

# Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Cole Atchison	5:10.41	Cole Atchison	19:12.22	Ryan Loehding	19:54.43	Julio Lopez	23:01.88
Caroline St. John	7:54.00	Morgan Hoffman	22:15.81	Kim Andres	25:55.57	Jerri Hixson	34:28.45

## 5K MALE

		54 MALE Runners --- Average Time of <b>30:08</b>						Avg. Age Grade: <b>51.5%</b>		Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	<b>Cole Atchison</b>	Lewisville	(21)	9:31	+10	<b>19:12.22</b> M		6:10.9	<b>67.4%</b>	1	1
MASTERS	1	<b>Ryan Loehding</b>	Carrollton	(43)	9:51	+13	<b>19:54.43</b> M		6:24.5	<b>70.1%</b>	2	2
SENIORS	1	<b>Julio Lopez</b>	Farmers Branch	(59)	11:40	-17	<b>23:01.88</b> M		7:24.8	<b>69.0%</b>	10	9
M10-14	1	<b>Leand Celedonio</b>	Fort Worth	(14)	12:30	+36	<b>25:35.46</b> M		8:14.2	55.4%	17	16
	2	<b>Joe Wales</b>	Carrollton	(13)	14:02	+208	<b>31:31.13</b>		10:08.7	46.0%	46	35
M15-19	1	<b>Domanik Ibanez</b>	Ovilla	(16)	9:43	+54	<b>20:19.97</b>		6:32.7	<b>67.4%</b>	3	3
	2	<b>Patrick Kersey</b>	Carrollton	(15)	10:15	+86	<b>21:56.66</b> M		7:03.8	<b>63.4%</b>	4	4
	3	<b>Emil Aaltonen</b>	Coppell	(15)	14:47	+139	<b>31:52.09</b> M		10:15.4	43.7%	49	37
M20-24	1	<b>Zacarias Martinez</b>		(23)	12:30	+127	<b>27:07.36</b>		8:43.8	47.6%	24	22
M25-29	1	<b>Blake Bueltel</b>	The Colony	(29)	13:10	+8	<b>26:28.14</b> M		8:31.2	48.8%	21	19
	2	<b>Derek Sims</b>	Carrollton	(25)	13:18	-1	<b>26:35.57</b>		8:33.6	48.5%	22	20
	3	<b>Girard Raquero</b>	Arlington	(26)	15:37	+290	<b>36:04.07</b>		11:36.5	35.8%	64	46
	4	<b>Given Kachepa</b>	Colleyville	(29)	19:03	+141	<b>40:27.38</b> M		13:01.3	31.9%	74	50
M30-34	1	<b>Read Hoffman</b>		(30)	10:58	+18	<b>22:14.52</b>		7:09.5	58.1%	6	6
	2	<b>Casey Williams</b>		(33)	11:33	+63	<b>24:08.91</b>		7:46.4	54.0%	14	13
	3	<b>Manav Shah</b>	Dallas	(30)	13:14	+47	<b>27:13.56</b>	✓	8:45.8	47.5%	25	23
	4	<b>Miguel Camacho</b>	North Richland Hills	(33)	16:44	+94	<b>35:02.14</b>	✓	11:16.6	37.2%	61	44
M35-39	1	<b>Joe Purtle</b>	McKinney	(39)	11:07	+42	<b>22:56.04</b>		7:22.9	59.1%	9	8
	2	<b>Zak Sakoglu</b>	Dallas	(36)	13:36	+33	<b>27:46.00</b> M		8:56.2	47.8%	27	24
	3	<b>Harold Girata</b>	Irving	(38)	13:53	+61	<b>28:46.22</b>		9:15.6	46.7%	31	27
	4	<b>Phillip Reeder</b>	Coppell	(37)	15:12	+76	<b>31:38.78</b>	✓	10:11.2	42.2%	47	36
	5	<b>Mandeep Kumar</b>		(36)	16:04	+50	<b>32:58.25</b>		10:36.7	40.2%	51	38
	6	<b>Stephen Button</b>	Carrollton	(36)	16:31	+87	<b>34:29.73</b>		11:06.2	38.4%	58	43
	7	<b>David Miller</b>	Carrollton	(39)	17:08	+165	<b>37:00.17</b> M		11:54.6	36.6%	68	48
	8	<b>William Grove</b>	Carrollton	(39)	19:58	+11	<b>40:07.30</b> M	✓	12:54.8	33.8%	75	51
M40-44	1	<b>Kelly Parma</b>		(43)	11:10	+18	<b>22:38.48</b>		7:17.3	<b>61.7%</b>	8	7
	2	<b>Deuk Lee</b>	Irving	(43)	11:27	+24	<b>23:18.27</b> M	✓	7:30.1	59.9%	11	10
	3	<b>Jen Evangelista</b>	Irving	(44)	12:37	+26	<b>25:40.22</b>	✓	8:15.8	54.8%	18	17
	4	<b>Geronimo Simpao</b>	Irving	(44)	14:31	-1	<b>29:00.91</b>	✓	9:20.3	48.5%	32	28
	5	<b>Kim Aaltonen</b>	Coppell	(42)	14:40	+26	<b>29:46.99</b> M		9:35.2	46.5%	37	30
	6	<b>Michael Rumery</b>	Plano	(42)	14:22	+131	<b>30:56.06</b>		9:57.4	44.8%	45	34
	7	<b>Leandro Celedonio</b>	Fort Worth	(43)	14:53	+89	<b>31:15.02</b>		10:03.5	44.7%	44	33
	8	<b>Lyn Harrison</b>	Carrollton	(43)	17:25	+81	<b>36:11.86</b>		11:39.1	38.6%	65	47
	9	<b>Paul Matchniff</b>	Mesquite	(44)	19:31	-31	<b>38:31.42</b>		12:24.0	36.5%	69	49
M45-49	1	<b>Ron Williamson</b>		(49)	10:42	+41	<b>22:04.35</b>		7:06.3	<b>66.3%</b>	5	5
	2	<b>Mark Cortez</b>	Dallas	(48)	12:21	-33	<b>24:08.34</b>		7:46.2	<b>60.1%</b>	13	12
	3	<b>Cruz Ibanez</b>	Ovilla	(45)			<b>46:17.90</b>		14:54.1	30.6%	81	53

M50-54	1	<b>Moises Rivera</b>	Mansfield	(54)	11:25	+44	<b>23:33.50</b>	7:35.0	<b>64.7%</b>	12	11
	2	<b>John Kramer</b>	Plano	(53)	15:04	+13	<b>30:22.16</b> M	9:46.5	49.8%	54	41
	3	<b>Daniel Briggs</b>	Highland Village	(51)	17:42	-149	<b>32:54.66</b> ✓	10:35.6	45.2%	52	39
M55-59	1	<b>Gabriel Sapien</b>	Carrollton	(55)	15:18	-150	<b>28:06.95</b>	9:03.0	54.7%	30	26
	2	<b>Ruben Reyes</b>	Carrollton	(59)	15:21	-2	<b>30:39.52</b>	9:52.1	51.9%	40	32
	3	<b>Bruce Wolpert</b>	Dallas	(57)	19:03	-125	<b>36:01.72</b>	11:35.8	43.4%	62	45
M60-64	1	<b>David Mask</b>	Lewisville	(63)	12:54	+23	<b>26:11.15</b>	8:25.7	<b>62.9%</b>	23	21
	2	<b>James Johnson</b>	Dallas	(62)	13:49	+26	<b>28:03.60</b>	9:01.9	58.2%	28	25
	3	<b>Danny G</b>	The colony	(60)	14:25	+12	<b>29:01.73</b>	9:20.6	55.3%	34	29
	4	<b>Michael Johnson</b>	Coppell	(63)	16:18	+56	<b>33:32.34</b> M	10:47.7	49.1%	53	40
M65-69	1	<b>Robert Benson</b>	Dallas	(65)	12:15	+19	<b>24:48.86</b> M	7:59.2	<b>67.6%</b>	15	14
	2	<b>Scott McKissick</b>	Irving	(67)	14:20	+65	<b>29:46.34</b> M	9:35.0	57.4%	38	31
	3	<b>Scott Ahlstrom</b>	Carrollton	(67)	21:53	+18	<b>44:03.48</b>	14:10.9	38.8%	80	52
M70-74	1	<b>Wally Capps</b>	Farmers Branch	(74)	12:42	+5	<b>25:27.59</b> M	8:11.7	<b>73.2%</b>	16	15
	2	<b>Bill Shirley</b>	Dallas	(72)	17:08	-26	<b>33:50.11</b> M	10:53.4	53.4%	55	42
M75-79	1	<b>Hal Brown</b>	Dallas	(76)	12:41	+55	<b>26:17.18</b> ☑	8:27.6	<b>73.4%</b>	20	18
MStroller	1	<b>Sawyer Ordonez</b>		(-2)			<b>1:10:25.56</b>	22:40.1		83	0

# 5K FEMALE

32 FEMALE Runners --- Average Time of

37:44

Avg. Age Grade: 46.2%

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Morgan Hoffman		(30)	10:57	+22	22:15.81		7:10.0	66.5%	7	1
MASTERS	1 Kim Andres	Irving	(62)			25:55.57		8:20.7	76.7%	19	2
SENIORS	1 Jerri Hixson	Plano	(61)	16:39	+71	34:28.45	✓	11:05.8	56.9%	57	15
F10-14	1 Pauline Celedonio	Fort Worth	(10)	15:25	-3	30:47.05	✓	9:54.5	55.4%	41	9
F15-19	1 Alexis Martinez		(18)	14:52	+48	30:31.93	⌚	9:49.6	49.0%	39	8
F25-29	1 Christina Gonzalez	Carrollton	(28)	19:36	+227	43:00.00		13:50.4	34.4%	79	28
	2 Miranda Ordonez		(25)			1:10:24.74		22:39.8	21.0%	84	30
F30-34	1 Morgan Hamilton	Addison	(32)	13:51	+27	28:08.23		9:03.4	52.7%	29	4
	2 Norma Massu	lancaster	(34)	15:12	+35	30:59.22		9:58.4	48.1%	42	10
	3 Amber Allen	Dallas	(33)	15:30	+68	32:07.10		10:20.3	46.3%	48	12
	4 Jenna Williams		(30)	18:10	+128	38:28.50		12:23.0	38.5%	70	21
	5 Rebecca Turner	North Richland Hills	(30)	18:09	+135	38:31.75	✓	12:24.1	38.4%	71	22
	6 Sasa Campbell	Arlington	(33)			1:10:09.21		22:34.8	21.2%	85	31
F35-39	1 Kira Rudnick	Irving	(35)	14:51	+137	31:58.68		10:17.6	46.8%	50	13
	2 Kim Matchniff	Mesquite	(38)	17:19	+77	35:54.63		11:33.5	42.2%	63	18
F40-44	1 Jennifer Loehding	Carrollton	(42)	13:31	+30	27:31.06		8:51.4	56.5%	26	3
	2 Kaisa Peltonen	Coppell	(44)	14:25	+23	29:12.43		9:24.1	54.2%	35	6
	3 Aino Aaltonen	Coppell	(41)	14:51	+16	29:58.04		9:38.7	51.5%	36	7
	4 Amie Goins	Garland	(43)	14:52	+75	30:59.27		9:58.4	50.6%	43	11
	5 Beth Evangelista	Irving	(43)	21:12	-18	42:05.58	✓	13:32.9	37.3%	78	27
F45-49	1 Kim Wargo	Dallas	(46)	14:21	+30	29:12.21		9:24.0	55.3%	33	5
	2 Tina Clark	Farmers Branch	(46)	16:28	+84	34:20.04		11:03.1	47.0%	56	14
	3 Rebecca Becht	Carrollton	(48)	16:28	+132	35:07.41		11:18.3	47.0%	59	16
	4 Katrice Briggs	Highland Village	(45)	17:44	+61	36:28.80		11:44.5	43.8%	66	19
	5 Elise Harper	Allen	(46)	18:29	+127	39:03.79	⌚	12:34.4	41.3%	72	23
	6 Karen Wales	Carrollton	(45)	19:11	+66	39:28.04	✓	12:42.2	40.5%	73	24
	7 Sandy Schwan		(48)	19:42	+77	40:40.70		13:05.6	40.6%	76	25
F50-54	1 Teresa Lewis	Lewisville	(54)	17:56	+23	36:14.30		11:39.8	49.1%	67	20
F55-59	1 Rita Scherer		(55)	23:45	+97	49:07.57		15:48.7	36.7%	82	29
	2 Donita Crowder	Dallas	(56)	32:30	+160	1:07:39.44		21:46.6	27.0%	86	32
F60-64	1 Sandra Johnson		(62)	17:41	-12	35:09.77		11:19.1	56.6%	60	17
	2 Carol Creech	Plano	(64)	20:18	+67	41:42.83		13:25.6	49.1%	77	26

FN\*:  Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

8/30/2015

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

 DeltaViewTiming.com

# 1M MALE

		24 MALE Runners --- Average Time of <b>7:56</b>						Avg. Age Grade: <b>56.7%</b>		Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	<b>Cole Atchison</b>	Lewisville	(21)		<b>5:10.41</b>	✓	5:10.4	<b>72.0%</b>	1	1
M01-09	1	<b>Axel Aaltonen</b>	Coppell	(8)		<b>8:11.23</b>		8:11.2	59.8%	19	16
	2	<b>Zeus Celedonio</b>	Fort Worth	(7)		<b>15:56.70</b>		15:56.7	32.1%	32	24
M10-14	1	<b>Leand Celedonio</b>	Fort Worth	(14)		<b>6:34.19</b>	✓	6:34.2	<b>62.1%</b>	5	5
M15-19	1	<b>Emil Aaltonen</b>	Coppell	(15)		<b>6:46.71</b>		6:46.7	59.1%	8	8
	2	<b>Patrick Kersey</b>	Carrollton	(15)		<b>7:49.31</b>		7:49.3	51.2%	13	13
M25-29	1	<b>Ben Stutts</b>		(26)		<b>5:10.89</b>		5:10.9	<b>71.6%</b>	2	2
	2	<b>Blake Bueltel</b>	The Colony	(29)		<b>6:46.10</b>		6:46.1	54.9%	7	7
	3	<b>Given Kachepa</b>	Colleyville	(29)		<b>8:47.00</b>		8:47.0	42.3%	22	19
M35-39	1	<b>Alfonzo Gonzalez Jr.</b>	Dallas TX.	(35)		<b>5:12.94</b>	✓	5:12.9	<b>72.7%</b>	3	3
	2	<b>Zak Sakoglu</b>	Dallas	(36)		<b>7:04.95</b>	✓	7:05.0	53.8%	9	9
	3	<b>David Miller</b>	Carrollton	(39)		<b>10:31.33</b>		10:31.3	37.0%	29	22
	4	<b>William Grove</b>	Carrollton	(39)		<b>11:05.59</b>		11:05.6	35.1%	30	23
M40-44	1	<b>Ryan Loehding</b>	Carrollton	(43)		<b>5:55.22</b>		5:55.2	<b>67.8%</b>	4	4
	2	<b>Deuk Lee</b>	Irving	(43)		<b>7:22.65</b>		7:22.7	54.4%	11	11
	3	<b>Kim Aaltonen</b>	Coppell	(42)		<b>8:12.16</b>		8:12.2	48.6%	20	17
M50-54	1	<b>John Kramer</b>	Plano	(53)		<b>7:51.13</b>		7:51.1	55.4%	14	14
M55-59	1	<b>Julio Lopez</b>	Farmers Branch	(59)		<b>6:35.38</b>		6:35.4	<b>69.4%</b>	6	6
	2	<b>Tom Grant</b>	Plano	(57)		<b>7:13.48</b>		7:13.5	<b>62.2%</b>	10	10
M60-64	1	<b>Michael Johnson</b>	Coppell	(63)		<b>9:48.29</b>		9:48.3	48.3%	26	21
M65-69	1	<b>Robert Benson</b>	Dallas	(65)		<b>7:25.94</b>		7:25.9	<b>64.9%</b>	12	12
	2	<b>Scott McKissick</b>	Irving	(67)		<b>8:47.62</b>		8:47.6	55.9%	23	20
M70-74	1	<b>Wally Capps</b>	Farmers Branch	(74)		<b>7:56.29</b>		7:56.3	<b>67.5%</b>	16	15
	2	<b>Bill Shirley</b>	Dallas	(72)		<b>8:14.42</b>		8:14.4	<b>63.1%</b>	21	18

# 1M FEMALE

		9 FEMALE Runners --- Average Time of <b>10:11</b>						Avg. Age Grade: <b>47.5%</b>		Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	<b>Caroline St. John</b>		(11)		<b>7:54.00</b>	✓	7:54.0	59.7%	15	<b>1</b>
F01-09	1	<b>Valerie Olson</b>	Carrollton	(9)		<b>8:02.75</b>		8:02.8	<b>61.8%</b>	17	<b>2</b>
F10-14	1	<b>Alexandra Aaltonen</b>	Coppell	(13)		<b>8:10.71</b>	✓	8:10.7	55.3%	18	<b>3</b>
	2	<b>Sierra Wilson</b>	Irving	(14)		<b>9:55.59</b>		9:55.6	44.8%	27	<b>6</b>
F15-19	1	<b>Alexis Martinez</b>		(18)		<b>9:25.14</b>		9:25.1	45.0%	24	<b>4</b>
F35-39	1	<b>Ma Lourdes Celedonio</b>	Fort Worth	(39)		<b>16:03.40</b>		16:03.4	27.3%	33	<b>9</b>
F40-44	1	<b>Lisa Jo Garcia</b>	Coppell	(40)		<b>12:30.71</b>		12:30.7	35.4%	31	<b>8</b>
F45-49	1	<b>Elise Harper</b>		(46)		<b>9:30.90</b>		9:30.9	49.8%	25	<b>5</b>
	2	<b>Paula Olson</b>	Carrollton	(48)		<b>10:03.41</b>		10:03.4	48.3%	28	<b>7</b>

FN\*:  Broke Age-Group Record  GD Place among Females  
 ⌚ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Positive Split  
 ▼ Negative Split

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7293 Cole Atchison (M21)	1	M20-24	OA	---				5:10.41	✓ 3	5:10.4	17.68	5:10.41	72.0%
2	6008 Ben Stutts (M26)	2	M25-29	1st	---				5:10.89	✗	5:10.9	17.68	5:10.89	71.6%
3	6190 Alfonzo Gonzalez Jr. (M35)	3	M35-39	1st	---				5:12.94	✓ 2	5:12.9	17.79	5:12.94	72.7%
4	7072 Ryan Loehding (M43)	4	M40-44	1st	---				5:55.22		5:55.2	20.24	5:55.22	67.8%
5	7501 Leand Celedonio (M14)	5	M10-14	1st	---				6:34.19	✓ 3	6:34.2	22.47	6:34.19	62.1%
6	7193 Julio Lopez (M59)	6	M55-59	1st	---				6:35.38		6:35.4	22.52	6:35.38	69.4%
7	7086 Blake Buelstel (M29)	7	M25-29	2nd	---				6:46.10		6:46.1	23.15	6:46.10	54.9%
8	7300 Emil Aaltonen (M15)	8	M15-19	1st	---				6:46.71		6:46.7	23.15	6:46.71	59.1%
9	7278 Zak Sakoglu (M36)	9	M35-39	2nd	---				7:04.95	✓ 3	7:05.0	24.18	7:04.95	53.8%
10	7158 Tom Grant (M57)	10	M55-59	2nd	---				7:13.48		7:13.5	24.69	7:13.48	62.2%
11	6197 Deuk Lee (M43)	11	M40-44	2nd	---				7:22.65		7:22.7	25.20	7:22.65	54.4%
12	7118 Robert Benson (M65)	12	M65-69	1st	---				7:25.94		7:25.9	25.37	7:25.94	64.9%
13	6194 Patrick Kersey (M15)	13	M15-19	2nd	---				7:49.31	✗	7:49.3	26.74	7:49.31	51.2%
14	7261 John Kramer (M53)	14	M50-54	1st	---				7:51.13		7:51.1	26.86	7:51.13	55.4%
15	6006 Caroline St. John (F11)	1	F10-14	OA	---				7:54.00	✓ 2	7:54.0	27.03	7:54.00	59.7%
16	1916 Wally Capps (M74)	15	M70-74	1st	---				7:56.29		7:56.3	27.14	7:56.29	67.5%
17	7205 Valerie Olson (F9)	2	F01-09	1st	---				8:02.75	✗	8:02.8	27.48	8:02.75	61.8%
18	7302 Alexandra Aaltonen (F13)	3	F10-14	1st	---				8:10.71	✓ 2	8:10.7	27.94	8:10.71	55.3%
19	7306 Axel Aaltonen (M8)	16	M01-09	1st	---				8:11.23		8:11.2	28.00	8:11.23	59.8%
20	7303 Kim Aaltonen (M42)	17	M40-44	3rd	---				8:12.16		8:12.2	28.05	8:12.16	48.6%
21	6993 Bill Shirley (M72)	18	M70-74	2nd	---				8:14.42		8:14.4	28.17	8:14.42	63.1%
22	6196 Given Kachepa (M29)	19	M25-29	3rd	---				8:47.00	✗	8:47.0	30.05	8:47.00	42.3%
23	7048 Scott McKissick (M67)	20	M65-69	2nd	---				8:47.62		8:47.6	30.05	8:47.62	55.9%
24	6013 Alexis Martinez (F18)	4	F15-19	1st	---				9:25.14	✗	9:25.1	32.22	9:25.14	45.0%
25	6007 Elise Harper (F46)	5	F45-49	1st	---				9:30.90		9:30.9	32.50	9:30.90	49.8%
26	7252 Michael Johnson (M63)	21	M60-64	1st	---				9:48.29		9:48.3	33.53	9:48.29	48.3%
27	6518 Sierra Wilson (F14)	6	F10-14	2nd	---				9:55.59	✗	9:55.6	33.93	9:55.59	44.8%
28	7207 Paula Olson (F48)	7	F45-49	2nd	---				10:03.41	✗	10:03.4	34.38	10:03.41	48.3%
29	6938 David Miller (M39)	22	M35-39	3rd	---				10:31.33	✗	10:31.3	35.98	10:31.33	37.0%
30	6922 William Grove (M39)	23	M35-39	4th	---				11:05.59	✗	11:05.6	37.92	11:05.59	35.1%
31	6575 Lisa Jo Garcia (F40)	8	F40-44	1st	---				12:30.71		12:30.7	42.76	12:30.71	35.4%
32	7500 Zeus Celedonio (M7)	24	M01-09	2nd	---				15:56.70		15:56.7	54.51	15:56.70	32.1%
33	7502 Ma Lourdes Celedonio (F39)	9	F35-39	1st	---				16:03.40		16:03.4	54.91	16:03.40	27.3%

✓ 6 Club PR's

Average Finish Time: 08:32 9 First Timers

Average Age Grade: 54.2%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7293 Cole Atchison (M21)	1	M20-24	OA	---	9:31	9:41	+10	19:12.22	⌚	6:10.9	19.20	19:12.22	67.4%
2	7072 Ryan Loehding (M43)	2	M40-44	MS	---	9:51	10:04	+13	19:54.43	⌚	6:24.5	19.90	19:54.43	70.1%
3	6191 Domanik Ibanez (M16)	3	M15-19	1st	---	9:43	10:37	+54	20:19.97	✗	6:32.7	20.32	20:19.97	67.4%
4	6194 Patrick Kersey (M15)	4	M15-19	2nd	---	10:15	11:41	+86	21:56.66	⌚	7:03.8	21.93	21:56.66	63.4%
5	6022 Ron Williamson (M49)	5	M45-49	1st	0.4	10:42	11:22	+41	22:04.35		7:06.3	22.07	22:04.77	66.3%
6	6011 Read Hoffman (M30)	6	M30-34	1st	1.8	10:58	11:16	+18	22:14.52	✗	7:09.5	22.23	22:16.36	58.1%
7	6010 Morgan Hoffman (F30)	1	F30-34	OA	2.0	10:57	11:19	+22	22:15.81	✗	7:10.0	22.25	22:17.78	66.5%
8	6019 Kelly Parma (M43)	7	M40-44	1st	0.9	11:10	11:28	+18	22:38.48		7:17.3	22.63	22:39.38	61.7%
9	7239 Joe Purtle (M39)	8	M35-39	1st	1.1	11:07	11:49	+42	22:56.04	✗	7:22.9	22.93	22:57.11	59.1%
10	7193 Julio Lopez (M59)	9	M55-59	SR	9.5	11:40	11:22	-17	23:01.88	⌚	7:24.8	23.02	23:11.34	69.0%
11	6197 Deuk Lee (M43)	10	M40-44	2nd	3.2	11:27	11:51	+24	23:18.27	⌚ ✓ 2	7:30.1	23.30	23:21.50	59.9%
12	7561 Moises Rivera (M54)	11	M50-54	1st	3.6	11:25	12:09	+44	23:33.50	✗	7:35.0	23.55	23:37.13	64.7%
13	6343 Mark Cortez (M48)	12	M45-49	2nd	6.4	12:21	11:48	-33	24:08.34	✗	7:46.2	24.13	24:14.77	60.1%

FN\*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

8/30/2015

⌚ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

14	6004	Casey Williams (M33)	13	M30-34	2nd	13.1	11:33	12:36	+63	24:08.91	×	7:46.4	24.13	24:22.00	54.0%	
15	7118	Robert Benson (M65)	14	M65-69	1st	9.5	12:15	12:34	+19	24:48.86	ℓ	7:59.2	24.80	24:58.34	67.6%	
16	1916	Wally Capps (M74)	15	M70-74	1st	2.2	12:42	12:46	+5	25:27.59	ℓ	8:11.7	25.45	25:29.83	73.2%	
17	7501	Leand Celedonio (M14)	16	M10-14	1st	7.1	12:30	13:06	+36	25:35.46	ℓ	8:14.2	25.58	25:42.58	55.4%	
18	7343	Jen Evangelista (M44)	17	M40-44	3rd	3.5	12:37	13:03	+26	25:40.22	✓ 5	8:15.8	25.67	25:43.76	54.8%	
19	7040	Kim Andres (F62)	2	F60-64	MS	0.9				25:55.57		8:20.7	25.92	25:56.43	76.7%	
20	6001	Hal Brown (M76)	18	M75-79	1st	2.0	12:41	13:36	+55	26:17.18	☑ 2	8:27.6	26.28	26:19.17	73.4%	
21	7086	Blake Bueltel (M29)	19	M25-29	1st	6.4	13:10	13:18	+8	26:28.14	ℓ	8:31.2	26.47	26:34.51	48.8%	
22	7090	Derek Sims (M25)	20	M25-29	2nd	---	13:18	13:17	-1	26:35.57		8:33.6	26.58	26:35.57	48.5%	
23	7008	David Mask (M63)	21	M60-64	1st	41.8	12:54	13:17	+23	26:11.15		8:25.7	26.18	26:52.91	62.9%	
24	6014	Zacarias Martinez (M23)	22	M20-24	1st	---	12:30	14:37	+127	27:07.36	×	8:43.8	27.12	27:07.36	47.6%	
25	7184	Manav Shah (M30)	23	M30-34	3rd	3.8	13:14	14:00	+47	27:13.56	✓ 4	8:45.8	27.22	27:17.31	47.5%	
26	7472	Jennifer Loehding (F42)	3	F40-44	1st	7.5	13:31	14:00	+30	27:31.06		8:51.4	27.52	27:38.59	56.5%	
27	7278	Zak Sakoglu (M36)	24	M35-39	2nd	18.1	13:36	14:10	+33	27:46.00	ℓ	8:56.2	27.77	28:04.11	47.8%	
28	7191	James Johnson (M62)	25	M60-64	2nd	2.7	13:49	14:15	+26	28:03.60		9:01.9	28.05	28:06.27	58.2%	
29	6186	Morgan Hamilton (F32)	4	F30-34	1st	5.4	13:51	14:18	+27	28:08.23	×	9:03.4	28.13	28:13.60	52.7%	
30	7015	Gabriel Sapien (M55)	26	M55-59	1st	11.6	15:18	12:49	-150	28:06.95		9:03.0	28.10	28:18.51	54.7%	
31	6188	Harold Girata (M38)	27	M35-39	3rd	8.7	13:53	14:54	+61	28:46.22	×	9:15.6	28.77	28:54.96	46.7%	
32	6819	Geronimo Simpao (M44)	28	M40-44	4th	10.7	14:31	14:30	-1	29:00.91	✓ 1	9:20.3	29.00	29:11.61	48.5%	
33	6348	Kim Wargo (F46)	5	F45-49	1st	5.4	14:21	14:51	+30	29:12.21	×	9:24.0	29.20	29:17.59	55.3%	
34	6002	Danny G (M60)	29	M60-64	3rd	25.1	14:25	14:37	+12	29:01.73	×	9:20.6	29.02	29:26.83	55.3%	
35	7571	Kaisa Peltonen (F44)	6	F40-44	2nd	14.5	14:25	14:47	+23	29:12.43		9:24.1	29.20	29:26.92	54.2%	
36	7304	Aino Aaltonen (F41)	7	F40-44	3rd	15.7	14:51	15:07	+16	29:58.04		9:38.7	29.97	30:13.75	51.5%	
37	7303	Kim Aaltonen (M42)	30	M40-44	5th	26.9	14:40	15:07	+26	29:46.99	ℓ	9:35.2	29.77	30:13.89	46.5%	
38	7048	Scott McKissick (M67)	31	M65-69	2nd	42.9	14:20	15:26	+65	29:46.34	ℓ	9:35.0	29.77	30:29.27	57.4%	
39	6013	Alexis Martinez (F18)	8	F15-19	1st	---	14:52	15:40	+48	30:31.93	ℓ	×	9:49.6	30.52	30:31.93	49.0%
40	7283	Ruben Reyes (M59)	32	M55-59	2nd	2.1	15:21	15:19	-2	30:39.52		9:52.1	30.65	30:41.63	51.9%	
41	7504	Pauline Celedonio (F10)	9	F10-14	1st	6.4	15:25	15:22	-3	30:47.05	✓ 4	9:54.5	30.78	30:53.40	55.4%	
42	6180	Norma Massu (F34)	10	F30-34	2nd	7.6	15:12	15:47	+35	30:59.22	×	9:58.4	30.98	31:06.82	48.1%	
43	7463	Amie Goins (F43)	11	F40-44	4th	8.7	14:52	16:07	+75	30:59.27	×	9:58.4	30.98	31:07.98	50.6%	
44	7503	Leandro Celedonio (M43)	33	M40-44	7th	8.9	14:53	16:22	+89	31:15.02		10:03.5	31.25	31:23.90	44.7%	
45	7038	Michael Rumery (M42)	34	M40-44	6th	31.0	14:22	16:34	+131	30:56.06		9:57.4	30.93	31:27.09	44.8%	
46	7568	Joe Wales (M13)	35	M10-14	2nd	3.3	14:02	17:29	+208	31:31.13		10:08.7	31.52	31:34.45	46.0%	
47	7437	Phillip Reeder (M37)	36	M35-39	4th	9.0	15:12	16:27	+76	31:38.78	✓ 2	10:11.2	31.63	31:47.80	42.2%	
48	6582	Amber Allen (F33)	12	F30-34	3rd	---	15:30	16:37	+68	32:07.10	×	10:20.3	32.12	32:07.10	46.3%	
49	7300	Emil Aaltonen (M15)	37	M15-19	3rd	28.6	14:47	17:06	+139	31:52.09	ℓ	10:15.4	31.87	32:20.67	43.7%	
50	6526	Kira Rudnick (F35)	13	F35-39	1st	24.1	14:51	17:08	+137	31:58.68	×	10:17.6	31.97	32:22.81	46.8%	
51	6020	Mandeep Kumar (M36)	38	M35-39	5th	4.1	16:04	16:54	+50	32:58.25	×	10:36.7	32.97	33:02.40	40.2%	
52	7363	Daniel Briggs (M51)	39	M50-54	3rd	8.1	17:42	15:13	-149	32:54.66	✓ 5	10:35.6	32.90	33:02.75	45.2%	
53	7252	Michael Johnson (M63)	40	M60-64	4th	11.3	16:18	17:14	+56	33:32.34	ℓ	10:47.7	33.53	33:43.62	49.1%	
54	7261	John Kramer (M53)	41	M50-54	2nd	207.7	15:04	15:18	+13	30:22.16	ℓ	9:46.5	30.37	33:49.90	49.8%	
55	6993	Bill Shirley (M72)	42	M70-74	2nd	10.5	17:08	16:42	-26	33:50.11	ℓ	10:53.4	33.83	34:00.58	53.4%	
56	6185	Tina Clark (F46)	14	F45-49	2nd	6.1	16:28	17:52	+84	34:20.04	×	11:03.1	34.33	34:26.12	47.0%	
57	6430	Jerri Hixson (F61)	15	F60-64	SR	4.3	16:39	17:50	+71	34:28.45	✓ 1	11:05.8	34.47	34:32.78	56.9%	
58	6486	Stephen Button (M36)	43	M35-39	6th	4.5	16:31	17:58	+87	34:29.73	×	11:06.2	34.48	34:34.24	38.4%	
59	6184	Rebecca Becht (F48)	16	F45-49	3rd	7.3	16:28	18:40	+132	35:07.41		11:18.3	35.12	35:14.67	47.0%	
60	6012	Sandra Johnson (F62)	17	F60-64	1st	15.3	17:41	17:29	-12	35:09.77	×	11:19.1	35.15	35:25.11	56.6%	
61	6462	Miguel Camacho (M33)	44	M30-34	4th	38.1	16:44	18:18	+94	35:02.14	✓ 1	11:16.6	35.03	35:40.26	37.2%	
62	6027	Bruce Wolpert (M57)	45	M55-59	3rd	5.8	19:03	16:58	-125	36:01.72	×	11:35.8	36.02	36:07.51	43.4%	
63	6765	Kim Matchniff (F38)	18	F35-39	2nd	13.3	17:19	18:36	+77	35:54.63	×	11:33.5	35.90	36:07.91	42.2%	

FN\*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

8/30/2015

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com



64	6034	Girard Raquero (M26)	46	M25-29	3rd	8.5	15:37	20:27	+290	<b>36:04.07</b>	⌘	11:36.5	36.07	36:12.61	35.8%
65	6985	Lyn Harrison (M43)	47	M40-44	8th	8.1	17:25	18:46	+81	<b>36:11.86</b>	⌘	11:39.1	36.18	36:19.91	38.6%
66	7370	Katrice Briggs (F45)	19	F45-49	4th	7.8	17:44	18:45	+61	<b>36:28.80</b>		11:44.5	36.47	36:36.63	43.8%
67	7461	Teresa Lewis (F54)	20	F50-54	1st	26.4	17:56	18:18	+23	<b>36:14.30</b>		11:39.8	36.23	36:40.69	49.1%
68	6938	David Miller (M39)	48	M35-39	7th	29.0	17:08	19:52	+165	<b>37:00.17</b>	⌘	11:54.6	37.00	37:29.16	36.6%
69	6783	Paul Matchniff (M44)	49	M40-44	9th	11.0	19:31	19:00	-31	<b>38:31.42</b>	⌘	12:24.0	38.52	38:42.41	36.5%
70	6005	Jenna Williams (F30)	21	F30-34	4th	14.4	18:10	20:18	+128	<b>38:28.50</b>	⌘	12:23.0	38.47	38:42.91	38.5%
71	6461	Rebecca Turner (F30)	22	F30-34	5th	50.1	18:09	20:23	+135	<b>38:31.75</b>	✓	12:24.1	38.52	39:21.84	38.4%
72	6007	Elise Harper (F46)	23	F45-49	5th	19.2	18:29	20:35	+127	<b>39:03.79</b>	⌘	12:34.4	39.05	39:22.96	41.3%
73	7569	Karen Wales (F45)	24	F45-49	6th	16.4	19:11	20:17	+66	<b>39:28.04</b>	✓	12:42.2	39.47	39:44.45	40.5%
74	6196	Given Kachepa (M29)	50	M25-29	4th	--	19:03	21:24	+141	<b>40:27.38</b>	⌘	13:01.3	40.45	40:27.38	31.9%
75	6922	William Grove (M39)	51	M35-39	8th	30.2	19:58	20:09	+11	<b>40:07.30</b>	⌘ ✓	12:54.8	40.12	40:37.53	33.8%
76	6003	Sandy Schwan (F48)	25	F45-49	7th	11.1	19:42	20:59	+77	<b>40:40.70</b>	⌘	13:05.6	40.67	40:51.77	40.6%
77	7024	Carol Creech (F64)	26	F60-64	2nd	4.7	20:18	21:25	+67	<b>41:42.83</b>		13:25.6	41.70	41:47.52	49.1%
78	6199	Beth Evangelista (F43)	27	F40-44	5th	2.5	21:12	20:54	-18	<b>42:05.58</b>	✓	13:32.9	42.08	42:08.11	37.3%
79	6926	Christina Gonzalez (F28)	28	F25-29	1st	20.7	19:36	23:24	+227	<b>43:00.00</b>	⌘	13:50.4	43.00	43:20.68	34.4%
80	7148	Scott Ahlstrom (M67)	52	M65-69	3rd	14.9	21:53	22:11	+18	<b>44:03.48</b>		14:10.9	44.05	44:18.36	38.8%
81	6192	Cruz Ibanez (M45)	53	M45-49	3rd	13.7				<b>46:17.90</b>	⌘	14:54.1	46.28	46:31.59	30.6%
82	6009	Rita Scherer (F55)	29	F55-59	1st	10.8	23:45	25:22	+97	<b>49:07.57</b>	⌘	15:48.7	49.12	49:18.33	36.7%
83	6016	Sawyer Ordonez (M-2)	0	MStrolle	1st	20.3				<b>1:10:25.56</b>	⌘	22:40.1	70.421	10:45.86	
84	6015	Miranda Ordonez (F25)	30	F25-29	2nd	22.3				<b>1:10:24.74</b>	⌘	22:39.8	70.401	10:47.04	21.0%
85	6183	Sasa Campbell (F33)	31	F30-34	6th	38.7				<b>1:10:09.21</b>	⌘	22:34.8	70.151	10:47.92	21.2%
86	7459	Donita Crowder (F56)	32	F55-59	2nd	239.2	32:30	35:10	+160	<b>1:07:39.44</b>		21:46.6	67.651	11:38.62	27.0%
<b>68 Positive Split</b> <b>13 Negative Split</b> ✓ <b>14 Club PR's</b>											<b>Average Finish Time: 32:58</b> <u>36 First Timers</u> <b>Average Age Grade: 49.5%</b>				

## Sorted Age Grades

### 1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	3	Alfonzo Gonzalez Jr.	M35	5:12.94	72.7%	New
2	1	Cole Atchison	M21	5:10.41	72.0%	Move UP
3	2	Ben Stutts	M26	5:10.89	71.6%	New
4	6	Julio Lopez	M59	6:35.38	69.4%	
5	4	Ryan Loehding	M43	5:55.22	67.8%	
6	16	Wally Capps	M74	7:56.29	67.5%	
7	12	Robert Benson	M65	7:25.94	64.9%	
8	21	Bill Shirley	M72	8:14.42	63.1%	
9	10	Tom Grant	M57	7:13.48	62.2%	
10	5	Leand Celedonio	M14	6:34.19	62.1%	
11	17	Valerie Olson	F9	8:02.75	61.8%	
12	19	Axel Aaltonen	M8	8:11.23	59.8%	
13	15	Caroline St. John	F11	7:54.00	59.7%	
14	8	Emil Aaltonen	M15	6:46.71	59.1%	
15	23	Scott McKissick	M67	8:47.62	55.9%	
16	14	John Kramer	M53	7:51.13	55.4%	
17	18	Alexandra Aaltonen	F13	8:10.71	55.3%	
18	7	Blake Bueltel	M29	6:46.10	54.9%	
19	11	Deuk Lee	M43	7:22.65	54.4%	
20	9	Zak Sakoglu	M36	7:04.95	53.8%	
21	13	Patrick Kersey	M15	7:49.31	51.2%	

### 5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	19	Kim Andres	F62	25:55.57	76.7%	
2	20	Hal Brown	M76	26:17.18	73.4%	Move UP
3	16	Wally Capps	M74	25:27.59	73.2%	
4	2	Ryan Loehding	M43	19:54.43	70.1%	
5	10	Julio Lopez	M59	23:01.88	69.0%	
6	15	Robert Benson	M65	24:48.86	67.6%	
7	1	Cole Atchison	M21	19:12.22	67.4%	
8	3	Domanik Ibanez	M16	20:19.97	67.4%	New
9	7	Morgan Hoffman	F30	22:15.81	66.5%	New
10	5	Ron Williamson	M49	22:04.35	66.3%	
11	12	Moises Rivera	M54	23:33.50	64.7%	
12	4	Patrick Kersey	M15	21:56.66	63.4%	
13	23	David Mask	M63	26:11.15	62.9%	
14	8	Kelly Parma	M43	22:38.48	61.7%	
15	13	Mark Cortez	M48	24:08.34	60.1%	
16	11	Deuk Lee	M43	23:18.27	59.9%	
17	9	Joe Purtle	M39	22:56.04	59.1%	
18	28	James Johnson	M62	28:03.60	58.2%	
19	6	Read Hoffman	M30	22:14.52	58.1%	
20	38	Scott McKissick	M67	29:46.34	57.4%	
21	57	Jerri Hixson	F61	34:28.45	56.9%	
22	60	Sandra Johnson	F62	35:09.77	56.6%	
23	26	Jennifer Loehding	F42	27:31.06	56.5%	
24	17	Leand Celedonio	M14	25:35.46	55.4%	
25	41	Pauline Celedonio	F10	30:47.05	55.4%	
26	33	Kim Wargo	F46	29:12.21	55.3%	
27	34	Danny G	M60	29:01.73	55.3%	
28	18	Jen Evangelista	M44	25:40.22	54.8%	
29	30	Gabriel Sapien	M55	28:06.95	54.7%	
30	35	Kaisa Peltonen	F44	29:12.43	54.2%	
31	14	Casey Williams	M33	24:08.91	54.0%	
32	55	Bill Shirley	M72	33:50.11	53.4%	
33	29	Morgan Hamilton	F32	28:08.23	52.7%	
34	40	Ruben Reyes	M59	30:39.52	51.9%	
35	36	Aino Aaltonen	F41	29:58.04	51.5%	
36	43	Amie Goins	F43	30:59.27	50.6%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level