



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, July 17, 2016
80F Clear 63%H 8mphSSW
5K Off :7:34 am

| Place | OA | Bib | Name | 5K | [Lap] | GD | AgeGrp | Predicted | ChipStart | 1stH | 2ndH | Δ | NetChipTime | Pace | Difference | |
|-------|----|-----|-----------------------------|----|-------|----|--------|-----------|-----------|-------|-------|------|-------------|------|------------|---------|
| 1 | 6 | 184 | Manav Shah (M31) | | | 5 | M30-34 | 25:42 | 7.2 | 12:18 | 13:24 | +66 | 25:41.579 | ⊙ | 8:16.2 | 0.42 |
| 2 | 28 | 537 | Kelli Espinosa (F37) | | | 9 | F35-39 | 35:00 | 10.2 | 16:13 | 18:43 | +151 | 34:55.893 | ⊙ | 11:14.6 | 4.11 |
| 3 | 14 | 403 | Ari Yallon (M46) | | | 11 | M45-49 | 28:00 | 18.4 | 13:20 | 14:33 | +73 | 27:53.213 | ⊙ | 8:58.6 | 6.79 |
| 4 | 18 | 451 | Rob Windsor (M52) | | | 14 | M50-54 | 29:00 | 8.5 | 14:04 | 15:03 | +59 | 29:07.228 | | 9:22.4 | 7.23 |
| 5 | 31 | 154 | Mike Catt (M62) | | | 22 | M60-64 | 37:00 | 9.6 | 17:27 | 19:55 | +148 | 37:21.412 | | 12:01.4 | 21.41 |
| 6 | 30 | 131 | Charles Key (M84) | | | 21 | M80-99 | 35:30 | 0.6 | 17:20 | 18:34 | +74 | 35:54.631 | | 11:33.5 | 24.63 |
| 7 | 39 | 193 | Julio Lopez (M60) [2] | | | 26 | M60-64 | 25:00 | 24:51.9 | | | | 25:25.142 | | 8:10.9 | 25.14 |
| 8 | 29 | 252 | Michael Johnson (M63) | | | 20 | M60-64 | 35:35 | 8.7 | 16:48 | 18:21 | +93 | 35:09.499 | | 11:19.0 | 25.50 |
| 9 | 8 | 040 | Kim Andres (F63) | | | 2 | F60-64 | 25:50 | 5.8 | 12:55 | 13:24 | +30 | 26:19.060 | | 8:28.3 | 29.06 |
| 10 | 19 | 261 | John Kramer (M54) | | | 15 | M50-54 | 29:20 | 0.7 | 14:32 | 15:20 | +47 | 29:52.027 | | 9:36.8 | 32.03 |
| 11 | 22 | 044 | Amie Goins (F44) | | | 6 | F40-44 | 31:30 | 12.0 | 14:53 | 16:03 | +69 | 30:55.834 | | 9:57.3 | 34.17 |
| 12 | 4 | 593 | Briana Carter (F23) | | | 1 | F20-24 | 25:05 | 5.0 | 12:12 | 12:13 | +1 | 24:25.812 | | 7:51.8 | 39.19 |
| 13 | 35 | 999 | Carol Creech (F65) | | | 12 | F65-69 | 41:44 | 6.5 | 19:54 | 21:10 | +76 | 41:04.310 | | 13:13.2 | 39.69 |
| 14 | 9 | 275 | Jeho Oh (M41) | | | 7 | M40-44 | 24:00 | 1:57.1 | 12:00 | 12:41 | +40 | 24:40.995 | | 7:56.7 | 41.00 |
| 15 | 2 | 568 | Joe Wales (M14) | | | 2 | M10-14 | 22:30 | 0.6 | 11:03 | 12:08 | +64 | 23:11.434 | | 7:27.9 | 41.43 |
| 16 | 11 | 004 | Solar Sistem (M52) | | | 9 | M50-54 | 26:19 | 13.9 | 13:28 | 13:33 | +4 | 27:01.187 | | 8:41.8 | 42.19 |
| 17 | 12 | 998 | Zak Sakoglu (M37) | | | 10 | M35-39 | 28:00 | 6.2 | 13:34 | 13:43 | +10 | 27:17.208 | | 8:47.0 | 42.79 |
| 18 | 20 | 283 | Ruben Reyes (M60) | | | 16 | M60-64 | 29:35 | 6.9 | 14:59 | 15:20 | +21 | 30:19.132 | | 9:45.5 | 44.13 |
| 19 | 5 | 193 | Julio Lopez (M60) | | | 4 | M60-64 | 24:00 | 5.7 | 12:15 | 12:31 | +16 | 24:46.201 | | 7:58.4 | 46.20 |
| 20 | 7 | 364 | Christopher Toolin (M30) | | | 6 | M30-34 | 26:48 | 7.1 | 12:50 | 13:09 | +19 | 25:58.665 | | 8:21.7 | 49.33 |
| 21 | 41 | 453 | Trina Smith-Patterson (F53) | | | 15 | F50-54 | 50:00 | 13.2 | 24:55 | 25:55 | +60 | 50:50.734 | | 16:21.9 | 50.73 |
| 22 | 3 | 590 | Jonathon Barnett (M25) | | | 3 | M25-29 | 23:00 | 5.7 | 11:38 | 12:23 | +45 | 24:01.850 | | 7:44.1 | 61.85 |
| 23 | 13 | 393 | Sara Sasso (F29) | | | 3 | F25-29 | 28:40 | 6.6 | 13:34 | 14:00 | +26 | 27:34.231 | | 8:52.4 | 65.77 |
| 24 | 17 | 001 | Jonah Key (M12) | | | 13 | M10-14 | 30:00 | 0.6 | 13:28 | 15:25 | +117 | 28:53.184 | | 9:17.9 | 66.82 |
| 25 | 15 | 003 | Ruben Arevalo (M61) | | | 12 | M60-64 | 27:00 | 17.9 | 13:41 | 14:28 | +47 | 28:08.546 | | 9:03.5 | 68.55 |
| 26 | 24 | 454 | Betsy Palmer (F55) | | | 7 | F55-59 | 31:05 | 11.1 | 16:07 | 16:15 | +8 | 32:22.237 | | 10:25.1 | 77.24 |
| 27 | 23 | 991 | Dierk Hohman (M46) | | | 17 | M45-49 | 30:30 | 9.6 | 15:26 | 16:26 | +60 | 31:52.219 | | 10:15.5 | 82.22 |
| 28 | 16 | 990 | Laurie Anne Hohman (F45) | | | 4 | F45-49 | 30:00 | 8.5 | 14:11 | 14:25 | +15 | 28:36.194 | | 9:12.4 | 83.81 |
| 29 | 21 | 198 | Yanira Lopez (F53) | | | 5 | F50-54 | 29:05 | 18.4 | 15:08 | 15:25 | +17 | 30:32.809 | | 9:49.9 | 87.81 |
| 30 | 10 | 591 | Maurice Valderas (M26) | | | 8 | M25-29 | 25:30 | 5.7 | 12:19 | 14:41 | +142 | 26:59.810 | | 8:41.4 | 89.81 |
| 31 | 26 | 246 | Jesse Hixson (M45) | | | 19 | M45-49 | 31:15 | 0.6 | 15:45 | 17:08 | +83 | 32:53.502 | | 10:35.2 | 98.50 |
| 32 | 1 | 793 | Jacob Shepherd (M15) | | | 1 | M15-19 | 18:00 | 5.1 | 9:58 | 9:49 | -8 | 19:47.069 | | 6:22.1 | 107.07 |
| 33 | 38 | 148 | Scott Ahlstrom (M67) | | | 25 | M65-69 | 48:00 | 10.7 | 22:30 | 23:25 | +55 | 45:54.191 | | 14:46.5 | 125.81 |
| 34 | 25 | 006 | Chris Goins (M45) | | | 18 | M45-49 | 35:00 | 19.4 | 16:18 | 16:13 | -6 | 32:30.931 | | 10:27.9 | 149.07 |
| 35 | 43 | 022 | Shandra Morton (F43) | | | 17 | F40-44 | 60:00 | 17.8 | 28:46 | 28:40 | -6 | 57:25.525 | | 18:29.0 | 154.47 |
| 36 | 37 | 316 | Blake Bruser (F7) | | | 13 | F01-09 | 48:48 | 20.9 | 23:19 | 21:35 | -104 | 44:53.134 | | 14:26.8 | 234.87 |
| 37 | 40 | 455 | Rosemary Lewis (F61) | | | 14 | F60-64 | 55:00 | 18.4 | 25:26 | 25:18 | -8 | 50:44.416 | | 16:19.9 | 255.58 |
| 38 | 36 | 097 | Nathan Bruser (M45) | | | 24 | M45-49 | 49:49 | 20.7 | 23:19 | 21:34 | -105 | 44:52.581 | | 14:26.7 | 296.42 |
| 39 | 32 | 002 | Ashley Satchell (F28) | | | 10 | F25-29 | 35:00 | 9.6 | 18:19 | 21:51 | +212 | 40:09.534 | | 12:55.6 | 309.53 |
| 40 | 27 | 986 | Tabatha Juestel (F42) | | | 8 | F40-44 | 28:00 | 8.5 | 16:11 | 17:57 | +105 | 34:08.062 | | 10:59.2 | 368.06 |
| 41 | 34 | 248 | Paige Hixson (F11) | | | 11 | F10-14 | 33:00 | 0.6 | 19:42 | 21:06 | +84 | 40:48.710 | | 13:08.2 | 468.71 |
| 42 | 33 | 249 | Joshua Hixson (M9) | | | 23 | M01-09 | 32:00 | 5.6 | 19:40 | 21:01 | +81 | 40:41.200 | | 13:05.7 | 521.20 |
| 43 | 42 | 005 | Toni Brown (F52) | | | 16 | F50-54 | 35:00 | 13.5 | 29:25 | 27:25 | -119 | 56:50.260 | | 18:17.7 | 1310.26 |

⊙ Most Accurate Predictor(s) wins gift card(s).

25 Slower

18 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast

Slow

Δ Positive Split

Δ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

| OA | Bib Name | 5K | [Lap] | GD | AgeGrp | City | ChipStart | 1stH | 2ndH | Δ | NetChipTime | Pace | Diff | ClockTime | AgeGD |
|----|----------|-----------------------------|-------|----|--------|-----------------|-----------|-------|-------|----------------------------|-------------|---------|--------------------------|-----------|-------|
| 1 | 793 | Jacob Shepherd (M15) | | 1 | M15-19 | Irving | 5.1 | 9:58 | 9:49 | -8 | 19:47.069 | 6:22.1 | 107.07 | 19:52.191 | 70.4% |
| 2 | 568 | Joe Wales (M14) | | 2 | M10-14 | Carrollton | 0.6 | 11:03 | 12:08 | +64 | 23:11.434 | 7:27.9 | 41.43 | 23:12.003 | 61.2% |
| 3 | 590 | Jonathon Barnett (M25) | | 3 | M25-29 | Arlington | 5.7 | 11:38 | 12:23 | +45 | 24:01.850 | 7:44.1 | 61.85 | 24:07.597 | 53.7% |
| 4 | 593 | Briana Carter (F23) | | 1 | F20-24 | Arlington | 5.0 | 12:12 | 12:13 | +1 | 24:25.812 | 7:51.8 | 39.19 | 24:30.808 | 60.6% |
| 5 | 193 | Julio Lopez (M60) | | 4 | M60-64 | Farmers Branch | 5.7 | 12:15 | 12:31 | +16 | 24:46.201 | 7:58.4 | 46.20 | 24:51.939 | 64.8% |
| 6 | 184 | Manav Shah (M31) | | 5 | M30-34 | Dallas | 7.2 | 12:18 | 13:24 | +66 | 25:41.579 | 8:16.2 | 0.42 | 25:48.783 | 50.5% |
| 7 | 364 | Christopher Toolin (M30) | | 6 | M30-34 | Dallas | 7.1 | 12:50 | 13:09 | +19 | 25:58.665 | 8:21.7 | 49.33 | 26:05.767 | 49.8% |
| 8 | 040 | Kim Andres (F63) | | 2 | F60-64 | Irving | 5.8 | 12:55 | 13:24 | +30 | 26:19.060 | 8:28.3 | 29.06 | 26:24.826 | 76.7% |
| 9 | 275 | Jeho Oh (M41) | | 7 | M40-44 | Mckinney | 1:57.1 | 12:00 | 12:41 | +40 | 24:40.995 | 7:56.7 | 41.00 | 26:38.072 | 55.7% |
| 10 | 591 | Maurice Valderas (M26) | | 8 | M25-29 | Dallas | 5.7 | 12:19 | 14:41 | +142 | 26:59.810 | 8:41.4 | 89.81 | 27:05.544 | 47.8% |
| 11 | 004 | Solar Sistem (M52) | | 9 | M50-54 | Kansas City, MO | 13.9 | 13:28 | 13:33 | +4 | 27:01.187 | 8:41.8 | 42.19 | 27:15.064 | 55.5% |
| 12 | 998 | Zak Sakoglu (M37) | | 10 | M35-39 | Dallas | 6.2 | 13:34 | 13:43 | +10 | 27:17.208 | 8:47.0 | 42.79 | 27:23.435 | 48.9% |
| 13 | 393 | Sara Sasso (F29) | | 3 | F25-29 | Rockwall | 6.6 | 13:34 | 14:00 | +26 | 27:34.231 | 8:52.4 | 65.77 | 27:40.843 | 53.7% |
| 14 | 403 | Ari Yallon (M46) | | 11 | M45-49 | Sachse | 18.4 | 13:20 | 14:33 | +73 | 27:53.213 | 8:58.6 | 6.79 | 28:11.630 | 51.2% |
| 15 | 003 | Ruben Arevalo (M61) | | 12 | M60-64 | Carrollton | 17.9 | 13:41 | 14:28 | +47 | 28:08.546 | 9:03.5 | 68.55 | 28:26.453 | 57.5% |
| 16 | 990 | Laurie Anne Hohman (F45) | | 4 | F45-49 | Coppell | 8.5 | 14:11 | 14:25 | +15 | 28:36.194 | 9:12.4 | 83.81 | 28:44.707 | 55.8% |
| 17 | 001 | Jonah Key (M12) | | 13 | M10-14 | Dallas | 0.6 | 13:28 | 15:25 | +117 | 28:53.184 | 9:17.9 | 66.82 | 28:53.750 | 51.5% |
| 18 | 451 | Rob Windsor (M52) | | 14 | M50-54 | Flower Mound | 8.5 | 14:04 | 15:03 | +59 | 29:07.228 | 9:22.4 | 7.23 | 29:15.701 | 51.5% |
| 19 | 261 | John Kramer (M54) | | 15 | M50-54 | Plano | 0.7 | 14:32 | 15:20 | +47 | 29:52.027 | 9:36.8 | 32.03 | 29:52.685 | 51.0% |
| 20 | 283 | Ruben Reyes (M60) | | 16 | M60-64 | Carrollton | 6.9 | 14:59 | 15:20 | +21 | 30:19.132 | 9:45.5 | 44.13 | 30:26.007 | 52.9% |
| 21 | 198 | Yanira Lopez (F53) | | 5 | F50-54 | Farmers Branch | 18.4 | 15:08 | 15:25 | +17 | 30:32.809 | 9:49.9 | 87.81 | 30:51.193 | 57.5% |
| 22 | 044 | Amie Goins (F44) | | 6 | F40-44 | Garland | 12.0 | 14:53 | 16:03 | +69 | 30:55.834 | 9:57.3 | 34.17 | 31:07.841 | 51.1% |
| 23 | 991 | Dierk Hohman (M46) | | 17 | M45-49 | Coppell | 9.6 | 15:26 | 16:26 | +60 | 31:52.219 | 10:15.5 | 82.22 | 32:01.861 | 44.8% |
| 24 | 454 | Betsy Palmer (F55) | | 7 | F55-59 | Carrollton | 11.1 | 16:07 | 16:15 | +8 | 32:22.237 | 10:25.1 | 77.24 | 32:33.296 | 55.7% |
| 25 | 006 | Chris Goins (M45) | | 18 | M45-49 | Garland | 19.4 | 16:18 | 16:13 | -6 | 32:30.931 | 10:27.9 | 149.07 | 32:50.320 | 43.6% |
| 26 | 246 | Jesse Hixson (M45) | | 19 | M45-49 | Frisco | 0.6 | 15:45 | 17:08 | +83 | 32:53.502 | 10:35.2 | 98.50 | 32:54.062 | 43.1% |
| 27 | 986 | Tabatha Juestel (F42) | | 8 | F40-44 | McKinney | 8.5 | 16:11 | 17:57 | +105 | 34:08.062 | 10:59.2 | 368.06 | 34:16.611 | 45.6% |
| 28 | 537 | Kelli Espinosa (F37) | | 9 | F35-39 | Grapevine | 10.2 | 16:13 | 18:43 | +151 | 34:55.893 | 11:14.6 | 4.11 | 35:06.084 | 43.2% |
| 29 | 252 | Michael Johnson (M63) | | 20 | M60-64 | Coppell | 8.7 | 16:48 | 18:21 | +93 | 35:09.499 | 11:19.0 | 25.50 | 35:18.175 | 46.8% |
| 30 | 131 | Charles Key (M84) | | 21 | M80-99 | Dallas | 0.6 | 17:20 | 18:34 | +74 | 35:54.631 | 11:33.5 | 24.63 | 35:55.205 | 65.5% |
| 31 | 154 | Mike Catt (M62) | | 22 | M60-64 | The Colony | 9.6 | 17:27 | 19:55 | +148 | 37:21.412 | 12:01.4 | 21.41 | 37:31.058 | 43.7% |
| 32 | 002 | Ashley Satchell (F28) | | 10 | F25-29 | Denton | 9.6 | 18:19 | 21:51 | +212 | 40:09.534 | 12:55.6 | 309.53 | 40:19.093 | 36.9% |
| 33 | 249 | Joshua Hixson (M9) | | 23 | M01-09 | Frisco | 5.6 | 19:40 | 21:01 | +81 | 40:41.200 | 13:05.7 | 521.20 | 40:46.789 | 40.2% |
| 34 | 248 | Paige Hixson (F11) | | 11 | F10-14 | Frisco | 0.6 | 19:42 | 21:06 | +84 | 40:48.710 | 13:08.2 | 468.71 | 40:49.318 | 40.8% |
| 35 | 999 | Carol Creech (F65) | | 12 | F65-69 | Plano | 6.5 | 19:54 | 21:10 | +76 | 41:04.310 | 13:13.2 | 39.69 | 41:10.834 | 50.7% |
| 36 | 097 | Nathan Bruser (M45) | | 24 | M45-49 | Coppell | 20.7 | 23:19 | 21:34 | -105 | 44:52.581 | 14:26.7 | 296.42 | 45:13.294 | 31.6% |
| 37 | 316 | Blake Bruser (F7) | | 13 | F01-09 | Coppell | 20.9 | 23:19 | 21:35 | -104 | 44:53.134 | 14:26.8 | 234.87 | 45:13.992 | 41.8% |
| 38 | 148 | Scott Ahlstrom (M67) | | 25 | M65-69 | Carrollton | 10.7 | 22:30 | 23:25 | +55 | 45:54.191 | 14:46.5 | 125.81 | 46:04.877 | 37.2% |
| 39 | 193 | Julio Lopez (M60) [2] | | 26 | M60-64 | Farmers Branch | 24:51.9 | | | | 25:25.142 | 8:10.9 | 25.14 | 50:17.082 | 63.1% |
| 40 | 455 | Rosemary Lewis (F61) | | 14 | F60-64 | Carrollton | 18.4 | 25:26 | 25:18 | -8 | 50:44.416 | 16:19.9 | 255.58 | 51:02.794 | 38.6% |
| 41 | 453 | Trina Smith-Patterson (F53) | | 15 | F50-54 | Fort Worth | 13.2 | 24:55 | 25:55 | +60 | 50:50.734 | 16:21.9 | 50.73 | 51:03.933 | 34.6% |
| 42 | 005 | Toni Brown (F52) | | 16 | F50-54 | Carrollton | 13.5 | 29:25 | 27:25 | -119 | 56:50.260 | 18:17.7 | 1310.26 | 57:03.759 | 30.5% |
| 43 | 022 | Shandra Morton (F43) | | 17 | F40-44 | Carrollton | 17.8 | 28:46 | 28:40 | -6 | 57:25.525 | 18:29.0 | 154.47 | 57:43.343 | 27.3% |
| | | | | | | | | | | 35 Positive Split | | | 7 Negative Split | | |
| | | | | | | | | | | Average Finish Time: 33:27 | | | Average Age Grade: 49.6% | | |