

Mile Overall		5K Overall		5K Masters		5K Seniors	
Jaydin Turner	5:20.19	Jaydin Turner	19:01.97	Marcus O'con	22:01.38	Vijayan Nair	24:23.39
Kim Andres	9:04.35	Tae Fuqua	26:11.29	Sarah Meyer	29:35.92	Yanira Lopez	33:38.47

5K MALE

		19 MALE Runners --- Average Time of 30:33						Avg. Age Grade: 52.8%		Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Jaydin Turner	Carrollton	(15)	9:33	-4	19:01.97	ML ✓	6:07.6	73.1%	1	1
MASTERS	1 Marcus O'con	Dallas	(53)	11:14	-27	22:01.38	ML	7:05.3	68.6%	4	4
SENIORS	1 Vijayan Nair	Plano	(61)	12:27	-31	24:23.39	ML	7:51.0	66.3%	5	5
M10-14	1 David Gehring	Highland Village	(11)	15:00	-24	29:36.56		9:31.8	51.7%	11	10
	2 Alex Toth	Coppell	(10)	16:53	-58	32:49.01		10:33.8	48.1%	16	13
M15-19	1 Steven Aguilar	Carrollton	(19)	9:34	+30	19:38.39		6:19.3	67.1%	2	2
M30-34	1 Griffin Gurley	Carrollton	(31)	10:24	+53	21:40.94		6:58.7	59.8%	3	3
M40-44	1 Simon Rose	Carrollton	(41)	13:48	-22	27:14.27	ML ✓	8:46.0	50.5%	9	8
	2 Balaji Ammanji Sundararaju	Coppell	(42)	14:28	+31	29:27.40	ML ✓	9:28.9	47.0%	10	9
	3 Gabor Toth	Coppell	(43)	16:52	-55	32:49.21	ML	10:33.8	42.5%	17	14
M50-54	1 Francisco Espinosa	Carrollton	(53)	12:31	-17	24:44.80	ML ✓	7:57.9	61.1%	6	6
	2 Nathan Bruser	Carrollton	(52)	14:30	-18	28:41.80		9:14.2	52.2%	20	15
	3 Ryan Pogue	Carrollton	(52)	15:28	-12	30:43.30		9:53.3	48.8%	14	12
	4 Rich Weklar	Bartonville	(53)	19:54	+62	40:49.99		13:08.6	37.0%	24	17
	5 Chris Wong	Arlington	(54)	21:09	-25	41:53.41		13:29.0	36.4%	26	18
M55-59	1 Andrew Ngotho	Carrollton	(57)	14:56	+0	29:52.49	✓	9:36.9	52.3%	13	11
M60-64	1 John Kramer	Plano	(62)	31:48	-101	1:01:54.85	ML	19:55.7	26.4%	29	19
M65-69	1 Julio Lopez	Farmers Branch	(68)	12:59	-16	25:41.55	ML	8:16.2	67.1%	7	7
	2 Robert Simpson	Coppell	(68)	18:51	-27	37:14.95		11:59.4	46.3%	21	16

5K FEMALE

		10 FEMALE Runners --- Average Time of 37:55						Avg. Age Grade: 52.8%		Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Tae Fuqua	Waxahachie	(43)	13:06	-1	26:11.29	✓	8:25.8	59.9%	8	1
MASTERS	1 Sarah Meyer	Coppell	(47)	15:00	-23	29:35.92		9:31.6	55.1%	12	2
SENIORS	1 Yanira Lopez	Farmers Branch	(61)	16:44	+10	33:38.47	ML	10:49.7	58.3%	19	5
F35-39	1 Emily Whitehurst	Carrollton	(37)	16:26	+35	33:27.40	ML	10:46.1	45.1%	18	4
F50-54	1 Debbie Riedner	Dallas	(54)	16:06	+22	32:34.88	ML	10:29.2	54.7%	15	3
	2 Sheila Holen	Lewisville	(53)	28:17	+56	57:29.77	ML	18:30.4	30.6%	28	10
F55-59	1 Kim Tsutsui	Arlington	(56)	21:12	-63	41:20.66		13:18.4	44.2%	25	8
F60-64	1 Betsy Palmer	Carrollton	(62)	19:44	+16	39:44.66		12:47.5	50.1%	23	7
F70-74	1 Carol Creech	Aubrey	(73)	23:23	+28	47:13.52		15:12.0	50.2%	27	9
F80-99	1 Mary Kaplan	Sunrise Beach	(84)	19:04	-15	37:51.83		12:11.2	79.9%	22	6

1M MALE

		13 MALE Runners --- Average Time of 9:26					Avg. Age Grade: 52.3%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Jaydin Turner	(15)			5:20.19	✓	5:20.2	75.0%	1	1
M01-09	1	Michael Gehring	Highland Village (9)			7:55.88	✓	7:55.9	59.3%	7	7
	2	Rowan Hensley	Carrollton (5)			20:02.29		20:02.3	28.4%	19	13
M40-44	1	Gabor Toth	Coppell (43)			7:30.02		7:30.0	53.5%	4	4
	2	Balaji Ammanji Sundararaju	Coppell (42)			7:43.53		7:43.5	51.6%	6	6
	3	Simon Rose	Carrollton (41)			8:10.92	✓	8:10.9	48.3%	8	8
M45-49	1	Dan Gehring	Highland Village (49)			9:24.78		9:24.8	44.7%	12	10
M50-54	1	Francisco Espinosa	Carrollton (53)			7:26.59	✓	7:26.6	58.4%	3	3
	2	Marcus O'con	Dallas (53)			8:31.51		8:31.5	51.0%	9	9
M60-64	1	Vijayan Nair	Plano (61)			7:21.50		7:21.5	63.2%	2	2
	2	John Kramer	Plano (62)			16:02.67		16:02.7	29.3%	16	12
M65-69	1	Julio Lopez	Farmers Branch (68)			7:36.25		7:36.3	65.2%	5	5
	2	Ruben Reyes	Carrollton (68)			9:29.37		9:29.4	52.3%	13	11

1M FEMALE

		6 FEMALE Runners --- Average Time of 12:46					Avg. Age Grade: 47.1%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Kim Andres	Irving (71)			9:04.35	☐	9:04.4	74.9%	10	1
F30-34	1	Carly Hensley	Carrollton (32)			20:02.18		20:02.2	21.0%	18	6
F35-39	1	Emily Whitehurst	Carrollton (37)			9:36.21		9:36.2	45.0%	14	3
F50-54	1	Debbie Riedner	Dallas (54)			9:18.36		9:18.4	56.4%	11	2
	2	Sheila Holen	Lewisville (53)			18:28.89		18:28.9	28.0%	17	5
F60-64	1	Yanira Lopez	Farmers Branch (61)			10:07.43		10:07.4	57.2%	15	4

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6998 Jaydin Turner (M15)	1	M15-19	OA	---				5:20.19	✓ 4	5:20.2	18.25	5:20.19	75.0%
2	7117 Vijayan Nair (M61)	2	M60-64	1st	---				7:21.50		7:21.5	25.15	7:21.50	63.2%
3	6003 Francisco Espinosa (M53)	3	M50-54	1st	---				7:26.59	✓ 2	7:26.6	25.43	7:26.59	58.4%
4	7380 Gabor Toth (M43)	4	M40-44	1st	---				7:30.02		7:30.0	25.66	7:30.02	53.5%
5	7193 Julio Lopez (M68)	5	M65-69	1st	---				7:36.25		7:36.3	26.00	7:36.25	65.2%
6	6979 Balaji Ammanji Sundararaju (6	M40-44	2nd	---				7:43.53		7:43.5	26.40	7:43.53	51.6%
7	6009 Michael Gehring (M9)	7	M01-09	1st	---				7:55.88	✓ 2	7:55.9	27.08	7:55.88	59.3%
8	7313 Simon Rose (M41)	8	M40-44	3rd	---				8:10.92	✓ 2	8:10.9	27.94	8:10.92	48.3%
9	7270 Marcus O'con (M53)	9	M50-54	2nd	---				8:31.51		8:31.5	29.14	8:31.51	51.0%
10	7040 Kim Andres (F71)	1	F70-74	OA	---				9:04.35	□	9:04.4	31.02	9:04.35	74.9%
11	7121 Debbie Riedner (F54)	2	F50-54	1st	---				9:18.36		9:18.4	31.82	9:18.36	56.4%
12	6005 Dan Gehring (M49)	10	M45-49	1st	---				9:24.78		9:24.8	32.16	9:24.78	44.7%
13	7283 Ruben Reyes (M68)	11	M65-69	2nd	---				9:29.37		9:29.4	32.44	9:29.37	52.3%
14	7586 Emily Whitehurst (F37)	3	F35-39	1st	---				9:36.21		9:36.2	32.84	9:36.21	45.0%
15	7198 Yanira Lopez (F61)	4	F60-64	1st	---				10:07.43		10:07.4	34.61	10:07.43	57.2%
16	7261 John Kramer (M62)	12	M60-64	2nd	---				16:02.67		16:02.7	54.85	16:02.67	29.3%
17	7246 Sheila Holen (F53)	5	F50-54	2nd	---				18:28.89		18:28.9	63.18	18:28.89	28.0%
18	7521 Carly Hensley (F32)	6	F30-34	1st	---				20:02.18	⊗	20:02.2	68.54	20:02.18	21.0%
19	6995 Rowan Hensley (M5)	13	M01-09	2nd	---				20:02.29	⊗	20:02.3	68.54	20:02.29	28.4%

✓ 4 Club PR's

Average Finish Time: 10:29 2 First Timers

Average Age Grade: 50.7%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6998 Jaydin Turner (M15)	1	M15-19	OA	---	9:33	9:29	-4	19:01.97	Ⓜ ✓ 6	6:07.6	19.02	19:01.97	73.1%
2	6004 Steven Aguilar (M19)	2	M15-19	1st	---	9:34	10:04	+30	19:38.39		6:19.3	19.63	19:38.39	67.1%
3	6729 Griffin Gurley (M31)	3	M30-34	1st	---	10:24	11:17	+53	21:40.94		6:58.7	21.67	21:40.94	59.8%
4	7270 Marcus O'con (M53)	4	M50-54	MS	---	11:14	10:47	-27	22:01.38	Ⓜ	7:05.3	22.02	22:01.38	68.6%
5	7117 Vijayan Nair (M61)	5	M60-64	SR	---	12:27	11:56	-31	24:23.39	Ⓜ	7:51.0	24.38	24:23.39	66.3%
6	6003 Francisco Espinosa (M53)	6	M50-54	1st	---	12:31	12:14	-17	24:44.80	Ⓜ ✓ 2	7:57.9	24.73	24:44.80	61.1%
7	7193 Julio Lopez (M68)	7	M65-69	1st	---	12:59	12:43	-16	25:41.55	Ⓜ	8:16.2	25.68	25:41.55	67.1%
8	6805 Tae Fuqua (F43)	1	F40-44	OA	---	13:06	13:05	-1	26:11.29	✓ 1	8:25.8	26.18	26:11.29	59.9%
9	7313 Simon Rose (M41)	8	M40-44	1st	7.1	13:48	13:26	-22	27:14.27	Ⓜ ✓ 7	8:46.0	27.23	27:21.35	50.5%
10	6979 Balaji Ammanji Sundararaju (9	M40-44	2nd	3.8	14:28	14:59	+31	29:27.40	Ⓜ ✓ 11	9:28.9	29.45	29:31.16	47.0%
11	6006 David Gehring (M11)	10	M10-14	1st	0.8	15:00	14:36	-24	29:36.56		9:31.8	29.60	29:37.32	51.7%
12	7407 Sarah Meyer (F47)	2	F45-49	MS	1.4	15:00	14:36	-23	29:35.92		9:31.6	29.58	29:37.36	55.1%
13	7466 Andrew Ngotho (M57)	11	M55-59	1st	1.7	14:56	14:56	+0	29:52.49	✓ 9	9:36.9	29.87	29:54.21	52.3%
14	7345 Ryan Pogue (M52)	12	M50-54	3rd	2.3	15:28	15:16	-12	30:43.30		9:53.3	30.72	30:45.65	48.8%
15	7121 Debbie Riedner (F54)	3	F50-54	1st	3.8	16:06	16:29	+22	32:34.88	Ⓜ	10:29.2	32.57	32:38.63	54.7%
16	7368 Alex Toth (M10)	13	M10-14	2nd	0.5	16:53	15:56	-58	32:49.01		10:33.8	32.82	32:49.56	48.1%
17	7380 Gabor Toth (M43)	14	M40-44	3rd	0.8	16:52	15:57	-55	32:49.21	Ⓜ	10:33.8	32.82	32:49.98	42.5%
18	7586 Emily Whitehurst (F37)	4	F35-39	1st	1.7	16:26	17:01	+35	33:27.40	Ⓜ	10:46.1	33.45	33:29.11	45.1%
19	7198 Yanira Lopez (F61)	5	F60-64	SR	5.6	16:44	16:54	+10	33:38.47	Ⓜ	10:49.7	33.63	33:44.03	58.3%
20	7097 Nathan Bruser (M52)	15	M50-54	2nd	343.0	14:30	14:12	-18	28:41.80		9:14.2	28.68	34:24.81	52.2%
21	7106 Robert Simpson (M68)	16	M65-69	2nd	17.3	18:51	18:24	-27	37:14.95		11:59.4	37.23	37:32.20	46.3%
22	7039 Mary Kaplan (F84)	6	F80-99	1st	0.4	19:04	18:48	-15	37:51.83		12:11.2	37.85	37:52.19	79.9%
23	7454 Betsy Palmer (F62)	7	F60-64	1st	9.9	19:44	20:01	+16	39:44.66		12:47.5	39.73	39:54.54	50.1%
24	6994 Rich Weklar (M53)	17	M50-54	4th	12.1	19:54	20:56	+62	40:49.99		13:08.6	40.82	41:02.13	37.0%
25	7109 Kim Tsutsui (F56)	8	F55-59	1st	6.4	21:12	20:09	-63	41:20.66		13:18.4	41.33	41:27.06	44.2%
26	7223 Chris Wong (M54)	18	M50-54	5th	7.7	21:09	20:44	-25	41:53.41		13:29.0	41.88	42:01.14	36.4%
27	7024 Carol Creech (F73)	9	F70-74	1st	6.1	23:23	23:51	+28	47:13.52		15:12.0	47.22	47:19.62	50.2%
28	7246 Sheila Holen (F53)	10	F50-54	2nd	150.1	28:17	29:13	+56	57:29.77	Ⓜ	18:30.4	57.48	59:59.82	30.6%
29	7261 John Kramer (M62)	19	M60-64	1st	526.9	31:48	30:07	-101	1:01:54.85	Ⓜ	19:55.7	61.90	1:01:41.74	26.4%

10 Positive Split

19 Negative Split

✓ 6 Club PR's

Average Finish Time: 33:05

Average Age Grade: 52.8%

FN*: □ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

2/25/2024

Ⓜ Ran Mile before 5K

✓ # Races

PR @ Carrollton Runners (2003 & later)

△ Negative Split

DeltaViewTiming.com