

Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Erwin Dorland	5:34.00	Bryan Girouard	18:12.34	Ryan Loehding	19:57.02	John Nance	24:48.01
Frances McKissick	7:12.33	Emily Field	18:46.67	Frances McKissick	23:56.21	Kim Andres	25:14.01

5K MALE

		48 MALE Runners --- Average Time of 29:22				Avg. Age Grade: 54.1%		Place in			
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Bryan Girouard	Crandall, TX	(44)		18:12.34	✓	5:51.6	77.3%	1	1
MASTERS	1	Ryan Loehding	Carrollton	(42)		19:57.02	ML	6:25.3	69.5%	5	4
SENIORS	1	John Nance	Rowlett	(66)		24:48.01		7:58.9	68.3%	18	15
M10-14	1	Leand Celedeno	Fort Worth	(13)		25:47.83	ML	8:18.2	56.2%	24	19
	2	Soma Yamashita	Plano	(11)		29:24.13		9:27.8	52.0%	39	30
	3	Joseph Nguyen	Garland	(12)		49:01.06	ML	15:46.6	30.3%	66	46
M15-19	1	Logan Lewis	Bedford	(16)		19:37.75		6:19.1	69.8%	4	3
	2	Cristian Nguyen	Garland	(15)		59:07.51	ML	19:01.8	23.5%	68	47
	3	Justin Truong	Garland	(15)		59:39.41	ML	19:12.1	23.3%	69	48
M20-24	1	Derek Sims	Carrollton	(24)		26:49.59	✓	8:38.1	48.1%	31	25
M25-29	1	Chris Adams	Dallas	(29)		24:22.74		7:50.8	53.0%	17	14
M30-34	1	Spencer Peacock	Lewisville	(30)		18:41.50	ML✓	6:01.0	69.2%	2	2
	2	Manav Shah	Dallas	(30)		31:11.66		10:02.4	41.5%	44	35
M35-39	1	Kris Nance	Plano	(38)		21:18.36		6:51.5	63.1%	7	6
	2	Phillip Reeder	Coppell	(37)		35:33.16		11:26.6	37.6%	53	41
M40-44	1	David Lewis	Bedford	(43)		21:52.26	✓	7:02.4	63.8%	8	7
	2	Allan Santos	Keller	(40)		24:57.21	ML✓	8:01.9	54.7%	19	16
	3	Jen Evangelista	Irving	(43)		26:05.96		8:24.0	53.5%	26	21
	4	Leandro Celedeno III	Fort Worth	(43)		30:54.11	ML	9:56.8	45.2%	43	34
	5	Baudilio Baeza	Little Elm	(44)		31:40.72		10:11.8	44.4%	45	36
M45-49	1	Charles Land	Dallas	(49)		22:21.56	ML✓	7:11.8	65.4%	9	8
	2	Leonard Evans	Richardson	(47)		23:07.17	✓	7:26.5	62.3%	12	10
	3	Martin Garza	Coppell	(48)		23:28.42		7:33.3	61.8%	13	11
	4	David Test		(48)		23:46.97		7:39.3	61.0%	15	13
	5	Ming Chin	Coppell	(47)		33:18.18		10:43.2	43.2%	50	40
M50-54	1	Erwin Dorland	York (UK)	(51)		20:47.22	ML	6:41.4	71.5%	6	5
	2	David Short	Frisco	(54)		21:41.99	ML	6:59.1	70.2%	11	9
	3	Jeff Goodman	Hickory Creek	(52)		23:41.22	✓	7:37.4	63.3%	14	12
	4	Jeff Clement	Farmers Branch	(53)		26:18.65		8:28.1	57.4%	27	22
	5	Glenn Stockbridge	Odessa	(54)		26:41.95		8:35.6	57.1%	29	24
	6	Rob Windsor	Flower Mound	(51)		27:05.23		8:43.1	54.9%	32	26
	7	John Kramer	Plano	(53)		28:54.68	ML	9:18.3	52.3%	42	33
	8	Tomas Bern	Allen	(51)		29:20.32		9:26.6	50.7%	40	31
	9	Ken Robinson	Plano	(52)		33:16.93		10:42.8	45.0%	49	39
	10	Jay Loucks		(51)		41:05.98		13:13.7	36.2%	61	44
M55-59	1	Julio Lopez	Farmers Branch	(59)		25:10.28	ML	8:06.1	63.2%	20	17
	2	Gabriel Sapien	Carrollton	(55)		25:44.66		8:17.2	59.7%	25	20

M55-59	3	Ronald Hamilton	The Colony (55)		28:33.83		9:11.6	53.8%	37	29
	4	Phil Murch	Frisco (57)		28:36.86		9:12.6	54.6%	36	28
	5	Dennis Chupp	McKinney (57)		42:18.50		13:37.1	36.9%	63	45
M60-64	1	David Mask	Lewisville (62)		26:27.86		8:31.1	61.7%	28	23
	2	Michael Johnson	Coppell (62)		33:14.01 M		10:41.8	49.1%	48	38
	3	Mike Catt	The Colony (61)		37:55.98 M		12:12.6	42.7%	56	42
M65-69	1	Glenn Dumas	Farmers Branch (65)		25:22.50 M		8:10.0	66.1%	22	18
	2	Scott McKissick	Irving (66)		30:15.61 M		9:44.4	55.9%	41	32
	3	Scott Ahlstrom	Carrollton (66)		40:41.26		13:05.8	41.6%	59	43
M70-74	1	Bill Shirley	Dallas (71)		28:34.04 M		9:11.7	62.5%	35	27
	2	Tom Sheehan	Coppell (70)		32:42.33		10:31.6	53.9%	47	37

5K FEMALE		26 FEMALE Runners --- Average Time of 40:06				Avg. Age Grade: 46.7%			Place in		
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Emily Field	Dallas (33)			18:46.67	☐	6:02.6	79.2%	3	1
MASTERS	1	Frances McKissick	Irving (52)			23:56.21 M		7:42.3	72.5%	16	3
SENIORS	1	Kim Andres	Irving (61)			25:14.01		8:07.3	77.7%	21	4
F01-09	1	Jenny Truong	Dallas (9)			1:04:58.67 M		20:54.9	27.0%	71	23
F10-14	1	Paige Loehding	Carrollton (14)			22:23.77		7:12.5	70.2%	10	2
	2	Pauline Celedeno	Fort Worth (10)			33:57.68 M		10:55.9	50.2%	51	11
F15-19	1	Sally Truong	Dallas (16)			48:40.98 M		15:40.2	31.4%	65	20
F25-29	1	Jaclyn Hahn	Carrollton (25)			34:10.33		10:59.9	43.3%	52	12
F30-34	1	Marybelle Raza	Carrollton (34)			25:33.77		8:13.7	58.3%	23	5
	2	Tiffany Luu	Dallas (30)			39:49.31 M		12:49.0	37.2%	57	15
	3	Puja Shikhare	Dallas (31)			55:50.14		17:58.3	26.5%	67	21
F35-39	1	Marci Aguilar	Carrollton (36)			37:09.66 M		11:57.7	40.4%	55	14
	2	Lisa Jo Garcia	Coppell (39)			40:57.76		13:11.1	37.2%	60	17
	3	Alisa Le	Dallas (39)			1:04:53.72 M		20:53.3	23.5%	70	22
	4	Abigail Smith	Lewisville (35)			1:07:57.81		21:52.5	22.0%	73	25
F40-44	1	Jennifer Loehding	Carrollton (42)			26:44.49		8:36.4	58.2%	30	6
	2	Charlotte Reeves	coppell (42)			29:10.84		9:23.5	53.3%	38	9
	3	Merari Baeza	The Colony (40)			32:03.45		10:19.1	47.8%	46	10
	4	Elsa Gil	Richardson (42)			41:30.71		13:21.7	37.5%	62	18
F45-49	1	Susan Schafer	Farmers Branch (49)			40:44.83		13:06.9	41.0%	64	19
F50-54	1	Yanira Lopez	Farmers Branch (52)			27:38.44 M		8:53.8	62.8%	33	7
	2	Teresa Lewis	Lewisville (53)			35:45.51		11:30.6	49.2%	54	13
F55-59	1	Donna Stockbridge	Odessa (56)			28:10.16		9:04.0	64.9%	34	8
	2	Kimberly Loucks	Carrollton (55)			1:07:55.08		21:51.6	26.6%	72	24
	3	Donita Crowder	Dallas (55)			1:07:57.75		21:52.5	26.6%	74	26
F60-64	1	Carol Creech	Plano (64)			40:30.93		13:02.4	50.6%	58	16

FN*: ☐ Broke Age-Group Record **GD** Place among Females
 M Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Positive Split
 ▼ Negative Split

Timing provided by:  **DeltaViewTiming.com** 1/25/2015

1M MALE

		21 MALE Runners --- Average Time of 9:37					Avg. Age Grade: 49.4%			Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Erwin Dorland	York (UK)	(51)			5:34.00	<input type="checkbox"/>	5:34.0	76.8%	1	1
M01-09	1	Andrew Smith		(4)			11:24.34		11:24.3		19	15
	2	Zeus Celedeno	Fort Worth	(6)			13:55.91		13:55.9	38.6%	27	20
M10-14	1	Leand Celedeno	Fort Worth	(13)			8:10.31		8:10.3	51.0%	10	8
	2	Joseph Nguyen	Garland	(12)			13:35.43		13:35.4	31.5%	26	19
M15-19	1	Justin Truong	Garland	(15)			12:10.55		12:10.6	32.9%	22	17
	2	Cristian Nguyen	Garland	(15)			12:26.97		12:27.0	32.2%	25	18
M30-34	1	Spencer Peacock	Lewisville	(30)			8:15.97	<input checked="" type="checkbox"/>	8:16.0	45.0%	11	9
M35-39	1	Michael Smith		(39)			11:24.31		11:24.3	34.2%	18	14
M40-44	1	Ryan Loehding	Carrollton	(42)			5:45.98		5:46.0	69.1%	2	2
	2	Allan Santos	Keller	(40)			11:35.82		11:35.8	33.8%	20	16
	3	Leandro Celedeno III	Fort Worth	(43)			13:56.84		13:56.8	28.8%	28	21
M45-49	1	Charles Land	Dallas	(49)			7:56.59		7:56.6	53.0%	8	7
M50-54	1	David Short	Frisco	(54)			6:55.68		6:55.7	63.3%	3	3
	2	John Kramer	Plano	(53)			7:37.56		7:37.6	57.0%	6	5
M55-59	1	Julio Lopez	Farmers Branch	(59)			7:11.68		7:11.7	63.6%	4	4
M60-64	1	Michael Johnson	Coppell	(62)			9:16.93		9:16.9	50.6%	14	12
	2	Mike Catt	The Colony	(61)			9:31.88		9:31.9	48.8%	16	13
M65-69	1	Glenn Dumas	Farmers Branch	(65)			8:16.96		8:17.0	58.2%	12	10
	2	Scott McKissick	Irving	(66)			9:01.77		9:01.8	53.9%	13	11
M70-74	1	Bill Shirley	Dallas	(71)			7:48.04		7:48.0	65.8%	7	6

1M FEMALE

		10 FEMALE Runners --- Average Time of 11:19					Avg. Age Grade: 43.5%			Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Frances McKissick	Irving	(52)			7:12.33		7:12.3	71.0%	5	1
F01-09	1	Jenny Truong	Dallas	(9)			14:03.63		14:03.6	35.4%	29	8
F10-14	1	Pauline Celedeno	Fort Worth	(10)			10:06.50		10:06.5	47.8%	17	4
	2	Louie Santos	Keller	(12)			11:39.93		11:39.9	39.5%	21	5
F15-19	1	Sally Truong	Dallas	(16)			12:11.77		12:11.8	35.6%	24	7
F30-34	1	Tiffany Luu	Dallas	(30)			12:11.77		12:11.8	34.4%	23	6
F35-39	1	Marci Aguilar	Carrollton	(36)			9:26.33	<input checked="" type="checkbox"/>	9:26.3	45.5%	15	3
	2	Alisa Le	Dallas	(39)			14:04.45		14:04.5	31.2%	30	9
	3	Ma Lourdes Celedeno	Fort Worth	(38)			14:19.27		14:19.3	30.4%	31	10
F50-54	1	Yanira Lopez	Farmers Branch	(52)			7:57.22		7:57.2	64.3%	9	2

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6237 Erwin Dorland (M51)	1	M50-54	OA	---				5:34.00	☐ x	5:34.0	19.04	5:34.00	76.8%
2	7072 Ryan Loehding (M42)	2	M40-44	1st	---				5:45.98		5:46.0	19.67	5:45.98	69.1%
3	7061 David Short (M54)	3	M50-54	1st	---				6:55.68		6:55.7	23.66	6:55.68	63.3%
4	7193 Julio Lopez (M59)	4	M55-59	1st	---				7:11.68		7:11.7	24.58	7:11.68	63.6%
5	7062 Frances McKissick (F52)	1	F50-54	OA	---				7:12.33		7:12.3	24.63	7:12.33	71.0%
6	7261 John Kramer (M53)	5	M50-54	2nd	---				7:37.56		7:37.6	26.06	7:37.56	57.0%
7	7043 Bill Shirley (M71)	6	M70-74	1st	---				7:48.04		7:48.0	26.68	7:48.04	65.8%
8	6230 Charles Land (M49)	7	M45-49	1st	---				7:56.59		7:56.6	27.14	7:56.59	53.0%
9	7198 Yanira Lopez (F52)	2	F50-54	1st	---				7:57.22		7:57.2	27.20	7:57.22	64.3%
10	6821 Leand Celedeno (M13)	8	M10-14	1st	---				8:10.31	x	8:10.3	27.94	8:10.31	51.0%
11	6393 Spencer Peacock (M30)	9	M30-34	1st	---				8:15.97	✓ 1	8:16.0	28.22	8:15.97	45.0%
12	7014 Glenn Dumas (M65)	10	M65-69	1st	---				8:16.96		8:17.0	28.28	8:16.96	58.2%
13	7048 Scott McKissick (M66)	11	M65-69	2nd	---				9:01.77		9:01.8	30.85	9:01.77	53.9%
14	7252 Michael Johnson (M62)	12	M60-64	1st	---				9:16.93		9:16.9	31.70	9:16.93	50.6%
15	6957 Marci Aguilar (F36)	3	F35-39	1st	---				9:26.33	✓ 1	9:26.3	32.27	9:26.33	45.5%
16	7154 Mike Catt (M61)	13	M60-64	2nd	---				9:31.88		9:31.9	32.56	9:31.88	48.8%
17	6826 Pauline Celedeno (F10)	4	F10-14	1st	---				10:06.50	x	10:06.5	34.55	10:06.50	47.8%
18	6007 Michael Smith (M39)	14	M35-39	1st	---				11:24.31	x	11:24.3	39.00	11:24.31	34.2%
19	6008 Andrew Smith (M4)	15	M01-09	1st	---				11:24.34	x	11:24.3	39.00	11:24.34	
20	6005 Allan Santos (M40)	16	M40-44	2nd	---				11:35.82	x	11:35.8	39.63	11:35.82	33.8%
21	6006 Louie Santos (F12)	5	F10-14	2nd	---				11:39.93	x	11:39.9	39.86	11:39.93	39.5%
22	7491 Justin Truong (M15)	17	M15-19	1st	---				12:10.55	x	12:10.6	41.62	12:10.55	32.9%
23	7484 Tiffany Luu (F30)	6	F30-34	1st	---				12:11.77	x	12:11.8	41.68	12:11.77	34.4%
24	7486 Sally Truong (F16)	7	F15-19	1st	---				12:11.77	x	12:11.8	41.68	12:11.77	35.6%
25	7489 Cristian Nguyen (M15)	18	M15-19	2nd	---				12:26.97	x	12:27.0	42.54	12:26.97	32.2%
26	7490 Joseph Nguyen (M12)	19	M10-14	2nd	---				13:35.43	x	13:35.4	46.47	13:35.43	31.5%
27	6827 Zeus Celedeno (M6)	20	M01-09	2nd	---				13:55.91	x	13:55.9	47.61	13:55.91	38.6%
28	6817 Leandro Celedeno III (M43)	21	M40-44	3rd	---				13:56.84	x	13:56.8	47.67	13:56.84	28.8%
29	7485 Jenny Truong (F9)	8	F01-09	1st	---				14:03.63	x	14:03.6	48.07	14:03.63	35.4%
30	7488 Alisa Le (F39)	9	F35-39	2nd	---				14:04.45	x	14:04.5	48.12	14:04.45	31.2%
31	6818 Ma Lourdes Celedeno (F38)	10	F35-39	3rd	---				14:19.27	x	14:19.3	48.98	14:19.27	30.4%
✓ 2 Club PR's						Average Finish Time: 10:09 17 First Timers Average Age Grade: 47.4%								

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6809 Bryan Girouard (M44)	1	M40-44	OA	1.2				18:12.34	✓ 2	5:51.6	18.20	18:13.51	77.3%
2	6393 Spencer Peacock (M30)	2	M30-34	1st	2.0				18:41.50	ℓ ✓ 2	6:01.0	18.68	18:43.45	69.2%
3	6004 Emily Field (F33)	1	F30-34	OA	0.6				18:46.67	☐ x	6:02.6	18.77	18:47.26	79.2%
4	7298 Logan Lewis (M16)	3	M15-19	1st	5.0				19:37.75		6:19.1	19.62	19:42.80	69.8%
5	7072 Ryan Loehding (M42)	4	M40-44	MS	1.1				19:57.02	ℓ	6:25.3	19.95	19:58.09	69.5%
6	6237 Erwin Dorland (M51)	5	M50-54	1st	0.5				20:47.22	ℓ x	6:41.4	20.78	20:47.68	71.5%
7	7276 Kris Nance (M38)	6	M35-39	1st	3.3				21:18.36		6:51.5	21.30	21:21.71	63.1%
8	7299 David Lewis (M43)	7	M40-44	1st	4.6				21:52.26	✓ 8	7:02.4	21.87	21:56.90	63.8%
9	6230 Charles Land (M49)	8	M45-49	1st	2.5				22:21.56	ℓ ✓ 1	7:11.8	22.35	22:24.05	65.4%
10	6628 Paige Loehding (F14)	2	F10-14	1st	4.0				22:23.77		7:12.5	22.38	22:27.75	70.2%
11	7061 David Short (M54)	9	M50-54	2nd	46.6				21:41.99	ℓ	6:59.1	21.68	22:28.59	70.2%
12	6493 Leonard Evans (M47)	10	M45-49	2nd	0.5				23:07.17	✓ 3	7:26.5	23.12	23:07.62	62.3%
13	6611 Martin Garza (M48)	11	M45-49	3rd	7.3				23:28.42		7:33.3	23.47	23:35.77	61.8%
14	6226 Jeff Goodman (M52)	12	M50-54	3rd	3.2				23:41.22	✓ 1	7:37.4	23.68	23:44.38	63.3%
15	6001 David Test (M48)	13	M45-49	4th	8.9				23:46.97	x	7:39.3	23.77	23:55.89	61.0%

16	7062	Frances McKissick (F52)	3	F50-54	MS	6.9	23:56.21	ℓ	7:42.3	23.93	24:03.08	72.5%
17	6240	Chris Adams (M29)	14	M25-29	1st	3.8	24:22.74	×	7:50.8	24.37	24:26.55	53.0%
18	7089	John Nance (M66)	15	M65-69	SR	2.2	24:48.01		7:58.9	24.80	24:50.25	68.3%
19	6005	Allan Santos (M40)	16	M40-44	2nd	2.8	24:57.21	ℓ ✓ 1	8:01.9	24.95	25:00.00	54.7%
20	7193	Julio Lopez (M59)	17	M55-59	1st	2.5	25:10.28	ℓ	8:06.1	25.17	25:12.75	63.2%
21	7040	Kim Andres (F61)	4	F60-64	SR	---	25:14.01		8:07.3	25.23	25:14.01	77.7%
22	7014	Glenn Dumas (M65)	18	M65-69	1st	11.6	25:22.50	ℓ	8:10.0	25.37	25:34.08	66.1%
23	7480	Marybelle Raza (F34)	5	F30-34	1st	1.8	25:33.77		8:13.7	25.55	25:35.56	58.3%
24	6821	Leand Celedeno (M13)	19	M10-14	1st	3.7	25:47.83	ℓ ×	8:18.2	25.78	25:51.58	56.2%
25	7015	Gabriel Sapien (M55)	20	M55-59	2nd	8.7	25:44.66		8:17.2	25.73	25:53.39	59.7%
26	7343	Jen Evangelista (M43)	21	M40-44	3rd	18.2	26:05.96	×	8:24.0	26.08	26:24.13	53.5%
27	6804	Jeff Clement (M53)	22	M50-54	4th	8.2	26:18.65	×	8:28.1	26.30	26:26.81	57.4%
28	7008	David Mask (M62)	23	M60-64	1st	4.4	26:27.86		8:31.1	26.45	26:32.26	61.7%
29	6815	Glenn Stockbridge (M54)	24	M50-54	5th	8.0	26:41.95	×	8:35.6	26.68	26:49.97	57.1%
30	6625	Jennifer Loehding (F42)	6	F40-44	1st	8.0	26:44.49		8:36.4	26.73	26:52.45	58.2%
31	6814	Derek Sims (M24)	25	M20-24	1st	4.8	26:49.59	✓ 2	8:38.1	26.82	26:54.35	48.1%
32	6312	Rob Windsor (M51)	26	M50-54	6th	10.6	27:05.23		8:43.1	27.08	27:15.80	54.9%
33	7198	Yanira Lopez (F52)	7	F50-54	1st	7.0	27:38.44	ℓ	8:53.8	27.63	27:45.47	62.8%
34	6816	Donna Stockbridge (F56)	8	F55-59	1st	9.1	28:10.16	×	9:04.0	28.17	28:19.25	64.9%
35	7043	Bill Shirley (M71)	27	M70-74	1st	6.9	28:34.04	ℓ	9:11.7	28.57	28:40.96	62.5%
36	7157	Phil Murch (M57)	28	M55-59	4th	5.3	28:36.86		9:12.6	28.60	28:42.12	54.6%
37	7020	Ronald Hamilton (M55)	29	M55-59	3rd	13.7	28:33.83		9:11.6	28.55	28:47.55	53.8%
38	6758	Charlotte Reeves (F42)	9	F40-44	2nd	7.5	29:10.84	×	9:23.5	29.17	29:18.36	53.3%
39	6228	Soma Yamashita (M11)	30	M10-14	2nd	2.3	29:24.13		9:27.8	29.40	29:26.47	52.0%
40	7563	Tomas Bern (M51)	31	M50-54	8th	8.8	29:20.32		9:26.6	29.33	29:29.08	50.7%
41	7048	Scott McKissick (M66)	32	M65-69	2nd	12.1	30:15.61	ℓ	9:44.4	30.25	30:27.70	55.9%
42	7261	John Kramer (M53)	33	M50-54	7th	104.1	28:54.68	ℓ	9:18.3	28.90	30:38.78	52.3%
43	6817	Leandro Celedeno III (M43)	34	M40-44	4th	3.0	30:54.11	ℓ ×	9:56.8	30.90	30:57.06	45.2%
44	6225	Manav Shah (M30)	35	M30-34	2nd	3.6	31:11.66	×	10:02.4	31.18	31:15.23	41.5%
45	6248	Baudilio Baeza (M44)	36	M40-44	5th	6.0	31:40.72	×	10:11.8	31.67	31:46.71	44.4%
46	7111	Merari Baeza (F40)	10	F40-44	3rd	7.0	32:03.45		10:19.1	32.05	32:10.44	47.8%
47	7444	Tom Sheehan (M70)	37	M70-74	2nd	9.6	32:42.33		10:31.6	32.70	32:51.91	53.9%
48	7252	Michael Johnson (M62)	38	M60-64	2nd	11.7	33:14.01	ℓ	10:41.8	33.23	33:25.68	49.1%
49	7077	Ken Robinson (M52)	39	M50-54	9th	9.8	33:16.93		10:42.8	33.27	33:26.70	45.0%
50	6876	Ming Chin (M47)	40	M45-49	5th	14.6	33:18.18		10:43.2	33.30	33:32.79	43.2%
51	6826	Pauline Celedeno (F10)	11	F10-14	2nd	1.8	33:57.68	ℓ ×	10:55.9	33.95	33:59.48	50.2%
52	7025	Jaclyn Hahn (F25)	12	F25-29	1st	2.5	34:10.33	×	10:59.9	34.17	34:12.83	43.3%
53	7437	Phillip Reeder (M37)	41	M35-39	2nd	18.1	35:33.16	×	11:26.6	35.55	35:51.25	37.6%
54	7461	Teresa Lewis (F53)	13	F50-54	2nd	16.9	35:45.51		11:30.6	35.75	36:02.39	49.2%
55	6957	Marci Aguilar (F36)	14	F35-39	1st	13.4	37:09.66	ℓ	11:57.7	37.15	37:23.08	40.4%
56	7154	Mike Catt (M61)	42	M60-64	3rd	12.0	37:55.98	ℓ	12:12.6	37.92	38:07.94	42.7%
57	7484	Tiffany Luu (F30)	15	F30-34	2nd	4.0	39:49.31	ℓ ×	12:49.0	39.82	39:53.31	37.2%
58	7024	Carol Creech (F64)	16	F60-64	1st	6.7	40:30.93		13:02.4	40.50	40:37.66	50.6%
59	7148	Scott Ahlstrom (M66)	43	M65-69	3rd	11.4	40:41.26		13:05.8	40.68	40:52.63	41.6%
60	6250	Lisa Jo Garcia (F39)	17	F35-39	2nd	4.2	40:57.76	×	13:11.1	40.95	41:01.91	37.2%
61	6003	Jay Loucks (M51)	44	M50-54	10th	15.9	41:05.98	×	13:13.7	41.08	41:21.87	36.2%
62	6436	Elsa Gil (F42)	18	F40-44	4th	22.1	41:30.71		13:21.7	41.50	41:52.77	37.5%
63	6009	Dennis Chupp (M57)	45	M55-59	5th	7.4	42:18.50		13:37.1	42.30	42:25.85	36.9%
64	7065	Susan Schafer (F49)	19	F45-49	1st	209.9	40:44.83		13:06.9	40.73	44:14.71	41.0%
65	7486	Sally Truong (F16)	20	F15-19	1st	4.4	48:40.98	ℓ ×	15:40.2	48.67	48:45.40	31.4%

FN*: Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

1/25/2015

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

 DeltaViewTiming.com

66	7490	Joseph Nguyen (M12)	46	M10-14	3rd	5.1		49:01.06	⌚	15:46.6	49.02	49:06.15	30.3%
67	6011	Puja Shikhare (F31)	21	F30-34	3rd	4.0		55:50.14	⌚	17:58.3	55.83	55:54.11	26.5%
68	7489	Cristian Nguyen (M15)	47	M15-19	2nd	6.4		59:07.51	⌚	19:01.8	59.12	59:13.93	23.5%
69	7491	Justin Truong (M15)	48	M15-19	3rd	4.9		59:39.41	⌚	19:12.1	59.65	59:44.32	23.3%
70	7488	Alisa Le (F39)	22	F35-39	3rd	7.6		1:04:53.72	⌚	20:53.3	64.88	1:05:01.28	23.5%
71	7485	Jenny Truong (F9)	23	F01-09	1st	4.8		1:04:58.67	⌚	20:54.9	64.97	1:05:03.45	27.0%
72	6238	Kimberly Loucks (F55)	24	F55-59	2nd	17.6		1:07:55.08	⌚	21:51.6	67.92	1:08:12.72	26.6%
73	6239	Abigail Smith (F35)	25	F35-39	4th	19.2		1:07:57.81	⌚	21:52.5	67.95	1:08:16.96	22.0%
74	6782	Donita Crowder (F55)	26	F55-59	3rd	21.3		1:07:57.75	⌚	21:52.5	67.95	1:08:19.05	26.6%
✓ 8 Club PR's							Average Finish Time: 33:08 <i>29 First Timers</i>			Average Age Grade: 51.5%			

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Erwin Dorland	M51	5:34.00	76.8%	New
2	5	Frances McKissick	F52	7:12.33	71.0%	
3	2	Ryan Loehding	M42	5:45.98	69.1%	
4	7	Bill Shirley	M71	7:48.04	65.8%	
5	9	Yanira Lopez	F52	7:57.22	64.3%	
6	4	Julio Lopez	M59	7:11.68	63.6%	
7	3	David Short	M54	6:55.68	63.3%	
8	12	Glenn Dumas	M65	8:16.96	58.2%	
9	6	John Kramer	M53	7:37.56	57.0%	
10	13	Scott McKissick	M66	9:01.77	53.9%	
11	8	Charles Land	M49	7:56.59	53.0%	
12	10	Leand Celedeno	M13	8:10.31	51.0%	
13	14	Michael Johnson	M62	9:16.93	50.6%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	3	Emily Field	F33	18:46.67	79.2%	New
2	21	Kim Andres	F61	25:14.01	77.7%	
3	1	Bryan Girouard	M44	18:12.34	77.3%	Move UP
4	16	Frances McKissick	F52	23:56.21	72.5%	
5	6	Erwin Dorland	M51	20:47.22	71.5%	New
6	11	David Short	M54	21:41.99	70.2%	
7	10	Paige Loehding	F14	22:23.77	70.2%	
8	4	Logan Lewis	M16	19:37.75	69.8%	
9	5	Ryan Loehding	M42	19:57.02	69.5%	
10	2	Spencer Peacock	M30	18:41.50	69.2%	Move UP
11	18	John Nance	M66	24:48.01	68.3%	
12	22	Glenn Dumas	M65	25:22.50	66.1%	
13	9	Charles Land	M49	22:21.56	65.4%	New
14	34	Donna Stockbridge	F56	28:10.16	64.9%	
15	8	David Lewis	M43	21:52.26	63.8%	
16	14	Jeff Goodman	M52	23:41.22	63.3%	
17	20	Julio Lopez	M59	25:10.28	63.2%	
18	7	Kris Nance	M38	21:18.36	63.1%	
19	33	Yanira Lopez	F52	27:38.44	62.8%	
20	35	Bill Shirley	M71	28:34.04	62.5%	
21	12	Leonard Evans	M47	23:07.17	62.3%	
22	13	Martin Garza	M48	23:28.42	61.8%	
23	28	David Mask	M62	26:27.86	61.7%	
24	15	David Test	M48	23:46.97	61.0%	
25	25	Gabriel Sapien	M55	25:44.66	59.7%	
26	23	Marybelle Raza	F34	25:33.77	58.3%	
27	30	Jennifer Loehding	F42	26:44.49	58.2%	
28	27	Jeff Clement	M53	26:18.65	57.4%	
29	29	Glenn Stockbridge	M54	26:41.95	57.1%	
30	24	Leand Celedeno	M13	25:47.83	56.2%	
31	41	Scott McKissick	M66	30:15.61	55.9%	
32	32	Rob Windsor	M51	27:05.23	54.9%	
33	19	Allan Santos	M40	24:57.21	54.7%	
34	36	Phil Murch	M57	28:36.86	54.6%	
35	47	Tom Sheehan	M70	32:42.33	53.9%	
36	37	Ronald Hamilton	M55	28:33.83	53.8%	
37	26	Jen Evangelista	M43	26:05.96	53.5%	
38	38	Charlotte Reeves	F42	29:10.84	53.3%	
39	17	Chris Adams	M29	24:22.74	53.0%	
40	42	John Kramer	M53	28:54.68	52.3%	
41	39	Soma Yamashita	M11	29:24.13	52.0%	
42	40	Tomas Bern	M51	29:20.32	50.7%	
43	58	Carol Creech	F64	40:30.93	50.6%	
44	51	Pauline Celedeno	F10	33:57.68	50.2%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level