

Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Ryan Loehding	5:50.44	Preston Adger	20:27.16	David Short	22:00.77	Harri Niinisto	23:20.18
Kim Andres	7:52.04	Paige Loehding	22:32.07	Jennifer Loehding	25:26.66	Kim Andres	26:21.35

5K MALE

		38 MALE Runners --- Average Time of 29:58				Avg. Age Grade: 52.7%		Place in			
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Preston Adger	Frisco	(20)		20:27.16		6:35.0	63.8%	1	1
MASTERS	1	David Short	Frisco	(54)	11:02	22:00.77 \mathcal{M}		7:05.1	69.2%	5	4
SENIORS	1	Harri Niinisto	Paimio, Finland	(58)		23:20.18		7:30.7	67.5%	6	5
M01-09	1	Dillon Odum	Frisco	(9)	22:38	48:09.43 $+174$		15:30.0	34.0%	51	36
	2	Trevor Odum	Frisco	(9)	22:49	48:18.32 $+160$		15:32.9	33.9%	52	37
M10-14	1	Soma Yamashita	Plano	(11)		25:56.97 \checkmark		8:21.1	58.9%	17	13
	2	Emil Aaltonen	Coppell	(14)	13:34	25:58.41 \mathcal{M} -70		8:21.6	54.6%	18	14
M15-19	1	Ben Hodson	Highland Village	(19)	12:01	24:56.31 $+55$		8:01.6	52.8%	9	8
M20-24	1	Derek Sims	Carrollton	(24)	12:20	25:22.08 \checkmark $+41$		8:09.9	50.9%	13	12
M25-29	1	Dillon Chen	Dallas	(29)	10:45	21:54.96 \checkmark $+26$		7:03.2	58.9%	3	3
M30-34	1	Manav Shah	Dallas	(30)	13:49	30:05.44 \checkmark $+147$		9:41.1	43.0%	32	25
	2	Jason Hull	Arlington	(34)	18:45	38:58.20 $+88$		12:32.6	33.6%	42	33
M35-39	1	Kris Nance	Plano	(38)	11:06	21:28.49 \mathcal{M} -43		6:54.7	62.6%	2	2
	2	Zak Sakoglu	Dallas	(36)	13:47	28:33.29 \mathcal{M} $+58$		9:11.5	46.4%	28	21
M40-44	1	Ronaldo Mateo	Euless	(43)	12:08	25:10.41 $+55$		8:06.2	55.5%	10	9
	2	Jen Evangelista	Irving	(43)	12:43	26:06.10 $+40$		8:24.1	53.5%	19	15
	3	Kim Aaltonen	Coppell	(41)	13:36	26:08.12 \mathcal{M} -64		8:24.7	52.6%	20	16
	4	Tomoyuki Yamashita	Plano	(41)		27:47.65		8:56.8	49.5%	26	19
	5	Michael Rumery	Plano	(41)	14:11	29:54.28 $+92$		9:37.5	46.0%	33	26
	6	Alvin Paulino	Coppell	(41)	16:04	37:07.08 $+299$		11:56.8	37.1%	41	32
M45-49	1	Charles Land	Dallas	(49)	12:01	23:32.07 \mathcal{M} -31		7:34.5	62.2%	7	6
M50-54	1	Rob Windsor	Flower Mound	(51)	13:49	27:53.91 $+16$		8:58.8	53.3%	27	20
	2	John Kramer	Plano	(53)	14:40	28:47.41 \mathcal{M} -32		9:16.0	52.5%	36	29
	3	Ken Robinson	Plano	(52)	15:19	31:51.86 $+75$		10:15.4	47.0%	37	30
	4	Brian Mega		(53)	26:54	58:41.54 $+294$		18:53.5	25.7%	54	38
M55-59	1	Julio Lopez	Farmers Branch	(59)	11:58	23:36.15 \mathcal{M} -20		7:35.8	67.4%	8	7
	2	Gabriel Sapien	Carrollton	(55)	14:34	28:39.10 -30		9:13.3	53.6%	29	22
	3	David Maldonado	Houston	(56)	14:43	29:07.45 \mathcal{M} -18		9:22.5	53.2%	30	23
	4	Ronald Hamilton	The Colony	(55)	15:16	29:48.16 -45		9:35.6	51.6%	31	24
	5	Ruben Reyes	Carrollton	(59)	15:31	30:43.26 -18		9:53.3	51.8%	35	28
	6	Steven Johnson	Farmers Branch	(56)	18:33	39:10.33 $+125$		12:36.5	39.6%	43	34
M60-64	1	James Johnson	Dallas	(62)	12:53	25:51.35 $+4$		8:19.3	63.1%	21	17
	2	David Mask	Lewisville	(62)	13:17	27:15.85 $+41$		8:46.5	59.9%	24	18
M65-69	1	Glenn Dumas	Farmers Branch	(65)	12:33	25:07.12 \mathcal{M} $+2$		8:05.1	66.8%	12	11
	2	John Nance	Rowlett	(66)	12:37	25:17.96 $+4$		8:08.6	66.9%	11	10
	3	Scott McKissick	Irving	(66)	15:26	30:15.63 \mathcal{M} -37		9:44.4	55.9%	34	27
	4	Scott Ahlstrom	Carrollton	(66)	21:10	41:18.65 -62		13:17.8	41.0%	48	35

M80-99 1 Charles Key Dallas (83) 16:47 +36 34:09.67 ✓ 10:59.7 66.7% 40 31

5K FEMALE

16 FEMALE Runners --- Average Time of **34:02** Avg. Age Grade: **50.9%**

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	Place in OA	GD
OVERALL	1 Paige Loehding	Carrollton	(14)	11:14	+5	22:32.07		7:15.2	69.7%	4	1
MASTERS	1 Jennifer Loehding	Carrollton	(42)	12:48	-9	25:26.66	✓	8:11.4	61.1%	14	2
SENIORS	1 Kim Andres	Irving	(62)	13:07	+7	26:21.35	⌚	8:29.0	75.5%	22	5
F10-14	1 Dominique De Los Santos	Little Elm	(13)	13:15	+69	27:38.28		8:53.8	57.8%	25	7
F30-34	1 Marybelle Raza	Carrollton	(34)	12:34	+28	25:35.69		8:14.3	58.2%	15	3
	2 Puja Shikhare	Dallas	(31)			42:06.04	✓	13:33.1	35.2%	49	14
F35-39	1 Lisa Jo Garcia	Coppell	(39)	19:20	+75	39:55.33	✓	12:51.0	38.2%	44	10
	2 Abigail Smith	Lewisville	(35)			47:01.87	✓	15:08.3	31.8%	50	15
	3 Kimberly Odum	Frisco	(38)	22:49	+162	48:20.93		15:33.7	31.3%	53	16
F40-44	1 Scymentress Williams	Arlington	(44)	13:15	-24	26:05.19	✓	8:23.8	60.6%	23	6
	2 Merari Baeza	The Colony	(40)	16:10	+85	33:45.73		10:52.0	45.4%	39	9
	3 Elsa Gil	Richardson	(42)	20:23	-10	40:36.09		13:04.1	38.3%	46	12
F45-49	1 Karen Wales	Carrollton	(45)	20:09	+31	40:49.30		13:08.4	39.1%	47	13
F50-54	1 Virpi Pihlaja-Niinisto	Paimio, Finland	(53)	13:04	-16	25:51.60	✓	8:19.4	68.0%	16	4
	2 Yanira Lopez	Farmers Branch	(52)	16:10	-1	32:19.52	⌚	10:24.3	53.7%	38	8
F60-64	1 Carol Creech	Plano	(64)	19:54	+19	40:06.84		12:54.7	51.1%	45	11

1M MALE

		15 MALE Runners --- Average Time of 8:05					Avg. Age Grade: 55.1%			Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Ryan Loehding	Carrollton	(42)			5:50.44		5:50.4	68.2%	1	1
M01-09	1	Axel Aaltonen	Coppell	(8)			9:01.36		9:01.4	54.3%	13	11
	2	Ethan Juarez		(8)			9:06.63		9:06.6	53.7%	15	13
M10-14	1	Emil Aaltonen	Coppell	(14)			6:48.59	✓	6:48.6	59.9%	4	4
M35-39	1	Kris Nance	Plano	(38)			6:12.13		6:12.1	62.4%	2	2
	2	Zak Sakoglu	Dallas	(36)			7:46.81		7:46.8	49.0%	8	8
M40-44	1	Kim Aaltonen	Coppell	(41)			6:30.78	✓	6:30.8	60.7%	3	3
	2	Jose Juarez		(44)			9:05.53		9:05.5	44.5%	14	12
M45-49	1	Charles Land	Dallas	(49)			7:44.54		7:44.5	54.3%	7	7
M50-54	1	John Kramer	Plano	(53)			7:39.02		7:39.0	56.8%	6	6
	2	David Short	Frisco	(54)			11:44.76		11:44.8	37.3%	17	15
M55-59	1	Julio Lopez	Farmers Branch	(59)			7:05.10		7:05.1	64.5%	5	5
	2	David Maldonado		(56)			9:55.28		9:55.3	44.9%	16	14
M65-69	1	Glenn Dumas	Farmers Branch	(65)			8:12.24		8:12.2	58.8%	10	9
	2	Scott McKissick	Irving	(66)			8:28.22		8:28.2	57.5%	12	10

1M FEMALE

		4 FEMALE Runners --- Average Time of 11:53					Avg. Age Grade: 48.4%			Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Kim Andres	Irving	(62)			7:52.04		7:52.0	74.7%	9	1
F20-24	1	Alexandria Whitton	Lewisville	(23)			17:10.80		17:10.8	24.4%	19	4
F45-49	1	Angela Whitton	Carrollton	(46)			14:04.40		14:04.4	33.7%	18	3
F50-54	1	Yanira Lopez	Farmers Branch	(52)			8:23.86		8:23.9	60.9%	11	2

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7072 Ryan Loehding (M42)	1	M40-44	OA	---				5:50.44		5:50.4	19.96	5:50.44	68.2%
2	7276 Kris Nance (M38)	2	M35-39	1st	---				6:12.13		6:12.1	21.21	6:12.13	62.4%
3	7303 Kim Aaltonen (M41)	3	M40-44	1st	---				6:30.78	✓ 1	6:30.8	22.24	6:30.78	60.7%
4	7300 Emil Aaltonen (M14)	4	M10-14	1st	---				6:48.59	✓ 2	6:48.6	23.26	6:48.59	59.9%
5	7193 Julio Lopez (M59)	5	M55-59	1st	---				7:05.10		7:05.1	24.23	7:05.10	64.5%
6	7261 John Kramer (M53)	6	M50-54	1st	---				7:39.02		7:39.0	26.17	7:39.02	56.8%
7	6230 Charles Land (M49)	7	M45-49	1st	---				7:44.54		7:44.5	26.46	7:44.54	54.3%
8	6239 Zak Sakoglu (M36)	8	M35-39	2nd	---				7:46.81	✗	7:46.8	26.57	7:46.81	49.0%
9	7040 Kim Andres (F62)	1	F60-64	OA	---				7:52.04		7:52.0	26.91	7:52.04	74.7%
10	7014 Glenn Dumas (M65)	9	M65-69	1st	---				8:12.24		8:12.2	28.05	8:12.24	58.8%
11	7198 Yanira Lopez (F52)	2	F50-54	1st	---				8:23.86		8:23.9	28.68	8:23.86	60.9%
12	7048 Scott McKissick (M66)	10	M65-69	2nd	---				8:28.22		8:28.2	28.97	8:28.22	57.5%
13	7306 Axel Aaltonen (M8)	11	M01-09	1st	---				9:01.36		9:01.4	30.85	9:01.36	54.3%
14	6002 Jose Juarez (M44)	12	M40-44	2nd	---				9:05.53	✗	9:05.5	31.08	9:05.53	44.5%
15	6001 Ethan Juarez (M8)	13	M01-09	2nd	---				9:06.63	✗	9:06.6	31.13	9:06.63	53.7%
16	6004 David Maldonado (M56)	14	M55-59	2nd	---				9:55.28		9:55.3	33.93	9:55.28	44.9%
17	7061 David Short (M54)	15	M50-54	2nd	---				11:44.76		11:44.8	40.14	11:44.76	37.3%
18	6260 Angela Whitton (F46)	3	F45-49	1st	---				14:04.40	✗	14:04.4	48.12	14:04.40	33.7%
19	6262 Alexandria Whitton (F23)	4	F20-24	1st	---				17:10.80	✗	17:10.8	58.73	17:10.80	24.4%

✓ 2 Club PR's

Average Finish Time: 08:52 5 First Timers

Average Age Grade: 53.7%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6838 Preston Adger (M20)	1	M20-24	OA	1.6				20:27.16	✗	6:35.0	20.45	20:28.74	63.8%
2	7276 Kris Nance (M38)	2	M35-39	1st	---	11:06	10:23	-43	21:28.49	ℓ	6:54.7	21.47	21:28.49	62.6%
3	6685 Dillon Chen (M29)	3	M25-29	1st	---	10:45	11:10	+26	21:54.96	✓ 1	7:03.2	21.90	21:54.96	58.9%
4	7473 Paige Loehding (F14)	1	F10-14	OA	4.0	11:14	11:18	+5	22:32.07		7:15.2	22.53	22:36.04	69.7%
5	7061 David Short (M54)	4	M50-54	MS	66.7	11:02	10:59	-3	22:00.77	ℓ	7:05.1	22.00	23:07.46	69.2%
6	6677 Harri Niinisto (M58)	5	M55-59	SR	---				23:20.18		7:30.7	23.33	23:20.18	67.5%
7	6230 Charles Land (M49)	6	M45-49	1st	2.0	12:01	11:31	-31	23:32.07	ℓ	7:34.5	23.53	23:34.10	62.2%
8	7193 Julio Lopez (M59)	7	M55-59	1st	2.4	11:58	11:38	-20	23:36.15	ℓ	7:35.8	23.60	23:38.59	67.4%
9	6005 Ben Hodson (M19)	8	M15-19	1st	1.4	12:01	12:56	+55	24:56.31	✗	8:01.6	24.93	24:57.72	52.8%
10	7443 Ronaldo Mateo (M43)	9	M40-44	1st	---	12:08	13:03	+55	25:10.41	✗	8:06.2	25.17	25:10.41	55.5%
11	7089 John Nance (M66)	10	M65-69	2nd	1.4	12:37	12:41	+4	25:17.96		8:08.6	25.28	25:19.41	66.9%
12	7014 Glenn Dumas (M65)	11	M65-69	1st	17.8	12:33	12:35	+2	25:07.12	ℓ	8:05.1	25.12	25:24.96	66.8%
13	6814 Derek Sims (M24)	12	M20-24	1st	5.3	12:20	13:02	+41	25:22.08	✓ 3	8:09.9	25.37	25:27.38	50.9%
14	7472 Jennifer Loehding (F42)	2	F40-44	MS	4.7	12:48	12:39	-9	25:26.66	✓ 13	8:11.4	25.43	25:31.31	61.1%
15	7480 Marybelle Raza (F34)	3	F30-34	1st	0.1	12:34	13:02	+28	25:35.69		8:14.3	25.58	25:35.83	58.2%
16	6003 Virpi Pihlaja-Niinisto (F53)	4	F50-54	1st	1.0	13:04	12:48	-16	25:51.60	✓ 3	8:19.4	25.85	25:52.62	68.0%
17	7574 Soma Yamashita (M11)	13	M10-14	1st	5.0				25:56.97	✓ 2	8:21.1	25.93	26:01.93	58.9%
18	7300 Emil Aaltonen (M14)	14	M10-14	2nd	4.5	13:34	12:24	-70	25:58.41	ℓ	8:21.6	25.97	26:02.88	54.6%
19	7343 Jen Evangelista (M43)	15	M40-44	2nd	1.6	12:43	13:23	+40	26:06.10		8:24.1	26.10	26:07.68	53.5%
20	7303 Kim Aaltonen (M41)	16	M40-44	3rd	3.4	13:36	12:32	-64	26:08.12	ℓ	8:24.7	26.13	26:11.57	52.6%
21	7191 James Johnson (M62)	17	M60-64	1st	33.4	12:53	12:58	+4	25:51.35		8:19.3	25.85	26:24.80	63.1%
22	7040 Kim Andres (F62)	5	F60-64	SR	5.9	13:07	13:14	+7	26:21.35	ℓ	8:29.0	26.35	26:27.28	75.5%
23	7769 Scymentress Williams (F44)	6	F40-44	1st	26.0	13:15	12:51	-24	26:05.19	✓ 12	8:23.8	26.08	26:31.20	60.6%
24	7008 David Mask (M62)	18	M60-64	2nd	20.7	13:17	13:59	+41	27:15.85		8:46.5	27.25	27:36.51	59.9%
25	6247 Dominique De Los Santos (F1)	7	F10-14	1st	3.9	13:15	14:23	+69	27:38.28		8:53.8	27.63	27:42.14	57.8%
26	7573 Tomoyuki Yamashita (M41)	19	M40-44	4th	6.7				27:47.65		8:56.8	27.78	27:54.30	49.5%
27	7451 Rob Windsor (M51)	20	M50-54	1st	10.0	13:49	14:05	+16	27:53.91		8:58.8	27.88	28:03.88	53.3%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

2/22/2015

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

28	6239	Zak Sakoglu (M36)	21	M35-39	2nd	---	13:47	14:46	+58	28:33.29	ℓ	⊗	9:11.5	28.55	28:33.29	46.4%
29	7015	Gabriel Sapien (M55)	22	M55-59	2nd	8.7	14:34	14:05	-30	28:39.10			9:13.3	28.65	28:47.84	53.6%
30	6004	David Maldonado (M56)	23	M55-59	3rd	5.4	14:43	14:25	-18	29:07.45	ℓ		9:22.5	29.12	29:12.90	53.2%
31	7020	Ronald Hamilton (M55)	24	M55-59	4th	9.4	15:16	14:32	-45	29:48.16			9:35.6	29.80	29:57.61	51.6%
32	6225	Manav Shah (M30)	25	M30-34	1st	---	13:49	16:16	+147	30:05.44	✓	1	9:41.1	30.08	30:05.44	43.0%
33	7038	Michael Rumery (M41)	26	M40-44	5th	25.5	14:11	15:43	+92	29:54.28			9:37.5	29.90	30:19.81	46.0%
34	7048	Scott McKissick (M66)	27	M65-69	3rd	5.8	15:26	14:49	-37	30:15.63	ℓ		9:44.4	30.25	30:21.42	55.9%
35	7283	Ruben Reyes (M59)	28	M55-59	5th	2.9	15:31	15:13	-18	30:43.26			9:53.3	30.72	30:46.19	51.8%
36	7261	John Kramer (M53)	29	M50-54	2nd	150.5	14:40	14:07	-32	28:47.41	ℓ		9:16.0	28.78	31:17.90	52.5%
37	7077	Ken Robinson (M52)	30	M50-54	3rd	2.3	15:19	16:33	+75	31:51.86			10:15.4	31.85	31:54.12	47.0%
38	7198	Yanira Lopez (F52)	8	F50-54	2nd	3.8	16:10	16:10	-1	32:19.52	ℓ		10:24.3	32.32	32:23.33	53.7%
39	7111	Merari Baeza (F40)	9	F40-44	2nd	4.1	16:10	17:36	+85	33:45.73			10:52.0	33.75	33:49.88	45.4%
40	6991	Charles Key (M83)	31	M80-99	1st	---	16:47	17:23	+36	34:09.67	✓	3	10:59.7	34.15	34:09.67	66.7%
41	6258	Alvin Paulino (M41)	32	M40-44	6th	5.4	16:04	21:03	+299	37:07.08		⊗	11:56.8	37.12	37:12.45	37.1%
42	6436	Jason Hull (M34)	33	M30-34	2nd	7.5	18:45	20:13	+88	38:58.20		⊗	12:32.6	38.97	39:05.67	33.6%
43	6998	Steven Johnson (M56)	34	M55-59	6th	22.1	18:33	20:38	+125	39:10.33			12:36.5	39.17	39:32.38	39.6%
44	6250	Lisa Jo Garcia (F39)	10	F35-39	1st	1.6	19:20	20:35	+75	39:55.33	✓	1	12:51.0	39.92	39:56.92	38.2%
45	7024	Carol Creech (F64)	11	F60-64	1st	2.6	19:54	20:13	+19	40:06.84			12:54.7	40.10	40:09.40	51.1%
46	7372	Elsa Gil (F42)	12	F40-44	3rd	8.4	20:23	20:13	-10	40:36.09			13:04.1	40.60	40:44.50	38.3%
47	7569	Karen Wales (F45)	13	F45-49	1st	10.3	20:09	20:40	+31	40:49.30			13:08.4	40.82	40:59.55	39.1%
48	7148	Scott Ahlstrom (M66)	35	M65-69	4th	8.1	21:10	20:08	-62	41:18.65			13:17.8	41.30	41:26.77	41.0%
49	6256	Puja Shikhare (F31)	14	F30-34	2nd	8.2				42:06.04	✓	1	13:33.1	42.10	42:14.22	35.2%
50	7179	Abigail Smith (F35)	15	F35-39	2nd	7.2				47:01.87	✓	1	15:08.3	47.02	47:09.11	31.8%
51	6859	Dillon Odum (M9)	36	M01-09	1st	6.7	22:38	25:32	+174	48:09.43		⊗	15:30.0	48.15	48:16.09	34.0%
52	6858	Trevor Odum (M9)	37	M01-09	2nd	6.3	22:49	25:29	+160	48:18.32		⊗	15:32.9	48.30	48:24.63	33.9%
53	6857	Kimberly Odum (F38)	16	F35-39	3rd	4.7	22:49	25:32	+162	48:20.93		⊗	15:33.7	48.33	48:25.65	31.3%
54	6006	Brian Mega (M53)	38	M50-54	4th	22.7	26:54	31:48	+294	58:41.54			18:53.5	58.68	59:04.26	25.7%
30 Positive Split 18 Negative Split ✓ 11 Club PR's										Average Finish Time: 31:10 <i>9 First Timers</i> Average Age Grade: 52.2%						

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	9	Kim Andres	F62	7:52.04	74.7%	
2	1	Ryan Loehding	M42	5:50.44	68.2%	
3	5	Julio Lopez	M59	7:05.10	64.5%	
4	2	Kris Nance	M38	6:12.13	62.4%	
5	11	Yanira Lopez	F52	8:23.86	60.9%	
6	3	Kim Aaltonen	M41	6:30.78	60.7%	
7	4	Emil Aaltonen	M14	6:48.59	59.9%	
8	10	Glenn Dumas	M65	8:12.24	58.8%	
9	12	Scott McKissick	M66	8:28.22	57.5%	
10	6	John Kramer	M53	7:39.02	56.8%	
11	7	Charles Land	M49	7:44.54	54.3%	
12	13	Axel Aaltonen	M8	9:01.36	54.3%	
13	15	Ethan Juarez	M8	9:06.63	53.7%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	22	Kim Andres	F62	26:21.35	75.5%	
2	4	Paige Loehding	F14	22:32.07	69.7%	
3	5	David Short	M54	22:00.77	69.2%	
4	16	Virpi Pihlaja-Niinisto	F53	25:51.60	68.0%	New
5	6	Harri Niinisto	M58	23:20.18	67.5%	
6	8	Julio Lopez	M59	23:36.15	67.4%	
7	11	John Nance	M66	25:17.96	66.9%	
8	12	Glenn Dumas	M65	25:07.12	66.8%	
9	40	Charles Key	M83	34:09.67	66.7%	Move UP
10	1	Preston Adger	M20	20:27.16	63.8%	
11	21	James Johnson	M62	25:51.35	63.1%	
12	2	Kris Nance	M38	21:28.49	62.6%	
13	7	Charles Land	M49	23:32.07	62.2%	
14	14	Jennifer Loehding	F42	25:26.66	61.1%	
15	23	Scymentress Williams	F44	26:05.19	60.6%	
16	24	David Mask	M62	27:15.85	59.9%	
17	17	Soma Yamashita	M11	25:56.97	58.9%	
18	3	Dillon Chen	M29	21:54.96	58.9%	
19	15	Marybelle Raza	F34	25:35.69	58.2%	
20	25	Dominique De Los San	F13	27:38.28	57.8%	
21	34	Scott McKissick	M66	30:15.63	55.9%	
22	10	Ronaldo Mateo	M43	25:10.41	55.5%	
23	18	Emil Aaltonen	M14	25:58.41	54.6%	
24	38	Yanira Lopez	F52	32:19.52	53.7%	
25	29	Gabriel Sapien	M55	28:39.10	53.6%	
26	19	Jen Evangelista	M43	26:06.10	53.5%	
27	27	Rob Windsor	M51	27:53.91	53.3%	
28	30	David Maldonado	M56	29:07.45	53.2%	
29	9	Ben Hodson	M19	24:56.31	52.8%	
30	20	Kim Aaltonen	M41	26:08.12	52.6%	
31	36	John Kramer	M53	28:47.41	52.5%	
32	35	Ruben Reyes	M59	30:43.26	51.8%	
33	31	Ronald Hamilton	M55	29:48.16	51.6%	
34	45	Carol Creech	F64	40:06.84	51.1%	
35	13	Derek Sims	M24	25:22.08	50.9%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level