



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, July 17, 2022
83F Clear 58%H 8mphSSW
5K Off :7:30 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	17	283	Ruben Reyes (M66)			12	M65-69	30:01	14.0	14:43	15:18	+34	30:01.317	9:39.8	0.32
2	27	113	Victor Elfenbein (M64)			19	M60-64	34:30	7.0	15:57	18:35	+158	34:31.698	11:06.8	1.70
3	13	998	Rachel Roman (F17)			3	F15-19	29:30	3.3	14:03	15:25	+82	29:27.302	9:28.8	2.70
4	32	039	Mary Kaplan (F83)			12	F80-99	40:10	2.0	20:05	20:10	+5	40:14.585	12:57.2	4.59
5	24	001	Danny Gilbreath (M67)			17	M65-69	33:15	35.1	15:56	17:14	+79	33:10.155	10:40.6	4.84
6	14	040	Kim Andres (F69)			4	F65-69	29:30	2.4	14:26	15:11	+45	29:37.288	9:32.1	7.29
7	6	684	Junyoung Cho (M21)			4	M20-24	23:40	4.9	11:48	12:01	+13	23:48.361	7:39.7	8.36
8	9	255	John Cosentino (M60)			7	M60-64	24:20	3.3	12:10	12:19	+9	24:28.949	7:52.8	8.95
9	11	380	Gabor Toth (M41)			9	M40-44	27:00	4.5	13:32	13:14	-19	26:46.246	8:37.0	13.75
10	29	454	Betsy Palmer (F61)			10	F60-64	37:01	21.3	17:59	18:48	+49	36:46.816	11:50.3	14.18
11	7	117	Vijayan Nair (M59)			5	M55-59	24:30	0.9	11:44	12:29	+45	24:12.667	7:47.6	17.33
12	40	246	Sheila Holen (F51)			17	F50-54	54:30	14.8	27:21	27:28	+7	54:49.094	17:38.7	19.09
13	23	863	Emily Whitehurst (F36)			7	F35-39	33:00	2.4	15:55	17:27	+92	33:21.510	10:44.2	21.51
14	8	011	Blair Casey (M35)			6	M35-39	24:40	3.8	11:52	12:18	+27	24:09.976	7:46.7	30.02
15	4	003	Kelby Flank (M29)			2	M25-29	22:00	3.9	10:51	11:42	+51	22:33.614	7:15.7	33.61
16	10	343	Jen Evangelista (M51)			8	M50-54	25:00	10.4	13:00	12:39	-20	25:39.113	8:15.4	39.11
17	22	050	Chris Goins (M51)			16	M50-54	32:30	7.7	15:11	18:03	+172	33:13.554	10:41.7	43.55
18	5	685	Kyoungjoon Cho (M52)			3	M50-54	23:00	3.9	11:44	12:02	+18	23:45.759	7:38.9	45.76
19	26	044	Amie Goins (F50)			8	F50-54	33:35	7.4	16:06	18:17	+131	34:22.421	11:03.8	47.42
20	39	993	John Kramer (M60)			23	M60-64	53:03	10.9	26:09	26:04	-4	52:13.151	16:48.5	49.85
21	2	002	Diego Acosta (M18)			1	M15-19	22:32	3.7	10:45	10:55	+9	21:40.111	6:58.5	51.89
22	20	096	Blake Bruser (F13)			6	F10-14	28:59	1:49.5	14:34	15:19	+45	29:52.122	9:36.8	53.12
23	16	193	Julio Lopez (M66)			11	M65-69	31:00	6.3	14:59	15:02	+3	30:01.620	9:39.9	58.38
24	18	563	Tomas Bern (M58)			13	M55-59	32:00	6.6	14:55	16:05	+70	31:00.115	9:58.7	59.88
25	19	097	Nathan Bruser (M51)			14	M50-54	28:49	1:50.3	14:17	15:32	+76	29:49.355	9:35.9	60.36
26	12	155	Ruben Arevalo (M67)			10	M65-69	26:00	1.3	13:07	14:06	+59	27:13.520	8:45.8	73.52
27	36	065	Susan Schafer (F57)			15	F55-59	46:30	13.6	23:29	24:15	+46	47:44.461	15:22.0	74.46
28	30	328	Lauren Zender (F28)			11	F25-29	36:30	6.9	18:05	19:43	+98	37:47.356	12:09.8	77.36
29	31	106	Robert Simpson (M67)			20	M65-69	37:00	20.1	18:40	19:38	+57	38:17.824	12:19.6	77.82
30	35	916	Carlos Ordonez (M51)			21	M50-54	43:00	2:46.6	22:37	21:41	-55	44:18.013	14:15.5	78.01
31	1	007	Janka Kapas (F19)			1	F15-19	23:00	2.1	10:47	10:43	-4	21:29.200	6:55.0	90.80
32	21	345	Ryan Pogue (M51)			15	M50-54	34:30	15.8	15:50	17:07	+77	32:57.564	10:36.5	92.44
33	3	801	Alexandria Navarro (F16)			2	F15-19	20:00	2.2	10:48	11:02	+13	21:49.902	7:01.6	109.90
34	15	006	Ana Sanchez (F25)			5	F25-29	33:00	6.2	14:21	15:38	+77	29:58.697	9:38.9	181.30
35	28	198	Yanira Lopez (F59)			9	F55-59	39:25	19.4	16:56	19:08	+131	36:04.176	11:36.6	200.82
36	25	153	Peter Chan (M69)			18	M65-69	30:00	14.9	16:29	17:16	+47	33:44.951	10:51.8	224.95
37	33	124	Jerri Hixson (F68)			13	F65-69	30:00	8.8	19:49	20:36	+47	40:25.002	13:00.5	625.00
38	37	004	Brayley Flank (F10)			16	F10-14	60:00	6.2	22:14	26:28	+254	48:42.391	15:40.6	677.61
39	34	005	Flor Sanchez (F23)			14	F20-24	60:00	12.2	22:05	24:40	+155	46:44.710	15:02.7	795.29
40	38	011	Blair Casey (M35) [2]			22	M35-39	24:40	24:14.1	12:27	12:23	-4	24:50.078	8:00.4	10.08
41	41	117	Vijayan Nair (M59) [2]			24	M55-59	30:00	24:13.9	15:08	16:40	+92	31:48.340	10:14.2	108.34
42	44	113	Victor Elfenbein (M64) [2]			27	M60-64	40:00	34:39.9				43:20.040	13:56.9	200.04
43	43	193	Julio Lopez (M66) [2]			26	M65-69	37:00	30:09.3	16:39	16:55	+17	33:34.096	10:48.3	205.90
44	42	155	Ruben Arevalo (M67) [2]			25	M65-69	27:00	27:15.8	16:28	17:08	+40	33:35.798	10:48.8	395.80
													27Slower	17Faster	113.57

© Most Accurate Predictor(s) wins gift card(s).

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime) Fast Slow

Δ Positive Split
△ Negative Split

Timing provided by:
DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	007	Janka Kapas (F19)		1	F15-19	Coppell	2.1	10:47	10:43	-4	21:29.200	6:55.0	90.80	21:31.277	69.1%
2	002	Diego Acosta (M18)		1	M15-19	Coppell	3.7	10:45	10:55	+9	21:40.111	6:58.5	51.89	21:43.857	61.6%
3	801	Alexandria Navarro (F16)		2	F15-19	Grapevine	2.2	10:48	11:02	+13	21:49.902	7:01.6	109.90	21:52.130	70.1%
4	003	Kelby Flank (M29)		2	M25-29	Hurst	3.9	10:51	11:42	+51	22:33.614	7:15.7	33.61	22:37.539	57.2%
5	685	Kyoungjoon Cho (M52)		3	M50-54	Sachse	3.9	11:44	12:02	+18	23:45.759	7:38.9	45.76	23:49.683	63.1%
6	684	Junyoung Cho (M21)		4	M20-24	Sachse	4.9	11:48	12:01	+13	23:48.361	7:39.7	8.36	23:53.267	54.4%
7	117	Vijayan Nair (M59)		5	M55-59	Plano	0.9	11:44	12:29	+45	24:12.667	7:47.6	17.33	24:13.568	65.7%
8	011	Blair Casey (M35)		6	M35-39	Carrollton	3.8	11:52	12:18	+27	24:09.976	7:46.7	30.02	24:13.810	54.5%
9	255	John Cosentino (M60)		7	M60-64	Plano	3.3	12:10	12:19	+9	24:28.949	7:52.8	8.95	24:32.238	65.5%
10	343	Jen Evangelista (M51)		8	M50-54	Irving	10.4	13:00	12:39	-20	25:39.113	8:15.4	39.11	25:49.513	58.0%
11	380	Gabor Toth (M41)		9	M40-44	Coppell	4.5	13:32	13:14	-19	26:46.246	8:37.0	13.75	26:50.767	51.4%
12	155	Ruben Arevalo (M67)		10	M65-69	Carrollton	1.3	13:07	14:06	+59	27:13.520	8:45.8	73.52	27:14.853	62.8%
13	998	Rachel Roman (F17)		3	F15-19	Carrollton	3.3	14:03	15:25	+82	29:27.302	9:28.8	2.70	29:30.585	51.3%
14	040	Kim Andres (F69)		4	F65-69	Irving	2.4	14:26	15:11	+45	29:37.288	9:32.1	7.29	29:39.646	74.8%
15	006	Ana Sanchez (F25)		5	F25-29	Hurst	6.2	14:21	15:38	+77	29:58.697	9:38.9	181.30	30:04.941	49.4%
16	193	Julio Lopez (M66)		11	M65-69	Farmers Branch	6.3	14:59	15:02	+3	30:01.620	9:39.9	58.38	30:07.878	56.4%
17	283	Ruben Reyes (M66)		12	M65-69	Carrollton	14.0	14:43	15:18	+34	30:01.317	9:39.8	0.32	30:15.306	56.4%
18	563	Tomas Bern (M58)		13	M55-59	Allen	6.6	14:55	16:05	+70	31:00.115	9:58.7	59.88	31:06.687	50.8%
19	097	Nathan Bruser (M51)		14	M50-54	Highland Village	1:50.3	14:17	15:32	+76	29:49.355	9:35.9	60.36	31:39.646	49.9%
20	096	Blake Bruser (F13)		6	F10-14	Highland Village	1:49.5	14:34	15:19	+45	29:52.122	9:36.8	53.12	31:41.632	53.5%
21	345	Ryan Pogue (M51)		15	M50-54	Carrollton	15.8	15:50	17:07	+77	32:57.564	10:36.5	92.44	33:13.388	45.1%
22	050	Chris Goins (M51)		16	M50-54	Garland	7.7	15:11	18:03	+172	33:13.554	10:41.7	43.55	33:21.271	44.8%
23	863	Emily Whitehurst (F36)		7	F35-39	Carrollton	2.4	15:55	17:27	+92	33:21.510	10:44.2	21.51	33:23.869	45.0%
24	001	Danny Gilbreath (M67)		17	M65-69	The Colony	35.1	15:56	17:14	+79	33:10.155	10:40.6	4.84	33:45.214	51.5%
25	153	Peter Chan (M69)		18	M65-69	Coppell	14.9	16:29	17:16	+47	33:44.951	10:51.8	224.95	33:59.855	51.6%
26	044	Amie Goins (F50)		8	F50-54	Garland	7.4	16:06	18:17	+131	34:22.421	11:03.8	47.42	34:29.861	49.2%
27	113	Victor Elfenbein (M64)		19	M60-64	Dallas	7.0	15:57	18:35	+158	34:31.698	11:06.8	1.70	34:38.736	48.1%
28	198	Yanira Lopez (F59)		9	F55-59	Farmers Branch	19.4	16:56	19:08	+131	36:04.176	11:36.6	200.82	36:23.623	52.8%
29	454	Betsy Palmer (F61)		10	F60-64	Carrollton	21.3	17:59	18:48	+49	36:46.816	11:50.3	14.18	37:08.082	53.3%
30	328	Lauren Zender (F28)		11	F25-29	Carrollton	6.9	18:05	19:43	+98	37:47.356	12:09.8	77.36	37:54.222	39.2%
31	106	Robert Simpson (M67)		20	M65-69	Coppell	20.1	18:40	19:38	+57	38:17.824	12:19.6	77.82	38:37.882	44.6%
32	039	Mary Kaplan (F83)		12	F80-99	Sunrise Beach	2.0	20:05	20:10	+5	40:14.585	12:57.2	4.59	40:16.558	72.8%
33	124	Jerri Hixson (F68)		13	F65-69	Plano	8.8	19:49	20:36	+47	40:25.002	13:00.5	625.00	40:33.841	54.0%
34	005	Flor Sanchez (F23)		14	F20-24	Hurst	12.2	22:05	24:40	+155	46:44.710	15:02.7	795.29	46:56.921	31.7%
35	916	Carlos Ordonez (M51)		21	M50-54	Carrollton	2:46.6	22:37	21:41	-55	44:18.013	14:15.5	78.01	47:04.619	33.6%
36	065	Susan Schafer (F57)		15	F55-59	Carrollton	13.6	23:29	24:15	+46	47:44.461	15:22.0	74.46	47:58.082	38.8%
37	004	Brayley Flank (F10)		16	F10-14	Hurst	6.2	22:14	26:28	+254	48:42.391	15:40.6	677.61	48:48.558	35.0%
38	011	Blair Casey (M35) [2]		22	M35-39	Carrollton	24:14.1	12:27	12:23	-4	24:50.078	8:00.4	10.08	49:04.136	53.1%
39	993	John Kramer (M60)		23	M60-64	Plano	10.9	26:09	26:04	-4	52:13.151	16:48.5	49.85	52:24.025	30.7%
40	246	Sheila Holen (F51)		17	F50-54	Lewisville	14.8	27:21	27:28	+7	54:49.094	17:38.7	19.09	55:03.865	31.3%
41	117	Vijayan Nair (M59) [2]		24	M55-59	Plano	24:13.9	15:08	16:40	+92	31:48.340	10:14.2	108.34	56:02.236	50.0%
42	155	Ruben Arevalo (M67) [2]		25	M65-69	Carrollton	27:15.8	16:28	17:08	+40	33:35.798	10:48.8	395.80	60:51.589	50.9%
43	193	Julio Lopez (M66) [2]		26	M65-69	Farmers Branch	30:09.3	16:39	16:55	+17	33:34.096	10:48.3	205.90	63:43.375	50.4%
44	113	Victor Elfenbein (M64) [2]		27	M60-64	Dallas	34:39.9				43:20.040	13:56.9	200.04	77:59.947	38.4%

37 Positive Split

6 Negative Split

Average Finish Time: 33:02

Average Age Grade: 51.6%