



Carrollton Runners Prediction Run 5K

Sunday, March 17, 2024

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

57F Clear 85%RH 10mphNNE
5K Off :7:36 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	10	193	Julio Lopez (M68)			8	M65-69	29:00	1.4	14:29	14:45	+15	29:13.549	9:34.9	13.55
2	8	192	Robert Preston (M59)			6	M55-59	28:30	4.8	14:09	14:03	-6	28:12.129	9:14.8	17.87
3	6	255	John Cosentino (M61)			4	M60-64	27:12	3.1	13:40	13:55	+16	27:34.955	9:02.6	22.96
4	13	466	Andrew Ngotho (M57)			9	M55-59	30:00	8.8	14:49	15:38	+49	30:27.227	9:59.1	27.23
5	21	198	Yanira Lopez (F61)			5	F60-64	35:15	12.3	16:44	17:50	+66	34:33.471	11:19.8	41.53
6	17	586	Emily Whitehurst (F37)			3	F35-39	32:30	0.4	15:41	16:05	+24	31:46.357	10:25.0	43.64
7	1	710	Jaydin Turner (M15)			1	M15-19	18:40	0.0	10:08	9:17	-51	19:25.041	6:22.0	45.04
8	12	121	Debbie Riedner (F54)			2	F50-54	29:00	6.4	14:51	15:01	+10	29:51.284	9:47.3	51.28
9	9	097	Nathan Bruser (M52)			7	M50-54	29:29	9.8	14:46	13:52	-53	28:37.658	9:23.2	51.34
10	3	096	Blake Bruser (F14)			1	F10-14	26:26	0.0	13:35	13:49	+14	27:23.734	8:58.9	57.73
11	22	003	Ruben Saguil (M59)			14	M55-59	27:00	8:48.1	13:08	14:50	+101	27:58.238	9:10.2	58.24
12	5	405	Steve Russo (M60)			3	M60-64	26:31	2.0	13:40	13:55	+15	27:34.378	9:02.4	63.38
13	20	265	Kuay Sullivan (F58)			4	F55-59	34:00	13.7	16:15	16:40	+25	32:54.976	10:47.5	65.02
14	14	050	Chris Goins (M53)			10	M50-54	32:30	6.3	15:02	16:16	+74	31:17.742	10:15.7	72.26
15	18	345	Ryan Pogue (M52)			12	M50-54	30:30	9.5	15:38	16:06	+29	31:43.708	10:24.2	73.71
16	7	996	Ruben Arevalo (M68)			5	M65-69	27:00	0.0	13:40	14:35	+56	28:14.722	9:15.6	74.72
17	19	283	Ruben Reyes (M68)			13	M65-69	33:33	7.3	15:54	16:08	+14	32:01.288	10:29.9	91.71
18	28	024	Carol Creech (F73)			8	F70-74	51:00	8.1	24:18	25:10	+52	49:28.183	16:13.2	91.82
19	4	011	Blair Casey (M37)			2	M35-39	26:00	4.4	13:38	13:54	+16	27:31.898	9:01.6	91.90
20	27	006	Kristi Lobban (F64)			0	F60-64	51:00	7.0	24:19	25:09	+51	49:27.910	16:13.1	92.09
21	11	004	Peter Ackling (M59)			0	M55-59	28:00	3.8	14:28	15:05	+37	29:32.332	9:41.1	92.33
22	2	005	Francisco Espinosa (M53)			0	M50-54	26:00	0.6	12:07	12:16	+9	24:22.424	7:59.5	97.58
23	26	529	Carlos Ordonez (M53)			16	M50-54	50:00	14.6	24:32	23:37	-55	48:09.169	15:47.3	110.83
24	16	012	Doug Waters (M59)			11	M55-59	29:00	8.1	15:06	16:21	+75	31:26.654	10:18.6	146.65
25	32	246	Sheila Holen (F53)			9	F50-54	54:32	20.3	28:24	28:36	+12	56:59.781	18:41.2	147.78
26	23	044	Amie Goins (F52)			6	F50-54	34:30	5.6	17:57	19:16	+79	37:13.536	12:12.3	163.54
27	15	003	Amy Polcari (F58)			0	F55-59	35:00	3.1	15:35	15:48	+13	31:23.420	10:17.5	216.58
28	29	261	John Kramer (M62)			17	M60-64	59:55	11.0	28:00	28:05	+5	56:05.683	18:23.5	229.32
29	25	530	Lilliana Wutter (F52)			7	F50-54	43:00	5.5	19:00	20:08	+68	39:08.827	12:50.1	231.17
30	24	106	Robert Simpson (M69)			15	M65-69	27:05	1:59.8	18:13	18:37	+24	36:50.059	12:04.6	585.06
31	34	193	Julio Lopez (M68) [2]			21	M65-69	31:00	29:16.1	15:25	15:14	-11	30:38.769	10:02.9	21.23
32	31	255	John Cosentino (M61) [2]			19	M60-64	28:00	27:38.4	14:16	14:26	+10	28:42.906	9:24.9	42.91
33	36	586	Emily Whitehurst (F37) [2]			11	F35-39	36:00	31:47.5	18:04	17:02	-62	35:05.893	11:30.5	54.11
34	37	198	Yanira Lopez (F61) [2]			12	F60-64	39:55	34:45.8	19:23	19:31	+9	38:54.018	12:45.3	60.98
35	35	265	Kuay Sullivan (F58) [2]			10	F55-59	35:00	33:09.5	16:42	16:43	+1	33:25.847	10:57.7	94.15
36	30	405	Steve Russo (M60) [2]			18	M60-64	26:45	27:38.0	14:16	14:27	+11	28:43.258	9:25.0	118.26
37	33	996	Ruben Arevalo (M68) [2]			20	M65-69	28:00	28:15.5	15:57	15:21	-36	31:18.455	10:15.9	198.46
													19Slower	18Faster	101.57

© Most Accurate Predictor(s) wins gift card(s).

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime) Fast Slow

△ Positive Split
△ Negative Split

Timing provided by:
DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	710	Jaydin Turner (M15)		1	M15-19	Carrollton	0.0	10:08	9:17	-51	19:25.041	6:22.0	45.04	19:25.041	70.4%
2	005	Francisco Espinosa (M53)		0	M50-54	Carrollton	0.6	12:07	12:16	+9	24:22.424	7:59.5	97.58	24:23.050	60.9%
3	096	Blake Bruser (F14)		1	F10-14	Carrollton	0.0	13:35	13:49	+14	27:23.734	8:58.9	57.73	27:23.734	56.3%
4	011	Blair Casey (M37)		2	M35-39	Carrollton	4.4	13:38	13:54	+16	27:31.898	9:01.6	91.90	27:36.337	47.6%
5	405	Steve Russo (M60)		3	M60-64	Plano	2.0	13:40	13:55	+15	27:34.378	9:02.4	63.38	27:36.345	57.1%
6	255	John Cosentino (M61)		4	M60-64	Plano	3.1	13:40	13:55	+16	27:34.955	9:02.6	22.96	27:38.005	57.6%
7	996	Ruben Arevalo (M68)		5	M65-69	Carrollton	0.0	13:40	14:35	+56	28:14.722	9:15.6	74.72	28:14.714	60.0%
8	192	Robert Preston (M59)		6	M55-59	Irving	4.8	14:09	14:03	-6	28:12.129	9:14.8	17.87	28:16.900	55.4%
9	097	Nathan Bruser (M52)		7	M50-54	Carrollton	9.8	14:46	13:52	-53	28:37.658	9:23.2	51.34	28:47.486	51.4%
10	193	Julio Lopez (M68)		8	M65-69	Farmers Branch	1.4	14:29	14:45	+15	29:13.549	9:34.9	13.55	29:14.908	58.0%
11	004	Peter Ackling (M59)		0	M55-59		3.8	14:28	15:05	+37	29:32.332	9:41.1	92.33	29:36.095	52.9%
12	121	Debbie Riedner (F54)		2	F50-54	Dallas	6.4	14:51	15:01	+10	29:51.284	9:47.3	51.28	29:57.712	58.6%
13	466	Andrew Ngotho (M57)		9	M55-59	Carrollton	8.8	14:49	15:38	+49	30:27.227	9:59.1	27.23	30:36.021	50.4%
14	050	Chris Goins (M53)		10	M50-54	Garland	6.3	15:02	16:16	+74	31:17.742	10:15.7	72.26	31:24.023	47.4%
15	003	Amy Polcari (F58)		0	F55-59		3.1	15:35	15:48	+13	31:23.420	10:17.5	216.58	31:26.478	58.8%
16	012	Doug Waters (M59)		11	M55-59	Carrollton	8.1	15:06	16:21	+75	31:26.654	10:18.6	146.65	31:34.720	49.7%
17	586	Emily Whitehurst (F37)		3	F35-39	Carrollton	0.4	15:41	16:05	+24	31:46.357	10:25.0	43.64	31:46.789	46.6%
18	345	Ryan Pogue (M52)		12	M50-54	Carrollton	9.5	15:38	16:06	+29	31:43.708	10:24.2	73.71	31:53.166	46.4%
19	283	Ruben Reyes (M68)		13	M65-69	Carrollton	7.3	15:54	16:08	+14	32:01.288	10:29.9	91.71	32:08.554	52.9%
20	265	Kuay Sullivan (F58)		4	F55-59	Coppell	13.7	16:15	16:40	+25	32:54.976	10:47.5	65.02	33:08.666	56.1%
21	198	Yanira Lopez (F61)		5	F60-64	Farmers Branch	12.3	16:44	17:50	+66	34:33.471	11:19.8	41.53	34:45.732	55.7%
22	003	Ruben Saguil (M59)		14	M55-59	Carrollton	8:48.1	13:08	14:50	+101	27:58.238	9:10.2	58.24	36:46.332	55.8%
23	044	Amie Goins (F52)		6	F50-54	Garland	5.6	17:57	19:16	+79	37:13.536	12:12.3	163.54	37:19.099	45.8%
24	106	Robert Simpson (M69)		15	M65-69	Coppell	1:59.8	18:13	18:37	+24	36:50.059	12:04.6	585.06	38:49.849	46.5%
25	530	Lilliana Wutter (F52)		7	F50-54	Frisco	5.5	19:00	20:08	+68	39:08.827	12:50.1	231.17	39:14.377	43.5%
26	529	Carlos Ordonez (M53)		16	M50-54	Carrollton	14.6	24:32	23:37	-55	48:09.169	15:47.3	110.83	48:23.728	30.8%
27	006	Kristi Lobban (F64)		0	F60-64	Garland	7.0	24:19	25:09	+51	49:27.910	16:13.1	92.09	49:34.957	40.7%
28	024	Carol Creech (F73)		8	F70-74	Aubrey	8.1	24:18	25:10	+52	49:28.183	16:13.2	91.82	49:36.240	47.1%
29	261	John Kramer (M62)		17	M60-64	Plano	11.0	28:00	28:05	+5	56:05.683	18:23.5	229.32	56:16.732	28.6%
30	405	Steve Russo (M60) [2]		18	M60-64	Plano	27:38.0	14:16	14:27	+11	28:43.258	9:25.0	118.26	56:21.263	54.8%
31	255	John Cosentino (M61) [2]		19	M60-64	Plano	27:38.4	14:16	14:26	+10	28:42.906	9:24.9	42.91	56:21.263	55.3%
32	246	Sheila Holen (F53)		9	F50-54	Lewisville	20.3	28:24	28:36	+12	56:59.781	18:41.2	147.78	57:20.044	30.3%
33	996	Ruben Arevalo (M68) [2]		20	M65-69	Carrollton	28:15.5	15:57	15:21	-36	31:18.455	10:15.9	198.46	59:33.974	54.1%
34	193	Julio Lopez (M68) [2]		21	M65-69	Farmers Branch	29:16.1	15:25	15:14	-11	30:38.769	10:02.9	21.23	59:54.906	55.3%
35	265	Kuay Sullivan (F58) [2]		10	F55-59	Coppell	33:09.5	16:42	16:43	+1	33:25.847	10:57.7	94.15	66:35.347	55.2%
36	586	Emily Whitehurst (F37) [2]		11	F35-39	Carrollton	31:47.5	18:04	17:02	-62	35:05.893	11:30.5	54.11	66:53.435	42.2%
37	198	Yanira Lopez (F61) [2]		12	F60-64	Farmers Branch	34:45.8	19:23	19:31	+9	38:54.018	12:45.3	60.98	73:39.861	49.5%

30 Positive Split

7 Negative Split

Average Finish Time: 33:36

Average Age Grade: 51.0%