



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, July 18, 2021

79F Cloudy 75%H 7mphSSW
5K Off :7:30 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference	
1	11	683	Bryan Nguyen (M18)			11	M15-19	26:06	5.7	12:41	13:30	+49	26:10.573	⊙	8:25.5	4.57
2	4	255	John Cosentino (M59)			4	M55-59	23:20	2.5	11:29	11:57	+28	23:25.539	⊙	7:32.4	5.54
3	29	039	Mary Kaplan (F82)			7	F80-99	39:00	1.0	19:25	19:42	+17	39:06.633	⊙	12:35.3	6.63
4	3	052	Alex Veguilla (M53)			3	M50-54	23:28	1.7	11:19	12:00	+41	23:18.887		7:30.3	9.11
5	13	193	Julio Lopez (M65)			13	M65-69	28:30	2.1	13:59	14:45	+46	28:43.257		9:14.7	13.26
6	20	198	Yanira Lopez (F58)			2	F55-59	33:45	10.5	16:04	17:28	+84	33:31.729		10:47.5	13.27
7	22	044	Amie Goins (F49)			3	F45-49	34:52	8.3	16:52	17:46	+54	34:38.210		11:08.9	13.79
8	2	011	Blair Casey (M34)			2	M30-34	22:35	2.6	11:01	11:19	+17	22:20.198		7:11.4	14.80
9	38	246	Sheila Holen (F50)			11	F50-54	53:00	11.7	26:21	26:22	+1	52:43.730		16:58.3	16.27
10	10	680	Gavin Gajraj (M18)			10	M15-19	26:30	6.4	12:40	13:29	+49	26:09.516		8:25.2	20.48
11	16	113	Victor Elfenbein (M63)			15	M60-64	30:00	7.6	14:44	15:39	+55	30:23.294		9:46.9	23.29
12	19	283	Ruben Reyes (M65)			18	M65-69	31:45	12.9	15:28	16:42	+74	32:09.744		10:21.1	24.74
13	24	454	Betsy Palmer (F60)			4	F60-64	35:03	19.5	17:24	18:05	+41	35:29.187		11:25.3	26.19
14	1	159	Robert Landon (M62)			1	M60-64	21:30	3.6	10:42	11:25	+44	22:06.947		7:07.1	36.95
15	8	117	Vijayan Nair (M58)			8	M55-59	24:45	0.0	12:08	13:17	+69	25:24.253		8:10.6	39.25
16	7	058	Bradley Gardner (M63)			7	M60-64	26:00	5.0	12:39	12:40	+1	25:18.599		8:08.8	41.40
17	9	155	Ruben Arevalo (M66)			9	M65-69	27:00	0.3	12:32	13:44	+72	26:15.571		8:27.1	44.43
18	5	405	Steve Russo (M57)			5	M55-59	23:35	3.9	11:42	12:41	+58	24:23.238		7:51.0	48.24
19	28	681	Anthony Nguyen (M17)			22	M15-19	37:51	13.5	17:18	21:25	+247	38:43.636		12:27.9	52.64
20	14	040	Kim Andres (F68)			1	F65-69	28:21	2.9	13:52	15:22	+90	29:14.439		9:24.7	53.44
21	26	127	Burns Thacker (M47)			21	M45-49	35:00	7.1	16:37	19:22	+164	35:58.887		11:34.9	58.89
22	23	050	Chris Goins (M50)			20	M50-54	36:00	7.5	16:48	18:11	+83	34:59.271		11:15.7	60.73
23	18	993	Maurice Valderas (M31)			17	M30-34	30:00	4.8	14:40	16:23	+103	31:02.789		10:00.4	62.79
24	25	679	Ruth Finch (F45)			5	F45-49	37:00	5.0	17:14	18:32	+78	35:46.246		11:30.8	73.75
25	12	012	Doug Waters (M56)			12	M55-59	25:00	4.4	12:59	13:56	+57	26:55.278		8:39.9	115.28
26	40	261	John Kramer (M59)			29	M55-59	48:12	5:25.8	24:59	25:08	+9	50:07.878		16:08.1	115.88
27	21	678	Kenny Finch (M46)			19	M45-49	32:00	6.0	16:17	17:52	+95	34:08.510		10:59.4	128.51
28	34	024	Carol Creech (F70)			10	F70-74	46:16	9.1	21:25	22:30	+65	43:54.782		14:08.1	141.22
29	33	097	Nathan Bruser (M50)			24	M50-54	32:32	7:32.0	17:26	18:56	+90	36:22.730		11:42.6	230.73
30	31	096	Blake Bruser (F12)			8	F10-14	31:31	7:31.3	17:32	18:45	+73	36:16.670		11:40.6	285.67
31	6	398	Tanyon Oldham (M23)			6	M20-24	30:00	6.7	12:15	12:58	+43	25:12.603		8:06.9	287.40
32	32	224	Teresa Tran (F45)			9	F45-49	39:00	1.0	19:49	24:00	+251	43:49.641		14:06.4	289.64
33	17	590	Jonathon Barnett (M30)			16	M30-34	25:15	4.7	14:43	16:01	+78	30:44.326		9:53.6	329.33
34	15	006	Cooper Thacker (M13)			14	M10-14	24:00	3.6	13:40	16:00	+140	29:40.709		9:33.2	340.71
35	27	124	Jerri Hixson (F67)			6	F65-69	30:00	11.1	17:30	18:27	+57	35:57.123		11:34.3	357.12
36	30	003	Ruben Saguil (M56)			23	M55-59	25:00	10:16.6	14:45	17:17	+152	32:02.301		10:18.7	422.30
37	35	011	Blair Casey (M34) [2]			25	M30-34	22:35	22:23.1	11:21	11:13	-7	22:33.883		7:15.8	1.12
38	36	159	Robert Landon (M62) [2]			26	M60-64	24:00	23:05.7	12:06	12:17	+11	24:23.326		7:51.0	23.33
39	37	255	John Cosentino (M59) [2]			27	M55-59	24:50	23:29.1	12:54	12:45	-9	25:38.349		8:15.1	48.35
40	43	193	Julio Lopez (M65) [2]			32	M65-69	30:45	28:45.7	15:52	16:04	+12	31:55.394		10:16.5	70.39
41	42	117	Vijayan Nair (M58) [2]			31	M55-59	33:00	25:24.3	17:56	17:06	-50	35:02.151		11:16.6	122.15
42	39	405	Steve Russo (M57) [2]			28	M55-59	25:30	24:27.9	14:09	14:46	+36	28:54.700		9:18.3	204.70
43	41	155	Ruben Arevalo (M66) [2]			30	M65-69	27:00	26:16.9	16:13	16:00	-13	32:12.971		10:22.2	312.97

⊙ Most Accurate Predictor(s) wins gift card(s).

30Slower 13Faster 106.77

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast Slow

△ Positive Split

△ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	159	Robert Landon (M62)		1	M60-64	Allen	3.6	10:42	11:25	+44	22:06.947	7:07.1	36.95	22:10.503	73.8%
2	011	Blair Casey (M34)		2	M30-34	Carrollton	2.6	11:01	11:19	+17	22:20.198	7:11.4	14.80	22:22.810	58.7%
3	052	Alex Veguilla (M53)		3	M50-54	Carrollton	1.7	11:19	12:00	+41	23:18.887	7:30.3	9.11	23:20.570	64.8%
4	255	John Cosentino (M59)		4	M55-59	Plano	2.5	11:29	11:57	+28	23:25.539	7:32.4	5.54	23:28.005	67.9%
5	405	Steve Russo (M57)		5	M55-59	Plano	3.9	11:42	12:41	+58	24:23.238	7:51.0	48.24	24:27.111	64.1%
6	398	Tanyon Oldham (M23)		6	M20-24	Carrollton	6.7	12:15	12:58	+43	25:12.603	8:06.9	287.40	25:19.255	51.2%
7	058	Bradley Gardner (M63)		7	M60-64	Fort Worth	5.0	12:39	12:40	+1	25:18.599	8:08.8	41.40	25:23.587	65.1%
8	117	Vijayan Nair (M58)		8	M55-59	Plano	0.0	12:08	13:17	+69	25:24.253	8:10.6	39.25	25:24.253	62.0%
9	155	Ruben Arevalo (M66)		9	M65-69	Carrollton	0.3	12:32	13:44	+72	26:15.571	8:27.1	44.43	26:15.847	64.5%
10	680	Gavin Gajraj (M18)		10	M15-19	Lewisville	6.4	12:40	13:29	+49	26:09.516	8:25.2	20.48	26:15.910	51.0%
11	683	Bryan Nguyen (M18)		11	M15-19	Lewisville	5.7	12:41	13:30	+49	26:10.573	8:25.5	4.57	26:16.318	51.0%
12	012	Doug Waters (M56)		12	M55-59	Carrollton	4.4	12:59	13:56	+57	26:55.278	8:39.9	115.28	26:59.660	57.6%
13	193	Julio Lopez (M65)		13	M65-69	Farmers Branch	2.1	13:59	14:45	+46	28:43.257	9:14.7	13.26	28:45.320	58.4%
14	040	Kim Andres (F68)		1	F65-69	Irving	2.9	13:52	15:22	+90	29:14.439	9:24.7	53.44	29:17.318	74.6%
15	006	Cooper Thacker (M13)		14	M10-14	Carrollton	3.6	13:40	16:00	+140	29:40.709	9:33.2	340.71	29:44.265	48.9%
16	113	Victor Elfenbein (M63)		15	M60-64	Dallas	7.6	14:44	15:39	+55	30:23.294	9:46.9	23.29	30:30.847	54.2%
17	590	Jonathon Barnett (M30)		16	M30-34	Arlington	4.7	14:43	16:01	+78	30:44.326	9:53.6	329.33	30:48.996	42.1%
18	993	Maurice Valderas (M31)		17	M30-34	Dallas	4.8	14:40	16:23	+103	31:02.789	10:00.4	62.79	31:07.636	41.8%
19	283	Ruben Reyes (M65)		18	M65-69	Carrollton	12.9	15:28	16:42	+74	32:09.744	10:21.1	24.74	32:22.609	52.2%
20	198	Yanira Lopez (F58)		2	F55-59	Farmers Branch	10.5	16:04	17:28	+84	33:31.729	10:47.5	13.27	33:42.259	56.1%
21	678	Kenny Finch (M46)		19	M45-49	Apex, NC	6.0	16:17	17:52	+95	34:08.510	10:59.4	128.51	34:14.523	41.9%
22	044	Amie Goins (F49)		3	F45-49	Garland	8.3	16:52	17:46	+54	34:38.210	11:08.9	13.79	34:46.533	48.2%
23	050	Chris Goins (M50)		20	M50-54	Garland	7.5	16:48	18:11	+83	34:59.271	11:15.7	60.73	35:06.820	42.2%
24	454	Betsy Palmer (F60)		4	F60-64	Carrollton	19.5	17:24	18:05	+41	35:29.187	11:25.3	26.19	35:48.703	54.5%
25	679	Ruth Finch (F45)		5	F45-49	Apex, NC	5.0	17:14	18:32	+78	35:46.246	11:30.8	73.75	35:51.226	44.7%
26	127	Burns Thacker (M47)		21	M45-49	Carrollton	7.1	16:37	19:22	+164	35:58.887	11:34.9	58.89	36:06.000	40.0%
27	124	Jerri Hixson (F67)		6	F65-69	Plano	11.1	17:30	18:27	+57	35:57.123	11:34.3	357.12	36:08.177	59.7%
28	681	Anthony Nguyen (M17)		22	M15-19	Lewisville	13.5	17:18	21:25	+247	38:43.636	12:27.9	52.64	38:57.115	34.9%
29	039	Mary Kaplan (F82)		7	F80-99	Sunrise Beach	1.0	19:25	19:42	+17	39:06.633	12:35.3	6.63	39:07.675	72.7%
30	003	Ruben Saguil (M56)		23	M55-59	Carrollton	10:16.6	14:45	17:17	+152	32:02.301	10:18.7	422.30	42:18.859	48.4%
31	096	Blake Bruser (F12)		8	F10-14	Highland Village	7:31.3	17:32	18:45	+73	36:16.670	11:40.6	285.67	43:47.976	44.9%
32	224	Teresa Tran (F45)		9	F45-49	Irving	1.0	19:49	24:00	+251	43:49.641	14:06.4	289.64	43:50.677	36.4%
33	097	Nathan Bruser (M50)		24	M50-54	Highland Village	7:32.0	17:26	18:56	+90	36:22.730	11:42.6	230.73	43:54.746	40.5%
34	024	Carol Creech (F70)		10	F70-74	Aubrey	9.1	21:25	22:30	+65	43:54.782	14:08.1	141.22	44:03.927	51.3%
35	011	Blair Casey (M34) [2]		25	M30-34	Carrollton	22:23.1	11:21	11:13	-7	22:33.883	7:15.8	1.12	44:57.000	58.1%
36	159	Robert Landon (M62) [2]		26	M60-64	Allen	23:05.7	12:06	12:17	+11	24:23.326	7:51.0	23.33	47:29.000	66.9%
37	255	John Cosentino (M59) [2]		27	M55-59	Plano	23:29.1	12:54	12:45	-9	25:38.349	8:15.1	48.35	49:07.439	62.0%
38	246	Sheila Holen (F50)		11	F50-54	Lewisville	11.7	26:21	26:22	+1	52:43.730	16:58.3	16.27	52:55.421	32.1%
39	405	Steve Russo (M57) [2]		28	M55-59	Plano	24:27.9	14:09	14:46	+36	28:54.700	9:18.3	204.70	53:22.552	54.1%
40	261	John Kramer (M59)		29	M55-59	Plano	5:25.8	24:59	25:08	+9	50:07.878	16:08.1	115.88	55:33.728	31.7%
41	155	Ruben Arevalo (M66) [2]		30	M65-69	Carrollton	26:16.9	16:13	16:00	-13	32:12.971	10:22.2	312.97	58:29.828	52.5%
42	117	Vijayan Nair (M58) [2]		31	M55-59	Plano	25:24.3	17:56	17:06	-50	35:02.151	11:16.6	122.15	60:26.443	45.0%
43	193	Julio Lopez (M65) [2]		32	M65-69	Farmers Branch	28:45.7	15:52	16:04	+12	31:55.394	10:16.5	70.39	60:41.142	52.5%

39 Positive Split

4 Negative Split

Average Finish Time: 31:42

Average Age Grade: 52.9%