



Carrollton Runners Prediction Run 5K

Sunday, February 18, 2024

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

32°F Clear 55% H 6mph WNW
5K Off :7:30 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference
1	25	261	John Kramer (M62)			17	M60-64	60:12	4:41.3	30:37	29:30	-67	60:06.954	19:42.6	5.05
2	16	466	Andrew Ngotho (M57)			10	M55-59	31:00	8:58.0	15:05	15:45	+40	30:49.955	10:06.5	10.04
3	4	117	Vijayan Nair (M61)			4	M60-64	27:00	0.0	13:07	14:12	+66	27:18.972	8:57.4	18.97
4	3	405	Steve Russo (M60)			3	M60-64	26:36	0.1	13:10	13:05	-5	26:15.568	8:36.6	20.43
5	5	193	Julio Lopez (M68)			5	M65-69	29:00	1.3	14:40	14:41	+1	29:21.331	9:37.5	21.33
6	8	050	Chris Goins (M53)			7	M50-54	32:00	3.5	15:26	16:04	+38	31:30.413	10:19.8	29.59
7	13	198	Yanira Lopez (F61)			5	F60-64	35:15	49.8	17:23	18:28	+64	35:50.943	11:45.2	35.94
8	11	586	Emily Whitehurst (F37)			3	F35-39	32:00	2.2	16:06	16:31	+25	32:37.362	10:41.8	37.36
9	15	454	Betsy Palmer (F62)			6	F60-64	39:54	9.8	18:57	20:03	+66	39:00.449	12:47.4	53.55
10	10	283	Ruben Reyes (M68)			8	M65-69	33:00	39.0	15:54	16:05	+11	31:58.928	10:29.2	61.07
11	6	121	Debbie Riedner (F54)			1	F50-54	31:00	4.7	14:50	15:01	+10	29:50.830	9:47.2	69.17
12	14	106	Robert Simpson (M68)			9	M65-69	37:00	43.0	19:03	19:11	+8	38:14.172	12:32.2	74.17
13	9	265	Kuay Sullivan (F58)			2	F55-59	33:40	4.4	15:43	16:25	+42	32:08.523	10:32.3	91.48
14	1	011	Blair Casey (M37)			1	M35-39	24:25	0.7	13:09	13:06	-3	26:14.302	8:36.2	109.30
15	2	577	Paul Norris (M51)			2	M50-54	24:24	1.0	13:09	13:06	-3	26:14.368	8:36.2	110.37
16	12	044	Amie Goins (F52)			4	F50-54	32:43	3.0	16:42	18:15	+94	34:57.351	11:27.7	134.35
17	18	223	Chris Wong (M54)			11	M50-54	45:00	1:16.2	20:39	21:39	+60	42:17.134	13:51.8	162.87
18	7	012	Doug Waters (M59)			6	M55-59	28:00	6.3	15:10	16:05	+54	31:15.128	10:14.8	195.13
19	22	246	Sheila Holen (F52)			8	F50-54	57:18	15.8	27:01	26:59	-1	53:59.687	17:42.2	198.31
20	17	109	Kim Tsutsui (F56)			7	F55-59	44:59	1:16.1	19:37	21:06	+89	40:42.392	13:20.8	256.61
21	24	193	Julio Lopez (M68) [2]			16	M65-69	31:00	29:23.5	15:17	15:37	+20	30:53.964	10:07.9	6.04
22	28	198	Yanira Lopez (F61) [2]			11	F60-64	40:05	36:41.8	19:37	20:17	+40	39:54.088	13:04.9	10.91
23	21	405	Steve Russo (M60) [2]			14	M60-64	26:55	26:16.8	13:20	13:15	-5	26:35.006	8:43.0	19.99
24	23	117	Vijayan Nair (M61) [2]			15	M60-64	28:00	27:19.8	14:28	13:54	-34	28:21.309	9:17.8	21.31
25	26	265	Kuay Sullivan (F58) [2]			9	F55-59	34:20	32:13.8	17:00	16:42	-18	33:42.273	11:03.0	37.73
26	27	586	Emily Whitehurst (F37) [2]			10	F35-39	37:00	32:40.9	17:06	17:44	+37	34:50.002	11:25.2	130.00
27	19	577	Paul Norris (M51) [2]			12	M50-54	24:24	26:16.2	13:20	13:15	-5	26:34.886	8:42.9	130.89
28	20	011	Blair Casey (M37) [2]			13	M35-39	24:20	26:16.6	13:19	13:16	-4	26:34.871	8:42.9	134.87

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12Slower 16Faster 78.101

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

△ Positive Split



Timing provided by:

Fast Slow

△ Negative Split

NetChipTimeNet Running Time (ChipTime)

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD		
1	011	Blair Casey (M37)		1	M35-39	Carrollton	0.7	13:09	13:06	-3	26:14.302	8:36.2	109.30	26:15.035	50.0%		
2	577	Paul Norris (M51)		2	M50-54	Coppell	1.0	13:09	13:06	-3	26:14.368	8:36.2	110.37	26:15.406	55.6%		
3	405	Steve Russo (M60)		3	M60-64	Plano	0.1	13:10	13:05	-5	26:15.568	8:36.6	20.43	26:15.714	60.0%		
4	117	Vijayan Nair (M61)		4	M60-64	Plano	0.0	13:07	14:12	+66	27:18.972	8:57.4	18.97	27:18.972	58.2%		
5	193	Julio Lopez (M68)		5	M65-69	Farmers Branch	1.3	14:40	14:41	+1	29:21.331	9:37.5	21.33	29:22.668	57.7%		
6	121	Debbie Riedner (F54)		1	F50-54	Dallas	4.7	14:50	15:01	+10	29:50.830	9:47.2	69.17	29:55.544	58.6%		
7	012	Doug Waters (M59)		6	M55-59	Carrollton	6.3	15:10	16:05	+54	31:15.128	10:14.8	195.13	31:21.453	50.0%		
8	050	Chris Goins (M53)		7	M50-54	Garland	3.5	15:26	16:04	+38	31:30.413	10:19.8	29.59	31:33.949	47.1%		
9	265	Kuay Sullivan (F58)		2	F55-59	Coppell	4.4	15:43	16:25	+42	32:08.523	10:32.3	91.48	32:12.955	57.4%		
10	283	Ruben Reyes (M68)		8	M65-69	Carrollton	39.0	15:54	16:05	+11	31:58.928	10:29.2	61.07	32:37.931	53.0%		
11	586	Emily Whitehurst (F37)		3	F35-39	Carrollton	2.2	16:06	16:31	+25	32:37.362	10:41.8	37.36	32:39.599	45.4%		
12	044	Amie Goins (F52)		4	F50-54	Garland	3.0	16:42	18:15	+94	34:57.351	11:27.7	134.35	35:00.347	48.7%		
13	198	Yanira Lopez (F61)		5	F60-64	Farmers Branch	49.8	17:23	18:28	+64	35:50.943	11:45.2	35.94	36:40.759	53.7%		
14	106	Robert Simpson (M68)		9	M65-69	Coppell	43.0	19:03	19:11	+8	38:14.172	12:32.2	74.17	38:57.140	44.3%		
15	454	Betsy Palmer (F62)		6	F60-64	Carrollton	9.8	18:57	20:03	+66	39:00.449	12:47.4	53.55	39:10.267	50.1%		
16	466	Andrew Ngotho (M57)		10	M55-59	Carrollton	8:58.0	15:05	15:45	+40	30:49.955	10:06.5	10.04	39:47.941	49.8%		
17	109	Kim Tsutsui (F56)		7	F55-59	Arlington	1:16.1	19:37	21:06	+89	40:42.392	13:20.8	256.61	41:58.445	44.1%		
18	223	Chris Wong (M54)		11	M50-54	Arlington	1:16.2	20:39	21:39	+60	42:17.134	13:51.8	162.87	43:33.300	35.4%		
19	577	Paul Norris (M51) [2]		12	M50-54	Coppell	26:16.2	13:20	13:15	-5	26:34.886	8:42.9	130.89	52:51.117	54.9%		
20	011	Blair Casey (M37) [2]		13	M35-39	Carrollton	26:16.6	13:19	13:16	-4	26:34.871	8:42.9	134.87	52:51.464	49.3%		
21	405	Steve Russo (M60) [2]		14	M60-64	Plano	26:16.8	13:20	13:15	-5	26:35.006	8:43.0	19.99	52:51.796	59.2%		
22	246	Sheila Holen (F52)		8	F50-54	Lewisville	15.8	27:01	26:59	-1	53:59.687	17:42.2	198.31	54:15.480	31.6%		
23	117	Vijayan Nair (M61) [2]		15	M60-64	Plano	27:19.8	14:28	13:54	-34	28:21.309	9:17.8	21.31	55:41.091	56.0%		
24	193	Julio Lopez (M68) [2]		16	M65-69	Farmers Branch	29:23.5	15:17	15:37	+20	30:53.964	10:07.9	6.04	60:17.435	54.8%		
25	261	John Kramer (M62)		17	M60-64	Plano	4:41.3	30:37	29:30	-67	60:06.954	19:42.6	5.05	64:48.224	26.7%		
26	265	Kuay Sullivan (F58) [2]		9	F55-59	Coppell	32:13.8	17:00	16:42	-18	33:42.273	11:03.0	37.73	65:56.076	54.8%		
27	586	Emily Whitehurst (F37) [2]		10	F35-39	Carrollton	32:40.9	17:06	17:44	+37	34:50.002	11:25.2	130.00	67:30.873	42.5%		
28	198	Yanira Lopez (F61) [2]		11	F60-64	Farmers Branch	36:41.8	19:37	20:17	+40	39:54.088	13:04.9	10.91	76:35.841	48.3%		
										18 Positive Split			10 Negative Split			Average Finish Time: 33:51	Average Age Grade: 49.9%