	M30-34	1st	---				7:45.63		7:45.6	26.51	7:45.63	48.0%
8	6572 Sean Loehding (M12)	6	M10-14	1st	---				7:55.27	1	7:55.3	27.08	7:55.27	54.0%
9	7155 Ruben Arevalo (M61)	7	M60-64	3rd	---				8:13.35		8:13.4	28.11	8:13.35	56.6%
10	7262 Jennifer Johnson (F54)	3	F50-54	1st	---				8:28.05		8:28.1	28.97	8:28.05	62.0%
11	7198 Yanira Lopez (F54)	4	F50-54	2nd	---				8:47.64		8:47.6	30.05	8:47.64	59.7%
12	7261 John Kramer (M55)	8	M55-59	1st	---				8:51.00		8:51.0	30.28	8:51.00	49.9%
13	7283 Ruben Reyes (M61)	9	M60-64	4th	---				8:56.91		8:56.9	30.56	8:56.91	52.0%
14	7048 Scott McKissick (M68)	10	M65-69	1st	---				9:06.73		9:06.7	31.13	9:06.73	54.4%
15	7060 Jaws Hansen (M56)	11	M55-59	2nd	---				10:03.00		10:03.0	34.38	10:03.00	44.3%
16	7252 Michael Johnson (M64)	12	M60-64	5th	---				10:07.99		10:08.0	34.61	10:07.99	47.2%
17	6005 Ary Simpson (F47)	5	F45-49	1st	---				17:22.26	✓ 1	17:22.3	59.41	17:22.26	27.6%
✓ 1 Club PR's						Average Finish Time: 08:40				Average Age Grade: 56.0%				

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	6626 Clinton Blacksmith (M25)	1	M25-29	OA	---	9:00	9:03	+3	18:03.00		5:48.6	18.05	18:03.00	71.5%
2	7430 David Rudd (M31)	2	M30-34	1st	---	10:17	10:48	+31	21:05.00	ℓ	6:47.2	21.08	21:05.00	61.5%
3	6001 Ryan Weklar (M13)	3	M10-14	1st	1.8	10:36	11:06	+30	21:42.14	ℓ	6:59.1	21.70	21:43.97	66.8%
4	7072 Ryan Loehding (M44)	4	M40-44	MS	---	10:52	11:13	+21	22:05.11	ℓ	7:06.5	22.08	22:05.11	63.7%
5	6627 Bryan Bell (M44)	5	M40-44	1st	1.4	11:09	11:25	+16	22:33.55	ℓ	7:15.7	22.55	22:35.00	62.4%
6	6992 Barry Papermaster (M63)	6	M60-64	SR	1.7	11:34	11:18	-15	22:51.88	ℓ	7:21.6	22.85	22:53.55	72.0%
7	7193 Julio Lopez (M61)	7	M60-64	1st	---	11:35	11:36	+1	23:11.06	ℓ	7:27.7	23.18	23:11.06	69.8%
8	6629 Wade McBride (M59)	8	M55-59	1st	0.3	11:10	12:07	+57	23:16.19	ℓ	7:29.4	23.27	23:16.53	68.3%
9	7184 Manav Shah (M32)	9	M30-34	2nd	1.6	11:20	12:08	+48	23:28.30		7:33.3	23.47	23:29.95	55.4%
10	7473 Paige Loehding (F16)	1	F15-19	OA	---	12:02	11:52	-10	23:53.89		7:41.5	23.88	23:53.89	64.0%
11	7090 Derek Sims (M27)	10	M25-29	1st	5.5	11:58	12:03	+4	24:01.23	✓ 17	7:43.9	24.02	24:06.74	53.7%
12	7062 Frances McKissick (F55)	2	F55-59	MS	2.1	12:39	12:47	+8	25:25.75	ℓ	8:11.1	25.42	25:27.89	71.0%
13	7155 Ruben Arevalo (M61)	11	M60-64	2nd	1.2	12:36	13:03	+27	25:38.85	ℓ	8:15.3	25.63	25:40.08	63.1%
14	7262 Jennifer Johnson (F54)	3	F50-54	1st	2.3	12:47	12:54	+8	25:41.16	ℓ	8:16.1	25.68	25:43.43	69.3%
15	6630 Andy Nelson (M54)	12	M50-54	1st	3.5	13:03	12:42	-22	25:45.22	ℓ	8:17.4	25.75	25:48.76	59.2%
16	6002 Rich Weklar (M46)	13	M45-49	1st	3.4	12:43	13:20	+37	26:02.73	✓ 2	8:23.0	26.03	26:06.08	54.9%
17	6012 Alex Ramirez (M48)	14	M45-49	2nd	---	12:47	14:13	+86	26:59.65	ℓ	8:41.3	26.98	26:59.65	53.8%
18	7077 Ken Robinson (M54)	15	M50-54	2nd	7.4	14:07	13:41	-25	27:47.85		8:56.8	27.78	27:55.29	54.8%
19	7176 Paul Beukema (M40)	16	M40-44	2nd	3.1	14:34	14:14	-20	28:47.99		9:16.2	28.78	28:51.05	47.4%
20	7198 Yanira Lopez (F54)	4	F50-54	2nd	5.7	14:22	14:30	+8	28:52.31	ℓ	9:17.6	28.87	28:58.04	61.7%
21	7564 Mala Francis (F14)	5	F10-14	1st	1.7	14:32	14:46	+14	29:18.48	ℓ	9:26.0	29.30	29:20.16	53.6%
22	7060 Jaws Hansen (M56)	17	M55-59	2nd	6.8	14:33	15:07	+33	29:39.74	ℓ	9:32.8	29.65	29:46.58	52.2%
23	7048 Scott McKissick (M68)	18	M65-69	1st	19.4	14:54	14:44	-10	29:37.69	ℓ	9:32.2	29.62	29:57.07	58.2%
24	7575 Lisa Jo Garcia (F41)	6	F40-44	1st	2.5	15:19	14:41	-37	29:59.99	✓ 6	9:39.4	29.98	30:02.46	51.5%
25	7061 David Short (M56)	19	M55-59	3rd	24.7	15:00	14:49	-11	29:48.49		9:35.7	29.80	30:13.14	52.0%
26	7008 David Mask (M65)	20	M65-69	2nd	30.1	14:54	14:58	+5	29:52.27		9:36.9	29.87	30:22.40	56.2%
27	7472 Jennifer Loehding (F44)	7	F40-44	2nd	4.5	14:58	15:25	+27	30:23.83		9:47.0	30.38	30:28.36	52.0%
28	7157 Phil Murch (M60)	21	M60-64	3rd	7.0	15:30	14:54	-36	30:23.96		9:47.1	30.38	30:31.00	52.8%
29	6639 Breanna Trevino (F19)	8	F15-19	1st	5.5	15:50	14:37	-73	30:27.65	✓ 1	9:48.3	30.45	30:33.17	48.8%

30	6638	Tony Trevino (M45)	22	M45-49	3rd	5.2	15:50	14:38	-72	<b>30:28.45</b>	9:48.5	30.47	30:33.62	46.5%
31	7449	Kumiko McCoy (F68)	9	F65-69	SR	6.1	15:29	16:10	+42	<b>31:39.28</b>	10:11.3	31.65	31:45.39	<b>68.9%</b>
32	7177	Melisia Beukema (F35)	10	F35-39	1st	---	15:36	16:51	+75	<b>32:26.82</b>	10:26.6	32.43	32:26.82	46.1%
33	7261	John Kramer (M55)	23	M55-59	4th	2.9	16:17	16:09	-8	<b>32:25.80</b>	10:26.3	32.42	32:28.66	47.4%
34	7379	David Toth (M7)	24	M01-09	1st	8.7	17:08	15:17	-112	<b>32:25.30</b>	✓ 1	10:26.1	32:34.00	54.9%
35	7380	Gabor Toth (M36)	25	M35-39	1st	9.8	17:09	15:15	-114	<b>32:24.36</b>	10:25.8	32.40	32:34.20	40.9%
36	7454	Betsy Palmer (F56)	11	F55-59	1st	11.5	16:00	16:30	+30	<b>32:30.84</b>	10:27.9	32.50	32:42.36	56.2%
37	7509	Geronimo Simpao (M45)	26	M45-49	5th	16.8	16:54	15:37	-77	<b>32:31.55</b>	10:28.1	32.52	32:48.30	43.6%
38	7249	Supote Manodamrongsat (M4)	27	M45-49	6th	26.8	16:18	16:16	-3	<b>32:33.92</b>	10:28.9	32.55	33:00.69	44.9%
39	6461	Rebecca Turner (F31)	12	F30-34	1st	8.5	15:32	17:22	+111	<b>32:53.78</b>	✓ 3	10:35.3	33:02.24	45.0%
40	7020	Ronald Hamilton (M57)	28	M55-59	5th	11.1	16:24	16:42	+18	<b>33:06.18</b>	10:39.3	33.10	33:17.32	47.2%
41	6009	Carlos Ramirez (M39)	29	M35-39	2nd	10.0	16:56	16:15	-41	<b>33:10.97</b>	✗	10:40.8	33:20.95	40.8%
42	6008	Carlos E Ramirez (M7)	30	M01-09	2nd	8.2	16:59	16:14	-45	<b>33:13.08</b>	✗	10:41.5	33:21.25	53.6%
43	6010	Brian Turner (M28)	31	M25-29	2nd	5.2	15:50	17:50	+120	<b>33:39.81</b>	✗	10:50.1	33:45.00	38.3%
44	7316	Blake Bruser (F7)	13	F01-09	1st	194.2	14:48	15:46	+58	<b>30:33.54</b>	✓ 41	9:50.2	33:47.69	<b>61.4%</b>
45	7097	Nathan Bruser (M46)	32	M45-49	4th	193.2	14:49	15:46	+57	<b>30:34.66</b>	9:50.5	30.57	33:47.88	46.7%
46	6006	Bruce Simpson (M62)	33	M60-64	4th	12.1	16:41	17:35	+54	<b>34:15.53</b>	✓ 1	11:01.6	34:27.59	47.7%
47	6491	Jerri Hixson (F63)	14	F60-64	1st	6.7	17:33	18:03	+30	<b>35:36.10</b>	11:27.5	35.60	35:42.80	56.7%
48	7252	Michael Johnson (M64)	34	M60-64	5th	20.5	17:57	18:55	+57	<b>36:52.20</b>	11:52.0	36.87	37:12.71	45.1%
49	6011	Camacho Miguel (M35)	35	M35-39	3rd	10.0	20:07	18:56	-71	<b>39:03.08</b>	✗	12:34.2	39:13.07	33.7%
50	7024	Carol Creech (F66)	15	F65-69	1st	3.9	20:10	20:48	+38	<b>40:57.76</b>	13:11.1	40.95	41:01.63	51.6%
51	7148	Scott Ahlstrom (M68)	36	M65-69	3rd	8.9	23:46	23:34	-12	<b>47:19.68</b>	15:14.0	47.32	47:28.59	36.4%
52	6621	Amy Bocanegra (F25)	16	F25-29	1st	6.6	24:15	24:43	+28	<b>48:58.26</b>	✗	15:45.7	49:04.87	30.2%
53	6623	Diana Fairchild (F55)	17	F55-59	2nd	6.5	24:16	24:44	+29	<b>48:59.91</b>	✗	15:46.3	49:06.38	36.8%
54	7455	Rosemary Lewis (F62)	18	F60-64	2nd	18.3	26:32	26:43	+11	<b>53:14.25</b>	17:08.1	53.23	53:32.52	37.4%
55	6526	Cindi Gant (F58)	19	F55-59	3rd	16.6	31:00	33:46	+166	<b>1:04:46.82</b>	20:51.0	64.771	05:03.41	29.0%
56	6135	Kathy Kelly (F58)	20	F55-59	4th	16.4	31:01	33:47	+166	<b>1:04:47.17</b>	20:51.2	64.781	05:03.57	29.0%

36 Positive Split

20 Negative Split

✓ 8 Club PR's

Average Finish Time: 31:55 11 First Timers Average Age Grade: 52.5%

FN\*:  Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

4/30/2017

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

 DeltaViewTiming.com

## Sorted Age Grades

### 1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	3	Barry Papermaster	M63	6:45.89	70.0%	
2	6	Frances McKissick	F55	7:42.54	69.0%	
3	4	Julio Lopez	M61	6:47.14	68.6%	
4	2	Mala Francis	F14	6:40.94	66.6%	
5	1	Ryan Loehding	M44	6:27.12	62.7%	
6	10	Jennifer Johnson	F54	8:28.05	62.0%	
7	5	Steve Kicinski	M54	7:19.34	59.9%	
8	11	Yanira Lopez	F54	8:47.64	59.7%	
9	9	Ruben Arevalo	M61	8:13.35	56.6%	
10	14	Scott McKissick	M68	9:06.73	54.4%	
11	8	Sean Loehding	M12	7:55.27	54.0%	
12	13	Ruben Reyes	M61	8:56.91	52.0%	

### 5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	6	Barry Papermaster	M63	22:51.88	72.0%	
2	1	Clinton Blacksmith	M25	18:03.00	71.5%	
3	12	Frances McKissick	F55	25:25.75	71.0%	
4	7	Julio Lopez	M61	23:11.06	69.8%	
5	14	Jennifer Johnson	F54	25:41.16	69.3%	
6	31	Kumiko McCoy	F68	31:39.28	68.9%	
7	8	Wade McBride	M59	23:16.19	68.3%	New
8	3	Ryan Weklar	M13	21:42.14	66.8%	New
9	10	Paige Loehding	F16	23:53.89	64.0%	
10	4	Ryan Loehding	M44	22:05.11	63.7%	
11	13	Ruben Arevalo	M61	25:38.85	63.1%	
12	5	Bryan Bell	M44	22:33.55	62.4%	
13	20	Yanira Lopez	F54	28:52.31	61.7%	
14	2	David Rudd	M31	21:05.00	61.5%	
15	44	Blake Bruser	F7	30:33.54	61.4%	
16	15	Andy Nelson	M54	25:45.22	59.2%	
17	23	Scott McKissick	M68	29:37.69	58.2%	
18	47	Jerri Hixson	F63	35:36.10	56.7%	
19	36	Betsy Palmer	F56	32:30.84	56.2%	
20	26	David Mask	M65	29:52.27	56.2%	
21	9	Manav Shah	M32	23:28.30	55.4%	
22	34	David Toth	M7	32:25.30	54.9%	
23	16	Rich Weklar	M46	26:02.73	54.9%	
24	18	Ken Robinson	M54	27:47.85	54.8%	
25	17	Alex Ramirez	M48	26:59.65	53.8%	
26	11	Derek Sims	M27	24:01.23	53.7%	
27	21	Mala Francis	F14	29:18.48	53.6%	
28	42	Carlos E Ramirez	M7	33:13.08	53.6%	
29	28	Phil Murch	M60	30:23.96	52.8%	
30	22	Jaws Hansen	M56	29:39.74	52.2%	
31	27	Jennifer Loehding	F44	30:23.83	52.0%	
32	25	David Short	M56	29:48.49	52.0%	
33	50	Carol Creech	F66	40:57.76	51.6%	
34	24	Lisa Jo Garcia	F41	29:59.99	51.5%	

100% World Record Level for Gender/Age

90% World Class Level

80% National Class Level

70% Regional Class Level

List\* Carrollton Runners Performance Lists for Age Grades > 65%

65% Boston-Qualifier Approximate Level

60% Local Class Level

50% Average Class Level