

# Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Ryan Barrow	5:00.34	Ryan Barrow	19:24.23	Ian Maung	20:17.29	Julio Lopez	22:54.77
Yanira Lopez	7:49.83	Eeva Toiviainen	25:53.65	Kaisa Peltonen	26:50.53	Carol Creech	40:59.45

## 5K MALE

35 MALE Runners --- Average Time of **30:46**

Avg. Age Grade: **49.9%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Ryan Barrow</b>	Denton	(26)	9:49	-14	<b>19:24.23</b> M		6:14.7	<b>66.5%</b>	1	1
MASTERS	1 <b>Ian Maung</b>	Coppell	(47)	10:06	+4	<b>20:17.29</b>		6:31.8	<b>71.0%</b>	2	2
SENIORS	1 <b>Julio Lopez</b>	Farmers Branch	(58)	11:26	+3	<b>22:54.77</b> M		7:22.5	<b>68.8%</b>	3	3
M01-09	1 <b>Leonardo Puente</b>	Carrollton	(8)	13:08	+193	<b>29:29.31</b>		9:29.5	57.7%	26	18
	2 <b>Jason Varguese</b>		(9)	18:36	+39	<b>37:51.13</b>		12:11.0	43.2%	39	28
M10-14	1 <b>Emil Aaltonen</b>	Coppell	(13)	12:21	+12	<b>24:53.20</b> M		8:00.6	58.3%	10	10
M25-29	1 <b>Conrad Butler</b>	Fort Worth	(27)	15:43	+237	<b>35:23.88</b>		11:23.6	36.4%	34	25
M30-34	1 <b>Gabor Toth</b>	Irving	(33)	13:30	-27	<b>26:32.40</b>		8:32.5	49.2%	13	11
	2 <b>Jacob Christopher</b>		(30)	13:57	-15	<b>27:38.87</b>		8:53.9	46.8%	20	15
	3 <b>Antony Isacc</b>	Irving	(30)	20:18	-33	<b>40:01.96</b>		12:53.1	32.3%	45	31
M35-39	1 <b>Shunxing Rong</b>	Coppell	(35)			<b>24:25.37</b>		7:51.7	54.0%	7	7
	2 <b>Manjusu Varguese</b>		(38)	18:33	+47	<b>37:52.99</b>		12:11.6	35.5%	40	29
M40-44	1 <b>Dierk Hohman</b>	Coppell	(44)	11:55	-42	<b>23:08.42</b>		7:26.9	<b>60.8%</b>	4	4
	2 <b>Terry McIntyre</b>	Wylie	(42)	11:59	-28	<b>23:30.53</b>		7:34.0	58.9%	5	5
	3 <b>Kim Aaltonen</b>	Coppell	(40)	12:21	+12	<b>24:53.56</b>		8:00.7	54.8%	9	9
	4 <b>Nathan Bruser</b>	Coppell	(42)	12:48	+21	<b>25:58.03</b>		8:21.5	53.4%	15	12
	5 <b>Bob Stephens</b>	Plano	(42)			<b>28:31.65</b> M ✓		9:10.9	48.6%	24	16
	6 <b>Deuk Lee</b>		(41)	15:54	-51	<b>30:56.61</b>		9:57.6	44.4%	28	20
	7 <b>Carlos Ordonez</b>		(43)			<b>41:13.83</b>		13:16.3	33.9%	49	33
	8 <b>Matthew Brandt</b>	Coppell	(40)	19:36	+161	<b>41:53.22</b>		13:28.9	32.6%	52	34
M45-49	1 <b>Doug Waters</b>	Carrollton	(49)	12:19	+12	<b>24:48.71</b> M		7:59.2	59.0%	8	8
	2 <b>Richard Galemore</b>	Keller	(47)	15:43	-34	<b>30:51.72</b>		9:56.0	46.7%	29	21
	3 <b>Jon Walk</b>	Spring	(47)	16:18	+0	<b>32:35.64</b>		10:29.5	44.2%	30	22
	4 <b>Olga Puente</b>	Carrollton	(45)	19:33	+2	<b>39:08.81</b>		12:36.0	36.2%	44	30
	5 <b>Rodney Shultz</b>	Frisco, Tx.	(47)	21:49	+98	<b>45:15.80</b>		14:34.1	31.8%	54	35
M50-54	1 <b>David Short</b>	Frisco	(53)	11:29	+2	<b>23:00.08</b> M		7:24.2	<b>65.7%</b>	6	6
	2 <b>Tomas Bern</b>	Allen	(50)	13:23	+32	<b>27:17.84</b> ✓		8:47.2	54.0%	17	13
	3 <b>John Kramer</b>	Plano	(52)	13:34	+16	<b>27:24.56</b>		8:49.3	54.7%	18	14
	4 <b>Gabriel Sapien</b>	Carrollton	(54)	18:21	-174	<b>33:49.39</b>		10:53.2	45.1%	31	23
	5 <b>Mario Puente</b>	Carrollton	(54)	18:14	-15	<b>36:13.29</b>		11:39.5	42.1%	37	27
M55-59	1 <b>Ruben Reyes</b>	Carrollton	(58)	15:10	+5	<b>30:24.33</b>		9:47.2	51.8%	27	19
M60-64	1 <b>Michael Johnson</b>	Coppell	(61)	18:01	-42	<b>35:20.88</b> M		11:22.6	45.8%	35	26
	2 <b>Mike Catt</b>	The Colony	(60)	19:35	+122	<b>41:11.53</b>		13:15.5	38.9%	48	32
M65-69	1 <b>Scott McKissick</b>	Irving	(65)	14:40	-59	<b>28:20.26</b> M		9:07.3	59.2%	25	17
M80-99	1 <b>Charles Key</b>	Dallas	(82)	16:43	+52	<b>34:18.64</b>		11:02.6	<b>64.5%</b>	32	24

# 5K FEMALE

26 FEMALE Runners --- Average Time of

39:47

Avg. Age Grade: 43.2%

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Eeva Toivainen</b>	Flower Mound	(41)	13:12	-30	25:53.65	ℓ	8:20.1	59.6%	11	1
MASTERS	1 <b>Kaisa Peltonen</b>	Coppell	(42)	13:14	+24	26:50.53	ℓ	8:38.4	57.9%	16	3
SENIORS	1 <b>Carol Creech</b>	Plano	(63)	19:44	+92	40:59.45		13:11.6	49.3%	47	15
F01-09	1 <b>Caroline Brandt</b>	Coppell	(9)	19:36	+161	41:53.52		13:29.0	41.9%	51	17
	2 <b>Paola Jaramillo</b>	Carrollton	(6)			52:15.70		16:49.3	37.4%	58	22
F10-14	1 <b>Alexandra Aaltonen</b>	Coppell	(11)			26:25.99	ℓ	8:30.5	63.0%	12	2
F20-24	1 <b>Lydia Coronado</b>	Carrollton	(24)			52:16.39		16:49.5	28.3%	59	23
F30-34	1 <b>Susan Olukoga-Daniel</b>	Southlake	(32)	19:40	+93	40:53.39		13:09.7	36.3%	46	14
F35-39	1 <b>Angela Chynoweth</b>	Carrollton	(36)	18:50	+51	38:30.24		12:23.6	39.0%	42	12
	2 <b>Sarah Price</b>	Carrollton	(39)			50:00.46		16:05.8	30.5%	56	20
	3 <b>Marci Aguilar</b>	Carrollton	(35)	25:47	-87	50:07.47		16:08.0	29.8%	57	21
	4 <b>Monica Acosta</b>	Carrollton	(36)	32:15	+45	1:05:15.48	✓	21:00.3	23.0%	60	24
F40-44	1 <b>Kavita Maung</b>	Coppell	(44)	13:37	+10	27:23.31		8:48.9	57.8%	19	4
	2 <b>Aino Aaltonen</b>	Coppell	(40)			27:49.24		8:57.3	55.1%	21	5
	3 <b>Laurie Anne Hohman</b>	Coppell	(42)	14:20	-20	28:20.93	✓	9:07.5	54.9%	23	7
	4 <b>Martha Schultz</b>	Frisco	(41)			36:10.25		11:38.5	42.7%	36	9
	5 <b>Cecilia Lopez</b>	The Colony	(42)	17:08	+156	36:52.05		11:52.0	42.2%	38	10
F45-49	1 <b>Amara Chan</b>	Fort Worth	(45)	18:50	+29	38:09.84	✓	12:17.0	41.9%	41	11
	2 <b>Susan Schafer</b>	Richardson	(48)	19:01	+54	38:56.10		12:31.9	42.4%	43	13
	3 <b>Dina Caballero</b>	Carrollton	(47)	20:03	+95	41:40.45		13:24.8	39.2%	50	16
	4 <b>Pill Kim</b>		(45)	23:49	+132	49:49.89		16:02.4	32.1%	55	19
	5 <b>Barbara Vollmering</b>	Garland	(48)	32:17	+45	1:05:18.33	✓	21:01.2	25.3%	61	25
F50-54	1 <b>Yanira Lopez</b>	Farmers Branch	(51)	14:13	-19	28:07.25	ℓ	9:03.1	60.9%	22	6
	2 <b>Teresa Lewis</b>	Lewisville	(53)	16:53	+39	34:26.24		11:05.1	51.0%	33	8
	3 <b>Patricia Orendain</b>	Prosper	(51)	20:48	+143	44:00.29		14:09.8	38.9%	53	18
FStroller	1 <b>Blake Bruser</b>	Coppell	(4)	12:48	+22	25:58.03		8:21.5		14	0

# 1M MALE

		11 MALE Runners --- Average Time of <b>8:20</b>						Avg. Age Grade: <b>54.7%</b>		Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	<b>Ryan Barrow</b>	Denton	(26)			<b>5:00.34</b>	☑	5:00.3	<b>74.1%</b>	1	1
M01-09	1	<b>Luukas Peltonen</b>		(8)			<b>8:59.35</b>		8:59.4	54.5%	8	7
	2	<b>Axel Aaltonen</b>	Coppell	(7)			<b>10:19.26</b>	✓	10:19.3	49.6%	15	11
M10-14	1	<b>Emil Aaltonen</b>	Coppell	(13)			<b>9:04.82</b>		9:04.8	45.9%	9	8
	2	<b>Joona Peltonen</b>	Coppell	(10)			<b>9:26.21</b>		9:26.2	48.1%	11	9
M40-44	1	<b>Bob Stephens</b>	Plano	(42)			<b>8:06.18</b>		8:06.2	49.2%	5	4
M45-49	1	<b>Doug Waters</b>	Carrollton	(49)			<b>8:38.86</b>		8:38.9	48.7%	7	6
M50-54	1	<b>David Short</b>	Frisco	(53)			<b>7:36.87</b>		7:36.9	57.1%	3	3
M55-59	1	<b>Julio Lopez</b>	Farmers Branch	(58)			<b>6:46.15</b>		6:46.2	<b>67.0%</b>	2	2
M60-64	1	<b>Michael Johnson</b>	Coppell	(61)			<b>9:37.17</b>		9:37.2	48.4%	14	10
M65-69	1	<b>Scott McKissick</b>	Irving	(65)			<b>8:09.06</b>		8:09.1	59.2%	6	5

# 1M FEMALE

		4 FEMALE Runners --- Average Time of <b>8:57</b>						Avg. Age Grade: <b>52.9%</b>		Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	<b>Yanira Lopez</b>	Farmers Branch	(51)			<b>7:49.83</b>		7:49.8	<b>64.4%</b>	4	<b>1</b>
F10-14	1	<b>Alexandra Aaltonen</b>	Coppell	(11)			<b>9:05.02</b>		9:05.0	51.9%	10	<b>2</b>
F40-44	1	<b>Kaisa Peltonen</b>	Coppell	(42)			<b>9:26.83</b>		9:26.8	47.9%	12	<b>3</b>
	2	<b>Eeva Toivainen</b>	Flower Mound	(41)			<b>9:27.29</b>		9:27.3	47.3%	13	<b>4</b>

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6903 Ryan Barrow (M26)	1	M25-29	OA	---				5:00.34	☑ 2	5:00.3	17.11	5:00.34	74.1%
2	7193 Julio Lopez (M58)	2	M55-59	1st	---				6:46.15		6:46.2	23.15	6:46.15	67.0%
3	7061 David Short (M53)	3	M50-54	1st	---				7:36.87		7:36.9	26.00	7:36.87	57.1%
4	7198 Yanira Lopez (F51)	1	F50-54	OA	---				7:49.83		7:49.8	26.74	7:49.83	64.4%
5	7271 Bob Stephens (M42)	4	M40-44	1st	---				8:06.18	✗	8:06.2	27.71	8:06.18	49.2%
6	7048 Scott McKissick (M65)	5	M65-69	1st	---				8:09.06		8:09.1	27.88	8:09.06	59.2%
7	7012 Doug Waters (M49)	6	M45-49	1st	---				8:38.86		8:38.9	29.54	8:38.86	48.7%
8	6100 Luukas Peltonen (M8)	7	M01-09	1st	---				8:59.35	✗	8:59.4	30.73	8:59.35	54.5%
9	7300 Emil Aaltonen (M13)	8	M10-14	1st	---				9:04.82	✗	9:04.8	31.02	9:04.82	45.9%
10	7302 Alexandra Aaltonen (F11)	2	F10-14	1st	---				9:05.02		9:05.0	31.08	9:05.02	51.9%
11	6938 Joonas Peltonen (M10)	9	M10-14	2nd	---				9:26.21	✗	9:26.2	32.27	9:26.21	48.1%
12	6366 Kaisa Peltonen (F42)	3	F40-44	1st	---				9:26.83	✗	9:26.8	32.27	9:26.83	47.9%
13	7073 Eeva Toiviainen (F41)	4	F40-44	2nd	---				9:27.29		9:27.3	32.33	9:27.29	47.3%
14	7252 Michael Johnson (M61)	10	M60-64	1st	---				9:37.17		9:37.2	32.90	9:37.17	48.4%
15	7306 Axel Aaltonen (M7)	11	M01-09	2nd	---				10:19.26	✓ 1	10:19.3	35.29	10:19.26	49.6%

✓ 2 Club PR's Average Finish Time: 08:30 5 First Timers Average Age Grade: 54.2%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6903 Ryan Barrow (M26)	1	M25-29	OA	---	9:49	9:35	-14	19:24.23	⌚	6:14.7	19.40	19:24.23	66.5%
2	7167 Ian Maung (M47)	2	M45-49	MS	2.7	10:06	10:11	+4	20:17.29		6:31.8	20.28	20:19.94	71.0%
3	7193 Julio Lopez (M58)	3	M55-59	SR	---	11:26	11:29	+3	22:54.77	⌚	7:22.5	22.90	22:54.77	68.8%
4	7170 Dierk Hohman (M44)	4	M40-44	1st	0.2	11:55	11:13	-42	23:08.42		7:26.9	23.13	23:08.57	60.8%
5	6802 Terry McIntyre (M42)	5	M40-44	2nd	0.6	11:59	11:31	-28	23:30.53	✗	7:34.0	23.50	23:31.09	58.9%
6	7061 David Short (M53)	6	M50-54	1st	37.8	11:29	11:31	+2	23:00.08	⌚	7:24.2	23.00	23:37.88	65.7%
7	6768 Shunxing Rong (M35)	7	M35-39	1st	3.0				24:25.37		7:51.7	24.42	24:28.37	54.0%
8	7012 Doug Waters (M49)	8	M45-49	1st	13.9	12:19	12:30	+12	24:48.71	⌚	7:59.2	24.80	25:02.64	59.0%
9	7303 Kim Aaltonen (M40)	9	M40-44	3rd	33.7	12:21	12:33	+12	24:53.56		8:00.7	24.88	25:27.23	54.8%
10	7300 Emil Aaltonen (M13)	10	M10-14	1st	34.4	12:21	12:33	+12	24:53.20	⌚	8:00.6	24.88	25:27.56	58.3%
11	7073 Eeva Toiviainen (F41)	1	F40-44	OA	13.7	13:12	12:42	-30	25:53.65	⌚	8:20.1	25.88	26:07.39	59.6%
12	7302 Alexandra Aaltonen (F11)	2	F10-14	1st	---				26:25.99	✗	8:30.5	26.42	26:25.99	63.0%
13	7380 Gabor Toth (M33)	11	M30-34	1st	0.4	13:30	13:03	-27	26:32.40		8:32.5	26.53	26:32.82	49.2%
14	7316 Blake Bruser (F4)	0	FStrolle	1st	41.1	12:48	13:10	+22	25:58.03	21	8:21.5	25.97	26:39.14	
15	7315 Nathan Bruser (M42)	12	M40-44	4th	41.2	12:48	13:10	+21	25:58.03		8:21.5	25.97	26:39.21	53.4%
16	6366 Kaisa Peltonen (F42)	3	F40-44	MS	13.7	13:14	13:37	+24	26:50.53	⌚	8:38.4	26.83	27:04.19	57.9%
17	6833 Tomas Bern (M50)	13	M50-54	2nd	---	13:23	13:55	+32	27:17.84	✓ 3	8:47.2	27.28	27:17.84	54.0%
18	7261 John Kramer (M52)	14	M50-54	3rd	---	13:34	13:50	+16	27:24.56		8:49.3	27.40	27:24.56	54.7%
19	7169 Kavita Maung (F44)	4	F40-44	1st	18.1	13:37	13:47	+10	27:23.31		8:48.9	27.38	27:41.38	57.8%
20	6108 Jacob Christopher (M30)	15	M30-34	2nd	20.6	13:57	13:42	-15	27:38.87	✗	8:53.9	27.63	27:59.44	46.8%
21	7304 Aino Aaltonen (F40)	5	F40-44	2nd	20.9				27:49.24		8:57.3	27.82	28:10.16	55.1%
22	7198 Yanira Lopez (F51)	6	F50-54	1st	5.4	14:13	13:54	-19	28:07.25	⌚	9:03.1	28.12	28:12.63	60.9%
23	6998 Laurie Anne Hohman (F42)	7	F40-44	3rd	1.9	14:20	14:01	-20	28:20.93	✓ 2	9:07.5	28.33	28:22.87	54.9%
24	7271 Bob Stephens (M42)	16	M40-44	5th	0.5				28:31.65	⌚ ✓ 2	9:10.9	28.52	28:32.19	48.6%
25	7048 Scott McKissick (M65)	17	M65-69	1st	14.7	14:40	13:40	-59	28:20.26	⌚	9:07.3	28.33	28:35.00	59.2%
26	6202 Leonardo Puente (M8)	18	M01-09	1st	0.7	13:08	16:21	+193	29:29.31	✗	9:29.5	29.48	29:30.00	57.7%
27	7283 Ruben Reyes (M58)	19	M55-59	1st	5.7	15:10	15:15	+5	30:24.33		9:47.2	30.40	30:30.00	51.8%
28	6106 Deuk Lee (M41)	20	M40-44	6th	3.4	15:54	15:03	-51	30:56.61	✗	9:57.6	30.93	31:00.00	44.4%
29	7166 Richard Galemore (M47)	21	M45-49	2nd	8.3	15:43	15:09	-34	30:51.72		9:56.0	30.85	31:00.00	46.7%
30	6875 Jon Walk (M47)	22	M45-49	3rd	6.4	16:18	16:18	+0	32:35.64	✗	10:29.5	32.58	32:42.00	44.2%
31	7015 Gabriel Sapien (M54)	23	M50-54	4th	12.6	18:21	15:28	-174	33:49.39		10:53.2	33.82	34:02.00	45.1%

32	7131	Charles Key (M82)	24	M80-99	1st	1.4	16:43	17:36	+52	<b>34:18.64</b>	11:02.6	34.30	34:20.00	<b>64.5%</b>
33	7461	Teresa Lewis (F53)	8	F50-54	2nd	8.8	16:53	17:33	+39	<b>34:26.24</b>	11:05.1	34.43	34:35.00	51.0%
34	7186	Conrad Butler (M27)	25	M25-29	1st	9.1	15:43	19:41	+237	<b>35:23.88</b>	11:23.6	35.38	35:33.00	36.4%
35	7252	Michael Johnson (M61)	26	M60-64	1st	14.1	18:01	17:19	-42	<b>35:20.88</b>	11:22.6	35.33	35:35.00	45.8%
36	6596	Martha Schultz (F41)	9	F40-44	4th	1.8				<b>36:10.25</b>	11:38.5	36.17	36:12.00	42.7%
37	6205	Mario Puente (M54)	27	M50-54	5th	4.7	18:14	17:59	-15	<b>36:13.29</b>	11:39.5	36.22	36:18.00	42.1%
38	6590	Cecilia Lopez (F42)	10	F40-44	5th	0.9	17:08	19:44	+156	<b>36:52.05</b>	11:52.0	36.87	36:53.00	42.2%
39	6102	Jason Varguese (M9)	28	M01-09	2nd	1.9	18:36	19:15	+39	<b>37:51.13</b>	12:11.0	37.85	37:53.00	43.2%
40	6101	Manjusu Varguese (M38)	29	M35-39	2nd	3.0	18:33	19:20	+47	<b>37:52.99</b>	12:11.6	37.87	37:56.00	35.5%
41	7268	Amara Chan (F45)	11	F45-49	1st	11.2	18:50	19:20	+29	<b>38:09.84</b>	12:17.0	38.15	38:21.00	41.9%
42	7477	Angela Chynoweth (F36)	12	F35-39	1st	27.8	18:50	19:40	+51	<b>38:30.24</b>	12:23.6	38.50	38:58.00	39.0%
43	7065	Susan Schafer (F48)	13	F45-49	2nd	9.9	19:01	19:55	+54	<b>38:56.10</b>	12:31.9	38.93	39:06.00	42.4%
44	6206	Olga Puente (M45)	30	M45-49	4th	5.2	19:33	19:35	+2	<b>39:08.81</b>	12:36.0	39.13	39:14.00	36.2%
45	6514	Antony Isacc (M30)	31	M30-34	3rd	22.0	20:18	19:44	-33	<b>40:01.96</b>	12:53.1	40.02	40:24.00	32.3%
46	6893	Susan Olukoga-Daniel (F32)	14	F30-34	1st	4.6	19:40	21:13	+93	<b>40:53.39</b>	13:09.7	40.88	40:58.00	36.3%
47	7024	Carol Creech (F63)	15	F60-64	SR	2.5	19:44	21:16	+92	<b>40:59.45</b>	13:11.6	40.98	41:02.00	49.3%
48	7154	Mike Catt (M60)	32	M60-64	2nd	10.5	19:35	21:37	+122	<b>41:11.53</b>	13:15.5	41.18	41:22.00	38.9%
49	6103	Carlos Ordonez (M43)	33	M40-44	7th	26.2				<b>41:13.83</b>	13:16.3	41.22	41:40.00	33.9%
50	7467	Dina Caballero (F47)	16	F45-49	3rd	13.5	20:03	21:37	+95	<b>41:40.45</b>	13:24.8	41.67	41:54.00	39.2%
51	6901	Caroline Brandt (F9)	17	F01-09	1st	6.5	19:36	22:17	+161	<b>41:53.52</b>	13:29.0	41.88	42:00.00	41.9%
52	6900	Matthew Brandt (M40)	34	M40-44	8th	6.8	19:36	22:17	+161	<b>41:53.22</b>	13:28.9	41.88	42:00.00	32.6%
53	7463	Patricia Orendain (F51)	18	F50-54	3rd	8.7	20:48	23:12	+143	<b>44:00.29</b>	14:09.8	44.00	44:09.00	38.9%
54	6902	Rodney Shultz (M47)	35	M45-49	5th	17.2	21:49	23:27	+98	<b>45:15.80</b>	14:34.1	45.25	45:33.00	31.8%
55	6105	Pill Kim (F45)	19	F45-49	4th	4.1	23:49	26:01	+132	<b>49:49.89</b>	16:02.4	49.82	49:54.00	32.1%
56	6959	Sarah Price (F39)	20	F35-39	2nd	5.5				<b>50:00.46</b>	16:05.8	50.00	50:06.00	30.5%
57	6957	Marci Aguilar (F35)	21	F35-39	3rd	5.5	25:47	24:20	-87	<b>50:07.47</b>	16:08.0	50.12	50:13.00	29.8%
58	6200	Paola Jaramillo (F6)	22	F01-09	2nd	17.3				<b>52:15.70</b>	16:49.3	52.25	52:33.00	37.4%
59	6201	Lydia Coronado (F24)	23	F20-24	1st	17.6				<b>52:16.39</b>	16:49.5	52.27	52:34.00	28.3%
60	6997	Monica Acosta (F36)	24	F35-39	4th	4.5	32:15	33:00	+45	<b>1:05:15.48</b>	21:00.3	65.251	05:20.00	23.0%
61	7266	Barbara Vollmering (F48)	25	F45-49	5th	3.7	32:17	33:02	+45	<b>1:05:18.33</b>	21:01.2	65.301	05:22.00	25.3%

36 Positive Split

16 Negative Split

✓ 6 Club PR's

Average Finish Time: 34:36 22 First Timers Average Age Grade: 47.1%

FN\*:  Broke Age-Group Record  GD Place among Females

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Positive Split

△ Negative Split

Timing provided by:

5/11/2014



DeltaViewTiming.com

## Sorted Age Grades

### 1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Ryan Barrow	M26	5:00.34	74.1%	Move UP
2	2	Julio Lopez	M58	6:46.15	67.0%	
3	4	Yanira Lopez	F51	7:49.83	64.4%	
4	6	Scott McKissick	M65	8:09.06	59.2%	
5	3	David Short	M53	7:36.87	57.1%	
6	8	Luukas Peltonen	M8	8:59.35	54.5%	
7	10	Alexandra Aaltonen	F11	9:05.02	51.9%	

### 5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	2	Ian Maung	M47	20:17.29	71.0%	
2	3	Julio Lopez	M58	22:54.77	68.8%	
3	1	Ryan Barrow	M26	19:24.23	66.5%	
4	6	David Short	M53	23:00.08	65.7%	
5	32	Charles Key	M82	34:18.64	64.5%	
6	12	Alexandra Aaltonen	F11	26:25.99	63.0%	
7	22	Yanira Lopez	F51	28:07.25	60.9%	
8	4	Dierk Hohman	M44	23:08.42	60.8%	
9	11	Eeva Toiviainen	F41	25:53.65	59.6%	
10	25	Scott McKissick	M65	28:20.26	59.2%	
11	8	Doug Waters	M49	24:48.71	59.0%	
12	5	Terry McIntyre	M42	23:30.53	58.9%	
13	10	Emil Aaltonen	M13	24:53.20	58.3%	
14	16	Kaisa Peltonen	F42	26:50.53	57.9%	
15	19	Kavita Maung	F44	27:23.31	57.8%	
16	26	Leonardo Puente	M8	29:29.31	57.7%	
17	21	Aino Aaltonen	F40	27:49.24	55.1%	
18	23	Laurie Anne Hohman	F42	28:20.93	54.9%	
19	9	Kim Aaltonen	M40	24:53.56	54.8%	
20	18	John Kramer	M52	27:24.56	54.7%	
21	17	Tomas Bern	M50	27:17.84	54.0%	
22	7	Shunxing Rong	M35	24:25.37	54.0%	
23	15	Nathan Bruser	M42	25:58.03	53.4%	
24	27	Ruben Reyes	M58	30:24.33	51.8%	
25	33	Teresa Lewis	F53	34:26.24	51.0%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level