



# Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, February 17, 2019

39F Clear 73%H 12mphN

5K Off :7:35 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference
1	16	449	Kumiko McCoy (F69)			3	F65-69	31:45	6.6				31:46.944	10:13.8	1.94
2	6	089	John Nance (M70)			6	M70-74	27:00	2.8				27:02.380	8:42.2	2.38
3	3	811	Robert Landon (M59)			3	M55-59	24:00	3.4				24:02.887	7:44.4	2.89
4	23	024	Carol Creech (F68)			7	F65-69	42:43	3.3				42:30.209	13:40.8	12.79
5	11	008	David Mask (M66)			10	M65-69	30:30	1.9				30:44.161	9:53.6	14.16
6	4	155	Ruben Arevalo (M63)			4	M60-64	25:13	0.0				25:28.302	8:11.9	15.30
7	15	157	Phil Murch (M61)			13	M60-64	30:45	6.2				31:01.863	9:59.3	16.86
8	12	283	Ruben Reyes (M63)			11	M60-64	30:30	6.3				30:52.079	9:56.1	22.08
9	1	255	John Cosentino (M56)			1	M55-59	23:05	0.0				23:58.681	7:43.1	53.68
10	14	003	Virpi Pihlaja-niinisto (F57)			2	F55-59	32:00	5.6				31:00.236	9:58.8	59.76
11	10	345	Ryan Pogue (M47)			9	M45-49	28:25	12.2				29:24.960	9:28.1	59.96
12	2	117	Vijayan Nair (M56)			2	M55-59	23:00	0.3				24:05.551	7:45.3	65.55
13	18	261	John Kramer (M57)			14	M55-59	37:28	23.7				36:10.952	11:38.8	77.05
14	9	265	Kuay Sullivan (F53)			1	F50-54	28:02	3.8				29:24.241	9:27.9	82.24
15	7	998	Harri Niinisto (M62)			7	M60-64	25:30	4.4				27:05.542	8:43.2	95.54
16	5	193	Julio Lopez (M63)			5	M60-64	25:00	1.3				26:43.147	8:36.0	103.15
17	8	097	Nathan Bruser (M47)			8	M45-49	29:29	11.2				27:43.576	8:55.5	105.42
18	13	012	Doug Waters (M54)			12	M50-54	29:00	10.5				30:49.890	9:55.4	109.89
19	22	106	Robert Simpson (M63)			16	M60-64	39:40	7.1				41:49.222	13:27.6	129.22
20	20	044	Amie Goins (F47)			6	F45-49	39:22	8.3				41:42.200	13:25.4	140.20
21	21	050	Chris Goins (M48)			15	M45-49	39:22	8.2				41:43.066	13:25.7	141.07
22	25	246	Sheila Holen (F47)			9	F45-49	53:00	9.1				50:10.287	16:08.9	169.71
23	17	995	Yanira Lopez (F56)			4	F55-59	35:00	4.6				31:57.405	10:17.2	182.60
24	24	994	Meng Hsuan Li (F29)			8	F25-29	34:00	4.7				43:26.431	13:58.9	566.43
25	19	041	Kay Scott (F49)			5	F45-49	45:00	5:32.1				34:57.767	11:15.2	602.23
26	27	193	Julio Lopez (M63) [2]			18	M60-64	27:00	26:44.5				27:32.268	8:51.8	32.27
27	26	117	Vijayan Nair (M56) [2]			17	M55-59	26:00	24:40.4				27:32.371	8:51.8	92.37

© Most Accurate Predictor(s) wins gift card(s).

20 Slower

7 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction  
NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split  
△ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

### By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	255	John Cosentino (M56)		1	M55-59	Plano	0.0				23:58.681	7:43.1	53.68	23:58.681	64.6%
2	117	Vijayan Nair (M56)		2	M55-59	Plano	0.3				24:05.551	7:45.3	65.55	24:05.806	64.3%
3	811	Robert Landon (M59)		3	M55-59	Allen	3.4				24:02.887	7:44.4	2.89	24:06.291	66.1%
4	155	Ruben Arevalo (M63)		4	M60-64	Carrollton	0.0				25:28.302	8:11.9	15.30	25:28.302	64.7%
5	193	Julio Lopez (M63)		5	M60-64	Farmers Branch	1.3				26:43.147	8:36.0	103.15	26:44.470	61.6%
6	089	John Nance (M70)		6	M70-74	Rowlett	2.8				27:02.380	8:42.2	2.38	27:05.220	65.2%
7	998	Harri Niinisto (M62)		7	M60-64	Paimio	4.4				27:05.542	8:43.2	95.54	27:09.939	60.3%
8	097	Nathan Bruser (M47)		8	M45-49	Higland Village	11.2				27:43.576	8:55.5	105.42	27:54.740	51.9%
9	265	Kuay Sullivan (F53)		1	F50-54	Coppell	3.8				29:24.241	9:27.9	82.24	29:28.076	59.8%
10	345	Ryan Pogue (M47)		9	M45-49	Carrollton	12.2				29:24.960	9:28.1	59.96	29:37.207	49.0%
11	008	David Mask (M66)		10	M65-69	Lewisville	1.9				30:44.161	9:53.6	14.16	30:46.101	55.1%
12	283	Ruben Reyes (M63)		11	M60-64	Carrollton	6.3				30:52.079	9:56.1	22.08	30:58.404	53.4%
13	012	Doug Waters (M54)		12	M50-54	Carrollton	10.5				30:49.890	9:55.4	109.89	31:00.375	49.4%
14	003	Virpi Pihlaja-niinisto (F57)		2	F55-59	Paimio	5.6				31:00.236	9:58.8	59.76	31:05.794	59.8%
15	157	Phil Murch (M61)		13	M60-64	Frisco	6.2				31:01.863	9:59.3	16.86	31:08.107	52.1%
16	449	Kumiko McCoy (F69)		3	F65-69	Euless	6.6				31:46.944	10:13.8	1.94	31:53.574	69.8%
17	995	Yanira Lopez (F56)		4	F55-59	Farmers Branch	4.6				31:57.405	10:17.2	182.60	32:02.023	57.2%
18	261	John Kramer (M57)		14	M55-59	Plano	23.7				36:10.952	11:38.8	77.05	36:34.697	43.2%
19	041	Kay Scott (F49)		5	F45-49	Bedford	5:32.1				34:57.767	11:15.2	602.23	40:29.837	47.8%
20	044	Amie Goins (F47)		6	F45-49	Garland	8.3				41:42.200	13:25.4	140.20	41:50.476	39.1%
21	050	Chris Goins (M48)		15	M45-49	Garland	8.2				41:43.066	13:25.7	141.07	41:51.246	34.8%
22	106	Robert Simpson (M63)		16	M60-64	Coppell	7.1				41:49.222	13:27.6	129.22	41:56.328	39.4%
23	024	Carol Creech (F68)		7	F65-69	Plano	3.3				42:30.209	13:40.8	12.79	42:33.486	51.3%
24	994	Meng Hsuan Li (F29)		8	F25-29	Grapevine	4.7				43:26.431	13:58.9	566.43	43:31.101	34.1%
25	246	Sheila Holen (F47)		9	F45-49	Lewisville	9.1				50:10.287	16:08.9	169.71	50:19.421	32.5%
26	117	Vijayan Nair (M56) [2]		17	M55-59	Plano	24:40.4				27:32.371	8:51.8	92.37	52:12.759	56.3%
27	193	Julio Lopez (M63) [2]		18	M60-64	Farmers Branch	26:44.5				27:32.268	8:51.8	32.27	54:16.740	59.8%

Average Finish Time: 32:15      Average Age Grade: 53.4%