



Carrollton Runners Prediction Run 5K

Sunday, January 21, 2024

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

28°F Cloudy 55% H 10mph ESE
5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	6	040	Kim Andres (F70)			1	F70-74	30:00	1.0	14:47	15:16	+28	30:02.728	9:51.1	2.73
2	8	097	Nathan Bruser (M52)			7	M50-54	30:30	4.3	15:16	15:27	+11	30:43.159	10:04.3	13.16
3	3	405	Steve Russo (M60)			3	M60-64	26:51	4.0	13:11	13:25	+13	26:36.062	8:43.3	14.94
4	4	313	Simon Rose (M41)			4	M40-44	28:10	11.4	13:46	14:05	+19	27:50.876	9:07.8	19.12
5	1	001	Steven Aguilar (M19)			1	M15-19	20:00	0.1	10:00	10:21	+21	20:21.478	6:40.5	21.48
6	10	044	Amie Goins (F52)			3	F50-54	31:59	3.0	15:46	16:44	+58	32:29.023	10:39.0	30.02
7	2	117	Vijayan Nair (M61)			2	M60-64	25:30	0.1	13:00	13:06	+6	26:05.962	8:33.4	35.96
8	5	155	Ruben Arevalo (M68)			5	M65-69	28:00	0.1	13:55	14:46	+52	28:40.886	9:24.2	40.89
9	12	283	Ruben Reyes (M67)			9	M65-69	33:33	11.4	17:13	17:13	+0	34:25.535	11:17.2	52.54
10	9	586	Emily Whitehurst (F37)			2	F35-39	31:00	1.0	15:34	16:19	+44	31:52.804	10:27.1	52.80
11	7	193	Julio Lopez (M68)			6	M65-69	29:00	0.5	15:17	15:29	+12	30:45.574	10:05.1	105.57
12	11	050	Chris Goins (M53)			8	M50-54	32:00	3.5	16:07	17:46	+99	33:52.339	11:06.3	112.34
13	16	246	Sheila Holen (F52)			4	F50-54	54:32	11.4	27:35	28:50	+76	56:25.121	18:29.9	113.12
14	13	106	Robert Simpson (M68)			10	M65-69	37:00	13.1	19:16	20:53	+97	40:08.480	13:09.7	188.48
15	19	261	John Kramer (M62)			15	M60-64	57:41	2:55.4	31:52	31:20	-32	63:12.346	20:43.4	331.35
16	14	113	Victor Elfenbein (M66)			11	M65-69	35:00	3.5	18:56	21:51	+175	40:46.570	13:22.2	346.57
17	20	586	Emily Whitehurst (F37) [2]			5	F35-39	36:00	31:54.0	17:47	17:52	+5	35:38.487	11:41.1	21.51
18	15	117	Vijayan Nair (M61) [2]			12	M60-64	28:00	26:07.0	14:26	14:40	+14	29:06.927	9:32.8	66.93
19	18	193	Julio Lopez (M68) [2]			14	M65-69	31:00	30:47.2	16:31	16:51	+20	33:22.713	10:56.6	142.71
20	17	155	Ruben Arevalo (M68) [2]			13	M65-69	29:00	28:41.4	15:49	16:56	+67	32:45.085	10:44.3	225.09
21	21	113	Victor Elfenbein (M66) [2]			16	M65-69	40:00	40:51.4				53:34.054	17:33.8	814.05
													18Slower	3Faster	131.02

© Most Accurate Predictor(s) wins gift card(s).

By Order of Finish

OA	Bib	Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	001	Steven Aguilar (M19)		1	M15-19	Carrollton		0.1	10:00	10:21	+21	20:21.478	6:40.5	21.48	20:21.562	63.6%
2	117	Vijayan Nair (M61)		2	M60-64	Plano		0.1	13:00	13:06	+6	26:05.962	8:33.4	35.96	26:06.046	60.9%
3	405	Steve Russo (M60)		3	M60-64	Plano		4.0	13:11	13:25	+13	26:36.062	8:43.3	14.94	26:40.046	59.2%
4	313	Simon Rose (M41)		4	M40-44	Carrollton		11.4	13:46	14:05	+19	27:50.876	9:07.8	19.12	28:02.259	48.5%
5	155	Ruben Arevalo (M68)		5	M65-69	Carrollton		0.1	13:55	14:46	+52	28:40.886	9:24.2	40.89	28:40.970	59.1%
6	040	Kim Andres (F70)		1	F70-74	Irving		1.0	14:47	15:16	+28	30:02.728	9:51.1	2.73	30:03.712	73.7%
7	193	Julio Lopez (M68)		6	M65-69	Farmers Branch		0.5	15:17	15:29	+12	30:45.574	10:05.1	105.57	30:46.058	55.1%
8	097	Nathan Bruser (M52)		7	M50-54	Carrollton		4.3	15:16	15:27	+11	30:43.159	10:04.3	13.16	30:47.443	47.9%
9	586	Emily Whitehurst (F37)		2	F35-39	Carrollton		1.0	15:34	16:19	+44	31:52.804	10:27.1	52.80	31:53.789	46.4%
10	044	Amie Goins (F52)		3	F50-54	Garland		3.0	15:46	16:44	+58	32:29.023	10:39.0	30.02	32:32.007	52.5%
11	050	Chris Goins (M53)		8	M50-54	Garland		3.5	16:07	17:46	+99	33:52.339	11:06.3	112.34	33:55.824	43.8%
12	283	Ruben Reyes (M67)		9	M65-69	Carrollton		11.4	17:13	17:13	+0	34:25.535	11:17.2	52.54	34:36.931	48.7%
13	106	Robert Simpson (M68)		10	M65-69	Coppell		13.1	19:16	20:53	+97	40:08.480	13:09.7	188.48	40:21.533	42.2%
14	113	Victor Elfenbein (M66)		11	M65-69	Dallas		3.5	18:56	21:51	+175	40:46.570	13:22.2	346.57	40:50.054	40.8%
15	117	Vijayan Nair (M61) [2]		12	M60-64	Plano		26:07.0	14:26	14:40	+14	29:06.927	9:32.8	66.93	55:13.976	54.6%
16	246	Sheila Holen (F52)		4	F50-54	Lewisville		11.4	27:35	28:50	+76	56:25.121	18:29.9	113.12	56:36.509	30.2%
17	155	Ruben Arevalo (M68) [2]		13	M65-69	Carrollton		28:41.4	15:49	16:56	+67	32:45.085	10:44.3	225.09	61:26.459	51.7%
18	193	Julio Lopez (M68) [2]		14	M65-69	Farmers Branch		30:47.2	16:31	16:51	+20	33:22.713	10:56.6	142.71	64:09.865	50.7%
19	261	John Kramer (M62)		15	M60-64	Plano		2:55.4	31:52	31:20	-32	63:12.346	20:43.4	331.35	66:07.709	25.4%
20	586	Emily Whitehurst (F37) [2]		5	F35-39	Carrollton		31:54.0	17:47	17:52	+5	35:38.487	11:41.1	21.51	67:32.527	41.5%
21	113	Victor Elfenbein (M66) [2]		16	M65-69	Dallas		40:51.4				53:34.054	17:33.8	814.05	94:25.441	31.0%
										19 Positive Split	1 Negative Split	Average Finish Time: 35:10		Average Age Grade: 48.9%		

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTime Net Running Time (ChipTime)

Fast Slow

▲ Positive Split

△ Negative Split



Timing provided by:

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