

Sunday, July 26, 2015

Carrollton Runners Mile + 5K

83F Sunny 64%H 6mphSSW

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Mile Off :7:30 am

5K Off :7:46 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Cole Atchison	5:20.74	Cole Atchison	18:15.11	Matthew Parker	22:51.32	Julio Lopez	23:25.13
Frances McKissick	6:58.48	Frances McKissick	23:35.30	Kuay Sullivan	25:30.17	Jerri Hixson	37:51.07

5K MALE

		46 MALE Runners --- Average Time of 30:51					Avg. Age Grade: 50.7%		Place in		
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Cole Atchison	Lewisville	(21)	9:07	+1	18:15.11	ML ✓	5:52.5	71.0%	1	1
MASTERS	1 Matthew Parker	Kaufman	(49)	11:01	+49	22:51.32	ML	7:21.4	64.0%	8	8
SENIORS	1 Julio Lopez	Farmers Branch	(59)	11:46	-7	23:25.13	ML	7:32.3	67.9%	9	9
M10-14	1 Leand Celedonio	Fort Worth	(13)	12:05	+69	25:19.14	ML	8:09.0	57.3%	13	12
	2 Miguel Barcellano	Lewisville	(12)	20:27	+258	45:12.05		14:32.9	32.9%	61	43
M15-19	1 Nate Hoppe	Keller	(16)	9:20	+39	19:19.31	✓	6:13.1	70.9%	3	3
	2 Romeo Lopez	Lewisville	(18)	9:57	+36	20:30.83	ML	6:36.2	65.0%	4	4
M20-24	1 Sean Caskey	Baltimore, MD	(24)	10:21	+85	22:07.23	ML	7:07.2	58.3%	6	6
	2 Erik Worrall	Lewisville	(23)	10:52	+24	22:07.99	ML	7:07.4	58.3%	7	7
M25-29	1 Blair Casey	Carrollton	(28)	9:07	+16	18:30.29		5:57.4	69.7%	2	2
	2 Cress Terrell	Carrollton	(28)	16:54	+20	34:07.34		10:59.0	37.8%	41	32
M30-34	1 Jose Ortiz	Lewisville	(33)	9:56	+56	20:48.17	ML	6:41.7	62.7%	5	5
	2 Manav Shah	Dallas	(30)	14:02	-15	27:49.70	✓	8:57.4	46.5%	21	19
	3 Miguel Camacho	North Richland Hills	(33)	15:59	+394	38:31.62		12:24.0	33.9%	51	37
M35-39	1 Phillip Reeder	Coppell	(37)	20:06	+301	45:11.71		14:32.8	29.5%	60	42
M40-44	1 Jen Evangelista	Irving	(44)	13:12	+38	27:02.12		8:42.1	52.0%	24	22
	2 Nathan Bruser	Coppell	(44)	13:42	-21	27:04.13	ML	8:42.8	52.0%	31	27
	3 Allan Santos	Keller	(41)	13:22	+41	27:24.58	ML	8:49.3	50.2%	19	17
	4 Leandro Celedonio	Fort Worth	(43)	14:34	+53	30:00.82		9:39.6	46.5%	28	26
	5 Charles Parker	Plano	(44)	14:45	+121	31:30.56		10:08.5	44.7%	33	28
	6 Henry Dumaoal	Irving	(44)	15:35	+101	32:51.25		10:34.5	42.8%	40	31
	7 Richard Barcellano	Lewisville	(42)	17:29	+2	34:59.63		11:15.8	39.6%	42	33
	8 Val Ortizo	Eules	(41)			36:13.43		11:39.6	38.0%	45	35
	9 Shiva Gorthi		(44)	24:29	+50	49:47.75		16:01.7	28.3%	65	46
M45-49	1 Lee Sanchez		(47)	12:25	+82	26:12.77		8:26.2	54.9%	15	13
	2 Drew Morris	Carrollton	(47)	14:07	-4	28:10.34		9:04.1	51.1%	22	20
	3 Vicente Rangel	Carrollton	(48)	13:51	+125	29:46.96	ML	9:35.2	48.7%	25	23
M50-54	1 David Short	Frisco	(54)	11:37	+7	23:20.49	ML	7:30.8	65.3%	12	11
	2 Earl Atup		(51)	11:26	+52	23:44.92		7:38.6	62.6%	10	10
	3 John Kramer	Plano	(53)			31:39.06	ML	10:11.3	47.7%	49	36
	4 Ken Robinson	Plano	(52)	16:11	-16	32:06.19		10:20.0	46.7%	36	29
	5 Raymond Scott	Irving	(53)	21:38	-233	39:23.62		12:40.8	38.4%	52	38
	6 Daniel Briggs	Highland Village	(51)	19:18	+71	39:48.11		12:48.7	37.4%	53	39
	7 Jay Loucks	Carrollton	(52)	22:24	+53	45:41.56		14:42.4	32.8%	63	44
M55-59	1 Gabriel Sapien	Carrollton	(55)	14:05	-84	26:46.17		8:37.0	57.4%	17	15
	2 Jaws Hansen	Dallas	(55)	14:18	-45	27:50.50	ML	8:57.7	55.2%	20	18
	3 Ruben Reyes	Carrollton	(59)	14:39	+51	30:09.63		9:42.5	52.7%	27	25

M60-64	1	David Mask	Lewisville (63)	13:14	+28	26:55.52	ℳ	8:40.0	61.2%	18	16
	2	Peter Chan	Coppell (62)	15:52	+41	32:25.66	ℳ	10:26.2	50.3%	38	30
	3	Mike Catt	The Colony (61)	20:19	+142	43:01.29	ℳ	13:50.8	37.6%	57	40
	4	Dave Hanna	Little Elm (64)	19:19	+318	43:55.20		14:08.2	37.8%	58	41
M65-69	1	John Nance	Rowlett (67)	13:06	+128	28:21.02		9:07.5	60.3%	23	21
	2	Scott McKissick	Irving (66)	16:38	+79	34:35.78	ℳ	11:08.1	48.9%	43	34
	3	Scott Ahlstrom	Carrollton (66)	22:34	+134	47:20.67		15:14.3	35.8%	64	45
M70-74	1	Wally Capps	Farmers Branch (74)	13:07	+19	26:33.32	ℳ	8:32.8	70.2%	16	14
	2	Mark Brightenburg	Irving (73)	14:41	+30	29:53.18	✓	9:37.2	61.4%	26	24

5K FEMALE		25 FEMALE Runners --- Average Time of					41:06	Avg. Age Grade: 43.2%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD	
OVERALL	1 Frances McKissick	Irving	(53)	12:04	-33	23:35.30	ℳ	7:35.5	74.5%	11	1	
MASTERS	1 Kuay Sullivan	Coppell	(49)	12:40	+10	25:30.17	ℳ ✓	8:12.5	65.5%	14	2	
SENIORS	1 Jerri Hixson	Plano	(61)	17:57	+117	37:51.07		12:11.0	51.8%	50	13	
F01-09	1 Annie Reeder	Coppell	(8)	20:06	+299	45:11.38		14:32.7	40.1%	59	17	
F10-14	1 Pauline Celedonio	Fort Worth	(10)	15:00	+103	31:43.75		10:12.8	53.8%	34	5	
	2 Arwyn Sullivan	Coppell	(11)	16:02	+58	33:02.26	ℳ	10:38.0	50.4%	39	8	
F15-19	1 Jiliane Kate Dumaal	Irving	(17)	14:59	+32	30:29.25		9:48.8	49.6%	29	3	
F20-24	1 Isaura Rodriguez	Carrollton	(24)			58:12.39		18:44.1	25.4%	68	21	
F25-29	1 Brandy McClary	The Colony	(28)			31:08.65		10:01.5	47.5%	32	4	
	2 Rebecca Turner	North Richland Hills	(29)	18:19	+199	39:56.76		12:51.4	37.0%	54	14	
F30-34	1 Leslie Chaggaris	Dallas	(32)	15:48	+29	32:04.41		10:19.4	46.3%	35	6	
	2 Cassie Crow	Addison	(34)			36:26.56		11:43.8	40.9%	46	10	
	3 Kiki Brandon	Addison	(32)	17:37	+73	36:27.67		11:44.1	40.7%	47	11	
F35-39	1 Teresa Siebenlist	Farmers Branch	(39)	33:31	-79	1:05:43.85		21:09.4	23.2%	70	23	
F40-44	1 Myrtle Bowles-Scott	Irving	(44)	21:59	+108	45:45.93		14:43.8	34.6%	62	18	
	2 Mary Ann Barcellano	Lewisville	(42)	25:28	+89	52:25.34		16:52.4	29.7%	67	20	
F45-49	1 Paige Morris	Carrollton	(46)	15:50	+28	32:09.22		10:21.0	50.2%	37	7	
	2 Katrice Briggs	Highland Village	(45)	19:16	+184	41:35.25		13:23.1	38.4%	56	16	
F50-54	1 Yanira Lopez	Farmers Branch	(52)	16:34	+122	35:10.09	ℳ	11:19.2	49.3%	44	9	
	2 Teresa Lewis	Lewisville	(54)	17:49	+78	36:55.95		11:53.2	48.2%	48	12	
F55-59	1 Kimberly Loucks	Carrollton	(55)	24:46	+34	50:05.58	✓	16:07.4	36.0%	66	19	
	2 Donita Crowder	Dallas	(56)	34:15	+188	1:11:38.11		23:03.4	25.5%	71	24	
F60-64	1 Carol Creech	Plano	(64)	20:29	+43	41:40.74		13:24.9	49.2%	55	15	
	2 Linda Welling	Irving	(61)	33:34	-84	1:05:43.66		21:09.3	29.8%	69	22	
FStroller	1 Blake Bruser	Coppell	(-6)	13:43	-21	27:04.44	ℳ	8:42.9		30	0	

1M MALE

		26 MALE Runners --- Average Time of					9:30	Avg. Age Grade: 51.3%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD	
OVERALL	1	Cole Atchison	Lewisville	(21)		5:20.74	✓	5:20.7	69.7%	1	1	
M01-09	1	Jaden Elgin	Plano	(7)		6:26.47	☐	6:26.5	79.4%	4	4	
	2	Elijah Santos	Keller	(5)		13:24.80	✓	13:24.8	42.4%	28	22	
	3	Zeus Celedonio	Fort Worth	(7)		17:45.14		17:45.1	28.8%	35	26	
M10-14	1	Leand Celedonio	Fort Worth	(13)		6:57.95	✓	6:58.0	59.9%	6	6	
	2	Leejan Lu	Fort Worth	(11)		14:38.02		14:38.0	30.1%	32	24	
M15-19	1	Romeo Lopez	Lewisville	(18)		7:46.15		7:46.2	49.4%	13	11	
M20-24	1	Erik Worrall	Lewisville	(23)		5:38.42		5:38.4	65.8%	2	2	
	2	Sean Caskey	Baltimore, MD	(24)		7:29.58		7:29.6	49.5%	11	9	
M30-34	1	Jose Ortiz		(33)		7:46.36		7:46.4	48.3%	14	12	
M40-44	1	Allan Santos	Keller	(41)		13:23.83		13:23.8	29.5%	27	21	
	2	Nathan Bruser	Coppell	(44)		14:36.65		14:36.7	27.7%	30	23	
M45-49	1	Matthew Parker	Kaufman	(49)		6:07.24		6:07.2	68.7%	3	3	
	2	Vicente Rangel	Carrollton	(48)		10:04.27		10:04.3	41.4%	25	20	
M50-54	1	John Kramer	Plano	(53)		7:46.01		7:46.0	56.0%	12	10	
	2	David Short	Frisco	(54)		8:46.28		8:46.3	50.0%	20	15	
M55-59	1	Julio Lopez	Farmers Branch	(59)		6:28.30	✓	6:28.3	70.7%	5	5	
	2	James Elgin	Plano	(57)		7:09.93		7:09.9	62.7%	8	7	
	3	Tom Grant	Plano	(57)		7:27.77		7:27.8	60.2%	10	8	
	4	Jaws Hansen	Dallas	(55)		9:06.90		9:06.9	48.5%	21	16	
	5	Lionel Lu	Fort Worth	(59)		16:53.31		16:53.3	27.1%	33	25	
M60-64	1	Peter Chan	Coppell	(62)		9:30.57		9:30.6	49.4%	22	17	
	2	Mike Catt	The Colony	(61)		9:55.75		9:55.8	46.9%	23	18	
	3	David Mask	Lewisville	(63)		10:03.54		10:03.5	47.1%	24	19	
M65-69	1	Scott McKissick	Irving	(66)		8:29.28		8:29.3	57.4%	18	14	
M70-74	1	Wally Capps	Farmers Branch	(74)		8:06.47		8:06.5	66.1%	17	13	

1M FEMALE

		11 FEMALE Runners --- Average Time of					12:06	Avg. Age Grade: 48.0%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD	
OVERALL	1	Frances McKissick	Irving	(53)		6:58.48	✓	6:58.5	74.3%	7	1	
F01-09	1	Blake Bruser	Coppell	(6)		14:36.71		14:36.7	37.9%	31	8	
F10-14	1	Arwyn Sullivan	Coppell	(11)		8:04.60	✓	8:04.6	58.4%	16	4	
F35-39	1	Tessa Santos	Keller	(38)		14:12.24	✓	14:12.2	30.6%	29	7	
	2	Mackelyn Lu	Fort Worth	(35)		16:59.82		16:59.8	25.1%	34	9	
	3	Ma Lourdes Celedonio	Fort Worth	(39)		17:45.37		17:45.4	24.7%	36	10	
F45-49	1	Kuay Sullivan	Coppell	(49)		7:52.22	✓	7:52.2	62.5%	15	3	
F50-54	1	Yanira Lopez	Farmers Branch	(52)		8:37.10		8:37.1	59.3%	19	5	
	2	Jeanna Kramer	Plano	(53)		12:01.15		12:01.2	43.1%	26	6	
F60-64	1	Kim Andres	Irving	(62)		7:26.43		7:26.4	79.0%	9	2	
F65-69	1	Yolanda Frasier	Dallas	(65)		18:32.99		18:33.0	33.2%	37	11	

FN*: ☐ Broke Age-Group Record GD Place among Females
 ⌚ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Positive Split
 ▼ Negative Split

Timing provided by: 7/26/2015
 DeltaViewTiming.com

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7293 Cole Atchison (M21)	1	M20-24	OA	---				5:20.74	✓ 2	5:20.7	18.25	5:20.74	69.7%
2	6009 Erik Worrall (M23)	2	M20-24	1st	---				5:38.42	✗	5:38.4	19.27	5:38.42	65.8%
3	7125 Matthew Parker (M49)	3	M45-49	1st	---				6:07.24		6:07.2	20.93	6:07.24	68.7%
4	6476 Jaden Elgin (M7)	4	M01-09	1st	---				6:26.47	☐ ✗	6:26.5	22.01	6:26.47	79.4%
5	7193 Julio Lopez (M59)	5	M55-59	1st	---				6:28.30	✓ 60	6:28.3	22.12	6:28.30	70.7%
6	7501 Leand Celedonio (M13)	6	M10-14	1st	---				6:57.95	✓ 2	6:58.0	23.78	6:57.95	59.9%
7	7062 Frances McKissick (F53)	1	F50-54	OA	---				6:58.48	✓ 12	6:58.5	23.83	6:58.48	74.3%
8	6590 James Elgin (M57)	7	M55-59	2nd	---				7:09.93	✗	7:09.9	24.46	7:09.93	62.7%
9	7040 Kim Andres (F62)	2	F60-64	1st	---				7:26.43		7:26.4	25.43	7:26.43	79.0%
10	7158 Tom Grant (M57)	8	M55-59	3rd	---				7:27.77		7:27.8	25.49	7:27.77	60.2%
11	6012 Sean Caskey (M24)	9	M20-24	2nd	---				7:29.58	✗	7:29.6	25.60	7:29.58	49.5%
12	7261 John Kramer (M53)	10	M50-54	1st	---				7:46.01		7:46.0	26.57	7:46.01	56.0%
13	6008 Romeo Lopez (M18)	11	M15-19	1st	---				7:46.15	✗	7:46.2	26.57	7:46.15	49.4%
14	6007 Jose Ortiz (M33)	12	M30-34	1st	---				7:46.36	✗	7:46.4	26.57	7:46.36	48.3%
15	7265 Kuay Sullivan (F49)	3	F45-49	1st	---				7:52.22	✓ 21	7:52.2	26.91	7:52.22	62.5%
16	7204 Arwyn Sullivan (F11)	4	F10-14	1st	---				8:04.60	✓ 8	8:04.6	27.60	8:04.60	58.4%
17	1916 Wally Capps (M74)	13	M70-74	1st	---				8:06.47		8:06.5	27.71	8:06.47	66.1%
18	7048 Scott McKissick (M66)	14	M65-69	1st	---				8:29.28		8:29.3	29.02	8:29.28	57.4%
19	7198 Yanira Lopez (F52)	5	F50-54	1st	---				8:37.10		8:37.1	29.48	8:37.10	59.3%
20	7061 David Short (M54)	15	M50-54	2nd	---				8:46.28		8:46.3	29.99	8:46.28	50.0%
21	7060 Jaws Hansen (M55)	16	M55-59	4th	---				9:06.90		9:06.9	31.13	9:06.90	48.5%
22	7153 Peter Chan (M62)	17	M60-64	1st	---				9:30.57		9:30.6	32.50	9:30.57	49.4%
23	7154 Mike Catt (M61)	18	M60-64	2nd	---				9:55.75		9:55.8	33.93	9:55.75	46.9%
24	7008 David Mask (M63)	19	M60-64	3rd	---				10:03.54		10:03.5	34.38	10:03.54	47.1%
25	7367 Vicente Rangel (M48)	20	M45-49	2nd	---				10:04.27		10:04.3	34.44	10:04.27	41.4%
26	6443 Jeanna Kramer (F53)	6	F50-54	2nd	---				12:01.15	✗	12:01.2	41.11	12:01.15	43.1%
27	7410 Allan Santos (M41)	21	M40-44	1st	---				13:23.83		13:23.8	45.79	13:23.83	29.5%
28	7413 Elijah Santos (M5)	22	M01-09	2nd	---				13:24.80	✓ 2	13:24.8	45.84	13:24.80	42.4%
29	7411 Tessa Santos (F38)	7	F35-39	1st	---				14:12.24	✓ 2	14:12.2	48.58	14:12.24	30.6%
30	7097 Nathan Bruser (M44)	23	M40-44	2nd	---				14:36.65		14:36.7	49.95	14:36.65	27.7%
31	7316 Blake Bruser (F6)	8	F01-09	1st	---				14:36.71	g	14:36.7	49.95	14:36.71	37.9%
32	6002 Leejan Lu (M11)	24	M10-14	2nd	---				14:38.02	✗	14:38.0	50.06	14:38.02	30.1%
33	6003 Lionel Lu (M59)	25	M55-59	5th	---				16:53.31	✗	16:53.3	57.76	16:53.31	27.1%
34	6004 Mackelyn Lu (F35)	9	F35-39	2nd	---				16:59.82	✗	16:59.8	58.10	16:59.82	25.1%
35	7503 Zeus Celedonio (M7)	26	M01-09	3rd	---				17:45.14		17:45.1	60.72	17:45.14	28.8%
36	7502 Ma Lourdes Celedonio (F39)	10	F35-39	3rd	---				17:45.37		17:45.4	60.72	17:45.37	24.7%
37	6256 Yolanda Frasier (F65)	11	F65-69	1st	---				18:32.99	✗	18:33.0	63.40	18:32.99	33.2%
✓ 8 Club PR's										Average Finish Time: 10:16 <u>11 First Timers</u> Average Age Grade: 50.3%				

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7293 Cole Atchison (M21)	1	M20-24	OA	---	9:07	9:08	+1	18:15.11	ℓ ✓ 2	5:52.5	18.25	18:15.11	71.0%
2	6431 Blair Casey (M28)	2	M25-29	1st	0.2	9:07	9:23	+16	18:30.29	✗	5:57.4	18.50	18:30.46	69.7%
3	6006 Nate Hoppe (M16)	3	M15-19	1st	---	9:20	9:59	+39	19:19.31	✓ 1	6:13.1	19.32	19:19.31	70.9%
4	6008 Romeo Lopez (M18)	4	M15-19	2nd	0.1	9:57	10:33	+36	20:30.83	ℓ ✗	6:36.2	20.50	20:30.97	65.0%
5	6007 Jose Ortiz (M33)	5	M30-34	1st	0.6	9:56	10:52	+56	20:48.17	ℓ ✗	6:41.7	20.80	20:48.72	62.7%
6	6012 Sean Caskey (M24)	6	M20-24	1st	---	10:21	11:46	+85	22:07.23	ℓ ✗	7:07.2	22.12	22:07.23	58.3%
7	6009 Erik Worrall (M23)	7	M20-24	2nd	---	10:52	11:16	+24	22:07.99	ℓ	7:07.4	22.12	22:07.99	58.3%
8	7125 Matthew Parker (M49)	8	M45-49	MS	11.8	11:01	11:50	+49	22:51.32	ℓ	7:21.4	22.85	23:03.08	64.0%
9	7193 Julio Lopez (M59)	9	M55-59	SR	8.0	11:46	11:39	-7	23:25.13	ℓ	7:32.3	23.42	23:33.18	67.9%

10	6013	Earl Atup (M51)	10	M50-54	2nd	1.9	11:26	12:19	+52	23:44.92	⌘	7:38.6	23.73	23:46.80	62.6%
11	7062	Frances McKissick (F53)	1	F50-54	OA	13.9	12:04	11:31	-33	23:35.30	⌘	7:35.5	23.58	23:49.18	74.5%
12	7061	David Short (M54)	11	M50-54	1st	61.9	11:37	11:44	+7	23:20.49	⌘	7:30.8	23.33	24:22.40	65.3%
13	7501	Leand Celedonio (M13)	12	M10-14	1st	12.0	12:05	13:14	+69	25:19.14	⌘	8:09.0	25.32	25:31.12	57.3%
14	7265	Kuay Sullivan (F49)	2	F45-49	MS	4.3	12:40	12:50	+10	25:30.17	⌘ ✓ 18	8:12.5	25.50	25:34.50	65.5%
15	6011	Lee Sanchez (M47)	13	M45-49	1st	1.1	12:25	13:47	+82	26:12.77	⌘	8:26.2	26.20	26:13.83	54.9%
16	1916	Wally Capps (M74)	14	M70-74	1st	2.4	13:07	13:26	+19	26:33.32	⌘	8:32.8	26.55	26:35.68	70.2%
17	7015	Gabriel Sapien (M55)	15	M55-59	1st	14.6	14:05	12:41	-84	26:46.17		8:37.0	26.77	27:00.73	57.4%
18	7008	David Mask (M63)	16	M60-64	1st	25.1	13:14	13:42	+28	26:55.52	⌘	8:40.0	26.92	27:20.66	61.2%
19	7410	Allan Santos (M41)	17	M40-44	3rd	14.0	13:22	14:03	+41	27:24.58	⌘	8:49.3	27.40	27:38.59	50.2%
20	7060	Jaws Hansen (M55)	18	M55-59	2nd	2.8	14:18	13:33	-45	27:50.50	⌘	8:57.7	27.83	27:53.28	55.2%
21	7184	Manav Shah (M30)	19	M30-34	2nd	6.1	14:02	13:47	-15	27:49.70	✓ 3	8:57.4	27.82	27:55.81	46.5%
22	6763	Drew Morris (M47)	20	M45-49	2nd	5.9	14:07	14:03	-4	28:10.34	⌘	9:04.1	28.17	28:16.27	51.1%
23	7089	John Nance (M67)	21	M65-69	1st	6.3	13:06	15:15	+128	28:21.02		9:07.5	28.35	28:27.33	60.3%
24	7343	Jen Evangelista (M44)	22	M40-44	1st	111.7	13:12	13:50	+38	27:02.12		8:42.1	27.03	28:53.86	52.0%
25	7367	Vicente Rangel (M48)	23	M45-49	3rd	4.5	13:51	15:56	+125	29:46.96	⌘	9:35.2	29.77	29:51.46	48.7%
26	6985	Mark Brightenburg (M73)	24	M70-74	2nd	15.6	14:41	15:12	+30	29:53.18	✓ 1	9:37.2	29.88	30:08.76	61.4%
27	7283	Ruben Reyes (M59)	25	M55-59	3rd	5.1	14:39	15:30	+51	30:09.63		9:42.5	30.15	30:14.73	52.7%
28	7500	Leandro Celedonio (M43)	26	M40-44	4th	21.7	14:34	15:27	+53	30:00.82		9:39.6	30.00	30:22.47	46.5%
29	6405	Jiliane Kate Dumaol (F17)	3	F15-19	1st	5.5	14:59	15:30	+32	30:29.25	⌘	9:48.8	30.48	30:34.70	49.6%
30	7316	Blake Bruser (F-6)	0	FStrolle	1st	219.0	13:43	13:22	-21	27:04.44	⌘ 2Z	8:42.9	27.07	30:43.47	
31	7097	Nathan Bruser (M44)	27	M40-44	2nd	219.5	13:42	13:22	-21	27:04.13	⌘	8:42.8	27.07	30:43.66	52.0%
32	6014	Brandy McClary (F28)	4	F25-29	1st	1.4				31:08.65	⌘	10:01.5	31.13	31:10.04	47.5%
33	6696	Charles Parker (M44)	28	M40-44	5th	7.5	14:45	16:46	+121	31:30.56	⌘	10:08.5	31.50	31:38.03	44.7%
34	7504	Pauline Celedonio (F10)	5	F10-14	1st	14.4	15:00	16:43	+103	31:43.75		10:12.8	31.72	31:58.12	53.8%
35	6435	Leslie Chaggarris (F32)	6	F30-34	1st	4.2	15:48	16:17	+29	32:04.41		10:19.4	32.07	32:08.57	46.3%
36	7077	Ken Robinson (M52)	29	M50-54	4th	4.8	16:11	15:55	-16	32:06.19		10:20.0	32.10	32:10.99	46.7%
37	6760	Paige Morris (F46)	7	F45-49	1st	6.1	15:50	16:19	+28	32:09.22	⌘	10:21.0	32.15	32:15.29	50.2%
38	7153	Peter Chan (M62)	30	M60-64	2nd	9.7	15:52	16:33	+41	32:25.66	⌘	10:26.2	32.42	32:35.33	50.3%
39	7204	Arwyn Sullivan (F11)	8	F10-14	2nd	3.3	16:02	17:00	+58	33:02.26	⌘	10:38.0	33.03	33:05.55	50.4%
40	6301	Henry Dumaol (M44)	31	M40-44	6th	31.7	15:35	17:16	+101	32:51.25	⌘	10:34.5	32.85	33:22.98	42.8%
41	6940	Cress Terrell (M28)	32	M25-29	2nd	8.5	16:54	17:14	+20	34:07.34	⌘	10:59.0	34.12	34:15.84	37.8%
42	6558	Richard Barcellano (M42)	33	M40-44	7th	11.2	17:29	17:31	+2	34:59.63		11:15.8	34.98	35:10.79	39.6%
43	7048	Scott McKissick (M66)	34	M65-69	2nd	103.1	16:38	17:57	+79	34:35.78	⌘	11:08.1	34.58	36:18.92	48.9%
44	7198	Yanira Lopez (F52)	9	F50-54	1st	70.9	16:34	18:36	+122	35:10.09	⌘	11:19.2	35.17	36:20.96	49.3%
45	6628	Val Ortizo (M41)	35	M40-44	8th	10.3				36:13.43	⌘	11:39.6	36.22	36:23.74	38.0%
46	6261	Cassie Crow (F34)	10	F30-34	2nd	2.7				36:26.56	⌘	11:43.8	36.43	36:29.30	40.9%
47	6001	Kiki Brandon (F32)	11	F30-34	3rd	2.1	17:37	18:50	+73	36:27.67	⌘	11:44.1	36.45	36:29.79	40.7%
48	7461	Teresa Lewis (F54)	12	F50-54	2nd	16.3	17:49	19:07	+78	36:55.95		11:53.2	36.92	37:12.27	48.2%
49	7261	John Kramer (M53)	36	M50-54	3rd	375.8				31:39.06	⌘	10:11.3	31.65	37:54.83	47.7%
50	6430	Jerri Hixson (F61)	13	F60-64	SR	5.8	17:57	19:54	+117	37:51.07	⌘	12:11.0	37.85	37:56.91	51.8%
51	6462	Miguel Camacho (M33)	37	M30-34	3rd	20.3	15:59	22:33	+394	38:31.62	⌘	12:24.0	38.52	38:51.87	33.9%
52	6419	Raymond Scott (M53)	38	M50-54	5th	11.9	21:38	17:46	-233	39:23.62	⌘	12:40.8	39.38	39:35.56	38.4%
53	7370	Daniel Briggs (M51)	39	M50-54	6th	10.5	19:18	20:30	+71	39:48.11		12:48.7	39.80	39:58.63	37.4%
54	6461	Rebecca Turner (F29)	14	F25-29	2nd	18.2	18:19	21:38	+199	39:56.76	⌘	12:51.4	39.93	40:14.97	37.0%
55	7024	Carol Creech (F64)	15	F60-64	1st	3.9	20:29	21:12	+43	41:40.74		13:24.9	41.67	41:44.61	49.2%
56	7363	Katrice Briggs (F45)	16	F45-49	2nd	12.3	19:16	22:19	+184	41:35.25		13:23.1	41.58	41:47.53	38.4%
57	7154	Mike Catt (M61)	40	M60-64	3rd	8.1	20:19	22:42	+142	43:01.29	⌘	13:50.8	43.02	43:09.38	37.6%
58	7251	Dave Hanna (M64)	41	M60-64	4th	2.6	19:19	24:36	+318	43:55.20		14:08.2	43.92	43:57.80	37.8%
59	7438	Annie Reeder (F8)	17	F01-09	1st	3.3	20:06	25:05	+299	45:11.38	⌘	14:32.7	45.18	45:14.66	40.1%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

7/26/2015

⌘ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

60	7437	Phillip Reeder (M37)	42	M35-39	1st	3.4	20:06	25:06	+301	45:11.71	14:32.8	45.18	45:15.14	29.5%
61	6817	Miguel Barcellano (M12)	43	M10-14	2nd	4.5	20:27	24:45	+258	45:12.05	⌘ 14:32.9	45.20	45:16.57	32.9%
62	6418	Myrtle Bowles-Scott (F44)	18	F40-44	1st	11.0	21:59	23:47	+108	45:45.93	⌘ 14:43.8	45.75	45:56.97	34.6%
63	6010	Jay Loucks (M52)	44	M50-54	7th	19.3	22:24	23:17	+53	45:41.56	14:42.4	45.68	46:00.81	32.8%
64	7148	Scott Ahlstrom (M66)	45	M65-69	3rd	74.8	22:34	24:47	+134	47:20.67	15:14.3	47.33	48:35.51	35.8%
65	6015	Shiva Gorthi (M44)	46	M40-44	9th	10.7	24:29	25:19	+50	49:47.75	16:01.7	49.78	49:58.45	28.3%
66	7359	Kimberly Loucks (F55)	19	F55-59	1st	21.1	24:46	25:20	+34	50:05.58	✓ 4 16:07.4	50.08	50:26.63	36.0%
67	6812	Mary Ann Barcellano (F42)	20	F40-44	2nd	7.5	25:28	26:57	+89	52:25.34	⌘ 16:52.4	52.42	52:32.85	29.7%
68	6005	Isaura Rodriguez (F24)	21	F20-24	1st	12.9				58:12.39	⌘ 18:44.1	58.20	58:25.34	25.4%
69	6441	Linda Welling (F61)	22	F60-64	2nd	8.2	33:34	32:10	-84	1:05:43.66	⌘ 21:09.3	65.721	05:51.84	29.8%
70	6429	Teresa Siebenlist (F39)	23	F35-39	1st	9.5	33:31	32:13	-79	1:05:43.85	⌘ 21:09.4	65.721	05:53.39	23.2%
71	7459	Donita Crowder (F56)	24	F55-59	2nd	172.2	34:15	37:23	+188	1:11:38.11	23:03.4	71.631	14:30.26	25.5%
54 Positive Split							12 Negative Split		✓ 6 Club PR's		Average Finish Time: 34:27 <u>27 First Timers</u> Average Age Grade: 48.2%			

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	4	Jaden Elgin	M7	6:26.47	79.4%	New
2	9	Kim Andres	F62	7:26.43	79.0%	
3	7	Frances McKissick	F53	6:58.48	74.3%	Move UP
4	5	Julio Lopez	M59	6:28.30	70.7%	Move UP
5	1	Cole Atchison	M21	5:20.74	69.7%	New
6	3	Matthew Parker	M49	6:07.24	68.7%	
7	17	Wally Capps	M74	8:06.47	66.1%	
8	2	Erik Worrall	M23	5:38.42	65.8%	New
9	8	James Elgin	M57	7:09.93	62.7%	
10	15	Kuay Sullivan	F49	7:52.22	62.5%	
11	10	Tom Grant	M57	7:27.77	60.2%	
12	6	Leand Celedonio	M13	6:57.95	59.9%	
13	19	Yanira Lopez	F52	8:37.10	59.3%	
14	16	Arwyn Sullivan	F11	8:04.60	58.4%	
15	18	Scott McKissick	M66	8:29.28	57.4%	
16	12	John Kramer	M53	7:46.01	56.0%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	11	Frances McKissick	F53	23:35.30	74.5%	
2	1	Cole Atchison	M21	18:15.11	71.0%	Move UP
3	3	Nate Hoppe	M16	19:19.31	70.9%	New
4	16	Wally Capps	M74	26:33.32	70.2%	
5	2	Blair Casey	M28	18:30.29	69.7%	New
6	9	Julio Lopez	M59	23:25.13	67.9%	
7	14	Kuay Sullivan	F49	25:30.17	65.5%	New
8	12	David Short	M54	23:20.49	65.3%	
9	4	Romeo Lopez	M18	20:30.83	65.0%	New
10	8	Matthew Parker	M49	22:51.32	64.0%	
11	5	Jose Ortiz	M33	20:48.17	62.7%	
12	10	Earl Atup	M51	23:44.92	62.6%	
13	26	Mark Brightenburg	M73	29:53.18	61.4%	
14	18	David Mask	M63	26:55.52	61.2%	
15	23	John Nance	M67	28:21.02	60.3%	
16	6	Sean Caskey	M24	22:07.23	58.3%	
17	7	Erik Worrall	M23	22:07.99	58.3%	
18	17	Gabriel Sapien	M55	26:46.17	57.4%	
19	13	Leand Celedonio	M13	25:19.14	57.3%	
20	20	Jaws Hansen	M55	27:50.50	55.2%	
21	15	Lee Sanchez	M47	26:12.77	54.9%	
22	34	Pauline Celedonio	F10	31:43.75	53.8%	
23	27	Ruben Reyes	M59	30:09.63	52.7%	
24	24	Jen Evangelista	M44	27:02.12	52.0%	
25	31	Nathan Bruser	M44	27:04.13	52.0%	
26	50	Jerri Hixson	F61	37:51.07	51.8%	
27	22	Drew Morris	M47	28:10.34	51.1%	
28	39	Arwyn Sullivan	F11	33:02.26	50.4%	
29	38	Peter Chan	M62	32:25.66	50.3%	
30	37	Paige Morris	F46	32:09.22	50.2%	
31	19	Allan Santos	M41	27:24.58	50.2%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level