



# Carrollton Runners Prediction Run 5K

Sunday, September 17, 2023

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

71°F Clear 71%RH 6mphNNE  
5K Off :7:33 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	2	255	John Cosentino (M61)			2	M60-64	24:55	2.0	12:12	12:38	+26	24:49.909	8:08.5	5.09
2	8	193	Julio Lopez (M67)			7	M65-69	28:00	2.8	14:08	13:43	-25	27:50.590	9:07.7	9.41
3	13	044	Amie Goins (F51)			2	F50-54	31:45	5.6	15:15	16:17	+62	31:31.602	10:20.2	13.40
4	14	586	Emily Whitehurst (F37)			3	F35-39	32:00	2.4	15:21	16:21	+60	31:42.582	10:23.8	17.42
5	23	454	Betsy Palmer (F62)			5	F60-64	37:48	11.9	18:18	19:11	+52	37:29.006	12:17.4	18.99
6	30	223	Chris Wong (M53)			23	M50-54	52:30	14.8	28:23	23:47	-276	52:10.495	17:06.4	19.50
7	20	050	Chris Goins (M53)			16	M50-54	35:00	4.5	16:28	18:12	+104	34:40.442	11:22.1	19.56
8	12	117	Vijayan Nair (M60)			11	M60-64	31:50	0.1	15:08	16:20	+72	31:27.249	10:18.8	22.75
9	9	563	Tomas Bern (M59)			8	M55-59	30:30	4.8	14:27	15:29	+63	29:56.047	9:48.9	33.95
10	11	283	Ruben Reyes (M67)			10	M65-69	30:20	13.4	15:35	15:32	-2	31:06.720	10:12.0	46.72
11	16	097	Nathan Bruser (M52)			13	M50-54	28:28	3:21.4	14:09	15:09	+60	29:17.755	9:36.3	49.76
12	15	466	Andrew Ngotho (M57)			12	M55-59	33:00	28.7	15:44	16:26	+43	32:10.021	10:32.8	49.98
13	3	405	Steve Russo (M60)			3	M60-64	27:27	3.4	13:10	13:24	+14	26:34.151	8:42.7	52.85
14	33	246	Sheila Holen (F52)			8	F50-54	57:30	21.7	29:14	29:12	-2	58:25.734	19:09.4	55.73
15	21	727	John Menzies (M41)			17	M40-44	34:00	34.8	16:36	18:24	+107	34:59.811	11:28.5	59.81
16	10	345	Ryan Pogue (M52)			9	M50-54	32:00	15.9	15:16	15:36	+20	30:52.169	10:07.3	67.83
17	6	096	Blake Bruser (F14)			1	F10-14	26:26	0.2	12:40	14:59	+139	27:39.255	9:04.0	73.26
18	4	060	Jaws Hansen (M63)			4	M60-64	28:28	1.1	13:24	13:44	+20	27:08.566	8:54.0	79.43
19	5	979	Balaji Ammanji Sundararaju (M41)			5	M40-44	29:00	1.5	13:28	14:09	+41	27:36.494	9:03.1	83.51
20	1	003	Jaydin Turner (M14)			1	M10-14	19:00	0.2	9:57	10:44	+47	20:40.801	6:46.8	100.80
21	27	024	Carol Creech (F72)			7	F70-74	47:37	3:28.9	22:52	23:01	+9	45:52.265	15:02.4	104.73
22	7	004	Francisco Espinoza (M53)			6	M50-54	26:00	3.2	14:07	13:42	-25	27:49.869	9:07.5	109.87
23	19	198	Yanira Lopez (F60)			4	F60-64	35:07	20.5	15:50	17:02	+71	32:52.168	10:46.6	134.83
24	24	106	Robert Simpson (M68)			19	M65-69	36:55	23.1	19:29	20:11	+43	39:39.814	13:00.3	164.81
25	35	261	John Kramer (M61)			26	M60-64	54:27	8:32.9				58:26.382	19:09.6	239.38
26	22	003	Ruben Saguil (M58)			18	M55-59	25:00	7:43.9	12:33	17:21	+288	29:53.981	9:48.2	293.98
27	17	002	Mikko Taurianen (M23)			14	M20-24	39:00	8.2	16:31	16:22	-8	32:52.844	10:46.8	367.16
28	29	006	Quinn Millimer (M53)			22	M50-54	45:00	12:54.9	17:03	21:26	+263	38:29.593	12:37.2	390.41
29	18	001	Peter Taurianen (M58)			15	M55-59	40:00	7.6	16:31	16:26	-5	32:56.396	10:48.0	423.60
30	26	012	Doug Waters (M59)			20	M55-59	35:00	29.5	18:59	23:07	+248	42:06.037	13:48.2	426.04
31	25	109	Kim Tsutsui (F55)			6	F55-59	50:00	12.7	19:49	20:02	+14	39:50.903	13:03.9	609.10
32	28	255	John Cosentino (M61) [2]			21	M60-64	26:20	24:52.4				26:20.994	8:38.4	0.99
33	31	405	Steve Russo (M60) [2]			24	M60-64	27:45	26:38.6				27:04.805	8:52.7	40.19
34	32	193	Julio Lopez (M67) [2]			25	M65-69	30:00	27:53.9				27:59.053	9:10.5	120.95
35	36	198	Yanira Lopez (F60) [2]			10	F60-64	39:55	33:13.1	21:09	21:15	+6	42:24.231	13:54.2	149.23
36	34	586	Emily Whitehurst (F37) [2]			9	F35-39	37:00	31:45.8	17:29	16:11	-78	33:39.805	11:02.2	200.19
													13Slower	23Faster	129.31

© Most Accurate Predictor(s) wins gift card(s).

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction  
NetChipTimeNet Running Time (ChipTime)

Fast

Slow

▲ Positive Split  
▲ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD	
1	003	Jaydin Turner (M14)		1	M10-14	Carrollton	0.2	9:57	10:44	+47	20:40.801	6:46.8	100.80	20:41.003	67.4%	
2	255	John Cosentino (M61)		2	M60-64	Plano	2.0	12:12	12:38	+26	24:49.909	8:08.5	5.09	24:51.918	64.0%	
3	405	Steve Russo (M60)		3	M60-64	Plano	3.4	13:10	13:24	+14	26:34.151	8:42.7	52.85	26:37.574	59.3%	
4	060	Jaws Hansen (M63)		4	M60-64	Dallas	1.1	13:24	13:44	+20	27:08.566	8:54.0	79.43	27:09.621	59.6%	
5	979	Balaji Ammanji Sundararaju		5	M40-44	Coppell	1.5	13:28	14:09	+41	27:36.494	9:03.1	83.51	27:38.029	48.9%	
6	096	Blake Bruser (F14)		1	F10-14	Highland Village	0.2	12:40	14:59	+139	27:39.255	9:04.0	73.26	27:39.453	55.8%	
7	004	Francisco Espinoza (M53)		6	M50-54	Carrollton	3.2	14:07	13:42	-25	27:49.869	9:07.5	109.87	27:53.115	53.3%	
8	193	Julio Lopez (M67)		7	M65-69	Farmers Branch	2.8	14:08	13:43	-25	27:50.590	9:07.7	9.41	27:53.373	60.3%	
9	563	Tomas Bern (M59)		8	M55-59	Allen	4.8	14:27	15:29	+63	29:56.047	9:48.9	33.95	30:00.826	52.2%	
10	345	Ryan Pogue (M52)		9	M50-54	Carrollton	15.9	15:16	15:36	+20	30:52.169	10:07.3	67.83	31:08.070	47.7%	
11	283	Ruben Reyes (M67)		10	M65-69	Carrollton	13.4	15:35	15:32	-2	31:06.720	10:12.0	46.72	31:20.154	53.9%	
12	117	Vijayan Nair (M60)		11	M60-64	Plano	0.1	15:08	16:20	+72	31:27.249	10:18.8	22.75	31:27.388	50.1%	
13	044	Amie Goins (F51)		2	F50-54	Garland	5.6	15:15	16:17	+62	31:31.602	10:20.2	13.40	31:37.177	53.4%	
14	586	Emily Whitehurst (F37)		3	F35-39	Carrollton	2.4	15:21	16:21	+60	31:42.582	10:23.8	17.42	31:44.984	46.7%	
15	466	Andrew Ngotho (M57)		12	M55-59	Carrollton	28.7	15:44	16:26	+43	32:10.021	10:32.8	49.98	32:38.675	47.7%	
16	097	Nathan Bruser (M52)		13	M50-54	Highland Village	3:21.4	14:09	15:09	+60	29:17.755	9:36.3	49.76	32:39.168	50.2%	
17	002	Mikko Taurianen (M23)		14	M20-24	Grapevine	8.2	16:31	16:22	-8	32:52.844	10:46.8	367.16	33:01.031	38.5%	
18	001	Peter Taurianen (M58)		15	M55-59	Grapevine	7.6	16:31	16:26	-5	32:56.396	10:48.0	423.60	33:04.017	47.0%	
19	198	Yanira Lopez (F60)		4	F60-64	Farmers Branch	20.5	15:50	17:02	+71	32:52.168	10:46.6	134.83	33:12.636	57.7%	
20	050	Chris Goins (M53)		16	M50-54	Garland	4.5	16:28	18:12	+104	34:40.442	11:22.1	19.56	34:44.912	42.8%	
21	727	John Menzies (M41)		17	M40-44	irving	34.8	16:36	18:24	+107	34:59.811	11:28.5	59.81	35:34.591	38.6%	
22	003	Ruben Saguil (M58)		18	M55-59	Carrollton	7:43.9	12:33	17:21	+288	29:53.981	9:48.2	293.98	37:37.896	51.8%	
23	454	Betsy Palmer (F62)		5	F60-64	Carrollton	11.9	18:18	19:11	+52	37:29.006	12:17.4	18.99	37:40.859	52.1%	
24	106	Robert Simpson (M68)		19	M65-69	Coppell	23.1	19:29	20:11	+43	39:39.814	13:00.3	164.81	40:02.871	42.7%	
25	109	Kim Tsutsui (F55)		6	F55-59	Arlington	12.7	19:49	20:02	+14	39:50.903	13:03.9	609.10	40:03.627	44.5%	
26	012	Doug Waters (M59)		20	M55-59	Carrollton	29.5	18:59	23:07	+248	42:06.037	13:48.2	426.04	42:35.535	37.1%	
27	024	Carol Creech (F72)		7	F70-74	Aubrey	3:28.9	22:52	23:01	+9	45:52.265	15:02.4	104.73	49:21.164	49.9%	
28	255	John Cosentino (M61) [2]		21	M60-64	Plano	24:52.4				26:20.994	8:38.4	0.99	51:13.369	60.3%	
29	006	Quinn Millimer (M53)		22	M50-54	Aubrey	12:54.9	17:03	21:26	+263	38:29.593	12:37.2	390.41	51:24.533	38.6%	
30	223	Chris Wong (M53)		23	M50-54	Arlington	14.8	28:23	23:47	-276	52:10.495	17:06.4	19.50	52:25.275	28.4%	
31	405	Steve Russo (M60) [2]		24	M60-64	Plano	26:38.6				27:04.805	8:52.7	40.19	53:43.388	58.2%	
32	193	Julio Lopez (M67) [2]		25	M65-69	Farmers Branch	27:53.9				27:59.053	9:10.5	120.95	55:52.988	60.0%	
33	246	Sheila Holen (F52)		8	F50-54	Lewisville	21.7	29:14	29:12	-2	58:25.734	19:09.4	55.73	58:47.425	29.2%	
34	586	Emily Whitehurst (F37) [2]		9	F35-39	Carrollton	31:45.8	17:29	16:11	-78	33:39.805	11:02.2	200.19	65:25.584	44.0%	
35	261	John Kramer (M61)		26	M60-64	Plano	8:32.9				58:26.382	19:09.6	239.38	66:59.275	27.2%	
36	198	Yanira Lopez (F60) [2]		10	F60-64	Farmers Branch	33:13.1	21:09	21:15	+6	42:24.231	13:54.2	149.23	75:37.318	44.8%	
										24 Positive Split	8 Negative Split		Average Finish Time: 34:04		Average Age Grade: 49.0%	