



Carrollton Runners Prediction Run 5K

Sunday, November 17, 2024

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

64°F Cloudy 94%RH 7mphSE
5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	16	886	Amy Polcari (F58)			3	F55-59	29:59	4.6	15:05	14:59	-6	30:04.624	9:51.7	5.62
2	6	011	Blair Casey (M37)			5	M35-39	25:30	3.0	12:40	12:44	+3	25:23.951	8:19.7	6.05
3	18	042	John Leighton (M64)			14	M60-64	31:45	5.6	15:59	15:56	-3	31:55.317	10:28.0	10.32
4	10	405	Steve Russo (M61)			8	M60-64	26:46	2.1	13:16	13:17	+1	26:32.834	8:42.2	13.17
5	8	117	Vijayan Nair (M62)			7	M60-64	26:00	0.0	11:52	13:53	+121	25:45.763	8:26.8	14.24
6	29	454	Betsy Palmer (F63)			9	F60-64	38:03	17.4	18:52	19:25	+33	38:17.593	12:33.3	14.59
7	24	050	Chris Goins (M54)			18	M50-54	35:00	11.9	16:58	17:47	+49	34:44.926	11:23.6	15.07
8	19	283	Ruben Reyes (M68)			15	M65-69	32:32	5.9	15:45	16:28	+44	32:12.994	10:33.8	19.01
9	1	710	Jaydin Turner (M15)			1	M15-19	18:00	0.0	8:49	8:52	+3	17:40.888	5:47.8	19.11
10	14	100	Doug Waters (M60)			12	M60-64	29:30	4.2	14:18	14:53	+35	29:10.766	9:34.0	19.23
11	26	041	Kay Scott (F55)			8	F55-59	36:23	10.8	17:50	18:12	+22	36:01.445	11:48.7	21.55
12	17	135	Kavita Maung (F54)			4	F50-54	32:15	4.7	15:45	16:08	+23	31:52.793	10:27.1	22.21
13	36	024	Carol Creech (F73)			13	F70-74	48:28	6:19.9	23:03	25:03	+120	48:05.182	15:46.0	22.82
14	13	885	Peter Ackling (M59)			11	M55-59	28:00	1.5	13:40	13:56	+16	27:36.311	9:03.1	23.69
15	39	246	Sheila Holen (F53)			14	F50-54	58:30	39.5	29:14	29:40	+26	58:54.508	19:18.9	24.51
16	4	255	John Cosentino (M62)			3	M60-64	23:50	1.0	11:51	11:30	-22	23:21.005	7:39.3	28.99
17	2	136	Ian Maung (M57)			2	M55-59	21:55	4.0	10:59	11:26	+27	22:24.947	7:21.0	29.95
18	12	155	Ruben Arevalo (M69)			10	M65-69	27:00	0.0	13:42	13:51	+9	27:33.414	9:02.1	33.41
19	25	044	Amie Goins (F53)			7	F50-54	34:12	10.8	16:51	17:55	+64	34:46.471	11:24.1	34.47
20	28	060	Jaws Hansen (M64)			20	M60-64	48:49	11:00.0	24:15	25:13	+58	49:27.640	16:13.0	38.64
21	7	577	Paul Norris (M52)			6	M50-54	24:34	2.6	12:40	12:45	+5	25:24.534	8:19.8	50.53
22	15	193	Julio Lopez (M69)			13	M65-69	29:00	1.5	15:02	14:57	-5	29:58.311	9:49.6	58.31
23	22	153	Peter Chan (M71)			16	M70-74	32:00	7.4	16:20	16:42	+22	33:01.487	10:49.7	61.49
24	21	265	Kuay Sullivan (F59)			6	F55-59	34:00	7.1	16:00	16:57	+56	32:57.157	10:48.2	62.84
25	3	619	Amara Tyler (F10)			1	F10-14	21:24	0.0	11:01	11:32	+31	22:32.554	7:23.5	68.55
26	23	345	Ryan Pogue (M53)			17	M50-54	32:30	7.7	15:51	17:48	+117	33:39.779	11:02.2	69.78
27	5	618	Noah Tyler (M41)			4	M40-44	25:00	0.1	11:38	11:56	+18	23:34.075	7:43.6	85.92
28	32	039	Mary Kaplan (F85)			11	F80-99	39:45	0.6	20:02	21:12	+71	41:13.628	13:31.0	88.63
29	30	721	Jennifer Speer (F37)			10	F35-39	38:00	4.6	18:14	21:36	+201	39:50.089	13:03.6	110.09
30	11	097	Nathan Bruser (M53)			9	M50-54	28:28	3.5	13:14	13:18	+4	26:31.716	8:41.9	116.28
31	9	096	Blake Bruser (F15)			2	F15-19	28:28	0.1	12:40	13:30	+50	26:10.109	8:34.8	137.89
32	20	884	Chris Cantrell (F71)			5	F70-74	35:00	8.7	16:02	16:30	+29	32:32.080	10:40.0	147.92
33	27	113	Victor Elfenbein (M66)			19	M65-69	33:38	6.1	16:14	19:57	+224	36:10.944	11:51.8	152.94
34	40	261	John Kramer (M62)			26	M60-64	51:58	4:03.1	28:28	28:15	-13	56:42.468	18:35.6	284.47
35	33	530	Lilliana Wutter (F52)			12	F50-54	50:00	13.6	22:26	20:50	-96	43:16.576	14:11.3	403.42
36	31	006	Terry Zimmer (M65)			21	M65-69	31:00	9.1	19:23	20:56	+92	40:19.282	13:13.2	559.28
37	35	529	Carlos Ordonez (M54)			23	M50-54	25:00	16.4	28:36	24:42	-234	53:17.742	17:28.4	1697.74
38	41	193	Julio Lopez (M69) [2]			27	M65-69	31:00	29:59.8	15:40	15:08	-32	30:48.220	10:06.0	11.78
39	34	255	John Cosentino (M62) [2]			22	M60-64	25:25	23:22.4	12:26	12:15	-11	24:40.613	8:05.4	44.39
40	37	117	Vijayan Nair (M62) [2]			24	M60-64	28:00	25:46.6	14:10	14:52	+42	29:02.117	9:31.2	62.12
41	38	405	Steve Russo (M61) [2]			25	M60-64	27:12	26:35.0	13:27	16:06	+158	29:33.073	9:41.3	141.07
42	43	265	Kuay Sullivan (F59) [2]			15	F55-59	35:00	33:05.1	18:52	19:16	+25	38:07.870	12:30.1	187.87
43	42	155	Ruben Arevalo (M69) [2]			28	M65-69	28:00	27:34.3	17:00	17:04	+4	34:04.315	11:10.3	364.32
44	44	113	Victor Elfenbein (M66) [2]			29	M65-69	33:38	36:18.0				49:16.693	16:09.4	938.69
													24Slower	20Faster	143.70

© Most Accurate Predictor(s) wins gift card(s).

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime)

Fast Slow

▲ Positive Split
▲ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	710	Jaydin Turner (M15)		1	M15-19	Carrollton	0.0	8:49	8:52	+3	17:40.888	5:47.8	19.11	17:40.888	77.3%
2	136	Ian Maung (M57)		2	M55-59	Coppell	4.0	10:59	11:26	+27	22:24.947	7:21.0	29.95	22:28.953	68.5%
3	619	Amara Tyler (F10)		1	F10-14	Allen	0.0	11:01	11:32	+31	22:32.554	7:23.5	68.55	22:32.554	74.3%
4	255	John Cosentino (M62)		3	M60-64	Plano	1.0	11:51	11:30	-22	23:21.005	7:39.3	28.99	23:22.046	68.7%
5	618	Noah Tyler (M41)		4	M40-44	Allen	0.1	11:38	11:56	+18	23:34.075	7:43.6	85.92	23:34.140	57.3%
6	011	Blair Casey (M37)		5	M35-39	Carrollton	3.0	12:40	12:44	+3	25:23.951	8:19.7	6.05	25:26.939	51.6%
7	577	Paul Norris (M52)		6	M50-54	Coppell	2.6	12:40	12:45	+5	25:24.534	8:19.8	50.53	25:27.154	57.9%
8	117	Vijayan Nair (M62)		7	M60-64	Plano	0.0	11:52	13:53	+121	25:45.763	8:26.8	14.24	25:45.763	62.2%
9	096	Blake Bruser (F15)		2	F15-19	Carrollton	0.1	12:40	13:30	+50	26:10.109	8:34.8	137.89	26:10.162	58.2%
10	405	Steve Russo (M61)		8	M60-64	Plano	2.1	13:16	13:17	+1	26:32.834	8:42.2	13.17	26:34.968	59.9%
11	097	Nathan Bruser (M53)		9	M50-54	Carrollton	3.5	13:14	13:18	+4	26:31.716	8:41.9	116.28	26:35.265	55.9%
12	155	Ruben Arevalo (M69)		10	M65-69	Carrollton	0.0	13:42	13:51	+9	27:33.414	9:02.1	33.41	27:33.414	62.1%
13	885	Peter Ackling (M59)		11	M55-59	Lewisville	1.5	13:40	13:56	+16	27:36.311	9:03.1	23.69	27:37.798	56.6%
14	100	Doug Waters (M60)		12	M60-64	Carrollton	4.2	14:18	14:53	+35	29:10.766	9:34.0	19.23	29:14.921	54.0%
15	193	Julio Lopez (M69)		13	M65-69	Farmers Branch	1.5	15:02	14:57	-5	29:58.311	9:49.6	58.31	29:59.804	57.1%
16	886	Amy Polcari (F58)		3	F55-59	Lewisville	4.6	15:05	14:59	-6	30:04.624	9:51.7	5.62	30:09.267	61.4%
17	135	Kavita Maung (F54)		4	F50-54	Coppell	4.7	15:45	16:08	+23	31:52.793	10:27.1	22.21	31:57.455	54.9%
18	042	John Leighton (M64)		14	M60-64	Bedford	5.6	15:59	15:56	-3	31:55.317	10:28.0	10.32	32:00.918	51.1%
19	283	Ruben Reyes (M68)		15	M65-69	Carrollton	5.9	15:45	16:28	+44	32:12.994	10:33.8	19.01	32:18.859	52.6%
20	884	Chris Cantrell (F71)		5	F70-74	Carrollton	8.7	16:02	16:30	+29	32:32.080	10:40.0	147.92	32:40.814	69.2%
21	265	Kuay Sullivan (F59)		6	F55-59	Coppell	7.1	16:00	16:57	+56	32:57.157	10:48.2	62.84	33:04.224	56.8%
22	153	Peter Chan (M71)		16	M70-74	Coppell	7.4	16:20	16:42	+22	33:01.487	10:49.7	61.49	33:08.849	53.1%
23	345	Ryan Pogue (M53)		17	M50-54	Carrollton	7.7	15:51	17:48	+117	33:39.779	11:02.2	69.78	33:47.519	44.1%
24	050	Chris Goins (M54)		18	M50-54	Garland	11.9	16:58	17:47	+49	34:44.926	11:23.6	15.07	34:56.814	43.1%
25	044	Amie Goins (F53)		7	F50-54	Garland	10.8	16:51	17:55	+64	34:46.471	11:24.1	34.47	34:57.294	49.6%
26	041	Kay Scott (F55)		8	F55-59	Bedford	10.8	17:50	18:12	+22	36:01.445	11:48.7	21.55	36:12.273	49.2%
27	113	Victor Elfenbein (M66)		19	M65-69	Dallas	6.1	16:14	19:57	+224	36:10.944	11:51.8	152.94	36:17.062	45.9%
28	060	Jaws Hansen (M64)		20	M60-64	Dallas	11:00.0	24:15	25:13	+58	49:27.640	16:13.0	38.64	38:27.627	33.0%
29	454	Betsy Palmer (F63)		9	F60-64	Carrollton	17.4	18:52	19:25	+33	38:17.593	12:33.3	14.59	38:34.962	51.8%
30	721	Jennifer Speer (F37)		10	F35-39	Carrollton	4.6	18:14	21:36	+201	39:50.089	13:03.6	110.09	39:54.726	37.2%
31	006	Terry Zimmer (M65)		21	M65-69	Farmers Branch	9.1	19:23	20:56	+92	40:19.282	13:13.2	559.28	40:28.334	40.8%
32	039	Mary Kaplan (F85)		11	F80-99	Sunrise Beach	0.6	20:02	21:12	+71	41:13.628	13:31.0	88.63	41:14.185	74.7%
33	530	Lilliana Wutter (F52)		12	F50-54	Frisco	13.6	22:26	20:50	-96	43:16.576	14:11.3	403.42	43:30.183	39.4%
34	255	John Cosentino (M62) [2]		22	M60-64	Plano	23:22.4	12:26	12:15	-11	24:40.613	8:05.4	44.39	48:03.007	65.0%
35	529	Carlos Ordonez (M54)		23	M50-54	Carrollton	16.4	28:36	24:42	-234	53:17.742	17:28.4	1697.74	53:34.128	28.1%
36	024	Carol Creech (F73)		13	F70-74	Aubrey	6:19.9	23:03	25:03	+120	48:05.182	15:46.0	22.82	54:25.052	48.4%
37	117	Vijayan Nair (M62) [2]		24	M60-64	Plano	25:46.6	14:10	14:52	+42	29:02.117	9:31.2	62.12	54:48.761	55.2%
38	405	Steve Russo (M61) [2]		25	M60-64	Plano	26:35.0	13:27	16:06	+158	29:33.073	9:41.3	141.07	56:08.078	53.8%
39	246	Sheila Holen (F53)		14	F50-54	Lewisville	39.5	29:14	29:40	+26	58:54.508	19:18.9	24.51	59:33.960	29.3%
40	261	John Kramer (M62)		26	M60-64	Plano	4:03.1	28:28	28:15	-13	56:42.468	18:35.6	284.47	60:45.585	28.3%
41	193	Julio Lopez (M69) [2]		27	M65-69	Farmers Branch	29:59.8	15:40	15:08	-32	30:48.220	10:06.0	11.78	60:48.064	55.6%
42	155	Ruben Arevalo (M69) [2]		28	M65-69	Carrollton	27:34.3	17:00	17:04	+4	34:04.315	11:10.3	364.32	61:38.638	50.2%
43	265	Kuay Sullivan (F59) [2]		15	F55-59	Coppell	33:05.1	18:52	19:16	+25	38:07.870	12:30.1	187.87	71:12.939	49.1%
44	113	Victor Elfenbein (M66) [2]		29	M65-69	Dallas	36:18.0				49:16.693	16:09.4	938.69	85:34.736	33.7%

34 Positive Split

9 Negative Split

Average Finish Time: 33:44

Average Age Grade: 52.9%