



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, July 21, 2019
80F Clear 68%H 8mphS
5K Off :7:33 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	5	011	Blair Casey (M32)			5	M30-34	22:30	0.0				22:30.806	7:14.8	0.81
2	12	992	Melissa Sigler (F40)			2	F40-44	25:00	6.0				24:56.141	8:01.6	3.86
3	30	050	Chris Goins (M48)			23	M45-49	36:00	8.5				35:53.069	11:33.0	6.93
4	8	255	John Cosentino (M57)			8	M55-59	23:45	1.7				23:53.461	7:41.4	8.46
5	31	039	Mary Kaplan (F80)			8	F80-99	36:00	3.1				36:11.511	11:38.9	11.51
6	4	732	Luis Trejo (M24)			4	M20-24	22:00	4.3				22:20.705	7:11.5	20.71
7	3	159	Robert Landon (M60)			3	M60-64	22:00	0.7				21:30.666	6:55.4	29.33
8	7	222	Rich Weklar (M48)			7	M45-49	23:00	2.3				23:29.370	7:33.6	29.37
9	41	246	Sheila Holen (F48)			13	F45-49	48:30	4.1				49:00.598	15:46.5	30.60
10	23	756	Samantha Covington (F34)			4	F30-34	31:45	5.8				31:14.149	10:03.2	30.85
11	11	192	Rob Preston (M54)			10	M50-54	24:00	2.7				24:35.176	7:54.8	35.18
12	10	012	Doug Waters (M54)			9	M50-54	24:40	3.5				24:04.509	7:44.9	35.49
13	38	024	Carol Creech (F68)			11	F65-69	42:18	5.4				41:42.122	13:25.4	35.88
14	22	998	Terry Gonzalez (F65)			3	F65-69	30:00	3.6				30:36.287	9:51.0	36.29
15	32	261	John Kramer (M57)			24	M55-59	38:10	4.9				37:31.769	12:04.8	38.23
16	6	740	Greg Neal (M51)			6	M50-54	22:45	0.7				23:28.400	7:33.3	43.40
17	29	044	Amie Goins (F47)			7	F45-49	34:52	8.2				35:38.360	11:28.3	46.36
18	34	097	Nathan Bruser (M48)			25	M45-49	33:33	3:17.0				34:26.159	11:05.0	53.16
19	17	760	Ryan Boyd (M31)			15	M30-34	30:00	3.2				29:03.862	9:21.3	56.14
20	21	256	Rich Cronin (M51)			19	M50-54	29:30	10.1				30:26.769	9:48.0	56.77
21	24	061	David Short (M58)			20	M55-59	27:30	3:20.4				28:30.896	9:10.7	60.90
22	9	995	Yenifer Martinez (F19)			1	F15-19	25:00	3.8				23:58.597	7:43.0	61.40
23	45	455	Rosemary Lewis (F64)			14	F60-64	60:00	14.3				61:04.383	19:39.5	64.38
24	20	340	Ryan Pogue (M48)			18	M45-49	29:10	11.1				30:16.474	9:44.7	66.47
25	1	733	Carlos Trejo (M16)			1	M15-19	18:00	3.2				19:08.278	6:09.6	68.28
26	13	380	Gabor Toth (M38)			11	M35-39	24:00	8.0				25:09.762	8:05.9	69.76
27	15	155	Ruben Arevalo (M64)			13	M60-64	25:30	0.0				26:41.574	8:35.5	71.57
28	14	193	Julio Lopez (M63)			12	M60-64	27:00	2.0				25:43.886	8:16.9	76.11
29	27	757	Ariell Burrell (F26)			5	F25-29	31:30	5.5				32:55.579	10:35.9	85.58
30	28	454	Betsy Palmer (F58)			6	F55-59	33:51	9.9				35:23.884	11:23.6	92.88
31	16	008	David Mask (M67)			14	M65-69	30:30	3.0				28:49.419	9:16.6	100.58
32	37	737	Ryan Sybertz (M24)			27	M20-24	37:00	13.3				38:49.854	12:29.9	109.85
33	33	990	Blake Bruser (F10)			9	F10-14	32:32	3:16.9				34:25.736	11:04.9	113.74
34	2	758	Luis Rios (M20)			2	M20-24	19:00	4.3				21:12.947	6:49.7	132.95
35	19	089	John Nance (M71)			17	M70-74	27:30	4.2				29:46.419	9:35.0	136.42
36	40	145	Betsy Veneziano (F74)			12	F70-74	45:00	6.6				47:32.640	15:18.2	152.64
37	26	020	Ronald Hamilton (M59)			22	M55-59	35:00	13.7				32:20.164	10:24.5	159.84
38	25	002	Lee Ilirra (M45)			21	M45-49	28:30	9.0				31:44.015	10:12.8	194.02
39	36	991	Jeffrey Conklin (M55)			26	M55-59	33:33	11.6				38:41.372	12:27.2	308.37
40	42	739	Martin Chavez (M57)			29	M55-59	45:00	6.0				50:18.330	16:11.5	318.33
41	43	148	Scott Ahlstrom (M70)			30	M70-74	50:00	13.3				55:19.692	17:48.5	319.69
42	35	198	Yanira Lopez (F56)			10	F55-59	45:00	25.7				38:06.810	12:16.1	413.19
43	18	993	Austin Neal (M17)			16	M15-19	22:00	0.0				29:25.505	9:28.3	445.51
44	39	011	Blair Casey (M32) [2]			28	M30-34	22:30	22:31.5				22:34.666	7:16.0	4.67
45	44	061	David Short (M58) [2]			31	M55-59	27:30	31:51.4				26:47.672	8:37.5	42.33

© Most Accurate Predictor(s) wins gift card(s).

31 Slower

14 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split
△ Negative Split

Timing provided by:
DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	733	Carlos Trejo (M16)		1	M15-19	Irving	3.2				19:08.278	6:09.6	68.28	19:11.472	71.6%
2	758	Luis Rios (M20)		2	M20-24	Irving	4.3				21:12.947	6:49.7	132.95	21:17.259	61.5%
3	159	Robert Landon (M60)		3	M60-64	Allen	0.7				21:30.666	6:55.4	29.33	21:31.353	74.6%
4	732	Luis Trejo (M24)		4	M20-24	Irving	4.3				22:20.705	7:11.5	20.71	22:25.013	57.7%
5	011	Blair Casey (M32)		5	M30-34	Carrollton	0.0				22:30.806	7:14.8	0.81	22:30.806	57.7%
6	740	Greg Neal (M51)		6	M50-54	Plano	0.7				23:28.400	7:33.3	43.40	23:29.084	63.3%
7	222	Rich Weklar (M48)		7	M45-49	Bartonville	2.3				23:29.370	7:33.6	29.37	23:31.632	61.8%
8	255	John Cosentino (M57)		8	M55-59	Plano	1.7				23:53.461	7:41.4	8.46	23:55.175	65.4%
9	995	Yenifer Martinez (F19)		1	F15-19	Irving	3.8				23:58.597	7:43.0	61.40	24:02.369	62.0%
10	012	Doug Waters (M54)		9	M50-54	Carrollton	3.5				24:04.509	7:44.9	35.49	24:08.013	63.3%
11	192	Rob Preston (M54)		10	M50-54	Irving	2.7				24:35.176	7:54.8	35.18	24:37.877	62.0%
12	992	Melissa Sigler (F40)		2	F40-44	Fort Worth	6.0				24:56.141	8:01.6	3.86	25:02.181	61.5%
13	380	Gabor Toth (M38)		11	M35-39	Coppell	8.0				25:09.762	8:05.9	69.76	25:17.746	53.4%
14	193	Julio Lopez (M63)		12	M60-64	Farmers Branch	2.0				25:43.886	8:16.9	76.11	25:45.892	64.0%
15	155	Ruben Arevalo (M64)		13	M60-64	Carrollton	0.0				26:41.574	8:35.5	71.57	26:41.574	62.3%
16	008	David Mask (M67)		14	M65-69	Lewisville	3.0				28:49.419	9:16.6	100.58	28:52.455	59.3%
17	760	Ryan Boyd (M31)		15	M30-34	Carrollton	3.2				29:03.862	9:21.3	56.14	29:07.056	44.6%
18	993	Austin Neal (M17)		16	M15-19	Plano	0.0				29:25.505	9:28.3	445.51	29:25.505	45.9%
19	089	John Nance (M71)		17	M70-74	Rowlett	4.2				29:46.419	9:35.0	136.42	29:50.585	59.9%
20	340	Ryan Pogue (M48)		18	M45-49	Carrollton	11.1				30:16.474	9:44.7	66.47	30:27.539	47.9%
21	256	Rich Cronin (M51)		19	M50-54	Arlington	10.1				30:26.769	9:48.0	56.77	30:36.822	48.8%
22	998	Terry Gonzalez (F65)		3	F65-69	Plano	3.6				30:36.287	9:51.0	36.29	30:39.921	68.0%
23	756	Samantha Covington (F34)		4	F30-34	Fort Worth	5.8				31:14.149	10:03.2	30.85	31:19.912	47.7%
24	061	David Short (M58)		20	M55-59	Frisco	3:20.4				28:30.896	9:10.7	60.90	31:51.248	55.3%
25	002	Lee Ilirra (M45)		21	M45-49	Plano	9.0				31:44.015	10:12.8	194.02	31:53.000	44.7%
26	020	Ronald Hamilton (M59)		22	M55-59	The Colony	13.7				32:20.164	10:24.5	159.84	32:33.861	49.2%
27	757	Ariell Burrell (F26)		5	F25-29	Pompano Beach	5.5				32:55.579	10:35.9	85.58	33:01.115	44.9%
28	454	Betsy Palmer (F58)		6	F55-59	Carrollton	9.9				35:23.884	11:23.6	92.88	35:33.765	53.1%
29	044	Amie Goins (F47)		7	F45-49	Garland	8.2				35:38.360	11:28.3	46.36	35:46.544	45.8%
30	050	Chris Goins (M48)		23	M45-49	Garland	8.5				35:53.069	11:33.0	6.93	36:01.525	40.4%
31	039	Mary Kaplan (F80)		8	F80-99	Sunrise Beach	3.1				36:11.511	11:38.9	11.51	36:14.627	74.7%
32	261	John Kramer (M57)		24	M55-59	Plano	4.9				37:31.769	12:04.8	38.23	37:36.703	41.6%
33	990	Blake Bruser (F10)		9	F10-14	Higland Village	3:16.9				34:25.736	11:04.9	113.74	37:42.683	49.6%
34	097	Nathan Bruser (M48)		25	M45-49	Higland Village	3:17.0				34:26.159	11:05.0	53.16	37:43.144	42.1%
35	198	Yanira Lopez (F56)		10	F55-59	Farmers Branch	25.7				38:06.810	12:16.1	413.19	38:32.498	48.0%
36	991	Jeffrey Conklin (M55)		26	M55-59	Arlington	11.6				38:41.372	12:27.2	308.37	38:53.005	39.7%
37	737	Ryan Sybertz (M24)		27	M20-24	Dallas	13.3				38:49.854	12:29.9	109.85	39:03.203	33.2%
38	024	Carol Creech (F68)		11	F65-69	Plano	5.4				41:42.122	13:25.4	35.88	41:47.562	52.3%
39	011	Blair Casey (M32) [2]		28	M30-34	Carrollton	22:31.5				22:34.666	7:16.0	4.67	45:06.210	57.6%
40	145	Betsy Veneziano (F74)		12	F70-74	Carrollton	6.6				47:32.640	15:18.2	152.64	47:39.201	50.8%
41	246	Sheila Holen (F48)		13	F45-49	Lewisville	4.1				49:00.598	15:46.5	30.60	49:04.718	33.7%
42	739	Martin Chavez (M57)		29	M55-59	Lewisville	6.0				50:18.330	16:11.5	318.33	50:24.371	31.1%
43	148	Scott Ahlstrom (M70)		30	M70-74	Carrollton	13.3				55:19.692	17:48.5	319.69	55:33.041	31.9%
44	061	David Short (M58) [2]		31	M55-59	Frisco	31:51.4				26:47.672	8:37.5	42.33	58:39.089	58.8%
45	455	Rosemary Lewis (F64)		14	F60-64	Carrollton	14.3				61:04.383	19:39.5	64.38	61:18.685	33.6%
Average Finish Time:											31:56	Average Age Grade:		52.8%	