

Sunday, February 23, 2014

# Carrollton Runners Mile + 5K

59F Cloudy 87%H 9mphSSW

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:32 am

5K Off :7:45 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Ryan Barrow	5:00.60	Ryan Barrow	17:55.26	Randall Fleisher	21:08.66	James Johnson	25:37.11
Arwyn Sullivan	9:24.15	Kim Andres	25:48.41	Kuay Sullivan	27:58.86	Carol Creech	40:57.63

## 5K MALE

		36 MALE Runners --- Average Time of <b>29:36</b>				Avg. Age Grade: <b>52.5%</b>		Place in			
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Ryan Barrow</b>	Denton	(26)			<b>17:55.26</b>		5:46.1	<b>72.0%</b>	1	1
MASTERS	1 <b>Randall Fleisher</b>	Dallas	(46)			<b>21:08.66</b>		6:48.3	<b>67.6%</b>	4	4
SENIORS	1 <b>James Johnson</b>	Dallas	(61)			<b>25:37.11</b>		8:14.7	<b>63.2%</b>	12	12
M01-09	1 <b>Caden Hendricks</b>	Carrollton	(9)			<b>43:53.34</b>		14:07.6	37.3%	48	32
	2 <b>Adrian Smith</b>	Carrollton	(5)			<b>46:25.12</b>		14:56.4	42.6%	55	35
M10-14	1 <b>Andre Arsenault</b>	Dallas	(13)			<b>20:30.51</b>		6:36.1	<b>70.7%</b>	3	3
	2 <b>Eric Hirschbrich</b>	Dallas	(13)			<b>24:42.38</b>		7:57.1	58.7%	9	9
	3 <b>Pierce Wyatt</b>	Dallas	(11)			<b>25:09.41</b>		8:05.8	<b>60.8%</b>	11	11
	4 <b>Rohan Khatti</b>	Dallas	(11)			<b>27:24.25</b>		8:49.2	55.8%	18	17
	5 <b>Cristian Gonzalez</b>	Carrollton	(10)			<b>46:13.93</b>		14:52.8	34.1%	54	34
M15-19	1 <b>Daniel Reilly</b>	Argyle	(19)			<b>27:28.89</b>		8:50.7	47.9%	19	18
M20-24	1 <b>David Reilly</b>	Argyle	(23)			<b>27:17.25</b>		8:47.0	47.3%	16	15
M25-29	1 <b>Isidro Flores</b>	Dallas	(29)			<b>20:24.74</b>		6:34.2	<b>63.3%</b>	2	2
M30-34	1 <b>Heath Blanchard</b>	Lewisville	(30)			<b>22:04.62</b> ✓		7:06.4	58.6%	7	7
	2 <b>Gabor Toth</b>	Irving	(33)			<b>30:49.34</b>		9:55.2	42.3%	32	28
	3 <b>Eugene Mosley</b>	Denton	(32)			<b>32:20.73</b>		10:24.7	40.2%	35	29
	4 <b>Amin Abjani</b>	Carrollton	(34)			<b>40:59.01</b>		13:11.5	32.0%	44	31
	5 <b>Joseph Gonzalez</b>	Carrollton	(32)			<b>45:22.11</b>		14:36.2	28.7%	52	33
M35-39	1 <b>Jonathon Brewer</b>	Carrollton	(36)			<b>29:56.42</b>		9:38.2	44.3%	31	27
	2 <b>Ching Gwon</b>	Richardson	(35)			<b>1:02:06.67</b>		19:59.5	21.2%	60	36
M40-44	1 <b>Marcus O'Con</b>	Dallas	(43)			<b>21:18.25</b>		6:51.4	<b>65.5%</b>	5	5
	2 <b>Tiger Vo</b>	Lewisville	(41)			<b>21:23.16</b>		6:53.0	<b>64.3%</b>	6	6
	3 <b>Nathan Bruser</b>	Coppell	(42)			<b>24:28.86</b>		7:52.8	56.6%	28	24
	4 <b>Michael Rumery</b>	Plano	(40)			<b>27:17.36</b>		8:47.0	50.0%	20	19
	5 <b>Carlos Ordonez</b>	Carrollton	(43)			<b>36:21.44</b> ✓		11:42.1	38.4%	37	30
M45-49	1 <b>John Olsen</b>	Coppell	(45)			<b>24:54.73</b>		8:01.1	56.9%	10	10
	2 <b>Nivaldo Castro</b>	Mckinney	(48)			<b>26:16.21</b>		8:27.3	55.2%	21	20
	3 <b>John Smith</b>	Dallas	(48)			<b>28:57.09</b>		9:19.1	50.1%	29	25
M50-54	1 <b>David Short</b>	Frisco	(53)			<b>22:16.36</b>		7:10.1	<b>67.9%</b>	8	8
	2 <b>Scott Hesketh</b>	Flower Mound	(51)			<b>28:37.21</b>		9:12.7	52.0%	25	22
	3 <b>Tomas Bern</b>	Allen	(50)			<b>28:42.88</b> ✓		9:14.5	51.4%	26	23
	4 <b>Ronald Hamilton</b>	The Colony	(54)			<b>29:06.92</b>		9:22.3	52.3%	30	26
M55-59	1 <b>Ruben Reyes</b>	Carrollton	(58)			<b>27:16.48</b>		8:46.7	57.8%	17	16
M60-64	1 <b>Maxx Pomm</b>	Dallas	(64)			<b>26:42.39</b> ✓		8:35.8	<b>62.2%</b>	14	13
	2 <b>David Mask</b>	Lewisville	(61)			<b>27:17.34</b>		8:47.0	59.3%	22	21
M65-69	1 <b>Scott McKissick</b>	Irving	(65)			<b>26:32.67</b>		8:32.6	<b>63.2%</b>	15	14

FN\*:  Broke Age-Group Record  **GD** Place among Females  
 Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Positive Split  
 Negative Split

Timing provided by: 2/23/2014

# 5K FEMALE

26 FEMALE Runners --- Average Time of

43:20

Avg. Age Grade: 40.2%

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Kim Andres	Irving	(61)			25:48.41		8:18.4	76.0%	13	1
MASTERS	1 Kuay Sullivan	Coppell	(48)			27:58.86		9:00.4	59.0%	24	3
SENIORS	1 Carol Creech	Plano	(63)			40:57.63		13:11.0	49.3%	43	12
F01-09	1 Arwyn Sullivan	Coppell	(9)			27:57.25		8:59.9	62.8%	23	2
	2 Alexis Sawyer	Carrollton	(7)			45:11.09		14:32.6	41.5%	51	18
	3 Savanna Gonzalez	Carrollton	(9)			45:27.93		14:38.0	38.6%	53	19
F10-14	1 Sarah Lochridge	Dallas	(12)			31:26.47		10:07.2	51.8%	34	5
F15-19	1 Amanda Vollmering	Carrollton	(16)			1:00:51.09		19:35.2	25.2%	56	20
F20-24	1 Star Kinney	Carrollton	(24)			44:33.29		14:20.4	33.2%	47	15
F25-29	1 Satu Hyrylainen	Irving	(27)			36:36.45	✓	11:47.0	40.4%	38	7
	2 Zainab Lakhani	Carrollton	(27)			40:44.14		13:06.7	36.3%	42	11
	3 Shieryl Bryan	Carrollton	(29)			44:36.00		14:21.3	33.2%	46	14
F30-34	1 Amy Hendricks	Carrollton	(33)			44:12.13		14:13.6	33.6%	50	17
	2 Carla Salazar	Richardson	(32)			1:02:06.37		19:59.4	23.9%	62	25
F35-39	1 Lilian Rosales	Carrollton	(37)			44:00.80		14:10.0	34.3%	49	16
	2 Isabel Martinez	Dallas	(35)			1:01:37.32		19:50.1	24.3%	57	21
	3 Rosa Escobedo	Richardson	(35)			1:02:11.75		20:01.1	24.0%	61	24
	4 Monica Acosta	Carrollton	(36)			1:06:45.35		21:29.2	22.5%	59	23
F40-44	1 Gini Mattson	Carrollton	(40)			38:30.27		12:23.6	39.8%	40	9
F45-49	1 Changlan Zhang	McKinney	(48)			30:57.45	✓	9:57.9	53.3%	33	4
	2 Susan Schafer	Richardson	(48)			37:23.99		12:02.3	44.1%	39	8
	3 Dina Caballero	Carrollton	(46)			40:28.04		13:01.5	39.9%	41	10
	4 Barbara Vollmering	Garland	(48)			1:06:46.01		21:29.4	24.7%	58	22
F50-54	1 Teresa Lewis	Lewisville	(52)			33:18.91	✓	10:43.4	52.1%	36	6
	2 Patricia Orendain	Prosper	(50)			41:54.25		13:29.3	40.4%	45	13
FStroller	1 Blake Bruser	Coppell	(4)			24:28.65		7:52.7		27	0

FN\*:  Broke Age-Group Record

Place among Females

Positive Split

Timing provided by:

2/23/2014

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

DeltaViewTiming.com

# 1M MALE

		8 MALE Runners --- Average Time of <b>10:53</b>					Avg. Age Grade: <b>55.5%</b>			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Ryan Barrow</b>	Denton	(26)			<b>5:00.60</b>	<input type="checkbox"/>	5:00.6	<b>74.0%</b>	1	1
M25-29	1 <b>Isidro Flores</b>	Dallas	(29)			<b>5:25.20</b>		5:25.2	<b>68.5%</b>	2	2
	2 <b>Timothy Israel</b>	Irving	(27)			<b>5:43.30</b>		5:43.3	<b>64.8%</b>	3	3
M35-39	1 <b>Wayne Canfield</b>		(38)			<b>23:34.09</b>		23:34.1	16.4%	14	7
M40-44	1 <b>Marcus O'Con</b>	Dallas	(43)			<b>7:51.41</b>		7:51.4	51.1%	5	5
M50-54	1 <b>David Short</b>	Frisco	(53)			<b>8:28.43</b>		8:28.4	51.3%	6	6
M65-69	1 <b>Scott McKissick</b>	Irving	(65)			<b>7:45.56</b>		7:45.6	<b>62.2%</b>	4	4
MStroller	1 <b>Vincent Canfield</b>	Carrollton	(3)			<b>23:17.46</b>		23:17.5		11	0

# 1M FEMALE

		7 FEMALE Runners --- Average Time of <b>16:53</b>					Avg. Age Grade: <b>35.1%</b>			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Arwyn Sullivan</b>	Coppell	(9)			<b>9:24.15</b>		9:24.2	52.9%	7	<b>1</b>
F01-09	1 <b>Olivia Brewer</b>	Carrollton	(8)			<b>14:35.44</b>		14:35.4	35.2%	10	<b>4</b>
F30-34	1 <b>Sarah Canfield</b>	Carrollton	(34)			<b>23:20.25</b>		23:20.3	18.2%	13	<b>5</b>
F40-44	1 <b>Amy Brewer</b>	Carrollton	(41)			<b>14:34.70</b>		14:34.7	30.7%	9	<b>3</b>
F45-49	1 <b>Kuay Sullivan</b>	Coppell	(48)			<b>9:24.52</b>		9:24.5	51.6%	8	<b>2</b>
F50-54	1 <b>crystal kemp</b>	plano	(54)			<b>23:35.06</b>		23:35.1	22.3%	15	<b>6</b>
FStroller	1 <b>Ellie Canfield</b>	Carrollton	(1)			<b>23:19.02</b>		23:19.0		12	<b>0</b>

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6903 Ryan Barrow (M26)	1	M25-29	OA	---				5:00.60	☐ x	5:00.6	17.11	5:00.60	74.0%
2	6760 Isidro Flores (M29)	2	M25-29	1st	---				5:25.20		5:25.2	18.53	5:25.20	68.5%
3	6655 Timothy Israel (M27)	3	M25-29	2nd	---				5:43.30	x	5:43.3	19.56	5:43.30	64.8%
4	7048 Scott McKissick (M65)	4	M65-69	1st	---				7:45.56		7:45.6	26.51	7:45.56	62.2%
5	6661 Marcus O'Con (M43)	5	M40-44	1st	---				7:51.41		7:51.4	26.86	7:51.41	51.1%
6	7061 David Short (M53)	6	M50-54	1st	---				8:28.43		8:28.4	28.97	8:28.43	51.3%
7	7204 Arwyn Sullivan (F9)	1	F01-09	OA	---				9:24.15		9:24.2	32.16	9:24.15	52.9%
8	7265 Kuay Sullivan (F48)	2	F45-49	1st	---				9:24.52		9:24.5	32.16	9:24.52	51.6%
9	6908 Amy Brewer (F41)	3	F40-44	1st	---				14:34.70	x	14:34.7	49.83	14:34.70	30.7%
10	6891 Olivia Brewer (F8)	4	F01-09	1st	---				14:35.44	x	14:35.4	49.89	14:35.44	35.2%
11	6102 Vincent Canfield (M3)	0	MStrolle	1st	---				23:17.46	x	23:17.5	79.66	23:17.46	
12	6103 Ellie Canfield (F1)	0	FStrolle	1st	---				23:19.02	x	23:19.0	79.77	23:19.02	
13	6948 Sarah Canfield (F34)	5	F30-34	1st	---				23:20.25	x	23:20.3	79.83	23:20.25	18.2%
14	6101 Wayne Canfield (M38)	7	M35-39	1st	---				23:34.09	x	23:34.1	80.62	23:34.09	16.4%
15	6943 crystal kemp (F54)	6	F50-54	1st	---				23:35.06	x	23:35.1	80.68	23:35.06	22.3%

✓ No Club PR's

Average Finish Time: 13:41 9 First Timers

Average Age Grade: 46.1%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6903 Ryan Barrow (M26)	1	M25-29	OA	2.3				17:55.26	ℓ x	5:46.1	17.92	17:57.59	72.0%
2	6760 Isidro Flores (M29)	2	M25-29	1st	2.0				20:24.74	ℓ	6:34.2	20.40	20:26.77	63.3%
3	6836 Andre Arsenaault (M13)	3	M10-14	1st	0.3				20:30.51	x	6:36.1	20.50	20:30.78	70.7%
4	6110 Randall Fleisher (M46)	4	M45-49	MS	---				21:08.66	x	6:48.3	21.13	21:08.66	67.6%
5	6661 Marcus O'Con (M43)	5	M40-44	1st	1.8				21:18.25	ℓ	6:51.4	21.30	21:20.08	65.5%
6	7272 Tiger Vo (M41)	6	M40-44	2nd	2.2				21:23.16		6:53.0	21.38	21:25.34	64.3%
7	6116 Heath Blanchard (M30)	7	M30-34	1st	2.5				22:04.62	✓ 1	7:06.4	22.07	22:07.13	58.6%
8	7061 David Short (M53)	8	M50-54	1st	72.0				22:16.36	ℓ	7:10.1	22.27	23:28.32	67.9%
9	6878 Eric Hirschbrich (M13)	9	M10-14	2nd	0.2				24:42.38	x	7:57.1	24.70	24:42.56	58.7%
10	6114 John Olsen (M45)	10	M45-49	1st	2.6				24:54.73	x	8:01.1	24.90	24:57.37	56.9%
11	7102 Pierce Wyatt (M11)	11	M10-14	3rd	---				25:09.41		8:05.8	25.15	25:09.41	60.8%
12	7191 James Johnson (M61)	12	M60-64	SR	1.5				25:37.11		8:14.7	25.62	25:38.62	63.2%
13	7040 Kim Andres (F61)	1	F60-64	OA	2.9				25:48.41		8:18.4	25.80	25:51.31	76.0%
14	7049 Maxx Pomm (M64)	13	M60-64	1st	3.3				26:42.39	✓ 6	8:35.8	26.70	26:45.67	62.2%
15	7048 Scott McKissick (M65)	14	M65-69	1st	18.3				26:32.67	ℓ	8:32.6	26.53	26:50.93	63.2%
16	6917 David Reilly (M23)	15	M20-24	1st	5.5				27:17.25	x	8:47.0	27.28	27:22.70	47.3%
17	7283 Ruben Reyes (M58)	16	M55-59	1st	7.1				27:16.48		8:46.7	27.27	27:23.58	57.8%
18	6811 Rohan Khatti (M11)	17	M10-14	4th	1.2				27:24.25		8:49.2	27.40	27:25.48	55.8%
19	6918 Daniel Reilly (M19)	18	M15-19	1st	5.5				27:28.89	x	8:50.7	27.47	27:34.37	47.9%
20	7038 Michael Rumery (M40)	19	M40-44	4th	21.6				27:17.36		8:47.0	27.28	27:38.99	50.0%
21	7465 Nivaldo Castro (M48)	20	M45-49	2nd	92.7				26:16.21		8:27.3	26.27	27:48.87	55.2%
22	7008 David Mask (M61)	21	M60-64	2nd	36.2				27:17.34		8:47.0	27.28	27:53.56	59.3%
23	7204 Arwyn Sullivan (F9)	2	F01-09	1st	2.7				27:57.25	ℓ	8:59.9	27.95	27:59.93	62.8%
24	7265 Kuay Sullivan (F48)	3	F45-49	MS	3.0				27:58.86	ℓ	9:00.4	27.97	28:01.82	59.0%
25	6111 Scott Hesketh (M51)	22	M50-54	2nd	---				28:37.21		9:12.7	28.62	28:37.21	52.0%
26	6833 Tomas Bern (M50)	23	M50-54	3rd	3.7				28:42.88	✓ 1	9:14.5	28.70	28:46.59	51.4%
27	7316 Blake Bruser (F4)	0	FStrolle	1st	260.4				24:28.65	19	7:52.7	24.47	28:49.08	
28	7315 Nathan Bruser (M42)	24	M40-44	3rd	260.4				24:28.86		7:52.8	24.47	28:49.29	56.6%
29	6676 John Smith (M48)	25	M45-49	3rd	4.6				28:57.09		9:19.1	28.95	29:01.67	50.1%
30	7020 Ronald Hamilton (M54)	26	M50-54	4th	9.1				29:06.92		9:22.3	29.10	29:15.98	52.3%
31	6940 Jonathon Brewer (M36)	27	M35-39	1st	27.3				29:56.42	x	9:38.2	29.93	30:23.77	44.3%

FN\*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

2/23/2014

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

32	7380	Gabor Toth (M33)	28	M30-34	2nd	7.9	<b>30:49.34</b>		9:55.2	30.82	30:57.29	42.3%
33	6100	Changlan Zhang (F48)	4	F45-49	1st	3.7	<b>30:57.45</b>	✓ 4	9:57.9	30.95	31:01.16	53.3%
34	7201	Sarah Lochridge (F12)	5	F10-14	1st	1.1	<b>31:26.47</b>	✗	10:07.2	31.43	31:27.53	51.8%
35	6347	Eugene Mosley (M32)	29	M30-34	3rd	10.1	<b>32:20.73</b>		10:24.7	32.33	32:30.86	40.2%
36	6898	Teresa Lewis (F52)	6	F50-54	1st	12.8	<b>33:18.91</b>	✓ 1	10:43.4	33.30	33:31.73	52.1%
37	6115	Carlos Ordonez (M43)	30	M40-44	5th	13.3	<b>36:21.44</b>	✓ 1	11:42.1	36.35	36:34.70	38.4%
38	6781	Satu Hyyrylainen (F27)	7	F25-29	1st	8.6	<b>36:36.45</b>	✓ 3	11:47.0	36.60	36:45.04	40.4%
39	7065	Susan Schafer (F48)	8	F45-49	2nd	9.6	<b>37:23.99</b>		12:02.3	37.38	37:33.58	44.1%
40	6574	Gini Mattson (F40)	9	F40-44	1st	3.4	<b>38:30.27</b>		12:23.6	38.50	38:33.70	39.8%
41	7467	Dina Caballero (F46)	10	F45-49	3rd	4.1	<b>40:28.04</b>		13:01.5	40.47	40:32.17	39.9%
42	6896	Zainab Lakhani (F27)	11	F25-29	2nd	6.1	<b>40:44.14</b>	✗	13:06.7	40.73	40:50.22	36.3%
43	7024	Carol Creech (F63)	12	F60-64	SR	3.9	<b>40:57.63</b>		13:11.0	40.95	41:01.54	49.3%
44	6897	Amin Abjani (M34)	31	M30-34	4th	10.7	<b>40:59.01</b>	✗	13:11.5	40.98	41:09.68	32.0%
45	7463	Patricia Orendain (F50)	13	F50-54	2nd	11.7	<b>41:54.25</b>		13:29.3	41.90	42:05.95	40.4%
46	6623	Shieryl Bryan (F29)	14	F25-29	3rd	---	<b>44:36.00</b>		14:21.3	44.60	44:36.00	33.2%
47	6112	Star Kinney (F24)	15	F20-24	1st	4.5	<b>44:33.29</b>	✗	14:20.4	44.55	44:37.75	33.2%
48	6850	Caden Hendricks (M9)	32	M01-09	1st	45.2	<b>43:53.34</b>	✗	14:07.6	43.88	44:38.56	37.3%
49	6113	Lilian Rosales (F37)	16	F35-39	1st	47.2	<b>44:00.80</b>	✗	14:10.0	44.00	44:48.00	34.3%
50	6886	Amy Hendricks (F33)	17	F30-34	1st	41.6	<b>44:12.13</b>	✗	14:13.6	44.20	44:53.76	33.6%
51	6108	Alexis Sawyer (F7)	18	F01-09	2nd	3.3	<b>45:11.09</b>	✗	14:32.6	45.18	45:14.38	41.5%
52	6105	Joseph Gonzalez (M32)	33	M30-34	5th	2.9	<b>45:22.11</b>	✗	14:36.2	45.37	45:25.00	28.7%
53	6107	Savanna Gonzalez (F9)	19	F01-09	3rd	2.7	<b>45:27.93</b>	✗	14:38.0	45.45	45:30.65	38.6%
54	6106	Cristian Gonzalez (M10)	34	M10-14	5th	2.5	<b>46:13.93</b>	✗	14:52.8	46.22	46:16.44	34.1%
55	6109	Adrian Smith (M5)	35	M01-09	2nd	2.3	<b>46:25.12</b>	✗	14:56.4	46.42	46:27.45	42.6%
56	6879	Amanda Vollmering (F16)	20	F15-19	1st	5.0	<b>1:00:51.09</b>	✗	19:35.2	60.851	00:56.09	25.2%
57	6117	Isabel Martinez (F35)	21	F35-39	2nd	45.2	<b>1:01:37.32</b>	✗	19:50.1	61.621	02:22.48	24.3%
58	6893	Barbara Vollmering (F48)	22	F45-49	4th	6.0	<b>1:06:46.01</b>	✗	21:29.4	66.771	06:52.04	24.7%
59	6889	Monica Acosta (F36)	23	F35-39	4th	7.1	<b>1:06:45.35</b>	✗	21:29.2	66.751	06:52.41	22.5%
60	6118	Ching Gwon (M35)	36	M35-39	2nd	364.8	<b>1:02:06.67</b>	✗	19:59.5	62.101	08:11.49	21.2%
61	6119	Rosa Escobedo (F35)	24	F35-39	3rd	360.3	<b>1:02:11.75</b>	✗	20:01.1	62.181	08:12.07	24.0%
62	6120	Carla Salazar (F32)	25	F30-34	2nd	366.4	<b>1:02:06.37</b>	✗	19:59.4	62.101	08:12.75	23.9%

✓ 7 Club PR's

Average Finish Time: 35:21 27 First Timers Average Age Grade: 47.5%

## Sorted Age Grades

### 1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Ryan Barrow	M26	5:00.60	74.0%	New
2	2	Isidro Flores	M29	5:25.20	68.5%	
3	3	Timothy Israel	M27	5:43.30	64.8%	
4	4	Scott McKissick	M65	7:45.56	62.2%	
5	7	Arwyn Sullivan	F9	9:24.15	52.9%	
6	8	Kuay Sullivan	F48	9:24.52	51.6%	
7	6	David Short	M53	8:28.43	51.3%	
8	5	Marcus O'Con	M43	7:51.41	51.1%	

### 5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	13	Kim Andres	F61	25:48.41	76.0%	
2	1	Ryan Barrow	M26	17:55.26	72.0%	New
3	3	Andre Arsenaault	M13	20:30.51	70.7%	New
4	8	David Short	M53	22:16.36	67.9%	
5	4	Randall Fleisher	M46	21:08.66	67.6%	New
6	5	Marcus O'Con	M43	21:18.25	65.5%	
7	6	Tiger Vo	M41	21:23.16	64.3%	
8	2	Isidro Flores	M29	20:24.74	63.3%	
9	15	Scott McKissick	M65	26:32.67	63.2%	
10	12	James Johnson	M61	25:37.11	63.2%	
11	23	Arwyn Sullivan	F9	27:57.25	62.8%	
12	14	Maxx Pomm	M64	26:42.39	62.2%	
13	11	Pierce Wyatt	M11	25:09.41	60.8%	
14	22	David Mask	M61	27:17.34	59.3%	
15	24	Kuay Sullivan	F48	27:58.86	59.0%	
16	9	Eric Hirschbrich	M13	24:42.38	58.7%	
17	7	Heath Blanchard	M30	22:04.62	58.6%	
18	17	Ruben Reyes	M58	27:16.48	57.8%	
19	10	John Olsen	M45	24:54.73	56.9%	
20	28	Nathan Bruser	M42	24:28.86	56.6%	
21	18	Rohan Khatti	M11	27:24.25	55.8%	
22	21	Nivaldo Castro	M48	26:16.21	55.2%	
23	33	Changlan Zhang	F48	30:57.45	53.3%	
24	30	Ronald Hamilton	M54	29:06.92	52.3%	
25	36	Teresa Lewis	F52	33:18.91	52.1%	
26	25	Scott Hesketh	M51	28:37.21	52.0%	
27	34	Sarah Lochridge	F12	31:26.47	51.8%	
28	26	Tomas Bern	M50	28:42.88	51.4%	
29	29	John Smith	M48	28:57.09	50.1%	
30	20	Michael Rumery	M40	27:17.36	50.0%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level