



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, July 16, 2023
79F Clear 84%H 8mphESE
5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference	
1	15	044	Amie Goins (F51)			2	F50-54	32:32	4.6	15:39	17:00	+81	32:39.384	⊙	10:42.4	7.38
2	5	012	Doug Waters (M58)			5	M55-59	25:30	2.9	12:40	13:03	+22	25:43.042	⊙	8:25.9	13.04
3	2	117	Vijayan Nair (M60)			2	M60-64	25:00	0.0	12:00	13:18	+78	25:17.589	⊙	8:17.6	17.59
4	8	193	Julio Lopez (M67)			8	M65-69	27:45	3.2	13:48	14:28	+40	28:15.285		9:15.8	30.28
5	26	024	Carol Creech (F72)			7	F70-74	47:17	12.0	22:48	23:55	+68	46:43.128		15:19.1	33.87
6	13	097	Nathan Bruser (M52)			12	M50-54	30:30	16.6	14:31	15:23	+52	29:54.756		9:48.4	35.24
7	3	009	Spencer Boykin (M22)			3	M20-24	24:42	1.1	12:35	12:44	+10	25:18.939		8:18.0	36.94
8	11	096	Blake Bruser (F14)			1	F10-14	30:30	16.5	14:33	15:18	+45	29:50.563		9:47.1	39.44
9	7	405	Steve Russo (M59)			7	M55-59	26:42	2.6	13:43	13:45	+2	27:27.375		9:00.1	45.38
10	1	007	Zsombor Kapas (M16)			1	M15-19	23:30	2.1	11:59	10:44	-75	22:42.843		7:26.8	47.16
11	4	011	Blair Casey (M36)			4	M35-39	24:30	1.0	12:35	12:44	+9	25:19.048		8:18.0	49.05
12	9	060	Jaws Hansen (M63)			9	M60-64	29:29	0.4	13:58	14:38	+40	28:35.526		9:22.5	53.47
13	14	283	Ruben Reyes (M67)			13	M65-69	30:24	8.8	15:07	16:24	+77	31:31.186		10:20.1	67.19
14	20	454	Betsy Palmer (F62)			4	F60-64	36:48	10.8	18:12	19:49	+97	38:00.667		12:27.8	72.67
15	10	192	Rob Preston (M58)			10	M55-59	27:30	3.1	14:25	14:42	+16	29:07.114		9:32.8	97.11
16	19	198	Yanira Lopez (F60)			3	F60-64	35:07	23.6	17:58	18:58	+60	36:55.931		12:06.5	108.93
17	23	223	Chris Wong (M53)			18	M50-54	45:30	1:30.0	22:10	21:29	-41	43:39.225		14:18.8	110.77
18	21	012	Mikko Taurianen (M58)			17	M55-59	45:30	1:32.8	19:54	23:38	+223	43:31.784		14:16.3	118.22
19	18	113	Victor Elfenbein (M65)			16	M65-69	35:00	3.9	17:13	19:51	+159	37:04.039		12:09.2	124.04
20	17	050	Chris Goins (M52)			15	M50-54	34:00	5.5	16:11	20:10	+239	36:21.089		11:55.1	141.09
21	31	246	Sheila Holen (F52)			8	F50-54	57:18	14.6	27:16	27:25	+9	54:40.581		17:55.6	157.42
22	12	155	Ruben Arevalo (M68)			11	M65-69	27:00	0.0	14:23	15:45	+82	30:07.552		9:52.6	187.55
23	30	261	John Kramer (M61)			23	M60-64	56:58	36.5	26:49	26:50	+2	53:38.703		17:35.3	199.30
24	16	345	Ryan Pogue (M52)			14	M50-54	32:30	5.7	16:45	19:14	+149	35:58.777		11:47.8	208.78
25	22	999	Kim Tsutsui (F55)			5	F55-59	38:30	1:33.3	19:53	23:39	+226	43:31.737		14:16.3	301.74
26	29	255	John Cosentino (M61)			22	M60-64	45:20	10.6	24:45	26:11	+86	50:56.770		16:42.2	336.77
27	25	008	Aaron Smith (M33)			19	M30-34	60:00	1:31.9	22:07	21:36	-31	43:42.462		14:19.8	977.54
28	24	006	Brittini Washington (F32)			6	F30-34	60:00	1:31.8	22:09	21:33	-37	43:42.007		14:19.7	977.99
29	6	380	Gabor Toth (M42)			6	M40-44	45:00	3.7	13:01	13:21	+19	26:22.111		8:38.7	1117.89
30	36	198	Yanira Lopez (F60) [2]			9	F60-64	42:05	37:20.7	20:07	22:01	+114	42:07.494		13:48.7	2.49
31	27	009	Spencer Boykin (M22) [2]			20	M20-24	24:42	25:21.2	12:50	12:28	-21	25:17.807		8:17.6	35.81
32	28	011	Blair Casey (M36) [2]			21	M35-39	24:30	25:20.1	12:51	12:31	-19	25:21.901		8:19.0	51.90
33	33	117	Vijayan Nair (M60) [2]			25	M60-64	31:00	25:18.4	16:29	16:43	+14	33:11.762		10:53.0	131.76
34	32	405	Steve Russo (M59) [2]			24	M55-59	26:58	27:31.1	14:24	14:50	+27	29:13.637		9:35.0	135.64
35	34	193	Julio Lopez (M67) [2]			26	M65-69	28:45	28:19.1	15:27	15:55	+27	31:22.058		10:17.1	157.06
36	35	155	Ruben Arevalo (M68) [2]			27	M65-69	29:00	30:08.5	18:44	20:55	+131	39:38.796		13:00.1	638.80
37	37	113	Victor Elfenbein (M65) [2]			28	M65-69	40:00	37:08.2	23:43	29:06	+323	52:49.147		17:19.1	769.15

⊙ Most Accurate Predictor(s) wins gift card(s).

25Slower 12Faster 206.39

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split

△ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	007	Zsombor Kapas (M16)		1	M15-19	Coppell	2.1	11:59	10:44	-75	22:42.843	7:26.8	47.16	22:44.980	59.2%
2	117	Vijayan Nair (M60)		2	M60-64	Plano	0.0	12:00	13:18	+78	25:17.589	8:17.6	17.59	25:17.589	62.3%
3	009	Spencer Boykin (M22)		3	M20-24		1.1	12:35	12:44	+10	25:18.939	8:18.0	36.94	25:20.000	50.1%
4	011	Blair Casey (M36)		4	M35-39	Carrollton	1.0	12:35	12:44	+9	25:19.048	8:18.0	49.05	25:20.009	51.4%
5	012	Doug Waters (M58)		5	M55-59	Carrollton	2.9	12:40	13:03	+22	25:43.042	8:25.9	13.04	25:45.980	60.2%
6	380	Gabor Toth (M42)		6	M40-44	Coppell	3.7	13:01	13:21	+19	26:22.111	8:38.7	117.89	26:25.781	51.6%
7	405	Steve Russo (M59)		7	M55-59	Plano	2.6	13:43	13:45	+2	27:27.375	9:00.1	45.38	27:29.992	56.9%
8	193	Julio Lopez (M67)		8	M65-69	Farmers Branch	3.2	13:48	14:28	+40	28:15.285	9:15.8	30.28	28:18.527	59.4%
9	060	Jaws Hansen (M63)		9	M60-64	Dallas	0.4	13:58	14:38	+40	28:35.526	9:22.5	53.47	28:35.941	56.6%
10	192	Rob Preston (M58)		10	M55-59	Irving	3.1	14:25	14:42	+16	29:07.114	9:32.8	97.11	29:10.207	53.2%
11	096	Blake Bruser (F14)		1	F10-14	Carrollton	16.5	14:33	15:18	+45	29:50.563	9:47.1	39.44	30:07.072	51.7%
12	155	Ruben Arevalo (M68)		11	M65-69	Carrollton	0.0	14:23	15:45	+82	30:07.552	9:52.6	187.55	30:07.552	56.2%
13	097	Nathan Bruser (M52)		12	M50-54	Carrollton	16.6	14:31	15:23	+52	29:54.756	9:48.4	35.24	30:11.398	49.2%
14	283	Ruben Reyes (M67)		13	M65-69	Carrollton	8.8	15:07	16:24	+77	31:31.186	10:20.1	67.19	31:39.986	53.2%
15	044	Amie Goins (F51)		2	F50-54	Garland	4.6	15:39	17:00	+81	32:39.384	10:42.4	7.38	32:43.966	51.5%
16	345	Ryan Pogue (M52)		14	M50-54	Carrollton	5.7	16:45	19:14	+149	35:58.777	11:47.8	208.78	36:04.470	40.9%
17	050	Chris Goins (M52)		15	M50-54	Garland	5.5	16:11	20:10	+239	36:21.089	11:55.1	141.09	36:26.617	40.5%
18	113	Victor Elfenbein (M65)		16	M65-69	Dallas	3.9	17:13	19:51	+159	37:04.039	12:09.2	124.04	37:07.923	44.4%
19	198	Yanira Lopez (F60)		3	F60-64	Farmers Branch	23.6	17:58	18:58	+60	36:55.931	12:06.5	108.93	37:19.482	51.4%
20	454	Betsy Palmer (F62)		4	F60-64	Carrollton	10.8	18:12	19:49	+97	38:00.667	12:27.8	72.67	38:11.459	51.4%
21	012	Mikko Taurianen (M58)		17	M55-59		1:32.8	19:54	23:38	+223	43:31.784	14:16.3	118.22	45:04.599	35.6%
22	999	Kim Tsutsui (F55)		5	F55-59	Arlington	1:33.3	19:53	23:39	+226	43:31.737	14:16.3	301.74	45:05.000	40.7%
23	223	Chris Wong (M53)		18	M50-54	Arlington	1:30.0	22:10	21:29	-41	43:39.225	14:18.8	110.77	45:09.250	34.0%
24	006	Brittini Washington (F32)		6	F30-34	Carrollton	1:31.8	22:09	21:33	-37	43:42.007	14:19.7	977.99	45:13.775	33.3%
25	008	Aaron Smith (M33)		19	M30-34	Carrollton	1:31.9	22:07	21:36	-31	43:42.462	14:19.8	977.54	45:14.314	29.3%
26	024	Carol Creech (F72)		7	F70-74	Aubrey	12.0	22:48	23:55	+68	46:43.128	15:19.1	33.87	46:55.134	49.0%
27	009	Spencer Boykin (M22) [2]		20	M20-24		25:21.2	12:50	12:28	-21	25:17.807	8:17.6	35.81	50:38.959	50.1%
28	011	Blair Casey (M36) [2]		21	M35-39	Carrollton	25:20.1	12:51	12:31	-19	25:21.901	8:19.0	51.90	50:42.002	51.3%
29	255	John Cosentino (M61)		22	M60-64	Plano	10.6	24:45	26:11	+86	50:56.770	16:42.2	336.77	51:07.414	31.2%
30	261	John Kramer (M61)		23	M60-64	Plano	36.5	26:49	26:50	+2	53:38.703	17:35.3	199.30	54:15.181	29.6%
31	246	Sheila Holen (F52)		8	F50-54	Lewisville	14.6	27:16	27:25	+9	54:40.581	17:55.6	157.42	54:55.209	31.2%
32	405	Steve Russo (M59) [2]		24	M55-59	Plano	27:31.1	14:24	14:50	+27	29:13.637	9:35.0	135.64	56:44.753	53.4%
33	117	Vijayan Nair (M60) [2]		25	M60-64	Plano	25:18.4	16:29	16:43	+14	33:11.762	10:53.0	131.76	58:30.142	47.4%
34	193	Julio Lopez (M67) [2]		26	M65-69	Farmers Branch	28:19.1	15:27	15:55	+27	31:22.058	10:17.1	157.06	59:41.199	53.5%
35	155	Ruben Arevalo (M68) [2]		27	M65-69	Carrollton	30:08.5	18:44	20:55	+131	39:38.796	13:00.1	638.80	69:47.291	42.7%
36	198	Yanira Lopez (F60) [2]		9	F60-64	Farmers Branch	37:20.7	20:07	22:01	+114	42:07.494	13:48.7	2.49	79:28.222	45.1%
37	113	Victor Elfenbein (M65) [2]		28	M65-69	Dallas	37:08.2	23:43	29:06	+323	52:49.147	17:19.1	769.15	89:57.396	31.2%

31 Positive Split

6 Negative Split

Average Finish Time: 35:17

Average Age Grade: 47.0%

