

Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Johnny Chen	6:18.69	David Gardner	18:44.11	Tiger Vo	21:30.66	Julio Lopez	22:25.08
Kim Andres	7:32.00	Stefanie Slekis	18:18.39	Laura Nelson	20:52.32	Carol Creech	40:23.08

5K MALE

33 MALE Runners --- Average Time of **26:26**

Avg. Age Grade: **57.8%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 David Gardner	Boulder, CO	(43)			18:44.11		6:01.8	74.5%	2	1
MASTERS	1 Tiger Vo	Lewisville	(41)	10:45	+1	21:30.66		6:55.4	63.9%	4	2
SENIORS	1 Julio Lopez	Farmers Branch	(58)	11:03	+20	22:25.08 M		7:12.9	70.3%	7	5
M01-09	1 Reid Gardner	Boulder, CO	(8)	13:53	+44	28:29.96		9:10.4	59.7%	29	21
	2 Aidan Beukema	Lewisville	(9)			30:11.59 M ✓		9:43.1	54.2%	35	27
M10-14	1 Jacob Shepherd	Irving	(14)	10:36	+43	21:55.14		7:03.3	64.7%	5	3
	2 Grant Gardner	Boulder, CO	(11)			25:46.95		8:17.9	59.3%	19	15
M15-19	1 Chris Beukema	Lewisville	(16)	14:17	+76	29:49.65 M		9:36.0	45.9%	33	25
M35-39	1 Paul Beukema	Lewisville	(37)	15:18	-44	29:51.51 M		9:36.6	44.7%	34	26
M40-44	1 Johnny Chen	Plano	(44)			21:55.47 M		7:03.4	64.2%	6	4
	2 Dierk Hohman	Coppell	(43)	11:29	-22	22:36.42 ✓		7:16.6	61.8%	10	8
	3 Nathan Bruser	Coppell	(42)	12:34	-21	24:47.25		7:58.7	55.9%	24	19
	4 Emmett Rahl	Long Beach, CA	(42)			24:49.34 M ✓		7:59.4	55.8%	17	14
	5 Dennis Hupp	Highland Village	(42)	13:15	-49	25:40.37		8:15.8	54.0%	20	16
M45-49	1 Antonio Alvarez	Carrolllton	(48)			24:23.00		7:50.9	59.5%	13	11
	2 Nivaldo Castro	McKinney	(48)	13:45	-56	26:33.58		8:32.9	54.6%	21	17
	3 John Smith	Dallas	(48)	14:22	+47	29:30.62		9:29.9	49.2%	31	23
	4 Jon Shepherd	Irving	(45)	15:34	-21	30:45.94		9:54.2	46.1%	38	29
M50-54	1 Dennis Maietta	Grapevine	(53)	11:07	+17	22:30.77		7:14.8	67.1%	9	7
	2 David Short	Frisco	(52)	11:33	-8	22:58.25 M		7:23.6	65.3%	11	9
	3 Gabriel Sapien	Carrolllton	(53)	12:53	-47	24:59.57 M		8:02.7	60.5%	16	13
	4 Ronald Hamilton	The Colony	(54)	14:07	+24	28:37.24 M		9:12.7	53.2%	30	22
	5 Craig Lockerbie	Plano	(50)	15:32	-75	29:49.62		9:36.0	49.4%	32	24
	6 Joe Sullivan	Coppell	(50)	16:14	-35	31:53.16 ✓		10:15.8	46.3%	41	31
M55-59	1 Corey Schonfeld	Carrolllton	(55)			22:30.22 M		7:14.6	68.3%	8	6
	2 Patrick Wheller	Dallas	(56)	11:59	+11	24:08.04		7:46.1	64.2%	12	10
	3 Ruben Reyes	Carrolllton	(57)	15:25	-30	30:20.17 M		9:45.9	51.5%	36	28
	4 Timothy Eaton	Corinth	(57)	15:43	-25	31:00.50 ✓		9:58.8	50.4%	39	30
	5 Mahamud Jinnah	Irving	(57)			32:41.19		10:31.2	47.8%	43	33
M60-64	1 James Johnson	Dallas	(61)	13:13	+35	27:00.79		8:41.7	59.9%	22	18
	2 Maxx Pomm	Dallas	(64)	13:44	-4	27:24.03 ✓		8:49.2	60.7%	28	20
	3 Michael Johnson	Coppell	(61)	16:08	-12	32:04.20 M		10:19.3	50.5%	42	32
M70-74	1 Wally Capps	Farmers Branch	(73)	12:25	-5	24:45.25 M		7:58.1	74.1%	15	12

5K FEMALE

18 FEMALE Runners --- Average Time of

32:01

Avg. Age Grade: 53.9%

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Stefanie Slekis	Denton	(25)	9:01	+16	18:18.39	<input type="checkbox"/>	5:53.5	80.8%	1	1
MASTERS	1 Laura Nelson	Grapevine	(48)			20:52.32		6:43.1	79.1%	3	2
SENIORS	1 Carol Creech	Plano	(62)	20:04	+16	40:23.08		12:59.9	49.3%	48	14
F01-09	1 Arwyn Sullivan	Coppell	(9)	14:05	-53	27:15.56	<input checked="" type="checkbox"/>	8:46.4	64.4%	26	6
F10-14	1 Trinity Sullivan	Coppell	(14)	13:03	-30	25:36.24	ℓ	8:14.5	61.4%	18	4
F30-34	1 Alanna Stage	Irving	(30)	15:25	-26	30:22.81		9:46.7	48.7%	37	8
F40-44	1 Jennifer Barton	McKinney	(43)	16:56	+14	34:07.00		10:58.9	46.0%	45	11
	2 Gini Mattson	Carrollton	(40)	17:51	+96	37:17.94		12:00.3	41.1%	46	12
	3 Rikki Creech	Winston-Salem, NC	(42)	20:03	+16	40:22.49		12:59.7	38.5%	49	15
	4 Mila Castillo	Irving	(40)			47:04.04		15:09.0	32.6%	51	17
F45-49	1 Kuay Sullivan	Coppell	(48)	14:03	-52	27:14.82	ℓ	8:46.2	60.6%	27	7
	2 Bridget Hupp	Highland Village	(47)	16:27	-83	31:30.21		10:08.4	51.8%	40	9
	3 Hanh Baker	Plano	(45)	16:56	+14	34:06.59		10:58.7	46.8%	44	10
	4 Susan Schafer	Richardson	(48)	18:42	+53	38:17.56	ℓ	12:19.5	43.1%	47	13
F50-54	1 Jennifer Johnson	Coppell	(51)	12:19	-4	24:34.69	ℓ ✓	7:54.7	69.7%	14	3
	2 Yanira Lopez	Farmers Branch	(51)	13:30	+10	27:09.59	ℓ	8:44.5	63.1%	25	5
F55-59	1 Samina Jinnah	Irving	(56)			46:59.45		15:07.5	38.9%	50	16
FStroller	1 Blake Bruser	Coppell	(4)	12:34	-21	24:47.26		7:58.7		23	0

FN*: Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

12/30/2013

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

1M MALE

		17 MALE Runners --- Average Time of 8:33					Avg. Age Grade: 53.1%		Place in		
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Johnny Chen	Plano	(44)		6:18.69		6:18.7	64.1%	1	1
M01-09	1	Aidan Beukema	Lewisville	(9)		10:29.49		10:29.5	44.8%	22	16
	2	Garrett Robinson	Plano	(9)		11:34.17		11:34.2	40.7%	24	17
M15-19	1	Chris Beukema		(16)		8:18.31		8:18.3	47.4%	10	8
M35-39	1	Paul Beukema	Lewisville	(37)		9:44.95		9:45.0	39.4%	19	13
M40-44	1	Emmett Rahl	Long Beach, CA	(42)		10:22.79		10:22.8	38.4%	21	15
M45-49	1	Ruben Saguil	Carrollton	(49)		6:42.21		6:42.2	62.8%	3	3
	2	Martin Garza	Coppell	(47)		7:16.75		7:16.8	56.9%	5	5
M50-54	1	David Short	Frisco	(52)		6:23.18		6:23.2	67.5%	2	2
	2	Gabriel Sapien	Carrollton	(53)		8:20.00		8:20.0	52.2%	11	9
	3	Ronald Hamilton	The Colony	(54)		8:48.16		8:48.2	49.8%	15	10
M55-59	1	Julio Lopez	Farmers Branch	(58)		6:52.56		6:52.6	65.9%	4	4
	2	Ruben Reyes	Carrollton	(57)		8:05.65		8:05.7	55.5%	8	7
	3	Corey Schonfeld	Carrollton	(55)		8:52.87		8:52.9	49.8%	17	11
M60-64	1	Michael Johnson	Coppell	(61)		9:06.96		9:07.0	51.0%	18	12
M70-74	1	Wally Capps	Farmers Branch	(73)		7:57.06		7:57.1	66.4%	7	6
	2	Jack Manning	Dallas	(70)		10:08.27		10:08.3	50.0%	20	14

1M FEMALE

		7 FEMALE Runners --- Average Time of 8:46					Avg. Age Grade: 57.1%		Place in		
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Kim Andres	Irving	(60)		7:32.00		7:32.0	75.8%	6	1
F10-14	1	Trinity Sullivan	Coppell	(14)		8:50.17		8:50.2	50.4%	16	6
F40-44	1	Charlotte Reeves	coppell	(41)		8:34.80	✓	8:34.8	52.1%	13	4
F45-49	1	Kuay Sullivan	Coppell	(48)		8:35.01		8:35.0	56.6%	14	5
	2	Susan Schafer	Richardson	(48)		11:17.88		11:17.9	43.0%	23	7
F50-54	1	Jennifer Johnson	Coppell	(51)		8:08.79	✓	8:08.8	61.9%	9	2
	2	Yanira Lopez	Farmers Branch	(51)		8:25.97		8:26.0	59.8%	12	3

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6957 Johnny Chen (M44)	1	M40-44	OA	---				6:18.69		6:18.7	21.55	6:18.69	64.1%
2	7061 David Short (M52)	2	M50-54	1st	---				6:23.18		6:23.2	21.84	6:23.18	67.5%
3	7003 Ruben Saguil (M49)	3	M45-49	1st	---				6:42.21		6:42.2	22.92	6:42.21	62.8%
4	7193 Julio Lopez (M58)	4	M55-59	1st	---				6:52.56		6:52.6	23.49	6:52.56	65.9%
5	6611 Martin Garza (M47)	5	M45-49	2nd	---				7:16.75	✕	7:16.8	24.86	7:16.75	56.9%
6	7040 Kim Andres (F60)	1	F60-64	OA	---				7:32.00		7:32.0	25.77	7:32.00	75.8%
7	1916 Wally Capps (M73)	6	M70-74	1st	---				7:57.06		7:57.1	27.20	7:57.06	66.4%
8	7283 Ruben Reyes (M57)	7	M55-59	2nd	---				8:05.65		8:05.7	27.65	8:05.65	55.5%
9	7262 Jennifer Johnson (F51)	2	F50-54	1st	---				8:08.79	✓ 2	8:08.8	27.83	8:08.79	61.9%
10	6109 Chris Beukema (M16)	8	M15-19	1st	---				8:18.31	✕	8:18.3	28.40	8:18.31	47.4%
11	6999 Gabriel Sapien (M53)	9	M50-54	2nd	---				8:20.00		8:20.0	28.51	8:20.00	52.2%
12	7198 Yanira Lopez (F51)	3	F50-54	2nd	---				8:25.97		8:26.0	28.79	8:25.97	59.8%
13	6758 Charlotte Reeves (F41)	4	F40-44	1st	---				8:34.80	✓ 1	8:34.8	29.31	8:34.80	52.1%
14	7265 Kuay Sullivan (F48)	5	F45-49	1st	---				8:35.01		8:35.0	29.36	8:35.01	56.6%
15	7020 Ronald Hamilton (M54)	10	M50-54	3rd	---				8:48.16		8:48.2	30.11	8:48.16	49.8%
16	7099 Trinity Sullivan (F14)	6	F10-14	1st	---				8:50.17		8:50.2	30.22	8:50.17	50.4%
17	6861 Corey Schonfeld (M55)	11	M55-59	3rd	---				8:52.87	✕	8:52.9	30.33	8:52.87	49.8%
18	7252 Michael Johnson (M61)	12	M60-64	1st	---				9:06.96		9:07.0	31.13	9:06.96	51.0%
19	7176 Paul Beukema (M37)	13	M35-39	1st	---				9:44.95		9:45.0	33.30	9:44.95	39.4%
20	7143 Jack Manning (M70)	14	M70-74	2nd	---				10:08.27		10:08.3	34.67	10:08.27	50.0%
21	6566 Emmett Rahl (M42)	15	M40-44	1st	---				10:22.79		10:22.8	35.47	10:22.79	38.4%
22	7178 Aidan Beukema (M9)	16	M01-09	1st	---				10:29.49		10:29.5	35.86	10:29.49	44.8%
23	7065 Susan Schafer (F48)	7	F45-49	2nd	---				11:17.88	✕	11:17.9	38.60	11:17.88	43.0%
24	7104 Garrett Robinson (M9)	17	M01-09	2nd	---				11:34.17		11:34.2	39.57	11:34.17	40.7%

✓ 2 Club PR's

Average Finish Time: 08:36 4 First Timers

Average Age Grade: 54.3%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6854 Stefanie Slekis (F25)	1	F25-29	OA	---	9:01	9:17	+16	18:18.39	☐ ✕	5:53.5	18.30	18:18.39	80.8%
2	6104 David Gardner (M43)	1	M40-44	OA	---				18:44.11		6:01.8	18.73	18:44.11	74.5%
3	7274 Laura Nelson (F48)	2	F45-49	MS	---				20:52.32		6:43.1	20.87	20:52.32	79.1%
4	6325 Tiger Vo (M41)	2	M40-44	MS	4.7	10:45	10:46	+1	21:30.66		6:55.4	21.50	21:35.39	63.9%
5	6793 Jacob Shepherd (M14)	3	M10-14	1st	---	10:36	11:19	+43	21:55.14		7:03.3	21.92	21:55.14	64.7%
6	6957 Johnny Chen (M44)	4	M40-44	1st	3.3				21:55.47	ℓ	7:03.4	21.92	21:58.81	64.2%
7	7193 Julio Lopez (M58)	5	M55-59	SR	---	11:03	11:23	+20	22:25.08	ℓ	7:12.9	22.42	22:25.08	70.3%
8	6861 Corey Schonfeld (M55)	6	M55-59	1st	---				22:30.22	ℓ ✕	7:14.6	22.50	22:30.22	68.3%
9	7273 Dennis Maietta (M53)	7	M50-54	1st	2.9	11:07	11:24	+17	22:30.77		7:14.8	22.50	22:33.63	67.1%
10	7170 Dierk Hohman (M43)	8	M40-44	2nd	1.8	11:29	11:07	-22	22:36.42	✓ 11	7:16.6	22.60	22:38.25	61.8%
11	7061 David Short (M52)	9	M50-54	2nd	17.1	11:33	11:25	-8	22:58.25	ℓ	7:23.6	22.97	23:15.31	65.3%
12	6112 Patrick Wheller (M56)	10	M55-59	2nd	2.3	11:59	12:09	+11	24:08.04		7:46.1	24.13	24:10.31	64.2%
13	6852 Antonio Alvarez (M48)	11	M45-49	1st	---				24:23.00	✕	7:50.9	24.38	24:23.00	59.5%
14	7262 Jennifer Johnson (F51)	3	F50-54	1st	1.3	12:19	12:15	-4	24:34.69	ℓ ✓ 9	7:54.7	24.57	24:35.99	69.7%
15	1916 Wally Capps (M73)	12	M70-74	1st	0.4	12:25	12:20	-5	24:45.25	ℓ	7:58.1	24.75	24:45.68	74.1%
16	6999 Gabriel Sapien (M53)	13	M50-54	3rd	4.3	12:53	12:06	-47	24:59.57	ℓ	8:02.7	24.98	25:03.91	60.5%
17	6566 Emmett Rahl (M42)	14	M40-44	4th	15.1				24:49.34	ℓ ✓ 2	7:59.4	24.82	25:04.48	55.8%
18	7099 Trinity Sullivan (F14)	4	F10-14	1st	1.7	13:03	12:33	-30	25:36.24	ℓ	8:14.5	25.60	25:37.92	61.4%
19	6105 Grant Gardner (M11)	15	M10-14	2nd	---				25:46.95	✕	8:17.9	25.77	25:46.95	59.3%
20	6102 Dennis Hupp (M42)	16	M40-44	5th	6.9	13:15	12:25	-49	25:40.37	✕	8:15.8	25.67	25:47.26	54.0%
21	6770 Nivaldo Castro (M48)	17	M45-49	2nd	12.3	13:45	12:49	-56	26:33.58		8:32.9	26.55	26:45.92	54.6%
22	7191 James Johnson (M61)	18	M60-64	1st	---	13:13	13:48	+35	27:00.79		8:41.7	27.00	27:00.79	59.9%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

12/30/2013

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

23	7316	Blake Bruser (F4)	0	FStrolle	1st	138.8	12:34	12:13	-21	24:47.26	18	7:58.7	24.78	27:06.08	
24	7097	Nathan Bruser (M42)	19	M40-44	3rd	138.9	12:34	12:13	-21	24:47.25		7:58.7	24.78	27:06.14	55.9%
25	7198	Yanira Lopez (F51)	5	F50-54	2nd	3.0	13:30	13:40	+10	27:09.59	⌚	8:44.5	27.15	27:12.57	63.1%
26	7204	Arwyn Sullivan (F9)	6	F01-09	1st	0.4	14:05	13:11	-53	27:15.56	☑	8:46.4	27.25	27:15.98	64.4%
27	7265	Kuay Sullivan (F48)	7	F45-49	1st	1.9	14:03	13:11	-52	27:14.82	⌚	8:46.2	27.23	27:16.69	60.6%
28	6108	Maxx Pomm (M64)	20	M60-64	2nd	1.8	13:44	13:40	-4	27:24.03	✓	8:49.2	27.40	27:25.85	60.7%
29	6106	Reid Gardner (M8)	21	M01-09	1st	---	13:53	14:37	+44	28:29.96	⌚	9:10.4	28.48	28:29.96	59.7%
30	7020	Ronald Hamilton (M54)	22	M50-54	4th	6.1	14:07	14:31	+24	28:37.24	⌚	9:12.7	28.62	28:43.37	53.2%
31	6676	John Smith (M48)	23	M45-49	3rd	2.5	14:22	15:09	+47	29:30.62		9:29.9	29.50	29:33.08	49.2%
32	6865	Craig Lockerbie (M50)	24	M50-54	5th	7.8	15:32	14:18	-75	29:49.62	⌚	9:36.0	29.82	29:57.41	49.4%
33	6109	Chris Beukema (M16)	25	M15-19	1st	11.6	14:17	15:33	+76	29:49.65	⌚	9:36.0	29.82	30:01.25	45.9%
34	7176	Paul Beukema (M37)	26	M35-39	1st	11.0	15:18	14:34	-44	29:51.51	⌚	9:36.6	29.85	30:02.49	44.7%
35	7178	Aidan Beukema (M9)	27	M01-09	2nd	---				30:11.59	⌚ ✓	9:43.1	30.18	30:11.59	54.2%
36	7283	Ruben Reyes (M57)	28	M55-59	3rd	7.4	15:25	14:55	-30	30:20.17	⌚	9:45.9	30.33	30:27.62	51.5%
37	6558	Alanna Stage (F30)	8	F30-34	1st	6.2	15:25	14:58	-26	30:22.81	⌚	9:46.7	30.37	30:29.04	48.7%
38	6794	Jon Shepherd (M45)	29	M45-49	4th	5.0	15:34	15:12	-21	30:45.94		9:54.2	30.75	30:50.96	46.1%
39	6103	Timothy Eaton (M57)	30	M55-59	4th	7.6	15:43	15:18	-25	31:00.50	✓	9:58.8	31.00	31:08.12	50.4%
40	6101	Bridget Hupp (F47)	9	F45-49	2nd	5.9	16:27	15:03	-83	31:30.21	⌚	10:08.4	31.50	31:36.10	51.8%
41	7263	Joe Sullivan (M50)	31	M50-54	6th	9.2	16:14	15:39	-35	31:53.16	✓	10:15.8	31.88	32:02.39	46.3%
42	7252	Michael Johnson (M61)	32	M60-64	3rd	4.0	16:08	15:56	-12	32:04.20	⌚	10:19.3	32.07	32:08.15	50.5%
43	6867	Mahamud Jinnah (M57)	33	M55-59	5th	1.1				32:41.19	⌚	10:31.2	32.68	32:42.34	47.8%
44	6100	Hanh Baker (F45)	10	F45-49	3rd	10.1	16:56	17:10	+14	34:06.59	⌚	10:58.7	34.10	34:16.70	46.8%
45	6862	Jennifer Barton (F43)	11	F40-44	1st	10.6	16:56	17:11	+14	34:07.00	⌚	10:58.9	34.12	34:17.64	46.0%
46	6574	Gini Mattson (F40)	12	F40-44	2nd	4.4	17:51	19:27	+96	37:17.94		12:00.3	37.28	37:22.35	41.1%
47	7065	Susan Schafer (F48)	13	F45-49	4th	7.9	18:42	19:35	+53	38:17.56	⌚	12:19.5	38.28	38:25.44	43.1%
48	7024	Carol Creech (F62)	14	F60-64	SR	3.2	20:04	20:20	+16	40:23.08		12:59.9	40.38	40:26.31	49.3%
49	6714	Rikki Creech (F42)	15	F40-44	3rd	4.3	20:03	20:19	+16	40:22.49		12:59.7	40.37	40:26.82	38.5%
50	6869	Samina Jinnah (F56)	16	F55-59	1st	1.3				46:59.45	⌚	15:07.5	46.98	47:00.77	38.9%
51	6107	Mila Castillo (F40)	17	F40-44	4th	---				47:04.04	⌚	15:09.0	47.07	47:04.04	32.6%

18 Positive Split

22 Negative Split

✓ 8 Club PR's

Average Finish Time: 28:24 15 First Timers Average Age Grade: 56.5%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

12/30/2013

⌚ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	6	Kim Andres	F60	7:32.00	75.8%	
2	2	David Short	M52	6:23.18	67.5%	
3	7	Wally Capps	M73	7:57.06	66.4%	
4	4	Julio Lopez	M58	6:52.56	65.9%	
5	1	Johnny Chen	M44	6:18.69	64.1%	
6	3	Ruben Saguil	M49	6:42.21	62.8%	
7	9	Jennifer Johnson	F51	8:08.79	61.9%	
8	12	Yanira Lopez	F51	8:25.97	59.8%	
9	5	Martin Garza	M47	7:16.75	56.9%	
10	14	Kuay Sullivan	F48	8:35.01	56.6%	
11	8	Ruben Reyes	M57	8:05.65	55.5%	
12	11	Gabriel Sapien	M53	8:20.00	52.2%	
13	13	Charlotte Reeves	F41	8:34.80	52.1%	
14	18	Michael Johnson	M61	9:06.96	51.0%	
15	16	Trinity Sullivan	F14	8:50.17	50.4%	
16	20	Jack Manning	M70	10:08.27	50.0%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Stefanie Slekis	F25	18:18.39	80.8%	New
2	3	Laura Nelson	F48	20:52.32	79.1%	
3	2	David Gardner	M43	18:44.11	74.5%	
4	15	Wally Capps	M73	24:45.25	74.1%	
5	7	Julio Lopez	M58	22:25.08	70.3%	
6	14	Jennifer Johnson	F51	24:34.69	69.7%	Move UP
7	8	Corey Schonfeld	M55	22:30.22	68.3%	New
8	9	Dennis Maietta	M53	22:30.77	67.1%	
9	11	David Short	M52	22:58.25	65.3%	
10	5	Jacob Shepherd	M14	21:55.14	64.7%	
11	26	Arwyn Sullivan	F9	27:15.56	64.4%	
12	12	Patrick Wheller	M56	24:08.04	64.2%	
13	6	Johnny Chen	M44	21:55.47	64.2%	
14	4	Tiger Vo	M41	21:30.66	63.9%	
15	25	Yanira Lopez	F51	27:09.59	63.1%	
16	10	Dierk Hohman	M43	22:36.42	61.8%	
17	18	Trinity Sullivan	F14	25:36.24	61.4%	
18	28	Maxx Pomm	M64	27:24.03	60.7%	
19	27	Kuay Sullivan	F48	27:14.82	60.6%	
20	16	Gabriel Sapien	M53	24:59.57	60.5%	
21	22	James Johnson	M61	27:00.79	59.9%	
22	29	Reid Gardner	M8	28:29.96	59.7%	
23	13	Antonio Alvarez	M48	24:23.00	59.5%	
24	19	Grant Gardner	M11	25:46.95	59.3%	
25	24	Nathan Bruser	M42	24:47.25	55.9%	
26	17	Emmett Rahl	M42	24:49.34	55.8%	
27	21	Nivaldo Castro	M48	26:33.58	54.6%	
28	35	Aidan Beukema	M9	30:11.59	54.2%	
29	20	Dennis Hupp	M42	25:40.37	54.0%	
30	30	Ronald Hamilton	M54	28:37.24	53.2%	
31	40	Bridget Hupp	F47	31:30.21	51.8%	
32	36	Ruben Reyes	M57	30:20.17	51.5%	
33	42	Michael Johnson	M61	32:04.20	50.5%	
34	39	Timothy Eaton	M57	31:00.50	50.4%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level