



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, March 15, 2020

53F Cloudy 91%H 8mphNNE
5K Off :7:30 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference
1	2	011	Blair Casey (M33)			2	M30-34	22:35	13.1				22:32.297	7:15.3	2.70
2	10	193	Julio Lopez (M64)			9	M60-64	27:00	49.5				26:54.178	8:39.6	5.82
3	5	012	Doug Waters (M55)			5	M55-59	25:20	7.5				25:12.898	8:07.0	7.10
4	14	044	Amie Goins (F48)			4	F45-49	33:54	10.7				34:01.792	10:57.2	7.79
5	8	063	Dave Watson (M63)			8	M60-64	25:50	0.0				25:59.324	8:21.9	9.32
6	18	024	Carol Creech (F69)			7	F65-69	42:43	7.9				42:33.266	13:41.8	9.73
7	3	255	John Cosentino (M57)			3	M55-59	23:25	5.1				23:37.428	7:36.2	12.43
8	7	405	Steve Russo (M56)			7	M55-59	26:05	6.6				25:51.339	8:19.3	13.66
9	17	039	Mary Kaplan (F80)			6	F80-99	35:25	0.0				35:40.533	11:29.0	15.53
10	9	467	Rebecca Caruso (F53)			1	F50-54	26:00	3.2				26:25.962	8:30.5	25.96
11	11	040	Kim Andres (F67)			2	F65-69	27:51	5.1				28:19.305	9:07.0	28.31
12	1	159	Robert Landon (M60)			1	M60-64	21:10	0.0				21:39.324	6:58.2	29.32
13	6	117	Vijayan Nair (M57)			6	M55-59	25:00	0.0				25:37.066	8:14.7	37.07
14	15	050	Chris Goins (M49)			11	M45-49	35:00	10.7				34:22.282	11:03.8	37.72
15	12	111	Merari Baeza (F45)			3	F45-49	30:02	6.3				31:01.514	9:59.2	59.51
16	16	454	Betsy Palmer (F58)			5	F55-59	35:34	9.5				34:28.765	11:05.9	65.23
17	13	345	Ryan Pogue (M48)			10	M45-49	29:45	22.9				31:03.223	10:00.3	78.22
18	4	155	Ruben Arevalo (M64)			4	M60-64	26:13	4.3				24:52.323	8:00.3	80.68
19	23	246	Sheila Holen (F49)			8	F45-49	54:00	9.6				52:20.872	16:50.9	99.13
20	20	261	John Kramer (M58)			13	M55-59	42:45	3:43.4				44:36.084	14:21.3	111.08
21	24	117	Vijayan Nair (M57) [2]			16	M55-59	30:00	25:38.0				29:48.424	9:35.6	11.58
22	22	405	Steve Russo (M56) [2]			15	M55-59	26:05	25:58.6				25:42.091	8:16.4	22.91
23	19	011	Blair Casey (M33) [2]			12	M30-34	22:35	22:46.1				21:54.454	7:03.1	40.55
24	21	255	John Cosentino (M57) [2]			14	M55-59	25:30	23:43.3				24:38.632	7:55.9	51.37
25	25	193	Julio Lopez (M64) [2]			17	M60-64	30:00	27:46.3				28:12.321	9:04.7	107.68

© Most Accurate Predictor(s) wins gift card(s).

11 Slower

14 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split
△ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	159	Robert Landon (M60)		1	M60-64	Allen	0.0				21:39.324	6:58.2	29.32	21:39.341	74.1%
2	011	Blair Casey (M33)		2	M30-34	Carrollton	13.1				22:32.297	7:15.3	2.70	22:45.355	57.9%
3	255	John Cosentino (M57)		3	M55-59	Plano	5.1				23:37.428	7:36.2	12.43	23:42.564	66.2%
4	155	Ruben Arevalo (M64)		4	M60-64	Carrollton	4.3				24:52.323	8:00.3	80.68	24:56.609	66.8%
5	012	Doug Waters (M55)		5	M55-59	Carrollton	7.5				25:12.898	8:07.0	7.10	25:20.431	60.9%
6	117	Vijayan Nair (M57)		6	M55-59	Plano	0.0				25:37.066	8:14.7	37.07	25:37.066	61.0%
7	405	Steve Russo (M56)		7	M55-59	Plano	6.6				25:51.339	8:19.3	13.66	25:57.923	59.9%
8	063	Dave Watson (M63)		8	M60-64	Uk	0.0				25:59.324	8:21.9	9.32	25:59.324	63.4%
9	467	Rebecca Caruso (F53)		1	F50-54	Dallas	3.2				26:25.962	8:30.5	25.96	26:29.154	66.5%
10	193	Julio Lopez (M64)		9	M60-64	Farmers Branch	49.5				26:54.178	8:39.6	5.82	27:43.650	61.8%
11	040	Kim Andres (F67)		2	F65-69	Irving	5.1				28:19.305	9:07.0	28.31	28:24.425	75.8%
12	111	Merari Baeza (F45)		3	F45-49	The Colony	6.3				31:01.514	9:59.2	59.51	31:07.853	51.5%
13	345	Ryan Pogue (M48)		10	M45-49	Carrollton	22.9				31:03.223	10:00.3	78.22	31:26.101	46.7%
14	044	Amie Goins (F48)		4	F45-49	Garland	10.7				34:01.792	10:57.2	7.79	34:12.529	48.5%
15	050	Chris Goins (M49)		11	M45-49	Garland	10.7				34:22.282	11:03.8	37.72	34:32.984	42.6%
16	454	Betsy Palmer (F58)		5	F55-59	Carrollton	9.5				34:28.765	11:05.9	65.23	34:38.240	54.5%
17	039	Mary Kaplan (F80)		6	F80-99	Sunrise Beach	0.0				35:40.533	11:29.0	15.53	35:40.533	75.8%
18	024	Carol Creech (F69)		7	F65-69	Plano	7.9				42:33.266	13:41.8	9.73	42:41.179	52.1%
19	011	Blair Casey (M33) [2]		12	M30-34	Carrollton	22:46.1				21:54.454	7:03.1	40.55	44:40.593	59.6%
20	261	John Kramer (M58)		13	M55-59	Plano	3:43.4				44:36.084	14:21.3	111.08	48:19.470	35.3%
21	255	John Cosentino (M57) [2]		14	M55-59	Plano	23:43.3				24:38.632	7:55.9	51.37	48:21.921	63.4%
22	405	Steve Russo (M56) [2]		15	M55-59	Plano	25:58.6				25:42.091	8:16.4	22.91	51:40.669	60.3%
23	246	Sheila Holen (F49)		8	F45-49	Lewisville	9.6				52:20.872	16:50.9	99.13	52:30.453	31.9%
24	117	Vijayan Nair (M57) [2]		16	M55-59	Plano	25:38.0				29:48.424	9:35.6	11.58	55:26.457	52.4%
25	193	Julio Lopez (M64) [2]		17	M60-64	Farmers Branch	27:46.3				28:12.321	9:04.7	107.68	55:58.578	58.9%
Average Finish Time:											29:53	Average Age Grade:		57.9%	