



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, April 16, 2023

52F Clear 60%H 6mphNNW
5K Off :7:30 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference	
1	29	246	Sheila Holen (F52)			9	F50-54	54:32	10.7	26:55	27:44	+49	54:38.541	⊙	17:35.3	6.54
2	9	050	Chris Goins (M52)			8	M50-54	31:00	4.3	14:56	16:12	+76	31:08.538	⊙	10:01.4	8.54
3	1	117	Vijayan Nair (M60)			1	M60-64	24:30	0.2	12:02	12:18	+17	24:20.086	⊙	7:50.0	9.91
4	2	012	Doug Waters (M58)			2	M55-59	24:40	3.3	12:05	12:16	+11	24:21.285		7:50.3	18.71
5	15	696	Devon Campion (M46)			12	M45-49	33:00	10.3	16:25	16:57	+32	33:21.785		10:44.3	21.79
6	3	405	Steve Russo (M59)			3	M55-59	26:46	2.7	13:08	13:13	+6	26:20.811		8:28.8	25.19
7	12	265	Kuay Sullivan (F57)			3	F55-59	31:48	25.9	15:39	15:41	+1	31:20.140		10:05.2	27.86
8	19	317	Leah Marks (F42)			5	F40-44	37:00	1.9	17:54	18:34	+40	36:28.239		11:44.3	31.76
9	11	044	Amie Goins (F51)			2	F50-54	30:57	4.6	15:30	16:01	+31	31:31.722		10:08.9	34.72
10	16	198	Yanira Lopez (F60)			4	F60-64	34:25	27.5	16:26	17:23	+57	33:48.642		10:53.0	36.36
11	4	155	Ruben Arevalo (M67)			4	M65-69	27:00	18.0	13:03	13:14	+11	26:16.864		8:27.5	43.14
12	5	193	Julio Lopez (M67)			5	M65-69	28:00	15.6	13:24	13:51	+27	27:15.286		8:46.3	44.71
13	10	345	Ryan Pogue (M51)			9	M50-54	30:00	30.3	15:38	15:07	-30	30:45.053		9:53.9	45.05
14	23	454	Betsy Palmer (F61)			8	F60-64	37:30	5:22.3	17:46	18:51	+65	36:36.963		11:47.1	53.04
15	7	097	Nathan Bruser (M51)			7	M50-54	29:29	1:46.7	13:38	14:53	+75	28:31.295		9:10.8	57.70
16	14	318	Mason Marks (M10)			11	M10-14	32:10	2.3	16:02	17:20	+78	33:22.542		10:44.6	72.54
17	20	106	Robert Simpson (M68)			15	M65-69	36:52	58.7	17:37	18:01	+25	35:38.263		11:28.2	73.74
18	18	702	Nathan Kromminga (M41)			14	M40-44	33:00	5.0	17:03	17:19	+16	34:21.302		11:03.5	81.30
19	22	039	Mary Kaplan (F84)			7	F80-99	39:50	1.2	19:54	21:18	+84	41:12.545		13:15.8	82.55
20	13	999	Andrew Ngotho (M56)			10	M55-59	34:00	3.8	15:28	16:24	+57	31:52.046		10:15.4	127.95
21	21	530	Lilliana Wutter (F51)			6	F50-54	40:00	5.2	18:49	18:59	+11	37:48.021		12:10.0	131.98
22	26	261	John Kramer (M61)			18	M60-64	53:50	1:36.4	25:59	25:25	-33	51:24.057		16:32.7	145.94
23	6	192	Rob Preston (M58)			6	M55-59	26:30	4.1	14:11	14:45	+34	28:56.584		9:19.0	146.58
24	8	096	Blake Bruser (F13)			1	F10-14	27:27	14.0	15:07	15:07	+0	30:13.582		9:43.7	166.58
25	24	529	Carlos Ordonez (M52)			16	M50-54	43:00	7.9	23:40	22:39	-61	46:19.330		14:54.6	199.33
26	17	703	Matthew Kromminga (M9)			13	M01-09	30:00	4.8	17:04	17:17	+13	34:20.503		11:03.2	260.50
27	25	993	William Campion (M47)			17	M45-49	38:00	18.3	19:47	26:38	+412	46:24.950		14:56.4	504.95
28	27	117	Vijayan Nair (M60) [2]			19	M60-64	28:00	24:20.7	12:41	16:00	+198	28:41.169		9:14.0	41.17
29	30	193	Julio Lopez (M67) [2]			21	M65-69	28:30	27:32.3	12:19	15:21	+182	27:39.851		8:54.3	50.15
30	28	405	Steve Russo (M59) [2]			20	M55-59	27:05	26:24.1	12:22	15:38	+195	28:00.004		9:00.7	55.00
31	34	198	Yanira Lopez (F60) [2]			11	F60-64	39:55	34:16.5	18:28	22:46	+258	41:14.354		13:16.4	79.35
32	33	265	Kuay Sullivan (F57) [2]			10	F55-59	32:05	31:46.3	15:10	18:56	+225	34:05.731		10:58.5	120.73
33	32	155	Ruben Arevalo (M67) [2]			23	M65-69	28:00	26:37.0	13:03	17:23	+260	30:26.230		9:47.8	146.23

⊙ Most Accurate Predictor(s) wins gift card(s).

18Slower 15Faster 89.443

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime) Fast Slow

△ Positive Split
△ Negative Split

Timing provided by:
DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD	
1	117	Vijayan Nair (M60)		1	M60-64	Plano	0.2	12:02	12:18	+17	24:20.086	7:50.0	9.91	24:20.246	65.9%	
2	012	Doug Waters (M58)		2	M55-59	Carrollton	3.3	12:05	12:16	+11	24:21.285	7:50.3	18.71	24:24.580	64.7%	
3	405	Steve Russo (M59)		3	M55-59	Plano	2.7	13:08	13:13	+6	26:20.811	8:28.8	25.19	26:23.527	60.4%	
4	155	Ruben Arevalo (M67)		4	M65-69	Carrollton	18.0	13:03	13:14	+11	26:16.864	8:27.5	43.14	26:34.828	65.0%	
5	193	Julio Lopez (M67)		5	M65-69	Farmers Branch	15.6	13:24	13:51	+27	27:15.286	8:46.3	44.71	27:30.925	62.7%	
6	192	Rob Preston (M58)		6	M55-59	Irving	4.1	14:11	14:45	+34	28:56.584	9:19.0	146.58	29:00.709	54.5%	
7	097	Nathan Bruser (M51)		7	M50-54	Highland Village	1:46.7	13:38	14:53	+75	28:31.295	9:10.8	57.70	30:18.029	52.1%	
8	096	Blake Bruser (F13)		1	F10-14	Highland Village	14.0	15:07	15:07	+0	30:13.582	9:43.7	166.58	30:27.584	52.8%	
9	050	Chris Goins (M52)		8	M50-54	Garland	4.3	14:56	16:12	+76	31:08.538	10:01.4	8.54	31:12.834	48.1%	
10	345	Ryan Pogue (M51)		9	M50-54	Carrollton	30.3	15:38	15:07	-30	30:45.053	9:53.9	45.05	31:15.394	48.4%	
11	044	Amie Goins (F51)		2	F50-54	Garland	4.6	15:30	16:01	+31	31:31.722	10:08.9	34.72	31:36.361	54.3%	
12	265	Kuay Sullivan (F57)		3	F55-59	Coppell	25.9	15:39	15:41	+1	31:20.140	10:05.2	27.86	31:46.027	59.2%	
13	999	Andrew Ngotho (M56)		10	M55-59	Carrollton	3.8	15:28	16:24	+57	31:52.046	10:15.4	127.95	31:55.865	48.6%	
14	318	Mason Marks (M10)		11	M10-14	Carrollton	2.3	16:02	17:20	+78	33:22.542	10:44.6	72.54	33:24.796	47.3%	
15	696	Devon Champion (M46)		12	M45-49	Richardson	10.3	16:25	16:57	+32	33:21.785	10:44.3	21.79	33:32.072	42.8%	
16	198	Yanira Lopez (F60)		4	F60-64	Farmers Branch	27.5	16:26	17:23	+57	33:48.642	10:53.0	36.36	34:16.154	57.2%	
17	703	Matthew Kromminga (M9)		13	M01-09	Keller	4.8	17:04	17:17	+13	34:20.503	11:03.2	260.50	34:25.302	47.6%	
18	702	Nathan Kromminga (M41)		14	M40-44	Keller	5.0	17:03	17:19	+16	34:21.302	11:03.5	81.30	34:26.261	40.0%	
19	317	Leah Marks (F42)		5	F40-44	Carrollton	1.9	17:54	18:34	+40	36:28.239	11:44.3	31.76	36:30.093	42.6%	
20	106	Robert Simpson (M68)		15	M65-69	Coppell	58.7	17:37	18:01	+25	35:38.263	11:28.2	73.74	36:37.003	48.4%	
21	530	Lilliana Wutter (F51)		6	F50-54	Frisco	5.2	18:49	18:59	+11	37:48.021	12:10.0	131.98	37:53.216	45.3%	
22	039	Mary Kaplan (F84)		7	F80-99	Sunrise Beach	1.2	19:54	21:18	+84	41:12.545	13:15.8	82.55	41:13.699	73.4%	
23	454	Betsy Palmer (F61)		8	F60-64	Carrollton	5:22.3	17:46	18:51	+65	36:36.963	11:47.1	53.04	41:59.294	53.5%	
24	529	Carlos Ordonez (M52)		16	M50-54	Carrollton	7.9	23:40	22:39	-61	46:19.330	14:54.6	199.33	46:27.259	32.4%	
25	993	William Champion (M47)		17	M45-49	Richardson	18.3	19:47	26:38	+412	46:24.950	14:56.4	504.95	46:43.281	31.0%	
26	261	John Kramer (M61)		18	M60-64	Plano	1:36.4	25:59	25:25	-33	51:24.057	16:32.7	145.94	53:00.435	31.5%	
27	117	Vijayan Nair (M60) [2]		19	M60-64	Plano	24:20.7	12:41	16:00	+198	28:41.169	9:14.0	41.17	53:01.837	55.9%	
28	405	Steve Russo (M59) [2]		20	M55-59	Plano	26:24.1	12:22	15:38	+195	28:00.004	9:00.7	55.00	54:24.107	56.8%	
29	246	Sheila Holen (F52)		9	F50-54	Lewisville	10.7	26:55	27:44	+49	54:38.541	17:35.3	6.54	54:49.236	31.8%	
30	193	Julio Lopez (M67) [2]		21	M65-69	Farmers Branch	27:32.3	12:19	15:21	+182	27:39.851	8:54.3	50.15	55:12.171	61.8%	
32	155	Ruben Arevalo (M67) [2]		23	M65-69	Carrollton	26:37.0	13:03	17:23	+260	30:26.230	9:47.8	146.23	57:03.265	56.1%	
33	265	Kuay Sullivan (F57) [2]		10	F55-59	Coppell	31:46.3	15:10	18:56	+225	34:05.731	10:58.5	120.73	65:51.996	54.4%	
34	198	Yanira Lopez (F60) [2]		11	F60-64	Farmers Branch	34:16.5	18:28	22:46	+258	41:14.354	13:16.4	79.35	75:30.832	46.9%	
											29 Positive Split	4 Negative Split	Average Finish Time: 33:54		Average Age Grade: 51.3%	

