

Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
Paul Wells	4:58.17	Paul Wells	17:50.21	John Cosentino	23:12.63	Vijayan Nair	23:22.89
Donna Mills Honarv	5:39.58	Donna Mills Honarv	20:33.42	Amie Goins	33:17.15	Yanira Lopez	33:36.02

5K MALE

36 MALE Runners --- Average Time of **32:11**

Avg. Age Grade: **50.4%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Paul Wells	Plano	(28)	8:47	+16	17:50.21	ML	5:44.5	72.3%	1	1
MASTERS	1 John Cosentino	Plano	(60)	11:46	-20	23:12.63		7:28.2	69.1%	4	3
SENIORS	1 Vijayan Nair	Plano	(59)	11:32	+19	23:22.89	ML	7:31.5	68.0%	5	4
M01-09	1 Trishul Gorla	Coppell	(9)	15:11	+48	31:09.95		10:01.9	52.5%	19	17
	2 Neel Ganjikunta	Coppell	(6)	16:53	+516	42:21.64		13:38.1	44.1%	46	33
M10-14	1 Namish Ganjikunta	Coppell	(10)	15:11	+48	31:09.89		10:01.9	50.7%	18	16
M15-19	1 Armando Arevalo	Irving	(19)	17:19	+86	36:04.11		11:36.6	36.5%	36	29
M25-29	1 Kelby Flink	Hurst	(29)	10:45	+70	22:39.61		7:17.6	57.0%	3	2
	2 Kyle Drew	Denton	(27)	18:11	-127	34:15.40		11:01.6	37.7%	33	26
	3 Ian Bartlett	The Colony	(27)	18:11	-55	35:27.45		11:24.8	36.4%	34	27
M35-39	1 Blair Casey	Carrollton	(35)	12:08	+6	24:21.32		7:50.4	54.1%	7	6
M40-44	1 Balaji Ammanji Sundararaju	Coppell	(40)	15:02	+52	30:55.26	✓	9:57.2	44.1%	17	15
	2 Mark Sadullah	Coppell	(43)	22:10	+47	45:06.57		14:31.2	30.9%	51	35
M45-49	1 Burns Thacker	Carrollton	(48)	15:43	-26	31:01.12		9:59.0	46.8%	20	18
	2 Narasimhulu Ganjikunta	Coppell	(46)	16:45	+369	39:39.55	✓	12:45.9	36.0%	42	32
M50-54	1 Marcus O'con	Dallas	(51)	11:54	-14	23:33.59		7:35.0	63.1%	6	5
	2 Chris Goins	Garland	(52)	15:34	+101	32:49.21		10:33.8	45.7%	25	21
	3 Rich Weklar	Bartonville	(51)	15:10	+185	33:25.49		10:45.5	44.5%	30	25
	4 Chris Wong	Arlington	(52)	18:11	+52	37:14.84		11:59.3	40.2%	38	30
	5 Carlos Ordonez	Carrollton	(51)	21:34	+26	43:34.61		14:01.6	34.1%	48	34
M55-59	1 Ron Williamson	Flower Mound	(56)	12:20	+33	25:13.39	ML	8:07.1	61.4%	8	7
	2 Doug Waters	Carrollton	(57)	12:46	-7	25:24.99		8:10.8	61.5%	9	8
	3 Steve Russo	Plano	(58)	13:06	+4	26:15.69		8:27.2	60.0%	10	9
	4 Tomas Bern	Allen	(58)	15:09	+26	30:44.78		9:53.8	51.3%	15	13
	5 Vicente Rangel	Carrollton	(55)	16:21	-108	30:53.12		9:56.5	49.8%	16	14
	6 Rob Preston	Irving	(57)	15:10	+185	33:25.01		10:45.4	46.8%	29	24
M60-64	1 Jaws Hansen	Dallas	(62)	14:27	-11	28:42.95	ML	9:14.6	56.8%	13	12
	2 Victor Efenbein	Dallas	(64)	15:41	+100	33:02.43	ML	10:38.1	50.3%	26	22
	3 David Short	Frisco	(61)	18:16	-58	35:35.11		11:27.2	45.5%	35	28
	4 John Kramer	Plano	(60)	30:32	-57	1:00:07.16	ML	19:21.0	26.7%	60	36
M65-69	1 Ruben Arevalo	Carrollton	(67)	13:36	+30	27:42.22	ML	8:55.0	61.7%	11	10
	2 Julio Lopez	Farmers Branch	(66)	14:05	+18	28:26.73	ML	9:09.3	59.5%	12	11
	3 Ruben Reyes	Carrollton	(66)	15:08	+65	31:19.86	ML	10:05.1	54.0%	21	19
	4 Peter Chan	Coppell	(69)	16:21	+38	33:19.15	ML	10:43.5	52.3%	28	23
	5 Robert Simpson	Coppell	(67)	18:38	+26	37:42.74		12:08.3	45.3%	39	31
M80-99	1 Wally Capps	Farmers Branch	(81)	15:43	+3	31:28.48	ML	10:07.8	68.5%	22	20

5K FEMALE

24 FEMALE Runners --- Average Time of **40:49**

Avg. Age Grade: **44.4%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Donna Mills Honarvar	Lewisville	(48)	10:20	-7	20:33.42	ML	6:37.0	80.3%	2	1
MASTERS	1 Amie Goins	Garland	(50)	15:49	+99	33:17.15		10:42.8	50.8%	27	5
SENIORS	1 Yanira Lopez	Farmers Branch	(59)	16:22	+52	33:36.02	ML	10:48.9	56.7%	32	7
F10-14	1 Chloe Ramirez	The Colony	(11)	14:49	+238	33:36.68		10:49.1	49.5%	31	6
	2 Chaithanya Srikanth	Coppell	(11)	17:35	+254	39:24.98	✓	12:41.2	42.2%	40	9
	3 Atiquah Amreen Sadullah	Coppell	(13)	19:43	+233	43:20.09		13:56.9	36.9%	47	14
	4 Aqeela Afreen Sadullah	Coppell	(14)	20:59	+147	44:25.93		14:18.1	35.4%	50	16
	5 Yuvathi Balaji	Coppell	(10)	23:49	+150	50:08.23		16:08.3	34.0%	55	20
F15-19	1 Araceli Sanchez	Irving	(19)	15:43	+13	31:40.37		10:11.7	46.9%	24	4
F25-29	1 Ana Venegas	Hurst	(25)	13:46	+82	28:53.84		9:18.1	51.2%	14	2
	2 Katherina Kang	Dallas	(27)	19:56	+133	42:06.07		13:33.1	35.2%	45	13
F30-34	1 Claudia Chavez	Denton	(32)	19:41	+8	39:30.11		12:42.9	37.6%	57	22
	2 Yanis Romero	Aubrey	(33)	26:59	+89	55:27.46	ML	17:51.0	26.8%	58	23
F35-39	1 Emily Whitehurst	Carrollton	(36)	15:38	+22	31:36.51	✓	10:10.4	47.5%	23	3
F40-44	1 Swapna Gorla	Coppell	(41)	22:23	+77	46:02.12		14:49.0	33.5%	52	17
	2 Sivasankari Murugesan	Coppell	(40)	26:22	-11	52:32.65		16:54.7	29.2%	56	21
F45-49	1 Caroline Ramirez	The Colony	(49)	21:10	+103	44:02.96		14:10.7	37.9%	49	15
F50-54	1 Debbie Riedner	Dallas	(53)	17:53	+22	36:08.31	ML	11:37.9	48.6%	37	8
	2 Liliana Wutter	Frisco	(50)	19:43	+105	41:10.33	✓	13:15.1	41.1%	44	12
	3 Sheila Holen	Lewisville	(51)	27:03	+81	55:27.89		17:51.1	30.9%	59	24
F55-59	1 Susan Schafer	Carrollton	(57)	23:53	+44	48:31.29		15:37.1	38.2%	53	18
F65-69	1 Jerri Hixson	Plano	(68)	19:42	+30	39:54.66		12:50.8	54.7%	43	11
F70-74	1 Carol Creech	Aubrey	(71)	24:02	+36	48:39.77		15:39.8	47.1%	54	19
F80-99	1 Mary Kaplan	Sunrise Beach	(83)	20:10	-51	39:28.69		12:42.4	74.2%	41	10

1M MALE

		11 MALE Runners --- Average Time of 8:39					Avg. Age Grade: 57.8%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Paul Wells	Plano	(28)		4:58.17		4:58.2	74.7%	1	1
M55-59	1	Ron Williamson	Flower Mound	(56)		6:48.37		6:48.4	65.5%	3	2
	2	Vijayan Nair	Plano	(59)		7:12.59		7:12.6	63.4%	4	3
M60-64	1	Jaws Hansen	Dallas	(62)		8:23.80		8:23.8	55.9%	7	6
	2	Victor Eifenbein	Dallas	(64)		9:28.00		9:28.0	50.5%	10	8
	3	John Kramer	Plano	(60)		13:51.59		13:51.6	33.3%	15	11
M65-69	1	Ruben Arevalo	Carrollton	(67)		7:50.12		7:50.1	62.7%	5	4
	2	Julio Lopez	Farmers Branch	(66)		8:04.63		8:04.6	60.3%	6	5
	3	Ruben Reyes	Carrollton	(66)		8:46.71		8:46.7	55.5%	8	7
	4	Peter Chan	Coppell	(69)		10:16.89		10:16.9	48.7%	13	10
M80-99	1	Wally Capps	Farmers Branch	(81)		9:30.80		9:30.8	65.2%	11	9

1M FEMALE

		9 FEMALE Runners --- Average Time of 12:11					Avg. Age Grade: 44.5%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Donna Mills Honarvar	Lewisville	(48)		5:39.58		5:39.6	85.9%	2	1
F01-09	1	Atifa Asreen Sadullah	Coppell	(8)		14:09.75		14:09.8	36.2%	16	5
	2	Kavya Balaji	Coppell	(6)		16:09.59		16:09.6	34.2%	19	8
F20-24	1	Flor Sanchez	Irving	(23)		10:39.81		10:39.8	39.3%	14	4
	2	Perla Armijo	Irving	(23)		13:22.06		13:22.1	31.4%	17	6
F30-34	1	Yanis Romero	Aubrey	(33)		14:40.40		14:40.4	28.8%	18	7
F40-44	1	Shaheena Badsha	Coppell	(43)		16:30.26		16:30.3	27.7%	20	9
F50-54	1	Debbie Riedner	Dallas	(53)		8:54.53		8:54.5	58.1%	9	2
F55-59	1	Yanira Lopez	Farmers Branch	(59)		9:31.97		9:32.0	59.0%	12	3

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	6965 Paul Wells (M28)	1	M25-29	OA	---				4:58.17		4:58.2	16.99	4:58.17	74.7%
2	6781 Donna Mills Honarvar (F48)	1	F45-49	OA	---				5:39.58	⊗	5:39.6	19.33	5:39.58	85.9%
3	7450 Ron Williamson (M56)	2	M55-59	1st	---				6:48.37		6:48.4	23.26	6:48.37	65.5%
4	7117 Vijayan Nair (M59)	3	M55-59	2nd	---				7:12.59		7:12.6	24.63	7:12.59	63.4%
5	7155 Ruben Arevalo (M67)	4	M65-69	1st	---				7:50.12		7:50.1	26.80	7:50.12	62.7%
6	7193 Julio Lopez (M66)	5	M65-69	2nd	---				8:04.63		8:04.6	27.60	8:04.63	60.3%
7	7060 Jaws Hansen (M62)	6	M60-64	1st	---				8:23.80		8:23.8	28.68	8:23.80	55.9%
8	7283 Ruben Reyes (M66)	7	M65-69	3rd	---				8:46.71		8:46.7	29.99	8:46.71	55.5%
9	7121 Debbie Riedner (F53)	2	F50-54	1st	---				8:54.53		8:54.5	30.45	8:54.53	58.1%
10	6995 Victor Elfenbein (M64)	8	M60-64	2nd	---				9:28.00		9:28.0	32.39	9:28.00	50.5%
11	7916 Wally Capps (M81)	9	M80-99	1st	---				9:30.80		9:30.8	32.50	9:30.80	65.2%
12	7198 Yanira Lopez (F59)	3	F55-59	1st	---				9:31.97		9:32.0	32.56	9:31.97	59.0%
13	7153 Peter Chan (M69)	10	M65-69	4th	---				10:16.89		10:16.9	35.12	10:16.89	48.7%
14	6768 Flor Sanchez (F23)	4	F20-24	1st	60.0				10:39.81	⊗	10:39.8	36.43	11:39.79	39.3%
15	7261 John Kramer (M60)	11	M60-64	3rd	---				13:51.59		13:51.6	47.38	13:51.59	33.3%
16	6761 Atifa Asreen Sadullah (F8)	5	F01-09	1st	---				14:09.75	⊗	14:09.8	48.41	14:09.75	36.2%
17	6769 Perla Armijo (F23)	6	F20-24	2nd	60.0				13:22.06	⊗	13:22.1	45.73	14:22.04	31.4%
18	7589 Yanis Romero (F33)	7	F30-34	1st	---				14:40.40	⊗	14:40.4	50.18	14:40.40	28.8%
19	6791 Kavya Balaji (F6)	8	F01-09	2nd	---				16:09.59	⊗	16:09.6	55.25	16:09.59	34.2%
20	6758 Shaheena Badsha (F43)	9	F40-44	1st	---				16:30.26	⊗	16:30.3	56.45	16:30.26	27.7%

✓ No Club PR's Average Finish Time: 10:14 7 First Timers Average Age Grade: 51.8%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	6965 Paul Wells (M28)	1	M25-29	OA	---	8:47	9:03	+16	17:50.21	⌚	5:44.5	17.83	17:50.21	72.3%
2	6781 Donna Mills Honarvar (F48)	1	F45-49	OA	0.6	10:20	10:13	-7	20:33.42	⌚	6:37.0	20.55	20:34.00	80.3%
3	6770 Kelby Flink (M29)	2	M25-29	1st	3.0	10:45	11:55	+70	22:39.61	⊗	7:17.6	22.65	22:42.61	57.0%
4	7255 John Cosentino (M60)	3	M60-64	MS	1.5	11:46	11:26	-20	23:12.63		7:28.2	23.20	23:14.12	69.1%
5	7117 Vijayan Nair (M59)	4	M55-59	SR	---	11:32	11:51	+19	23:22.89	⌚	7:31.5	23.37	23:22.89	68.0%
6	7270 Marcus O'con (M51)	5	M50-54	1st	4.4	11:54	11:40	-14	23:33.59		7:35.0	23.55	23:37.96	63.1%
7	7011 Blair Casey (M35)	6	M35-39	1st	1.2	12:08	12:14	+6	24:21.32		7:50.4	24.35	24:22.54	54.1%
8	7450 Ron Williamson (M56)	7	M55-59	1st	1.9	12:20	12:53	+33	25:13.39	⌚	8:07.1	25.22	25:15.25	61.4%
9	7012 Doug Waters (M57)	8	M55-59	2nd	3.8	12:46	12:39	-7	25:24.99		8:10.8	25.40	25:28.79	61.5%
10	7405 Steve Russo (M58)	9	M55-59	3rd	3.3	13:06	13:10	+4	26:15.69		8:27.2	26.25	26:19.03	60.0%
11	7155 Ruben Arevalo (M67)	10	M65-69	1st	0.7	13:36	14:06	+30	27:42.22	⌚	8:55.0	27.70	27:42.88	61.7%
12	7193 Julio Lopez (M66)	11	M65-69	2nd	2.5	14:05	14:22	+18	28:26.73	⌚	9:09.3	28.43	28:29.18	59.5%
13	7060 Jaws Hansen (M62)	12	M60-64	1st	1.9	14:27	14:16	-11	28:42.95	⌚	9:14.6	28.70	28:44.90	56.8%
14	6804 Ana Venegas (F25)	2	F25-29	1st	7.0	13:46	15:08	+82	28:53.84	⊗	9:18.1	28.88	29:00.83	51.2%
15	7563 Tomas Bern (M58)	13	M55-59	4th	4.8	15:09	15:36	+26	30:44.78		9:53.8	30.73	30:49.59	51.3%
16	7278 Vicente Rangel (M55)	14	M55-59	5th	10.3	16:21	14:32	-108	30:53.12		9:56.5	30.88	31:03.41	49.8%
17	6979 Balaji Ammanji Sundararaju (15	M40-44	1st	12.3	15:02	15:54	+52	30:55.26	✓ 1	9:57.2	30.92	31:07.57	44.1%
18	6988 Namish Ganjikunta (M10)	16	M10-14	1st	---	15:11	15:59	+48	31:09.89		10:01.9	31.15	31:09.89	50.7%
19	6864 Trishul Gorla (M9)	17	M01-09	1st	---	15:11	15:59	+48	31:09.95		10:01.9	31.15	31:09.95	52.5%
20	7127 Burns Thacker (M48)	18	M45-49	1st	10.5	15:43	15:18	-26	31:01.12		9:59.0	31.02	31:11.63	46.8%
21	7283 Ruben Reyes (M66)	19	M65-69	3rd	8.4	15:08	16:12	+65	31:19.86	⌚	10:05.1	31.32	31:28.23	54.0%
22	7916 Wally Capps (M81)	20	M80-99	1st	5.3	15:43	15:46	+3	31:28.48	⌚	10:07.8	31.47	31:33.78	68.5%
23	6863 Emily Whitehurst (F36)	3	F35-39	1st	3.5	15:38	15:59	+22	31:36.51	✓ 2	10:10.4	31.60	31:40.00	47.5%
24	6764 Araceli Sanchez (F19)	4	F15-19	1st	7.5	15:43	15:57	+13	31:40.37	⊗	10:11.7	31.67	31:47.89	46.9%
25	7050 Chris Goins (M52)	21	M50-54	2nd	5.8	15:34	17:15	+101	32:49.21		10:33.8	32.82	32:55.02	45.7%
26	6995 Victor Elfenbein (M64)	22	M60-64	2nd	9.9	15:41	17:21	+100	33:02.43	⌚	10:38.1	33.03	33:12.37	50.3%
27	7044 Amie Goins (F50)	5	F50-54	MS	6.9	15:49	17:28	+99	33:17.15		10:42.8	33.28	33:24.05	50.8%
28	7153 Peter Chan (M69)	23	M65-69	4th	16.5	16:21	16:59	+38	33:19.15	⌚	10:43.5	33.32	33:35.62	52.3%
29	7192 Rob Preston (M57)	24	M55-59	6th	15.0	15:10	18:15	+185	33:25.01		10:45.4	33.42	33:40.02	46.8%

30	7222	Rich Weklar (M51)	25	M50-54	3rd	15.0	15:10	18:15	+185	33:25.49	10:45.5	33.42	33:40.44	44.5%
31	6001	Chloe Ramirez (F11)	6	F10-14	1st	8.7	14:49	18:47	+238	33:36.68	⊗ 10:49.1	33.60	33:45.40	49.5%
32	7198	Yanira Lopez (F59)	7	F55-59	SR	10.8	16:22	17:14	+52	33:36.02	Ⓜ 10:48.9	33.60	33:46.77	56.7%
33	6007	Kyle Drew (M27)	26	M25-29	2nd	15.0	18:11	16:04	-127	34:15.40	⊗ 11:01.6	34.25	34:30.38	37.7%
34	6763	Ian Bartlett (M27)	27	M25-29	3rd	15.0	18:11	17:16	-55	35:27.45	⊗ 11:24.8	35.45	35:42.44	36.4%
35	7061	David Short (M61)	28	M60-64	3rd	26.7	18:16	17:19	-58	35:35.11	11:27.2	35.58	36:01.77	45.5%
36	6766	Armando Arevalo (M19)	29	M15-19	1st	7.7	17:19	18:45	+86	36:04.11	⊗ 11:36.6	36.07	36:11.80	36.5%
37	7121	Debbie Riedner (F53)	8	F50-54	1st	5.8	17:53	18:15	+22	36:08.31	Ⓜ 11:37.9	36.13	36:14.14	48.6%
38	7223	Chris Wong (M52)	30	M50-54	4th	13.5	18:11	19:03	+52	37:14.84	11:59.3	37.23	37:28.36	40.2%
39	7106	Robert Simpson (M67)	31	M65-69	5th	17.6	18:38	19:04	+26	37:42.74	12:08.3	37.70	38:00.32	45.3%
40	6793	Chaithanya Srikanth (F11)	9	F10-14	2nd	3.7	17:35	21:50	+254	39:24.98	✓ ⊗ 12:41.2	39.40	39:28.65	42.2%
41	7039	Mary Kaplan (F83)	10	F80-99	1st	0.9	20:10	19:19	-51	39:28.69	12:42.4	39.47	39:29.63	74.2%
42	6989	Narasimhulu Ganjikutta (M46)	32	M45-49	2nd	1.5	16:45	22:54	+369	39:39.55	✓ ⊗ 12:45.9	39.65	39:41.04	36.0%
43	7124	Jerri Hixson (F68)	11	F65-69	1st	7.6	19:42	20:12	+30	39:54.66	12:50.8	39.90	40:02.30	54.7%
44	6004	Liliana Wutter (F50)	12	F50-54	2nd	8.2	19:43	21:28	+105	41:10.33	✓ ⊗ 13:15.1	41.17	41:18.54	41.1%
45	6976	Katherina Kang (F27)	13	F25-29	2nd	8.6	19:56	22:10	+133	42:06.07	⊗ 13:33.1	42.10	42:14.65	35.2%
46	6779	Neel Ganjikutta (M6)	33	M01-09	2nd	---	16:53	25:29	+516	42:21.64	⊗ 13:38.1	42.35	42:21.64	44.1%
47	6760	Atiquah Amreen Sadullah (F1)	14	F10-14	3rd	3.7	19:43	23:37	+233	43:20.09	⊗ 13:56.9	43.33	43:23.75	36.9%
48	7529	Carlos Ordonez (M51)	34	M50-54	5th	9.7	21:34	22:00	+26	43:34.61	14:01.6	43.57	43:44.30	34.1%
49	6002	Caroline Ramirez (F49)	15	F45-49	1st	8.9	21:10	22:53	+103	44:02.96	14:10.7	44.03	44:11.84	37.9%
50	6759	Aqeela Afreen Sadullah (F14)	16	F10-14	4th	11.7	20:59	23:27	+147	44:25.93	⊗ 14:18.1	44.42	44:37.58	35.4%
51	6757	Mark Sadullah (M43)	35	M40-44	2nd	13.3	22:10	22:57	+47	45:06.57	⊗ 14:31.2	45.10	45:19.89	30.9%
52	6794	Swapna Gorla (F41)	17	F40-44	1st	15.4	22:23	23:40	+77	46:02.12	⊗ 14:49.0	46.03	46:17.51	33.5%
53	7065	Susan Schafer (F57)	18	F55-59	1st	13.5	23:53	24:38	+44	48:31.29	15:37.1	48.52	48:44.80	38.2%
54	7024	Carol Creech (F71)	19	F70-74	1st	5.1	24:02	24:38	+36	48:39.77	15:39.8	48.65	48:44.91	47.1%
55	6980	Yuvathi Balaji (F10)	20	F10-14	5th	10.9	23:49	26:19	+150	50:08.23	16:08.3	50.13	50:19.10	34.0%
56	6792	Sivasankari Murugesan (F40)	21	F40-44	2nd	16.2	26:22	26:11	-11	52:32.65	⊗ 16:54.7	52.53	52:48.87	29.2%
57	6800	Claudia Chavez (F32)	22	F30-34	1st	935.9	19:41	19:49	+8	39:30.11	12:42.9	39.50	55:05.97	37.6%
58	7589	Yanis Romero (F33)	23	F30-34	2nd	17.0	26:59	28:28	+89	55:27.46	Ⓜ ⊗ 17:51.0	55.45	55:44.45	26.8%
59	7246	Sheila Holen (F51)	24	F50-54	3rd	21.5	27:03	28:24	+81	55:27.89	17:51.1	55.45	55:49.40	30.9%
60	7261	John Kramer (M60)	36	M60-64	4th	199.7	30:32	29:35	-57	1:00:07.16	Ⓜ 19:21.0	60.121	03:26.83	26.7%

47 Positive Split 13 Negative Split ✓ 5 Club PR's Average Finish Time: 35:38 16 First Timers Average Age Grade: 48.0%

Sorted Age Grades

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	2	Donna Mills Honarvar	F48	5:39.58	85.9%	New
2	1	Paul Wells	M28	4:58.17	74.7%	
3	3	Ron Williamson	M56	6:48.37	65.5%	
4	11	Wally Capps	M81	9:30.80	65.2%	
5	4	Vijayan Nair	M59	7:12.59	63.4%	
6	5	Ruben Arevalo	M67	7:50.12	62.7%	
7	6	Julio Lopez	M66	8:04.63	60.3%	
8	12	Yanira Lopez	F59	9:31.97	59.0%	
9	9	Debbie Riedner	F53	8:54.53	58.1%	
10	7	Jaws Hansen	M62	8:23.80	55.9%	
11	8	Ruben Reyes	M66	8:46.71	55.5%	
12	10	Victor Elfenbein	M64	9:28.00	50.5%	

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	2	Donna Mills Honarvar	F48	20:33.42	80.3%	New
2	41	Mary Kaplan	F83	39:28.69	74.2%	
3	1	Paul Wells	M28	17:50.21	72.3%	
4	4	John Cosentino	M60	23:12.63	69.1%	
5	22	Wally Capps	M81	31:28.48	68.5%	
6	5	Vijayan Nair	M59	23:22.89	68.0%	
7	6	Marcus O'con	M51	23:33.59	63.1%	
8	11	Ruben Arevalo	M67	27:42.22	61.7%	
9	9	Doug Waters	M57	25:24.99	61.5%	
10	8	Ron Williamson	M56	25:13.39	61.4%	
11	10	Steve Russo	M58	26:15.69	60.0%	
12	12	Julio Lopez	M66	28:26.73	59.5%	
13	3	Kelby Flink	M29	22:39.61	57.0%	
14	13	Jaws Hansen	M62	28:42.95	56.8%	
15	32	Yanira Lopez	F59	33:36.02	56.7%	
16	43	Jerri Hixson	F68	39:54.66	54.7%	
17	7	Blair Casey	M35	24:21.32	54.1%	
18	21	Ruben Reyes	M66	31:19.86	54.0%	
19	19	Trishul Gorla	M9	31:09.95	52.5%	
20	28	Peter Chan	M69	33:19.15	52.3%	
21	15	Tomas Bern	M58	30:44.78	51.3%	
22	14	Ana Venegas	F25	28:53.84	51.2%	
23	27	Amie Goins	F50	33:17.15	50.8%	
24	18	Namish Ganjikutta	M10	31:09.89	50.7%	
25	26	Victor Elfenbein	M64	33:02.43	50.3%	

100% World Record Level for Gender/Age

90% World Class Level

80% National Class Level

70% Regional Class Level

List* Carrollton Runners Performance Lists for Age Grades > 65%

65% Boston-Qualifier Approximate Level

60% Local Class Level

50% Average Class Level