



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, May 15, 2016
60F Cloudy 76%H 7mphNE
5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	21	198	Yanira Lopez (F53)	5			F50-54	28:15	41.7	14:00	14:18	+18	28:17.956	9:06.5	2.96
2	41	278	Zak Sakoglu (M37) [2]			31	M35-39	26:30	27:00.9	12:58	13:36	+38	26:33.607	8:32.9	3.61
3	32	154	Mike Catt (M62)			25	M60-64	35:00	4.7	16:45	18:22	+97	35:07.314	11:18.3	7.31
4	9	278	Zak Sakoglu (M37)			8	M35-39	25:30	5.8	12:44	12:38	-6	25:21.622	8:09.8	8.38
5	19	563	Tomas Bern (M52)			15	M50-54	28:15	1.6	13:25	14:41	+76	28:05.735	9:02.6	9.26
6	14	916	Wally Capps (M75)			12	M75-79	26:40	0.0	13:14	13:15	+1	26:29.230	8:31.5	10.77
7	8	193	Julio Lopez (M60)			7	M60-64	25:00	2.8	12:29	12:43	+14	25:11.922	8:06.6	11.92
8	7	184	Manav Shah (M31)			6	M30-34	24:58	0.1	12:27	12:43	+16	25:10.716	8:06.3	12.72
9	16	262	Jennifer Johnson (F53)	4			F50-54	27:00	2.0	13:07	13:40	+32	26:46.921	8:37.2	13.08
10	4	995	Jeho Oh (M41)			3	M40-44	22:59	1.3	11:24	11:18	-6	22:42.357	7:18.5	16.64
11	5	243	Deuk Lee (M43)			4	M40-44	25:00	3.1	12:28	12:12	-16	24:40.442	7:56.5	19.56
12	20	216	Jeff Breese (M51)			16	M50-54	25:12	2:29.5	13:20	12:19	-61	25:38.744	8:15.3	26.74
13	36	024	Carol Creech (F65)	8			F65-69	40:18	3.2	19:31	21:14	+102	40:44.833	13:06.9	26.83
14	12	364	Christopher Toolin (M30)			10	M30-34	26:30	1.8	13:04	12:58	-7	26:01.784	8:22.7	28.22
15	25	261	John Kramer (M54)			20	M50-54	29:00	1:55.1	13:55	14:36	+41	28:31.617	9:10.9	28.38
16	17	008	David Mask (M64)			13	M60-64	27:30	27.7	13:26	13:25	-1	26:50.599	8:38.4	39.40
17	10	040	Kim Andres (F63)	2			F60-64	24:55	1.0	12:36	13:05	+29	25:40.292	8:15.8	45.29
18	6	591	Maurice Valderas (M26)			5	M25-29	25:54	0.0	11:39	13:29	+110	25:08.459	8:05.5	45.54
19	2	011	Jorge Bermeo (M28)			1	M25-29	20:48	0.0	10:26	11:08	+42	21:34.002	6:56.5	46.00
20	22	013	Ryan Pogue (M44)			17	M40-44	28:00	11.6	14:45	14:04	-41	28:49.381	9:16.6	49.38
21	34	316	Blake Bruser (F-6)	0			FStroller	28:10	8:20.2	13:34	15:30	+116	29:04.570	9:21.5	54.57
22	15	265	Kuay Sullivan (F50)	3			F50-54	27:32	2.3	13:08	13:26	+18	26:33.974	8:33.1	58.03
23	18	451	Rob Windsor (M52)			14	M50-54	29:00	3.0	13:26	14:14	+48	27:40.325	8:54.4	79.67
24	26	044	Amie Goins (F44)	6			F40-44	29:00	53.5	14:21	16:13	+112	30:34.490	9:50.5	94.49
25	40	193	Julio Lopez (M60) [2]			30	M60-64	25:00	25:14.7	11:44	14:54	+190	26:37.715	8:34.3	97.72
26	1	010	Emily Field (F34)	1			F30-34	18:00	0.0	9:54	9:47	-6	19:40.668	6:20.0	100.67
27	31	283	Ruben Reyes (M60)			24	M60-64	31:00	29.4	16:34	16:17	-16	32:50.825	10:34.3	110.83
28	35	097	Nathan Bruser (M45)			27	M45-49	27:10	8:14.9	13:39	15:31	+111	29:10.085	9:23.3	120.09
29	3	352	Allen Smith (M28)			2	M25-29	20:30	0.0	11:08	11:34	+26	22:41.972	7:18.4	131.97
30	37	148	Scott Ahlstrom (M67)			28	M65-69	50:00	8.1	23:18	24:30	+72	47:47.754	15:23.0	132.25
31	29	061	David Short (M55)			23	M55-59	27:02	2:33.9	14:39	14:38	-1	29:16.429	9:25.3	134.43
32	43	020	Ronald Hamilton (M56) [2]			32	M55-59	35:00	31:34.7	14:05	18:13	+248	32:18.679	10:24.0	161.32
33	33	252	Michael Johnson (M63)			26	M60-64	40:00	3.5	18:03	19:16	+73	37:18.510	12:00.5	161.49
34	23	249	Supote Manodamrongsat (M48)			18	M45-49	33:00	6.5	14:52	14:53	+1	29:45.589	9:34.7	194.41
35	27	020	Ronald Hamilton (M56)			21	M55-59	35:00	7.5	15:35	15:52	+17	31:27.158	10:07.4	212.84
36	28	014	Chris Goins (M46)			22	M45-49	35:00	15.2	15:30	15:52	+22	31:21.878	10:05.7	218.12
37	13	108	Jakub Balazy (M42)			11	M40-44	30:00	5.8	12:36	13:35	+59	26:11.431	8:25.8	228.57
38	11	015	Gabriel Sapien (M56)			9	M55-59	29:58	2.3	12:54	13:07	+12	26:01.114	8:22.5	236.89
39	30	250	Suvi Raisanen (F50)	7			F50-54	36:00	2.7	15:51	16:06	+15	31:56.373	10:16.8	243.63
40	24	326	Senthil Krishnasamy (M32)			19	M30-34	35:00	4.1	15:23	14:56	-28	30:18.732	9:45.4	281.27
41	42	198	Yanira Lopez (F53) [2]	10			F50-54	28:15	28:59.6				33:23.398	10:44.8	308.40
42	39	455	Rosemary Lewis (F61)	9			F60-64	60:00	6.7	25:28	25:20	-7	50:47.760	16:21.0	552.24
43	38	233	Jeran Roberson (M27)			29	M25-29	30:00	27.9	21:15	28:02	+407	49:16.971	15:51.8	1156.97

© Most Accurate Predictor(s) wins gift card(s).

20 Slower

23 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split
△ Negative Split

Timing provided by:
DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	010	Emily Field (F34)	1	F30-34	Dallas	0.0	9:54	9:47	-6	19:40.668	6:20.0	100.67	19:40.668	75.8%	
2	011	Jorge Bermeo (M28)	1	M25-29	Dallas	0.0	10:26	11:08	+42	21:34.002	6:56.5	46.00	21:34.002	59.8%	
3	352	Allen Smith (M28)	2	M25-29	Dallas	0.0	11:08	11:34	+26	22:41.972	7:18.4	131.97	22:41.972	56.8%	
4	995	Jeho Oh (M41)	3	M40-44	Mckinney	1.3	11:24	11:18	-6	22:42.357	7:18.5	16.64	22:43.654	60.6%	
5	243	Deuk Lee (M43)	4	M40-44	Irving	3.1	12:28	12:12	-16	24:40.442	7:56.5	19.56	24:43.582	56.6%	
6	591	Maurice Valderas (M26)	5	M25-29	Dallas	0.0	11:39	13:29	+110	25:08.459	8:05.5	45.54	25:08.459	51.3%	
7	184	Manav Shah (M31)	6	M30-34	Dallas	0.1	12:27	12:43	+16	25:10.716	8:06.3	12.72	25:10.783	51.5%	
8	193	Julio Lopez (M60)	7	M60-64	Farmers Branch	2.8	12:29	12:43	+14	25:11.922	8:06.6	11.92	25:14.705	63.6%	
9	278	Zak Sakoglu (M37)	8	M35-39	Dallas	5.8	12:44	12:38	-6	25:21.622	8:09.8	8.38	25:27.425	52.6%	
10	040	Kim Andres (F63)	2	F60-64	Irving	1.0	12:36	13:05	+29	25:40.292	8:15.8	45.29	25:41.281	78.7%	
11	015	Gabriel Sapien (M56)	9	M55-59	Carrollton	2.3	12:54	13:07	+12	26:01.114	8:22.5	236.89	26:03.445	59.6%	
12	364	Christopher Toolin (M30)	10	M30-34	Dallas	1.8	13:04	12:58	-7	26:01.784	8:22.7	28.22	26:03.566	49.7%	
13	108	Jakub Balazy (M42)	11	M40-44	Coppell	5.8	12:36	13:35	+59	26:11.431	8:25.8	228.57	26:17.246	52.9%	
14	916	Wally Capps (M75)	12	M75-79	Farmers Branch	0.0	13:14	13:15	+1	26:29.230	8:31.5	10.77	26:29.230	71.5%	
15	265	Kuay Sullivan (F50)	3	F50-54	Coppell	2.3	13:08	13:26	+18	26:33.974	8:33.1	58.03	26:36.242	63.7%	
16	262	Jennifer Johnson (F53)	4	F50-54	Coppell	2.0	13:07	13:40	+32	26:46.921	8:37.2	13.08	26:48.918	65.6%	
17	008	David Mask (M64)	13	M60-64	Lewisville	27.7	13:26	13:25	-1	26:50.599	8:38.4	39.40	27:18.287	61.9%	
18	451	Rob Windsor (M52)	14	M50-54	Flower Mound	3.0	13:26	14:14	+48	27:40.325	8:54.4	79.67	27:43.363	54.2%	
19	563	Tomas Bern (M52)	15	M50-54	Allen	1.6	13:25	14:41	+76	28:05.735	9:02.6	9.26	28:07.371	53.4%	
20	216	Jeff Breese (M51)	16	M50-54	Frisco	2:29.5	13:20	12:19	-61	25:38.744	8:15.3	26.74	28:08.199	58.0%	
21	198	Yanira Lopez (F53)	5	F50-54	Farmers Branch	41.7	14:00	14:18	+18	28:17.956	9:06.5	2.96	28:59.607	62.1%	
22	013	Ryan Pogue (M44)	17	M40-44	Carrollton	11.6	14:45	14:04	-41	28:49.381	9:16.6	49.38	29:01.011	48.8%	
23	249	Supote Manodamrongsat (18	M45-49	Flower Mound	6.5	14:52	14:53	+1	29:45.589	9:34.7	194.41	29:52.070	48.8%	
24	326	Senthil Krishnasamy (M32)	19	M30-34	Irving	4.1	15:23	14:56	-28	30:18.732	9:45.4	281.27	30:22.873	42.9%	
25	261	John Kramer (M54)	20	M50-54	Plano	1:55.1	13:55	14:36	+41	28:31.617	9:10.9	28.38	30:26.726	53.4%	
26	044	Amie Goins (F44)	6	F40-44	Garland	53.5	14:21	16:13	+112	30:34.490	9:50.5	94.49	31:28.017	51.7%	
27	020	Ronald Hamilton (M56)	21	M55-59	The Colony	7.5	15:35	15:52	+17	31:27.158	10:07.4	212.84	31:34.652	49.3%	
28	014	Chris Goins (M46)	22	M45-49	Garland	15.2	15:30	15:52	+22	31:21.878	10:05.7	218.12	31:37.068	45.6%	
29	061	David Short (M55)	23	M55-59	Frisco	2:33.9	14:39	14:38	-1	29:16.429	9:25.3	134.43	31:50.373	52.5%	
30	250	Suvi Raisanen (F50)	7	F50-54	Grapevine	2.7	15:51	16:06	+15	31:56.373	10:16.8	243.63	31:59.078	53.0%	
31	283	Ruben Reyes (M60)	24	M60-64	Carrollton	29.4	16:34	16:17	-16	32:50.825	10:34.3	110.83	33:20.220	48.8%	
32	154	Mike Catt (M62)	25	M60-64	The Colony	4.7	16:45	18:22	+97	35:07.314	11:18.3	7.31	35:12.060	46.5%	
33	252	Michael Johnson (M63)	26	M60-64	Coppell	3.5	18:03	19:16	+73	37:18.510	12:00.5	161.49	37:22.035	44.1%	
34	316	Blake Bruser (F-6)	0	FStroller	Coppell	8:20.2	13:34	15:30	+116	29:04.570	9:21.5	54.57	37:24.748		
35	097	Nathan Bruser (M45)	27	M45-49	Coppell	8:14.9	13:39	15:31	+111	29:10.085	9:23.3	120.09	37:24.945	48.6%	
36	024	Carol Creech (F65)	8	F65-69	Plano	3.2	19:31	21:14	+102	40:44.833	13:06.9	26.83	40:48.052	51.1%	
37	148	Scott Ahlstrom (M67)	28	M65-69	Carrollton	8.1	23:18	24:30	+72	47:47.754	15:23.0	132.25	47:55.804	35.7%	
38	233	Jeran Roberson (M27)	29	M25-29	Carrollton	27.9	21:15	28:02	+407	49:16.971	15:51.8	1156.97	49:44.835	26.2%	
39	455	Rosemary Lewis (F61)	9	F60-64	Carrollton	6.7	25:28	25:20	-7	50:47.760	16:21.0	552.24	50:54.466	38.6%	
40	193	Julio Lopez (M60) [2]	30	M60-64	Farmers Branch	25:14.7	11:44	14:54	+190	26:37.715	8:34.3	97.72	51:52.419	60.2%	
41	278	Zak Sakoglu (M37) [2]	31	M35-39	Dallas	27:00.9	12:58	13:36	+38	26:33.607	8:32.9	3.61	53:34.550	50.3%	
42	198	Yanira Lopez (F53) [2]	10	F50-54	Farmers Branch	28:59.6				33:23.398	10:44.8	308.40	62:23.005	52.6%	
43	020	Ronald Hamilton (M56) [2]	32	M55-59	The Colony	31:34.7	14:05	18:13	+248	32:18.679	10:24.0	161.32	63:53.332	48.0%	

30 Positive Split

12 Negative Split

Average Finish Time: 29:39

Average Age Grade: 53.7%