



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, October 20, 2019

57F Clear 96%H 5mphE

5K Off :7:33 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	13	283	Ruben Reyes (M63)			11	M60-64	28:00	4.4	13:41	14:23	+42	28:03.430	9:01.8	3.43
2	2	940	Matthew Barber (M28)			2	M25-29	20:00	0.4	10:11	9:53	-17	20:03.790	6:27.5	3.79
3	18	994	Tomas Bern (M56)			15	M55-59	29:45	5.9	14:30	15:20	+50	29:49.574	9:36.0	4.57
4	17	256	Rich Cronin (M52)			14	M50-54	29:30	3.4	14:47	14:51	+4	29:38.226	9:32.4	8.23
5	12	040	Kim Andres (F66)			1	F65-69	27:25	0.7	13:26	13:50	+24	27:16.124	8:46.6	8.88
6	9	004	Mark Herlag (M38)			0	M35-39	23:00	1:42.1	11:47	11:03	-44	22:49.892	7:20.9	10.11
7	19	161	Michael Buedden (M57)			16	M55-59	30:00	7.2	15:13	14:59	-14	30:11.525	9:43.1	11.53
8	22	039	Mary Kaplan (F80)			4	F80-99	36:10	0.4	17:47	17:55	+9	35:42.183	11:29.5	27.82
9	20	070	Kendall Black (M70)			17	M70-74	30:45	3.1	15:04	16:12	+67	31:15.904	10:03.8	30.90
10	8	192	Rob Preston (M54)			8	M50-54	25:00	2.3	12:04	12:21	+17	24:25.631	7:51.7	34.37
11	7	222	Rich Weklar (M48)			7	M45-49	24:15	3.0	11:55	11:43	-11	23:37.974	7:36.4	37.03
12	10	155	Ruben Arevalo (M64)			9	M60-64	25:55	1.1	12:25	12:47	+23	25:12.043	8:06.7	42.96
13	4	255	John Cosentino (M57)			4	M55-59	22:50	1.5	11:55	11:43	-12	23:37.751	7:36.3	47.75
14	5	159	Robert Landon (M60)			5	M60-64	22:45	2.0	11:57	11:41	-16	23:37.744	7:36.3	52.74
15	29	097	Nathan Bruser (M48)			23	M45-49	29:00	11:09.3	14:00	14:07	+7	28:07.235	9:03.1	52.76
16	1	998	Robert Long (M28)			1	M25-29	18:45	0.0	10:11	9:27	-44	19:38.095	6:19.2	53.10
17	3	938	Alex Veguilla (M51)			3	M50-54	22:31	0.0	11:14	12:10	+55	23:24.316	7:32.0	53.32
18	6	011	Blair Casey (M32)			6	M30-34	22:45	0.0	11:55	11:45	-10	23:40.585	7:37.2	55.59
19	11	193	Julio Lopez (M64)			10	M60-64	26:00	1.2	13:23	13:33	+10	26:56.492	8:40.3	56.49
20	15	008	David Mask (M67)			13	M65-69	29:45	1.2	14:44	14:03	-42	28:47.157	9:15.9	57.84
21	21	906	Pamela Benjamin (F58)			3	F55-59	34:00	0.0	16:05	16:55	+50	33:00.078	10:37.3	59.92
22	30	024	Carol Creech (F68)			5	F65-69	41:41	5.2	19:59	20:41	+42	40:39.221	13:05.1	61.78
23	27	261	John Kramer (M57)			22	M55-59	38:15	1:14.4	18:22	18:40	+17	37:01.796	11:55.1	73.20
24	32	148	Scott Ahlstrom (M71)			24	M70-74	48:00	5.4	23:20	23:25	+5	46:45.629	15:03.0	74.37
25	23	106	Robert Simpson (M64)			18	M60-64	37:15	6.4	17:49	17:49	+0	35:37.331	11:27.9	97.67
26	34	246	Sheila Holen (F48)			7	F45-49	52:45	7.5	24:48	25:44	+56	50:31.691	16:15.8	133.31
27	25	257	Jeffrey Conklin (M56)			20	M55-59	38:30	4.9				35:57.101	11:34.3	152.90
28	26	995	Danny White (M61)			21	M60-64	31:00	2:22.1	16:26	17:42	+75	34:08.045	10:59.2	188.05
29	16	265	Kuay Sullivan (F54)			2	F50-54	32:01	5.4	14:52	13:55	-57	28:47.399	9:16.0	193.60
30	14	993	Jaws Hansen (M59)			12	M55-59	31:47	1.8	14:13	14:19	+6	28:31.998	9:11.0	195.00
31	28	001	Alok Jena (M47)			0	M45-49	35:00	3.8	15:01	23:31	+510	38:32.009	12:24.2	212.01
32	31	198	Yanira Lopez (F56)			6	F55-59	45:00	2:16.6	22:06	18:28	-219	40:34.378	13:03.6	265.62
33	37	455	Rosemary Lewis (F64)			8	F60-64	60:00	10.0	27:37	27:46	+9	55:23.067	17:49.6	276.93
34	24	343	Jen Evangelista (M48)			19	M45-49	30:00	55.3	18:10	16:43	-88	34:53.382	11:13.8	293.38
35	36	011	Blair Casey (M32) [2]			27	M30-34	23:30	28:11.2				23:24.346	7:32.0	5.65
36	35	004	Mark Herlag (M38) [2]			26	M*	23:00	28:11.2				23:08.211	7:26.8	8.21
37	33	255	John Cosentino (M57) [2]			25	M55-59	26:00	23:40.0				25:14.762	8:07.6	45.24
38	38	193	Julio Lopez (M64) [2]			28	M60-64	30:00	26:58.4				29:10.839	9:23.5	49.16
39	39	343	Jen Evangelista (M48) [2]			29	M45-49	33:00	36:06.8				30:09.239	9:42.3	170.76

© Most Accurate Predictor(s) wins gift card(s).

16 Slower

23 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTime Net Running Time (ChipTime)

Fast

Slow

Δ Positive Split

△ Negative Split



Timing provided by:

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By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	998	Robert Long (M28)		1	M25-29	Coppell	0.0	10:11	9:27	-44	19:38.095	6:19.2	53.10	19:38.095	65.7%
2	940	Matthew Barber (M28)		2	M25-29	Irving	0.4	10:11	9:53	-17	20:03.790	6:27.5	3.79	20:04.203	64.3%
3	938	Alex Veguilla (M51)		3	M50-54	Carrollton	0.0	11:14	12:10	+55	23:24.316	7:32.0	53.32	23:24.316	63.5%
4	255	John Cosentino (M57)		4	M55-59	Plano	1.5	11:55	11:43	-12	23:37.751	7:36.3	47.75	23:39.281	66.1%
5	159	Robert Landon (M60)		5	M60-64	Allen	2.0	11:57	11:41	-16	23:37.744	7:36.3	52.74	23:39.789	67.9%
6	011	Blair Casey (M32)		6	M30-34	Carrollton	0.0	11:55	11:45	-10	23:40.585	7:37.2	55.59	23:40.585	54.9%
7	222	Rich Weklar (M48)		7	M45-49	Bartonville	3.0	11:55	11:43	-11	23:37.974	7:36.4	37.03	23:40.957	61.4%
8	192	Rob Preston (M54)		8	M50-54	Irving	2.3	12:04	12:21	+17	24:25.631	7:51.7	34.37	24:27.935	62.4%
9	004	Mark Herlag (M38)		0	M35-39	Dallas	1:42.1	11:47	11:03	-44	22:49.892	7:20.9	10.11	24:31.982	58.9%
10	155	Ruben Arevalo (M64)		9	M60-64	Carrollton	1.1	12:25	12:47	+23	25:12.043	8:06.7	42.96	25:13.134	66.0%
11	193	Julio Lopez (M64)		10	M60-64	Farmers Branch	1.2	13:23	13:33	+10	26:56.492	8:40.3	56.49	26:57.701	61.7%
12	040	Kim Andres (F66)		1	F65-69	Irving	0.7	13:26	13:50	+24	27:16.124	8:46.6	8.88	27:16.814	77.5%
13	283	Ruben Reyes (M63)		11	M60-64	Carrollton	4.4	13:41	14:23	+42	28:03.430	9:01.8	3.43	28:07.800	58.7%
14	993	Jaws Hansen (M59)		12	M55-59	Dallas	1.8	14:13	14:19	+6	28:31.998	9:11.0	195.00	28:33.816	55.7%
15	008	David Mask (M67)		13	M65-69	Lewisville	1.2	14:44	14:03	-42	28:47.157	9:15.9	57.84	28:48.353	59.4%
16	265	Kuay Sullivan (F54)		2	F50-54	Coppell	5.4	14:52	13:55	-57	28:47.399	9:16.0	193.60	28:52.765	61.9%
17	256	Rich Cronin (M52)		14	M50-54	Arlington	3.4	14:47	14:51	+4	29:38.226	9:32.4	8.23	29:41.589	50.6%
18	994	Tomas Bern (M56)		15	M55-59	Allen	5.9	14:30	15:20	+50	29:49.574	9:36.0	4.57	29:55.502	52.0%
19	161	Michael Buedden (M57)		16	M55-59	Carrollton	7.2	15:13	14:59	-14	30:11.525	9:43.1	11.53	30:18.722	51.8%
20	070	Kendall Black (M70)		17	M70-74	Grand Prairie	3.1	15:04	16:12	+67	31:15.904	10:03.8	30.90	31:19.048	56.4%
21	906	Pamela Benjamin (F58)		3	F55-59	Irving	0.0	16:05	16:55	+50	33:00.078	10:37.3	59.92	33:00.078	56.9%
22	039	Mary Kaplan (F80)		4	F80-99	Sunrise Beach	0.4	17:47	17:55	+9	35:42.183	11:29.5	27.82	35:42.599	75.8%
23	106	Robert Simpson (M64)		18	M60-64	Coppell	6.4	17:49	17:49	+0	35:37.331	11:27.9	97.67	35:43.755	46.7%
24	343	Jen Evangelista (M48)		19	M45-49	Irving	55.3	18:10	16:43	-88	34:53.382	11:13.8	293.38	35:48.642	41.6%
25	257	Jeffrey Conklin (M56)		20	M55-59	Arlington	4.9				35:57.101	11:34.3	152.90	36:02.005	43.1%
26	995	Danny White (M61)		21	M60-64	Plano	2:22.1	16:26	17:42	+75	34:08.045	10:59.2	188.05	36:30.142	47.4%
27	261	John Kramer (M57)		22	M55-59	Plano	1:14.4	18:22	18:40	+17	37:01.796	11:55.1	73.20	38:16.210	42.2%
28	001	Alok Jena (M47)		0	M45-49	Frisco	3.8	15:01	23:31	+510	38:32.009	12:24.2	212.01	38:35.816	37.4%
29	097	Nathan Bruser (M48)		23	M45-49	Higland Village	11:09.3	14:00	14:07	+7	28:07.235	9:03.1	52.76	39:16.505	51.6%
30	024	Carol Creech (F68)		5	F65-69	Plano	5.2	19:59	20:41	+42	40:39.221	13:05.1	61.78	40:44.459	53.7%
31	198	Yanira Lopez (F56)		6	F55-59	Farmers Branch	2:16.6	22:06	18:28	-219	40:34.378	13:03.6	265.62	42:51.021	45.1%
32	148	Scott Ahlstrom (M71)		24	M70-74	Carrollton	5.4	23:20	23:25	+5	46:45.629	15:03.0	74.37	46:51.033	38.2%
33	255	John Cosentino (M57) [2]		25	M55-59	Plano	23:40.0				25:14.762	8:07.6	45.24	48:54.775	61.9%
34	246	Sheila Holen (F48)		7	F45-49	Lewisville	7.5	24:48	25:44	+56	50:31.691	16:15.8	133.31	50:39.232	32.7%
35	004	Mark Herlag (M38) [2]		26	M*	Dallas	28:11.2				23:08.211	7:26.8	8.21	51:19.388	58.1%
36	011	Blair Casey (M32) [2]		27	M30-34	Carrollton	28:11.2				23:24.346	7:32.0	5.65	51:35.523	55.5%
37	455	Rosemary Lewis (F64)		8	F60-64	Carrollton	10.0	27:37	27:46	+9	55:23.067	17:49.6	276.93	55:33.107	37.0%
38	193	Julio Lopez (M64) [2]		28	M60-64	Farmers Branch	26:58.4				29:10.839	9:23.5	49.16	56:09.224	57.0%
39	343	Jen Evangelista (M48) [2]		29	M45-49	Irving	36:06.8				30:09.239	9:42.3	170.76	66:16.007	48.1%

21 Positive Split

12 Negative Split

Average Finish Time: 30:42

Average Age Grade: 55.0%

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTime Net Running Time (ChipTime)

Fast

Slow

△ Positive Split

△ Negative Split



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