

Carrollton Runners Mile + 5K

Mile Overall		5K Overall		5K Masters		5K Seniors	
John Shirk	4:56.51	Blair Casey	16:39.26	Kim Mang	20:09.58	John Cosentino	22:10.00
Kuay Sullivan	8:39.45	Sydney Williams	26:14.12	Kuay Sullivan	26:52.96	Kim Andres	27:35.50

5K MALE

40 MALE Runners --- Average Time of **27:50**

Avg. Age Grade: **57.0%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Blair Casey	Carrollton	(33)	8:25	-10	16:39.26	☑	5:21.6	78.4%	1	1
MASTERS	1 Kim Mang	Plano	(51)	10:03	+4	20:09.58	ℳ	6:29.3	73.8%	4	4
SENIORS	1 John Cosentino	Plano	(58)	11:02	+6	22:10.00		7:08.1	71.1%	8	8
M10-14	1 Jordan Williams	Mckinney	(10)	10:12	+57	21:21.30		6:52.4	73.9%	5	5
M15-19	1 Ephraim Weiss	Dallas	(16)	10:30	+26	21:26.45		6:54.1	63.9%	6	6
	2 William Poole	Carrollton	(15)	11:11	+55	23:17.03	ℳ	7:29.7	59.8%	9	9
	3 Eliam Ruiz	Dallas	(16)	10:39	+125	23:21.83		7:31.2	58.6%	10	10
	4 Benjamin Schussler	Dallas	(16)	12:55	+72	27:02.89		8:42.4	50.6%	24	22
	5 Max Schultz	Dallas	(16)	14:00	+103	29:42.21		9:33.6	46.1%	32	27
	6 Ari Blumberg	Dallas	(16)	14:36	+192	32:23.07		10:25.4	42.3%	36	31
M25-29	1 John Shirk	Mile Race Group	(25)	8:20	+17	16:57.93	ℳ✓	5:27.6	76.0%	2	2
	2 Cole Atchinson	Mile Race Group	(25)	9:44	-10	19:18.02	ℳ✓	6:12.7	66.8%	3	3
	3 Matt Thompson	Coppell	(27)	13:26	+31	27:22.34		8:48.6	47.1%	26	24
M35-39	1 Max Chounlamany	Dallas	(37)	11:43	+19	23:45.67		7:38.9	56.2%	28	25
	2 Serge Reshetnikov	The Colony	(35)	11:30	+67	24:07.89	✓	7:46.0	54.6%	14	14
M40-44	1 Gabor Toth	Coppell	(40)	12:41	+14	25:35.55		8:14.2	53.3%	20	20
M45-49	1 Marcus O'con	Dallas	(49)	11:15	-34	21:55.89		7:03.5	66.7%	7	7
	2 John Golden	Carrollton	(47)	12:48	+18	25:53.97	ℳ	8:20.2	55.6%	19	19
	3 Todd Winterburn	Flower Mound	(47)	13:11	+45	27:06.58		8:43.5	53.1%	25	23
	4 Burns Thacker	Carrollton	(49)	16:14	+88	33:56.89	✓	10:55.6	43.1%	38	32
M50-54	1 Ron Williamson	Flower Mound	(54)	11:36	+50	24:01.88	ℳ	7:44.1	63.4%	13	13
	2 Chris Goins	Garland	(50)	17:51	-2	35:40.48		11:29.0	41.3%	42	34
M55-59	1 Steve Russo	Plano	(57)	11:23	+48	23:34.48		7:35.3	66.3%	11	11
	2 Vijayan Nair	Plano	(57)	11:59	+48	24:45.61	ℳ	7:58.2	63.1%	15	15
	3 David Short	Frisco	(59)	13:00	-65	24:55.32		8:01.3	63.8%	17	17
	4 Doug Waters	Carrollton	(56)	15:10	+3	30:22.60		9:46.6	51.0%	34	29
	5 Keith Williams	Mckinney	(55)	17:52	+223	39:27.25		12:41.9	38.9%	49	38
	6 Martin Chavez	Lewisville	(59)	20:46	+110	43:22.08	✓	13:57.5	36.7%	50	39
	7 John Kramer	Plano	(58)	23:38	+16	47:30.87	ℳ	15:17.6	33.2%	55	40
M60-64	1 Robert Landon	Allen	(61)	11:49	+4	23:41.67	ℳ	7:37.6	68.3%	12	12
	2 Bradley Gardner	Fort Worth	(62)	12:19	+15	24:52.40		8:00.4	65.6%	16	16
	3 Ruben Reyes	Carrollton	(64)	17:08	+9	34:24.79		11:04.6	48.3%	39	33
	4 Timothy Eaton	Carrollton	(64)	17:43	+91	36:57.07		11:53.6	45.0%	46	36
	5 Steven Johnson	Farmers Branch	(62)	17:03	+225	37:51.18		12:11.0	43.1%	47	37
M65-69	1 Julio Lopez	Farmers Branch	(65)	13:01	-10	25:51.12	ℳ	8:19.3	64.9%	18	18
	2 Ruben Arevalo	Carrollton	(65)	12:51	+44	26:26.02	ℳ	8:30.5	63.5%	22	21
	3 Peter Chan	Coppell	(67)	15:10	+5	30:25.53	ℳ	9:47.6	56.2%	35	30
	4 Robert Simpson	Coppell	(65)	18:54	-83	36:25.23		11:43.4	46.1%	45	35

M70-74	1	Curt Thompson	Coppell (71)	14:53	+25	30:11.12	9:42.9	59.1%	33	28
M75-79	1	Wally Capps	Farmers Branch (79)	14:30	-6	28:53.67	9:18.0	71.0%	30	26

5K FEMALE

15 FEMALE Runners --- Average Time of	36:15	Avg. Age Grade: 55.3%	Place in							
Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD

OVERALL	1	Sydney Williams	Mckinney (8)	11:42	+171	26:14.12	8:26.7	69.0%	21	1
MASTERS	1	Kuay Sullivan	Coppell (54)	13:23	+7	26:52.96	8:39.2	66.2%	23	2
SENIORS	1	Kim Andres	Irving (67)	13:16	+63	27:35.50	8:52.9	77.8%	27	3
F01-09	1	Madison Williams	Mckinney (5)	17:53	+222	39:27.59	12:42.1	51.7%	48	11
F10-14	1	CatherineAnn Mathis	Dallas (14)	14:42	+3	29:26.82	9:28.7	53.4%	31	5
F15-19	1	Ava Kosoy	Plano (17)	21:49	+70	44:47.30	14:25.0	33.8%	52	13
F45-49	1	Amie Goins	Garland (48)	17:42	-16	35:08.72	11:18.7	47.0%	41	8
	2	Sheila Holen	Lewisville (49)	25:23	+22	51:08.42	16:27.6	32.7%	54	15
F50-54	1	Debbie Riedner	Dallas (51)	13:57	-3	27:50.51	8:57.7	61.5%	29	4
F55-59	1	Yanira Lopez	Farmers Branch (57)	16:27	+44	33:37.98	10:49.5	55.1%	37	6
	2	Betsy Palmer	Carrollton (59)	17:37	-67	34:07.66	10:59.1	55.8%	40	7
F65-69	1	Jerri Hixson	Plano (66)	17:35	+77	36:27.76	11:44.2	58.0%	44	10
	2	Carol Creech	Aubrey (69)	22:01	+7	44:08.40	14:12.4	50.2%	51	12
	3	Rosemary Lewis	Carrollton (65)	25:13	+19	50:45.08	16:20.1	41.0%	53	14
F80-99	1	Mary Kaplan	Sunrise Beach (81)	18:27	-56	35:58.97	11:34.9	77.0%	43	9

1M MALE

14 MALE Runners --- Average Time of	7:19	Avg. Age Grade: 62.7%	Place in							
Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD

OVERALL	1	John Shirk	Mile Race Group (25)			4:56.51	4:56.5	75.1%	1	1
M15-19	1	William Poole	Carrollton (15)			6:10.26	6:10.3	64.9%	5	5
M20-24	1	Chris Shirk	Highland village (23)			5:14.36	5:14.4	70.8%	2	2
M25-29	1	Cole Atchinson	Mile Race Group (25)			5:23.28	5:23.3	68.9%	3	3
M45-49	1	John Golden	Carrollton (47)			7:40.78	7:40.8	53.9%	10	10
M50-54	1	Kim Mang	Plano (51)			5:55.59	5:55.6	72.2%	4	4
	2	Ron Williamson	Flower Mound (54)			7:05.46	7:05.5	61.8%	7	7
M55-59	1	Vijayan Nair	Plano (57)			7:28.93	7:28.9	60.1%	8	8
	2	John Kramer	Plano (58)			11:50.41	11:50.4	38.3%	16	14
M60-64	1	Robert Landon	Allen (61)			6:14.48	6:14.5	74.6%	6	6
M65-69	1	Ruben Arevalo	Carrollton (65)			7:35.78	7:35.8	63.5%	9	9
	2	Julio Lopez	Farmers Branch (65)			7:58.36	7:58.4	60.5%	11	11
	3	Peter Chan	Coppell (67)			9:40.95	9:41.0	50.8%	14	13
M75-79	1	Bill Shirley	Dallas (77)			9:05.85	9:05.9	62.2%	13	12

1M FEMALE

2 FEMALE Runners --- Average Time of	9:12	Avg. Age Grade: 58.4%	Place in							
Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD

OVERALL	1	Kuay Sullivan	Coppell (54)			8:39.45	8:39.5	60.6%	12	1
F55-59	1	Yanira Lopez	Farmers Branch (57)			9:44.04	9:44.0	56.2%	15	2

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	6992 John Shirk (M25)	1	M25-29	OA	---				4:56.51		4:56.5	16.88	4:56.51	75.1%
2	6005 Chris Shirk (M23)	2	M20-24	1st	---				5:14.36	✕	5:14.4	17.90	5:14.36	70.8%
3	128 Cole Atchinson (M25)	3	M25-29	1st	---				5:23.28		5:23.3	18.42	5:23.28	68.9%
4	6991 Kim Mang (M51)	4	M50-54	1st	---				5:55.59		5:55.6	20.24	5:55.59	72.2%
5	7205 William Poole (M15)	5	M15-19	1st	---				6:10.26	✕	6:10.3	21.10	6:10.26	64.9%
6	7159 Robert Landon (M61)	6	M60-64	1st	---				6:14.48	✓ 1	6:14.5	21.32	6:14.48	74.6%
7	7450 Ron Williamson (M54)	7	M50-54	2nd	---				7:05.46		7:05.5	24.23	7:05.46	61.8%
8	7117 Vijayan Nair (M57)	8	M55-59	1st	---				7:28.93		7:28.9	25.54	7:28.93	60.1%
9	7155 Ruben Arevalo (M65)	9	M65-69	1st	---				7:35.78		7:35.8	25.94	7:35.78	63.5%
10	6848 John Golden (M47)	10	M45-49	1st	---				7:40.78	✕	7:40.8	26.23	7:40.78	53.9%
11	7193 Julio Lopez (M65)	11	M65-69	2nd	---				7:58.36		7:58.4	27.25	7:58.36	60.5%
12	7265 Kuay Sullivan (F54)	1	F50-54	OA	---				8:39.45		8:39.5	29.59	8:39.45	60.6%
13	6990 Bill Shirley (M77)	12	M75-79	1st	---				9:05.85		9:05.9	31.08	9:05.85	62.2%
14	7153 Peter Chan (M67)	13	M65-69	3rd	---				9:40.95		9:41.0	33.07	9:40.95	50.8%
15	7198 Yanira Lopez (F57)	2	F55-59	1st	---				9:44.04		9:44.0	33.30	9:44.04	56.2%
16	7261 John Kramer (M58)	14	M55-59	2nd	---				11:50.41		11:50.4	40.48	11:50.41	38.3%

✓ 1 Club PR's

Average Finish Time: 07:32 3 First Timers

Average Age Grade: 62.1%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	7011 Blair Casey (M33)	1	M30-34	OA	0.4	8:25	8:15	-10	16:39.26	☑ 29	5:21.6	16.65	16:39.68	78.4%
2	6992 John Shirk (M25)	2	M25-29	1st	0.6	8:20	8:38	+17	16:57.93	☑ 3	5:27.6	16.95	16:58.56	76.0%
3	128 Cole Atchinson (M25)	3	M25-29	2nd	---	9:44	9:34	-10	19:18.02	☑ 1	6:12.7	19.30	19:18.02	66.8%
4	6991 Kim Mang (M51)	4	M50-54	MS	---	10:03	10:07	+4	20:09.58	☑	6:29.3	20.15	20:09.58	73.8%
5	7023 Jordan Williams (M10)	5	M10-14	1st	2.0	10:12	11:09	+57	21:21.30	✕	6:52.4	21.35	21:23.25	73.9%
6	6006 Ephraim Weiss (M16)	6	M15-19	1st	1.0	10:30	10:56	+26	21:26.45	✕	6:54.1	21.43	21:27.42	63.9%
7	7270 Marcus O'con (M49)	7	M45-49	1st	8.2	11:15	10:41	-34	21:55.89		7:03.5	21.92	22:04.10	66.7%
8	7255 John Cosentino (M58)	8	M55-59	SR	3.0	11:02	11:08	+6	22:10.00		7:08.1	22.17	22:13.01	71.1%
9	7205 William Poole (M15)	9	M15-19	2nd	1.8	11:11	12:06	+55	23:17.03	☑	7:29.7	23.28	23:18.86	59.8%
10	6849 Eliam Ruiz (M16)	10	M15-19	3rd	1.3	10:39	12:43	+125	23:21.83	✕	7:31.2	23.35	23:23.16	58.6%
11	7405 Steve Russo (M57)	11	M55-59	1st	3.6	11:23	12:11	+48	23:34.48		7:35.3	23.57	23:38.12	66.3%
12	7159 Robert Landon (M61)	12	M60-64	1st	5.3	11:49	11:53	+4	23:41.67	☑	7:37.6	23.68	23:46.96	68.3%
13	7450 Ron Williamson (M54)	13	M50-54	1st	5.2	11:36	12:26	+50	24:01.88	☑	7:44.1	24.02	24:07.05	63.4%
14	6807 Serge Reshetnikov (M35)	14	M35-39	2nd	3.6	11:30	12:38	+67	24:07.89	✓ 1	7:46.0	24.12	24:11.54	54.6%
15	7117 Vijayan Nair (M57)	15	M55-59	2nd	---	11:59	12:47	+48	24:45.61	☑	7:58.2	24.75	24:45.61	63.1%
16	7058 Bradley Gardner (M62)	16	M60-64	2nd	11.0	12:19	12:33	+15	24:52.40		8:00.4	24.87	25:03.44	65.6%
17	7061 David Short (M59)	17	M55-59	3rd	37.7	13:00	11:55	-65	24:55.32		8:01.3	24.92	25:33.00	63.8%
18	7193 Julio Lopez (M65)	18	M65-69	1st	4.2	13:01	12:50	-10	25:51.12	☑	8:19.3	25.85	25:55.34	64.9%
19	6848 John Golden (M47)	19	M45-49	2nd	8.9	12:48	13:06	+18	25:53.97	☑	8:20.2	25.88	26:02.92	55.6%
20	7380 Gabor Toth (M40)	20	M40-44	1st	30.3	12:41	12:55	+14	25:35.55		8:14.2	25.58	26:05.83	53.3%
21	7019 Sydney Williams (F8)	1	F01-09	OA	2.3	11:42	14:32	+171	26:14.12	✕	8:26.7	26.23	26:16.42	69.0%
22	7155 Ruben Arevalo (M65)	21	M65-69	2nd	4.1	12:51	13:35	+44	26:26.02	☑	8:30.5	26.43	26:30.11	63.5%
23	7265 Kuay Sullivan (F54)	2	F50-54	MS	5.8	13:23	13:30	+7	26:52.96	☑	8:39.2	26.87	26:58.75	66.2%
24	6948 Benjamin Schussler (M16)	22	M15-19	4th	10.5	12:55	14:07	+72	27:02.89		8:42.4	27.03	27:13.43	50.6%
25	6010 Todd Winterburn (M47)	23	M45-49	3rd	9.3	13:11	13:56	+45	27:06.58	✕	8:43.5	27.10	27:15.88	53.1%
26	6002 Matt Thompson (M27)	24	M25-29	3rd	11.3	13:26	13:57	+31	27:22.34	✕	8:48.6	27.37	27:33.65	47.1%
27	7040 Kim Andres (F67)	3	F65-69	SR	2.8	13:16	14:19	+63	27:35.50		8:52.9	27.58	27:38.30	77.8%
28	6831 Max Chounlamany (M37)	25	M35-39	1st	255.6	11:43	12:02	+19	23:45.67		7:38.9	23.75	28:01.31	56.2%
29	6817 Debbie Riedner (F51)	4	F50-54	1st	13.4	13:57	13:54	-3	27:50.51	✓ 3	8:57.7	27.83	28:03.96	61.5%
30	7916 Wally Capps (M79)	26	M75-79	1st	6.4	14:30	14:24	-6	28:53.67		9:18.0	28.88	29:00.07	71.0%
31	6832 CatherineAnn Mathis (F14)	5	F10-14	1st	13.9	14:42	14:45	+3	29:26.82	✓ 1	9:28.7	29.43	29:40.74	53.4%

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

9/27/2020

☑ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

32	6009	Max Schultz (M16)	27	M15-19	5th	1.3	14:00	15:43	+103	29:42.21	⌘	9:33.6	29.70	29:43.53	46.1%						
33	6823	Curt Thompson (M71)	28	M70-74	1st	4.8	14:53	15:18	+25	30:11.12		9:42.9	30.18	30:15.89	59.1%						
34	7012	Doug Waters (M56)	29	M55-59	4th	10.3	15:10	15:13	+3	30:22.60		9:46.6	30.37	30:32.86	51.0%						
35	7153	Peter Chan (M67)	30	M65-69	3rd	12.7	15:10	15:15	+5	30:25.53	⌘	9:47.6	30.42	30:38.27	56.2%						
36	6008	Ari Blumberg (M16)	31	M15-19	6th	10.5	14:36	17:48	+192	32:23.07	⌘	10:25.4	32.38	32:33.53	42.3%						
37	7198	Yanira Lopez (F57)	6	F55-59	1st	19.1	16:27	17:11	+44	33:37.98	⌘	10:49.5	33.62	33:57.08	55.1%						
38	6846	Burns Thacker (M49)	32	M45-49	4th	12.5	16:14	17:42	+88	33:56.89	✓ 1	10:55.6	33.93	34:09.42	43.1%						
39	7283	Ruben Reyes (M64)	33	M60-64	3rd	7.2	17:08	17:17	+9	34:24.79		11:04.6	34.40	34:32.00	48.3%						
40	7454	Betsy Palmer (F59)	7	F55-59	2nd	28.7	17:37	16:30	-67	34:07.66		10:59.1	34.12	34:36.35	55.8%						
41	7044	Amie Goins (F48)	8	F45-49	1st	19.8	17:42	17:27	-16	35:08.72		11:18.7	35.13	35:28.53	47.0%						
42	7050	Chris Goins (M50)	34	M50-54	2nd	19.9	17:51	17:49	-2	35:40.48		11:29.0	35.67	36:00.42	41.3%						
43	7039	Mary Kaplan (F81)	9	F80-99	1st	2.5	18:27	17:32	-56	35:58.97		11:34.9	35.97	36:01.51	77.0%						
44	6621	Jerri Hixson (F66)	10	F65-69	1st	8.7	17:35	18:52	+77	36:27.76	✓ 6	11:44.2	36.45	36:36.46	58.0%						
45	7106	Robert Simpson (M65)	35	M65-69	4th	14.7	18:54	17:31	-83	36:25.23		11:43.4	36.42	36:39.92	46.1%						
46	6648	Timothy Eaton (M64)	36	M60-64	4th	9.8	17:43	19:14	+91	36:57.07		11:53.6	36.95	37:06.84	45.0%						
47	7258	Steven Johnson (M62)	37	M60-64	5th	24.0	17:03	20:48	+225	37:51.18		12:11.0	37.85	38:15.16	43.1%						
48	7021	Madison Williams (F5)	11	F01-09	1st	3.1	17:53	21:35	+222	39:27.59	⌘	12:42.1	39.45	39:30.73	51.7%						
49	7064	Keith Williams (M55)	38	M55-59	5th	3.7	17:52	21:35	+223	39:27.25	⌘	12:41.9	39.45	39:30.91	38.9%						
50	7409	Martin Chavez (M59)	39	M55-59	6th	28.2	20:46	22:36	+110	43:22.08	✓ 3	13:57.5	43.37	43:50.27	36.7%						
51	7024	Carol Creech (F69)	12	F65-69	2nd	7.3	22:01	22:08	+7	44:08.40		14:12.4	44.13	44:15.70	50.2%						
52	7116	Ava Kosoy (F17)	13	F15-19	1st	3.3	21:49	22:59	+70	44:47.30		14:25.0	44.78	44:50.58	33.8%						
53	7455	Rosemary Lewis (F65)	14	F65-69	3rd	26.8	25:13	25:32	+19	50:45.08	✓ 24	16:20.1	50.75	51:11.92	41.0%						
54	7246	Sheila Holen (F49)	15	F45-49	2nd	18.6	25:23	25:45	+22	51:08.42		16:27.6	51.13	51:26.99	32.7%						
55	7261	John Kramer (M58)	40	M55-59	7th	259.4	23:38	23:53	+16	47:30.87	⌘	15:17.6	47.50	51:50.24	33.2%						
43 Positive Split											12 Negative Split		✓ 10 Club PR's		Average Finish Time: 30:07			11 First Timers		Average Age Grade: 56.5%	

Sorted Age Grades

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	John Shirk	M25	4:56.51	75.1%	New
2	6	Robert Landon	M61	6:14.48	74.6%	Move UP
3	4	Kim Mang	M51	5:55.59	72.2%	
4	2	Chris Shirk	M23	5:14.36	70.8%	New
5	3	Cole Atchinson	M25	5:23.28	68.9%	
6	5	William Poole	M15	6:10.26	64.9%	
7	9	Ruben Arevalo	M65	7:35.78	63.5%	
8	13	Bill Shirley	M77	9:05.85	62.2%	
9	7	Ron Williamson	M54	7:05.46	61.8%	
10	12	Kuay Sullivan	F54	8:39.45	60.6%	
11	11	Julio Lopez	M65	7:58.36	60.5%	
12	8	Vijayan Nair	M57	7:28.93	60.1%	
13	15	Yanira Lopez	F57	9:44.04	56.2%	
14	10	John Golden	M47	7:40.78	53.9%	
15	14	Peter Chan	M67	9:40.95	50.8%	

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Blair Casey	M33	16:39.26	78.4%	Move UP
2	27	Kim Andres	F67	27:35.50	77.8%	
3	43	Mary Kaplan	F81	35:58.97	77.0%	
4	2	John Shirk	M25	16:57.93	76.0%	Move UP
5	5	Jordan Williams	M10	21:21.30	73.9%	New
6	4	Kim Mang	M51	20:09.58	73.8%	
7	8	John Cosentino	M58	22:10.00	71.1%	
8	30	Wally Capps	M79	28:53.67	71.0%	
9	21	Sydney Williams	F8	26:14.12	69.0%	New
10	12	Robert Landon	M61	23:41.67	68.3%	
11	3	Cole Atchinson	M25	19:18.02	66.8%	New
12	7	Marcus O'con	M49	21:55.89	66.7%	
13	11	Steve Russo	M57	23:34.48	66.3%	
14	23	Kuay Sullivan	F54	26:52.96	66.2%	
15	16	Bradley Gardner	M62	24:52.40	65.6%	
16	18	Julio Lopez	M65	25:51.12	64.9%	
17	6	Ephraim Weiss	M16	21:26.45	63.9%	
18	17	David Short	M59	24:55.32	63.8%	
19	22	Ruben Arevalo	M65	26:26.02	63.5%	
20	13	Ron Williamson	M54	24:01.88	63.4%	
21	15	Vijayan Nair	M57	24:45.61	63.1%	
22	29	Debbie Riedner	F51	27:50.51	61.5%	
23	9	William Poole	M15	23:17.03	59.8%	
24	33	Curt Thompson	M71	30:11.12	59.1%	
25	10	Eliam Ruiz	M16	23:21.83	58.6%	
26	44	Jerri Hixson	F66	36:27.76	58.0%	
27	28	Max Chounlamany	M37	23:45.67	56.2%	
28	35	Peter Chan	M67	30:25.53	56.2%	
29	40	Betsy Palmer	F59	34:07.66	55.8%	
30	19	John Golden	M47	25:53.97	55.6%	
31	37	Yanira Lopez	F57	33:37.98	55.1%	
32	14	Serge Reshetnikov	M35	24:07.89	54.6%	
33	31	CatherineAnn Mathis	F14	29:26.82	53.4%	
34	20	Gabor Toth	M40	25:35.55	53.3%	
35	25	Todd Winterburn	M47	27:06.58	53.1%	
36	48	Madison Williams	F5	39:27.59	51.7%	
37	34	Doug Waters	M56	30:22.60	51.0%	
38	24	Benjamin Schussler	M16	27:02.89	50.6%	
39	51	Carol Creech	F69	44:08.40	50.2%	

100%	World Record Level for Gender/Age	List*	Carrollton Runners Performance Lists for Age Grades > 65%
90%	World Class Level	65%	Boston-Qualifier Approximate Level
80%	National Class Level	60%	Local Class Level
70%	Regional Class Level	50%	Average Class Level