

Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Keith Johnson	5:47.40	Keith Johnson	20:16.84	Kevin Gerteisen	21:36.76	Robert Benson	24:05.39
Mala Francis	6:24.27	Lihong Guo	24:43.22	Kim Andres	26:11.82	Kathy Johnson	29:45.81

5K MALE

		32 MALE Runners --- Average Time of 27:52				Avg. Age Grade: 55.2%		Place in			
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Keith Johnson	Plano	(55)	10:26	-35	20:16.84	M	6:31.7	75.8%	1	1
MASTERS	1 Kevin Gerteisen	Carrollton	(48)	10:31	+35	21:36.76	M	6:57.4	67.2%	2	2
SENIORS	1 Robert Benson	Dallas	(66)			24:05.39	M	7:45.2	70.3%	7	7
M10-14	1 Chris Williams	Dallas	(10)			22:16.79	✓	7:10.3	70.9%	3	3
	2 Joe Wales	Carrollton	(14)	12:10	+10	24:30.71	M ✓	7:53.4	57.9%	11	11
M25-29	1 Jonathon Barnett	Arlington	(26)	11:12	+6	22:28.95		7:14.2	57.4%	4	4
	2 Eric Connelly	Carrollton	(28)	11:43	-15	23:11.67	M	7:27.9	55.6%	5	5
	3 Derek Sims	Carrollton	(26)	13:01	+86	27:27.79		8:50.4	47.0%	25	21
M30-34	1 Lee Randles	Grand Prairie	(34)	18:48	+90	39:06.92		12:35.4	33.5%	43	28
M35-39	1 Alex Reodica	Irving	(39)	12:54	+70	26:57.80		8:40.7	50.2%	21	19
	2 Isidro Oredina	Coppell	(38)	13:38	-11	27:05.30	✓	8:43.1	49.6%	24	20
M40-44	1 Jeho Oh	Mckinney	(41)	12:33	-29	24:37.59	M	7:55.6	55.8%	13	13
	2 Val Ortizo	Eules	(42)	12:51	-2	25:39.49	✓	8:15.5	54.0%	17	16
	3 William Grove	Carrollton	(40)	19:55	-13	39:37.99		12:45.4	34.4%	45	30
	4 David Miller	Carrollton	(40)	19:56	-15	39:38.04		12:45.4	34.4%	44	29
M45-49	1 Nathan Bruser	Coppell	(45)			24:20.77	M	7:50.2	58.2%	54	32
	2 Jen Evangelista	Irving	(45)	12:48	-13	25:22.49	M ✓	8:10.0	55.9%	16	15
	3 Ryan Pogue	Carrollton	(45)	13:24	-68	25:39.05	✓	8:15.4	55.3%	18	17
M50-54	1 Phil Williams	Dallas	(53)			23:41.04	✓	7:37.4	63.8%	6	6
	2 Aloysius Mathenge	Dallas	(52)	11:58	+8	24:05.36		7:45.2	62.2%	8	8
	3 David Francis	Dallas	(51)	12:00	+30	24:29.21	M	7:52.9	60.7%	10	10
	4 John Kramer	Plano	(54)			30:14.96	M	9:44.2	50.4%	35	24
	5 Rob Windsor	Flower Mound	(53)	14:43	+76	30:41.47		9:52.7	49.2%	33	23
	6 Daniel Briggs	Highland Village	(52)	19:26	+94	40:26.80		13:01.1	37.1%	46	31
M55-59	1 Gong Lee	Plano	(56)			26:26.02		8:30.5	58.6%	20	18
	2 Phil Murch	Frisco	(59)	15:11	-12	30:09.73	M	9:42.5	52.7%	31	22
M60-64	1 Julio Lopez	Farmers Branch	(61)	12:04	+17	24:23.97	M	7:51.2	66.3%	9	9
	2 David Mask	Lewisville	(64)	12:20	+27	25:06.51		8:04.9	66.2%	15	14
	3 Michael Johnson	Coppell	(64)	17:28	-11	34:45.77	M	11:11.3	47.8%	38	26
	4 Ruben Reyes	Carrollton	(60)	17:47	-36	34:57.80		11:15.2	45.9%	39	27
M65-69	1 John Nance	Rowlett	(68)	12:10	+14	24:34.85		7:54.7	70.2%	12	12
	2 Scott McKissick	Irving	(68)	16:21	+47	33:28.46	M	10:46.5	51.5%	36	25

5K FEMALE

22 FEMALE Runners --- Average Time of

35:10

Avg. Age Grade: 52.5%

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Lihong Guo	Plano	(50)			24:43.22		7:57.4	68.4%	14	1
MASTERS	1 Kim Andres	Irving	(63)	12:54	+25	26:11.82	M	8:25.9	77.1%	19	2
SENIORS	1 Kathy Johnson	Plano	(55)	14:25	+55	29:45.81		9:34.8	60.6%	30	9
F10-14	1 Mala Francis	Dallas	(13)	13:41	+23	27:45.16	M	8:56.0	57.6%	27	6
F15-19	1 Vanessa Gonzalez	Argyle	(18)	19:44	+118	41:25.62		13:20.0	36.1%	49	18
F35-39	1 Anne Johnson	Farmers Branch	(39)	14:58	-54	29:02.50	M ✓	9:20.9	52.5%	28	7
F45-49	1 Tina Clark	Farmers Branch	(47)	17:33	-39	34:27.98		11:05.6	47.3%	37	12
	2 Melida Jacome	Carrollton	(46)			35:44.04		11:30.1	45.2%	40	13
	3 Katrice Briggs	Highland Village	(46)	19:27	+94	40:26.66		13:01.1	39.9%	47	16
	4 Karen Wales	Carrollton	(47)			42:13.62		13:35.5	38.6%	51	20
F50-54	1 Kuay Sullivan	Coppell	(51)	13:47	-32	27:03.10	M	8:42.4	63.3%	22	3
	2 Jennifer Johnson	Coppell	(54)	13:50	-34	27:06.41	M	8:43.5	65.7%	23	4
	3 Yanira Lopez	Farmers Branch	(53)	13:38	+22	27:36.95	M	8:53.3	63.6%	26	5
	4 Cindy Felker	Bedford	(54)	14:08	+49	29:05.21	M	9:21.7	61.2%	29	8
	5 Yolanda Esquibel	Carrollton	(54)	18:37	+97	38:51.67		12:30.5	45.8%	42	15
	6 Elaine Mirabella	Carrollton	(52)	21:37	-70	42:04.67		13:32.6	41.2%	50	19
	7 Judith Jordan	Carrollton	(52)			55:11.07	M	17:45.7	31.4%	52	21
	8 Cheryl Friday		(52)	25:10	+295	55:13.88	M	17:46.6	31.4%	53	22
F55-59	1 Betsy Palmer	Carrollton	(55)	16:13	-31	31:55.42	M	10:16.5	56.5%	34	11
	2 Alexis Huckins		(57)	17:41	+42	36:03.50	M	11:36.4	51.4%	41	14
F65-69	1 Kumiko McCoy	Eules	(67)	15:07	+21	30:34.25	☑	9:50.4	70.2%	32	10
	2 Carol Creech	Plano	(65)	20:16	+29	41:00.01		13:11.8	50.8%	48	17

FN*: Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

10/30/2016

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

 DeltaViewTiming.com

1M MALE

		19 MALE Runners --- Average Time of 8:12					Avg. Age Grade: 56.6%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Keith Johnson	Plano	(55)			5:47.40	<input type="checkbox"/>	5:47.4	76.3%	1	1
M01-09	1 Wyatt Mitchell		(7)			13:12.41		13:12.4	38.7%	31	19
M10-14	1 Joe Wales	Carrollton	(14)			7:24.92	<input checked="" type="checkbox"/>	7:24.9	55.0%	10	9
M25-29	1 Eric Connelly	Carrollton	(28)			6:22.31		6:22.3	58.2%	3	3
M40-44	1 Jeho Oh	Mckinney	(41)			6:29.93	<input checked="" type="checkbox"/>	6:29.9	60.9%	5	4
	2 Dean Baranowski	Lewisville	(41)			11:18.69	<input checked="" type="checkbox"/>	11:18.7	35.0%	29	18
M45-49	1 Kevin Gerteisen	Carrollton	(48)			6:03.92		6:03.9	68.8%	2	2
	2 Jen Evangelista	Irving	(45)			7:50.51		7:50.5	52.0%	13	11
	3 Nathan Bruser	Coppell	(45)			10:17.76		10:17.8	39.6%	23	16
M50-54	1 David Francis	Dallas	(51)			6:45.19		6:45.2	63.3%	7	6
	2 John Kramer	Plano	(54)			8:11.30		8:11.3	53.5%	14	12
M55-59	1 Phil Murch	Frisco	(59)			8:37.67		8:37.7	53.0%	16	13
M60-64	1 Tom Menn	Hurst	(62)			6:30.90		6:30.9	72.1%	6	5
	2 Julio Lopez	Farmers Branch	(61)			7:19.49		7:19.5	63.5%	8	7
	3 Kevin Adendorf	Dalllas	(60)			7:31.24		7:31.2	61.3%	11	10
	4 Michael Johnson	Coppell	(64)			10:26.63		10:26.6	45.8%	24	17
M65-69	1 Robert Benson	Dallas	(66)			7:21.70		7:21.7	66.1%	9	8
	2 Scott McKissick	Irving	(68)			9:11.95		9:12.0	53.9%	20	15
M70-74	1 Bill Shirley	Dallas	(73)			9:04.86		9:04.9	58.1%	19	14

1M FEMALE

		14 FEMALE Runners --- Average Time of 10:23					Avg. Age Grade: 51.7%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Mala Francis	Dallas	(13)			6:24.27	<input checked="" type="checkbox"/>	6:24.3	70.7%	4	1
F01-09	1 Blake Bruser	Coppell	(7)			10:17.65		10:17.7	51.7%	22	7
	2 Piper Baranowski	Coppell	(9)			11:17.14		11:17.1	44.1%	28	11
F20-24	1 Curstien Williams		(20)			12:09.55		12:09.6	34.5%	30	12
F35-39	1 Anne Johnson	Farmers Branch	(39)			9:47.23		9:47.2	44.8%	21	6
F50-54	1 Yanira Lopez	Farmers Branch	(53)			8:15.01		8:15.0	62.8%	15	3
	2 Kuay Sullivan	Coppell	(51)			8:39.99		8:40.0	58.2%	17	4
	3 Jennifer Johnson	Coppell	(54)			8:48.28		8:48.3	59.6%	18	5
	4 Cindy Felker	Bedford	(54)			10:36.40		10:36.4	49.5%	26	9
	5 Cheryl Friday		(52)			13:18.43		13:18.4	38.4%	32	13
	6 Judith Jordan	Carrollton	(52)			16:50.33		16:50.3	30.4%	33	14
F55-59	1 Betsy Palmer	Carrollton	(55)			10:29.96		10:30.0	50.7%	25	8
	2 Alexis Huckins		(57)			10:38.78		10:38.8	51.4%	27	10
F60-64	1 Kim Andres	Irving	(63)			7:47.69		7:47.7	76.6%	12	2

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7355 Keith Johnson (M55)	1	M55-59	OA	---				5:47.40	☐ x	5:47.4	19.79	5:47.40	76.3%
2	6170 Kevin Gerteisen (M48)	2	M45-49	1st	---				6:03.92	x	6:03.9	20.70	6:03.92	68.8%
3	6394 Eric Connelly (M28)	3	M25-29	1st	---				6:22.31	x	6:22.3	21.78	6:22.31	58.2%
4	7564 Mala Francis (F13)	1	F10-14	OA	---				6:24.27	☑ 3	6:24.3	21.90	6:24.27	70.7%
5	7275 Jeho Oh (M41)	4	M40-44	1st	---				6:29.93	✓ 3	6:29.9	22.18	6:29.93	60.9%
6	6005 Tom Menn (M62)	5	M60-64	1st	---				6:30.90	x	6:30.9	22.24	6:30.90	72.1%
7	7565 David Francis (M51)	6	M50-54	1st	---				6:45.19		6:45.2	23.09	6:45.19	63.3%
8	7193 Julio Lopez (M61)	7	M60-64	2nd	---				7:19.49		7:19.5	25.03	7:19.49	63.5%
9	7118 Robert Benson (M66)	8	M65-69	1st	---				7:21.70		7:21.7	25.15	7:21.70	66.1%
10	7568 Joe Wales (M14)	9	M10-14	1st	---				7:24.92	✓ 2	7:24.9	25.32	7:24.92	55.0%
11	6004 Kevin Adendorf (M60)	10	M60-64	3rd	---				7:31.24	x	7:31.2	25.72	7:31.24	61.3%
12	7040 Kim Andres (F63)	2	F60-64	1st	---				7:47.69		7:47.7	26.63	7:47.69	76.6%
13	7343 Jen Evangelista (M45)	11	M45-49	2nd	---				7:50.51		7:50.5	26.80	7:50.51	52.0%
14	7261 John Kramer (M54)	12	M50-54	2nd	---				8:11.30		8:11.3	28.00	8:11.30	53.5%
15	7198 Yanira Lopez (F53)	3	F50-54	1st	---				8:15.01		8:15.0	28.22	8:15.01	62.8%
16	7157 Phil Murch (M59)	13	M55-59	1st	---				8:37.67	x	8:37.7	29.48	8:37.67	53.0%
17	7265 Kuay Sullivan (F51)	4	F50-54	2nd	---				8:39.99		8:40.0	29.59	8:39.99	58.2%
18	7262 Jennifer Johnson (F54)	5	F50-54	3rd	---				8:48.28		8:48.3	30.11	8:48.28	59.6%
19	7043 Bill Shirley (M73)	14	M70-74	1st	---				9:04.86		9:04.9	31.02	9:04.86	58.1%
20	7048 Scott McKissick (M68)	15	M65-69	2nd	---				9:11.95		9:12.0	31.42	9:11.95	53.9%
21	6470 Anne Johnson (F39)	6	F35-39	1st	---				9:47.23	x	9:47.2	33.47	9:47.23	44.8%
22	7316 Blake Bruser (F7)	7	F01-09	1st	---				10:17.65		10:17.7	35.18	10:17.65	51.7%
23	7097 Nathan Bruser (M45)	16	M45-49	3rd	---				10:17.76		10:17.8	35.18	10:17.76	39.6%
24	7252 Michael Johnson (M64)	17	M60-64	4th	---				10:26.63		10:26.6	35.69	10:26.63	45.8%
25	7454 Betsy Palmer (F55)	8	F55-59	1st	---				10:29.96		10:30.0	35.86	10:29.96	50.7%
26	6173 Cindy Felker (F54)	9	F50-54	4th	---				10:36.40	x	10:36.4	36.26	10:36.40	49.5%
27	6001 Alexis Huckins (F57)	10	F55-59	2nd	---				10:38.78	x	10:38.8	36.38	10:38.78	51.4%
28	6010 Piper Baranowski (F9)	11	F01-09	2nd	---				11:17.14		11:17.1	38.60	11:17.14	44.1%
29	6955 Dean Baranowski (M41)	18	M40-44	2nd	---				11:18.69	✓ 2	11:18.7	38.66	11:18.69	35.0%
30	6003 Curstien Williams (F20)	12	F20-24	1st	---				12:09.55	x	12:09.6	41.57	12:09.55	34.5%
31	6009 Wyatt Mitchell (M7)	19	M01-09	1st	---				13:12.41	x	13:12.4	45.16	13:12.41	38.7%
32	6002 Cheryl Friday (F52)	13	F50-54	5th	---				13:18.43	x	13:18.4	45.50	13:18.43	38.4%
33	6160 Judith Jordan (F52)	14	F50-54	6th	---				16:50.33	x	16:50.3	57.59	16:50.33	30.4%

✓ 4 Club PR's

Average Finish Time: 09:07 13 First Timers Average Age Grade: 54.5%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7355 Keith Johnson (M55)	1	M55-59	OA	0.7	10:26	9:51	-35	20:16.84	ℓ	6:31.7	20.27	20:17.55	75.8%
2	6170 Kevin Gerteisen (M48)	2	M45-49	MS	1.8	10:31	11:06	+35	21:36.76	ℓ x	6:57.4	21.60	21:38.54	67.2%
3	7082 Chris Williams (M10)	3	M10-14	1st	0.4				22:16.79	✓ 1	7:10.3	22.27	22:17.18	70.9%
4	7590 Jonathon Barnett (M26)	4	M25-29	1st	---	11:12	11:17	+6	22:28.95		7:14.2	22.47	22:28.95	57.4%
5	6394 Eric Connelly (M28)	5	M25-29	2nd	6.0	11:43	11:29	-14	23:11.67	ℓ	7:27.9	23.18	23:17.67	55.6%
6	6168 Phil Williams (M53)	6	M50-54	1st	0.7				23:41.04	✓ 1	7:37.4	23.68	23:41.76	63.8%
7	7118 Robert Benson (M66)	7	M65-69	SR	---				24:05.39	ℓ	7:45.2	24.08	24:05.39	70.3%
8	6464 Aloysius Mathenge (M52)	8	M50-54	2nd	5.9	11:58	12:07	+8	24:05.36		7:45.2	24.08	24:11.26	62.2%
9	7193 Julio Lopez (M61)	9	M60-64	1st	0.8	12:04	12:20	+17	24:23.97	ℓ	7:51.2	24.38	24:24.79	66.3%
10	7565 David Francis (M51)	10	M50-54	3rd	1.8	12:00	12:30	+30	24:29.21	ℓ	7:52.9	24.48	24:31.04	60.7%
11	7568 Joe Wales (M14)	11	M10-14	2nd	3.1	12:10	12:20	+10	24:30.71	ℓ ✓ 12	7:53.4	24.50	24:33.82	57.9%
12	7089 John Nance (M68)	12	M65-69	1st	---	12:10	12:25	+14	24:34.85		7:54.7	24.57	24:34.85	70.2%
13	7275 Jeho Oh (M41)	13	M40-44	1st	5.5	12:33	12:04	-29	24:37.59	ℓ	7:55.6	24.62	24:43.08	55.8%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

10/30/2016

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

14	6999	Lihong Guo (F50)	1	F50-54	OA	1.8				24:43.22	⊗	7:57.4	24.72	24:45.00	68.4%
15	7008	David Mask (M64)	14	M60-64	2nd	17.3	12:20	12:47	+27	25:06.51		8:04.9	25.10	25:23.76	66.2%
16	7343	Jen Evangelista (M45)	15	M45-49	2nd	12.2	12:48	12:35	-13	25:22.49	⌚ ✓	15	8:10.0	25:34.71	55.9%
17	7342	Val Ortizo (M42)	16	M40-44	2nd	10.7	12:51	12:49	-2	25:39.49	✓	3	8:15.5	25:50.17	54.0%
18	7345	Ryan Pogue (M45)	17	M45-49	3rd	18.7	13:24	12:15	-68	25:39.05	✓	3	8:15.4	25:57.72	55.3%
19	7040	Kim Andres (F63)	2	F60-64	MS	1.6	12:54	13:18	+25	26:11.82	⌚		8:25.9	26:13.46	77.1%
20	6179	Gong Lee (M56)	18	M55-59	1st	---				26:26.02	⊗	8:30.5	26.43	26:26.02	58.6%
21	6180	Alex Reodica (M39)	19	M35-39	1st	10.2	12:54	14:04	+70	26:57.80	⊗	8:40.7	26.95	27:08.00	50.2%
22	7265	Kuay Sullivan (F51)	3	F50-54	1st	5.9	13:47	13:16	-32	27:03.10	⌚		8:42.4	27:09.04	63.3%
23	7262	Jennifer Johnson (F54)	4	F50-54	2nd	2.9	13:50	13:16	-34	27:06.41	⌚		8:43.5	27:09.34	65.7%
24	7388	Isidro Oredina (M38)	20	M35-39	2nd	11.9	13:38	13:27	-11	27:05.30	✓	2	8:43.1	27:17.22	49.6%
25	7090	Derek Sims (M26)	21	M25-29	3rd	---	13:01	14:27	+86	27:27.79			8:50.4	27:27.79	47.0%
26	7198	Yanira Lopez (F53)	5	F50-54	3rd	3.2	13:38	13:59	+22	27:36.95	⌚		8:53.3	27:40.20	63.6%
27	7564	Mala Francis (F13)	6	F10-14	1st	2.1	13:41	14:04	+23	27:45.16	⌚		8:56.0	27:47.29	57.6%
28	6470	Anne Johnson (F39)	7	F35-39	1st	5.3	14:58	14:04	-54	29:02.50	⌚ ✓	1	9:20.9	29:07.79	52.5%
29	6173	Cindy Felker (F54)	8	F50-54	4th	8.4	14:08	14:57	+49	29:05.21	⌚	⊗	9:21.7	29:13.60	61.2%
30	6181	Kathy Johnson (F55)	9	F55-59	SR	7.6	14:25	15:21	+55	29:45.81			9:34.8	29:53.39	60.6%
31	7157	Phil Murch (M59)	22	M55-59	2nd	4.3	15:11	14:59	-12	30:09.73	⌚		9:42.5	30:14.04	52.7%
32	7449	Kumiko McCoy (F67)	10	F65-69	1st	4.9	15:07	15:27	+21	30:34.25	☑	6	9:50.4	30:39.12	70.2%
33	7451	Rob Windsor (M53)	23	M50-54	5th	2.9	14:43	15:59	+76	30:41.47			9:52.7	30:44.41	49.2%
34	7454	Betsy Palmer (F55)	11	F55-59	1st	16.1	16:13	15:42	-31	31:55.42	⌚		10:16.5	31:11.55	56.5%
35	7261	John Kramer (M54)	24	M50-54	4th	164.0				30:14.96	⌚		9:44.2	30:23.32	50.4%
36	7048	Scott McKissick (M68)	25	M65-69	2nd	12.1	16:21	17:08	+47	33:28.46	⌚		10:46.5	33:40.53	51.5%
37	7185	Tina Clark (F47)	12	F45-49	1st	12.2	17:33	16:55	-39	34:27.98			11:05.6	34:40.22	47.3%
38	7252	Michael Johnson (M64)	26	M60-64	3rd	9.6	17:28	17:17	-11	34:45.77	⌚		11:11.3	34:55.37	47.8%
39	7283	Ruben Reyes (M60)	27	M60-64	4th	---	17:47	17:11	-36	34:57.80			11:15.2	34:57.80	45.9%
40	6167	Melida Jacome (F46)	13	F45-49	2nd	4.6				35:44.04	⊗	11:30.1	35.73	35:48.67	45.2%
41	6001	Alexis Huckins (F57)	14	F55-59	2nd	8.0	17:41	18:23	+42	36:03.50	⌚	⊗	11:36.4	36:11.55	51.4%
42	6176	Yolanda Esquibel (F54)	15	F50-54	5th	4.8	18:37	20:14	+97	38:51.67	⊗	12:30.5	38.85	38:56.46	45.8%
43	6007	Lee Randles (M34)	28	M30-34	1st	20.8	18:48	20:18	+90	39:06.92	⊗	12:35.4	39.10	39:27.68	33.5%
44	7540	David Miller (M40)	29	M40-44	4th	19.8	19:56	19:42	-15	39:38.04			12:45.4	39:57.84	34.4%
45	7539	William Grove (M40)	30	M40-44	3rd	21.3	19:55	19:43	-13	39:37.99			12:45.4	39:59.33	34.4%
46	7363	Daniel Briggs (M52)	31	M50-54	6th	12.2	19:26	21:00	+94	40:26.80			13:01.1	40:39.01	37.1%
47	7370	Katrice Briggs (F46)	16	F45-49	3rd	13.0	19:27	21:00	+94	40:26.66			13:01.1	40:39.68	39.9%
48	7024	Carol Creech (F65)	17	F65-69	2nd	1.8	20:16	20:44	+29	41:00.01			13:11.8	41:01.85	50.8%
49	6177	Vanessa Gonzalez (F18)	18	F15-19	1st	6.3	19:44	21:42	+118	41:25.62	⊗	13:20.0	41.42	41:31.90	36.1%
50	6174	Elaine Mirabella (F52)	19	F50-54	6th	6.9	21:37	20:27	-70	42:04.67	⊗	13:32.6	42.07	42:11.62	41.2%
51	7569	Karen Wales (F47)	20	F45-49	4th	7.9				42:13.62			13:35.5	42:21.50	38.6%
52	6160	Judith Jordan (F52)	21	F50-54	7th	9.4				55:11.07	⌚	⊗	17:45.7	55:20.49	31.4%
53	6002	Cheryl Friday (F52)	22	F50-54	8th	8.1	25:10	30:04	+295	55:13.88	⌚	⊗	17:46.6	55:22.00	31.4%
54	7097	Nathan Bruser (M45)	32	M45-49	1st	1917.0				24:20.77	⌚	7:50.2	24.33	56:17.77	58.2%

26 Positive Split 18 Negative Split

✓ 9 Club PR's

Average Finish Time: 30:50 13 First Timers Average Age Grade: 54.1%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

10/30/2016

⌚ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	12	Kim Andres	F63	7:47.69	76.6%	
2	1	Keith Johnson	M55	5:47.40	76.3%	New
3	6	Tom Menn	M62	6:30.90	72.1%	New
4	4	Mala Francis	F13	6:24.27	70.7%	New
5	2	Kevin Gerteisen	M48	6:03.92	68.8%	New
6	9	Robert Benson	M66	7:21.70	66.1%	
7	8	Julio Lopez	M61	7:19.49	63.5%	
8	7	David Francis	M51	6:45.19	63.3%	
9	15	Yanira Lopez	F53	8:15.01	62.8%	
10	11	Kevin Adendorf	M60	7:31.24	61.3%	
11	5	Jeho Oh	M41	6:29.93	60.9%	
12	18	Jennifer Johnson	F54	8:48.28	59.6%	
13	17	Kuay Sullivan	F51	8:39.99	58.2%	
14	3	Eric Connelly	M28	6:22.31	58.2%	
15	19	Bill Shirley	M73	9:04.86	58.1%	
16	10	Joe Wales	M14	7:24.92	55.0%	
17	20	Scott McKissick	M68	9:11.95	53.9%	
18	14	John Kramer	M54	8:11.30	53.5%	
19	16	Phil Murch	M59	8:37.67	53.0%	
20	13	Jen Evangelista	M45	7:50.51	52.0%	
21	22	Blake Bruser	F7	10:17.65	51.7%	
22	27	Alexis Huckins	F57	10:38.78	51.4%	
23	25	Betsy Palmer	F55	10:29.96	50.7%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	19	Kim Andres	F63	26:11.82	77.1%	
2	1	Keith Johnson	M55	20:16.84	75.8%	
3	3	Chris Williams	M10	22:16.79	70.9%	Move UP
4	7	Robert Benson	M66	24:05.39	70.3%	
5	32	Kumiko McCoy	F67	30:34.25	70.2%	Move UP
6	12	John Nance	M68	24:34.85	70.2%	
7	14	Lihong Guo	F50	24:43.22	68.4%	New
8	2	Kevin Gerteisen	M48	21:36.76	67.2%	New
9	9	Julio Lopez	M61	24:23.97	66.3%	
10	15	David Mask	M64	25:06.51	66.2%	
11	23	Jennifer Johnson	F54	27:06.41	65.7%	
12	6	Phil Williams	M53	23:41.04	63.8%	
13	26	Yanira Lopez	F53	27:36.95	63.6%	
14	22	Kuay Sullivan	F51	27:03.10	63.3%	
15	8	Aloysius Mathenge	M52	24:05.36	62.2%	
16	29	Cindy Felker	F54	29:05.21	61.2%	
17	10	David Francis	M51	24:29.21	60.7%	
18	30	Kathy Johnson	F55	29:45.81	60.6%	
19	20	Gong Lee	M56	26:26.02	58.6%	
20	54	Nathan Bruser	M45	24:20.77	58.2%	
21	11	Joe Wales	M14	24:30.71	57.9%	
22	27	Mala Francis	F13	27:45.16	57.6%	
23	4	Jonathon Barnett	M26	22:28.95	57.4%	
24	34	Betsy Palmer	F55	31:55.42	56.5%	
25	16	Jen Evangelista	M45	25:22.49	55.9%	
26	13	Jeho Oh	M41	24:37.59	55.8%	
27	5	Eric Connelly	M28	23:11.67	55.6%	
28	18	Ryan Pogue	M45	25:39.05	55.3%	
29	17	Val Ortizo	M42	25:39.49	54.0%	
30	31	Phil Murch	M59	30:09.73	52.7%	
31	28	Anne Johnson	F39	29:02.50	52.5%	
32	36	Scott McKissick	M68	33:28.46	51.5%	
33	41	Alexis Huckins	F57	36:03.50	51.4%	
34	48	Carol Creech	F65	41:00.01	50.8%	
35	35	John Kramer	M54	30:14.96	50.4%	
36	21	Alex Reodica	M39	26:57.80	50.2%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level