



# Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, June 16, 2024  
77F Clear 80%RH 8mphS  
5K Off :7:31 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference		
1	18	050	Chris Goins (M53)			14	M50-54	35:30	8.6	16:43	18:49	+125	35:31.921	⊙	11:39.0	1.92	
2	27	039	Mary Kaplan (F85)			9	F80-99	41:30	0.1	20:12	20:56	+44	41:08.026	⊙	13:29.2	21.97	
3	6	193	Julio Lopez (M68)			6	M65-69	29:00	2.7	14:15	14:21	+6	28:35.517	⊙	9:22.5	24.48	
4	15	044	Amie Goins (F52)			3	F50-54	33:09	8.2	16:12	17:24	+72	33:36.301		11:01.1	27.30	
5	2	011	Blair Casey (M37)			2	M35-39	25:00	2.3	12:15	13:15	+61	25:30.032		8:21.6	30.03	
6	3	117	Vijayan Nair (M61)			3	M60-64	25:00	0.0	12:33	13:06	+33	25:38.832		8:24.5	38.83	
7	24	995	Brittany Hill (F29)			6	F25-29	39:00	3.8	19:30	20:17	+47	39:47.416		13:02.8	47.42	
8	1	577	Paul Norris (M51)			1	M50-54	24:40	1.4	12:16	13:15	+59	25:30.510		8:21.8	50.51	
9	33	261	John Kramer (M62)			23	M60-64	62:10	11:30.9	31:55	31:12	-42	63:07.147		20:41.7	57.15	
10	4	255	John Cosentino (M61)			4	M60-64	26:40	5.1	12:47	12:55	+9	25:41.917		8:25.5	58.08	
11	19	222	Rich Weklar (M53)			15	M50-54	35:00	10.8	16:17	19:46	+209	36:03.112		11:49.2	63.11	
12	5	155	Ruben Arevalo (M68)			5	M65-69	27:00	0.0	13:53	14:13	+21	28:06.136		9:12.8	66.14	
13	20	345	Ryan Pogue (M53)			16	M50-54	33:00	3:22.0	15:49	18:21	+153	34:10.146		11:12.2	70.15	
14	25	454	Betsy Palmer (F63)			7	F60-64	38:30	17.4	19:33	20:18	+45	39:50.502		13:03.8	80.50	
15	29	024	Carol Creech (F73)			10	F70-74	49:49	1:11.5	24:07	24:21	+13	48:27.913		15:53.4	81.09	
16	7	060	Jaws Hansen (M64)			7	M60-64	27:28	3.4	14:19	14:46	+27	29:04.674		9:32.0	96.67	
17	9	654	Kenneth Herchuk (M65)			9	M65-69	29:30	6.1	14:51	16:24	+93	31:14.421		10:14.6	104.42	
18	16	993	Dereon Hill (M29)			13	M25-29	35:36	1.8	16:30	17:15	+45	33:45.399		11:04.1	110.60	
19	21	198	Yanira Lopez (F61)			5	F60-64	35:20	19.6	17:43	19:33	+111	37:15.988		12:13.1	115.99	
20	14	283	Ruben Reyes (M68)			12	M65-69	31:01	7.1	15:50	17:15	+85	33:05.378		10:50.9	124.38	
21	17	121	Debbie Riedner (F54)			4	F50-54	32:00	5.9	17:07	17:15	+8	34:22.064		11:16.1	142.06	
22	11	012	Doug Waters (M59)			10	M55-59	29:30	5.6	15:36	16:33	+58	32:08.727		10:32.4	158.73	
23	12	003	Amy Polcari (F58)			2	F55-59	35:00	3.1	15:51	16:30	+39	32:20.864		10:36.3	159.14	
24	26	530	Lilliana Wutter (F52)			8	F50-54	38:00	5.2	19:42	21:16	+95	40:57.584		13:25.8	177.58	
25	22	113	Victor Elfenbein (M66)			17	M65-69	35:00	4.8	17:04	21:35	+271	38:39.520		12:40.5	219.52	
26	28	529	Carlos Ordonez (M53)			19	M50-54	45:00	14.2	26:23	22:38	-225	49:01.269		16:04.4	241.27	
27	13	001	Peter Ackling (M59)			11	M55-59	28:30	3.7	15:18	17:32	+134	32:49.364		10:45.7	259.36	
28	23	153	Peter Chan (M71)			18	M70-74	33:00	7.9	18:25	20:18	+113	38:42.769		12:41.6	342.77	
29	8	655	John Herchuk (M28)			8	M25-29	24:35	9.5	13:39	17:00	+201	30:39.914		10:03.3	364.91	
30	10	521	Carly Hensley (F32)			1	F30-34	42:00	11.7	14:41	16:53	+133	31:33.880		10:20.9	626.12	
31	31	117	Vijayan Nair (M61) [2]			21	M60-64	33:00	25:39.8	13:32	19:53	+381	33:24.924		10:57.4	24.92	
32	30	577	Paul Norris (M51) [2]			20	M50-54	24:20	25:32.9	12:11	12:46	+35	24:56.839		8:10.8	36.84	
33	32	193	Julio Lopez (M68) [2]			22	M65-69	31:30	28:39.5	14:23	16:05	+102	30:28.449		9:59.5	61.55	
34	35	198	Yanira Lopez (F61) [2]			12	F60-64	39:55	37:36.7	21:21	23:25	+124	44:45.433		14:40.5	290.43	
35	36	153	Peter Chan (M71) [2]			24	M70-74	33:00	40:21.8	20:10	23:29	+199	43:39.670		14:18.9	639.67	
36	34	121	Debbie Riedner (F54) [2]			11	F50-54	32:00	34:29.7	21:40	21:26	-14	43:06.287		14:08.0	666.29	
37	37	113	Victor Elfenbein (M66) [2]			25	M65-69	40:00	38:45.0	24:57	28:37	+220	53:33.456		17:33.6	813.46	
													⊙	Most Accurate Predictor(s) wins gift card(s).	29Slower	8Faster	175.55

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split

△ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	577	Paul Norris (M51)		1	M50-54	Coppell	1.4	12:16	13:15	+59	25:30.510	8:21.8	50.51	25:31.892	57.2%
2	011	Blair Casey (M37)		2	M35-39	Carrollton	2.3	12:15	13:15	+61	25:30.032	8:21.6	30.03	25:32.306	51.4%
3	117	Vijayan Nair (M61)		3	M60-64	Plano	0.0	12:33	13:06	+33	25:38.832	8:24.5	38.83	25:38.832	62.0%
4	255	John Cosentino (M61)		4	M60-64	Plano	5.1	12:47	12:55	+9	25:41.917	8:25.5	58.08	25:47.021	61.8%
5	155	Ruben Arevalo (M68)		5	M65-69	Carrollton	0.0	13:53	14:13	+21	28:06.136	9:12.8	66.14	28:06.136	60.3%
6	193	Julio Lopez (M68)		6	M65-69	Farmers Branch	2.7	14:15	14:21	+6	28:35.517	9:22.5	24.48	28:38.209	59.2%
7	060	Jaws Hansen (M64)		7	M60-64	Dallas	3.4	14:19	14:46	+27	29:04.674	9:32.0	96.67	29:08.095	56.1%
8	655	John Herchuk (M28)		8	M25-29	Dallas	9.5	13:39	17:00	+201	30:39.914	10:03.3	364.91	30:49.449	41.3%
9	654	Kenneth Herchuk (M65)		9	M65-69	Dallas	6.1	14:51	16:24	+93	31:14.421	10:14.6	104.42	31:20.472	52.7%
10	521	Carly Hensley (F32)		1	F30-34	Carrollton	11.7	14:41	16:53	+133	31:33.880	10:20.9	626.12	31:45.597	46.2%
11	012	Doug Waters (M59)		10	M55-59	Carrollton	5.6	15:36	16:33	+58	32:08.727	10:32.4	158.73	32:14.308	48.6%
12	003	Amy Polcari (F58)		2	F55-59	Coppell	3.1	15:51	16:30	+39	32:20.864	10:36.3	159.14	32:23.916	57.1%
13	001	Peter Ackling (M59)		11	M55-59	Coppell	3.7	15:18	17:32	+134	32:49.364	10:45.7	259.36	32:53.082	47.6%
14	283	Ruben Reyes (M68)		12	M65-69	Carrollton	7.1	15:50	17:15	+85	33:05.378	10:50.9	124.38	33:12.523	51.2%
15	044	Amie Goins (F52)		3	F50-54	Garland	8.2	16:12	17:24	+72	33:36.301	11:01.1	27.30	33:44.486	50.7%
16	993	Dereon Hill (M29)		13	M25-29	Dallas	1.8	16:30	17:15	+45	33:45.399	11:04.1	110.60	33:47.191	37.6%
17	121	Debbie Riedner (F54)		4	F50-54	Dallas	5.9	17:07	17:15	+8	34:22.064	11:16.1	142.06	34:27.982	50.9%
18	050	Chris Goins (M53)		14	M50-54	Garland	8.6	16:43	18:49	+125	35:31.921	11:39.0	1.92	35:40.492	41.8%
19	222	Rich Weklar (M53)		15	M50-54	Bartonville	10.8	16:17	19:46	+209	36:03.112	11:49.2	63.11	36:13.910	41.2%
20	345	Ryan Pogue (M53)		16	M50-54	Carrollton	3:22.0	15:49	18:21	+153	34:10.146	11:12.2	70.15	37:32.105	43.4%
21	198	Yanira Lopez (F61)		5	F60-64	Farmers Branch	19.6	17:43	19:33	+111	37:15.988	12:13.1	115.99	37:35.611	51.7%
22	113	Victor Elfenbein (M66)		17	M65-69	Dallas	4.8	17:04	21:35	+271	38:39.520	12:40.5	219.52	38:44.304	43.0%
23	153	Peter Chan (M71)		18	M70-74	Coppell	7.9	18:25	20:18	+113	38:42.769	12:41.6	342.77	38:50.644	45.3%
24	995	Brittany Hill (F29)		6	F25-29	Dallas	3.8	19:30	20:17	+47	39:47.416	13:02.8	47.42	39:51.222	36.5%
25	454	Betsy Palmer (F63)		7	F60-64	Carrollton	17.4	19:33	20:18	+45	39:50.502	13:03.8	80.50	40:07.918	49.8%
26	530	Lilliana Wutter (F52)		8	F50-54	Frisco	5.2	19:42	21:16	+95	40:57.584	13:25.8	177.58	41:02.775	41.6%
27	039	Mary Kaplan (F85)		9	F80-99	Sunrise Beach	0.1	20:12	20:56	+44	41:08.026	13:29.2	21.97	41:08.095	74.9%
28	529	Carlos Ordonez (M53)		19	M50-54	Carrollton	14.2	26:23	22:38	-225	49:01.269	16:04.4	241.27	49:15.513	30.3%
29	024	Carol Creech (F73)		10	F70-74	Aubrey	1:11.5	24:07	24:21	+13	48:27.913	15:53.4	81.09	49:39.431	48.1%
30	577	Paul Norris (M51) [2]		20	M50-54	Coppell	25:32.9	12:11	12:46	+35	24:56.839	8:10.8	36.84	50:29.777	58.5%
31	117	Vijayan Nair (M61) [2]		21	M60-64	Plano	25:39.8	13:32	19:53	+381	33:24.924	10:57.4	24.92	59:04.675	47.6%
32	193	Julio Lopez (M68) [2]		22	M65-69	Farmers Branch	28:39.5	14:23	16:05	+102	30:28.449	9:59.5	61.55	59:07.929	55.6%
33	261	John Kramer (M62)		23	M60-64	Plano	11:30.9	31:55	31:12	-42	63:07.147	20:41.7	57.15	74:38.009	25.4%
34	121	Debbie Riedner (F54) [2]		11	F50-54	Dallas	34:29.7	21:40	21:26	-14	43:06.287	14:08.0	666.29	77:35.951	40.6%
35	198	Yanira Lopez (F61) [2]		12	F60-64	Farmers Branch	37:36.7	21:21	23:25	+124	44:45.433	14:40.5	290.43	82:22.158	43.0%
36	153	Peter Chan (M71) [2]		24	M70-74	Coppell	40:21.8	20:10	23:29	+199	43:39.670	14:18.9	639.67	84:01.513	40.1%
37	113	Victor Elfenbein (M66) [2]		25	M65-69	Dallas	38:45.0	24:57	28:37	+220	53:33.456	17:33.6	813.46	92:18.486	31.0%

34 Positive Split

3 Negative Split

Average Finish Time: 35:57

Average Age Grade: 48.1%

