



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, March 19, 2023

33F Clear 58%H 7mphE

5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference	
1	21	024	Carol Creech (F72)			10	F70-74	46:16	4.8	22:50	23:26	+36	46:15.927	⊙	14:53.5	0.07
2	9	044	Amie Goins (F51)			3	F50-54	30:44	3.3	14:51	15:48	+57	30:38.911	⊙	9:51.9	5.09
3	5	193	Julio Lopez (M67)			5	M65-69	28:15	4.2	13:50	14:18	+28	28:08.104	⊙	9:03.3	6.90
4	2	255	John Cosentino (M60)			2	M60-64	26:40	6.4	13:24	13:04	-20	26:28.381		8:31.3	11.62
5	11	050	Chris Goins (M52)			7	M50-54	31:00	2.8	15:18	16:00	+43	31:18.042		10:04.5	18.04
6	15	198	Yanira Lopez (F60)			6	F60-64	34:29	21.0	17:20	17:30	+10	34:50.220		11:12.8	21.22
7	17	007	Grace Xi (F57)			7	F55-59	40:00	3.7	19:30	20:55	+85	40:24.688		13:00.4	24.69
8	4	155	Ruben Arevalo (M67)			4	M65-69	27:00	0.0	13:08	14:18	+70	27:26.484		8:50.0	26.48
9	7	040	Kim Andres (F70)			2	F70-74	29:55	0.0	15:03	15:20	+17	30:23.587		9:47.0	28.59
10	3	405	Steve Russo (M59)			3	M55-59	27:14	6.9	13:24	13:21	-2	26:45.220		8:36.7	28.78
11	12	586	Emily Whitehurst (F36)			5	F35-39	32:00	0.6	15:26	15:59	+34	31:24.882		10:06.7	35.12
12	1	117	Vijayan Nair (M60)			1	M60-64	25:00	0.0	12:54	13:04	+10	25:57.654		8:21.4	57.65
13	10	265	Kuay Sullivan (F57)			4	F55-59	32:12	7.1	15:31	15:40	+8	31:10.689		10:02.1	61.31
14	16	106	Robert Simpson (M68)			10	M65-69	36:54	24.4	18:30	19:57	+87	38:26.132		12:22.3	92.13
15	20	466	Andrew Ngotho (M56)			11	M55-59	34:00	11:18.6	14:23	17:59	+215	32:21.626		10:24.9	98.37
16	6	096	Blake Bruser (F13)			1	F10-14	27:27	4.1	13:54	15:16	+83	29:09.799		9:23.2	102.80
17	27	261	John Kramer (M61)			16	M60-64	56:15	7:38.4	26:42	27:43	+60	54:24.915		17:30.9	110.08
18	8	113	Victor Elfenbein (M65)			6	M65-69	33:00	1.3	14:47	15:43	+56	30:29.677		9:48.9	150.32
19	14	097	Nathan Bruser (M51)			9	M50-54	28:28	2:06.8	15:31	15:48	+17	31:19.522		10:05.0	171.52
20	26	246	Sheila Holen (F52)			11	F50-54	59:30	15.6	28:09	28:16	+7	56:24.399		18:09.3	185.60
21	18	991	Marci Aguilar (F44)			8	F40-44	47:15	6.5	21:17	21:14	-3	42:31.003		13:41.1	284.00
22	19	608	Pat Aguilar (F70)			9	F70-74	48:00	7.2	21:18	21:22	+4	42:39.172		13:43.7	320.83
23	13	012	Doug Waters (M58)			8	M55-59	25:20	6.3	14:53	18:27	+215	33:19.962		10:43.7	479.96
24	28	265	Kuay Sullivan (F57) [2]			12	F55-59	32:48	31:19.0				33:00.929		10:37.6	12.93
25	23	117	Vijayan Nair (M60) [2]			13	M60-64	28:00	25:58.6	12:28	15:58	+209	28:26.196		9:09.2	26.20
26	24	155	Ruben Arevalo (M67) [2]			14	M65-69	28:00	27:27.8	13:08	15:48	+160	28:56.412		9:18.9	56.41
27	25	193	Julio Lopez (M67) [2]			15	M65-69	29:15	28:14.5	12:14	16:03	+229	28:16.179		9:05.9	58.82
28	29	198	Yanira Lopez (F60) [2]			13	F60-64	39:55	35:12.4				38:48.353		12:29.4	66.65
29	22	405	Steve Russo (M59) [2]			12	M55-59	28:20	26:53.2	11:35	15:28	+233	27:03.107		8:42.4	76.89

⊙ Most Accurate Predictor(s) wins gift card(s).

13Slower 16Faster 90.313

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split

△ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD		
1	117	Vijayan Nair (M60)		1	M60-64	Plano	0.0	12:54	13:04	+10	25:57.654	8:21.4	57.65	25:57.654	61.8%		
2	255	John Cosentino (M60)		2	M60-64	Plano	6.4	13:24	13:04	-20	26:28.381	8:31.3	11.62	26:34.736	60.6%		
3	405	Steve Russo (M59)		3	M55-59	Plano	6.9	13:24	13:21	-2	26:45.220	8:36.7	28.78	26:52.166	59.4%		
4	155	Ruben Arevalo (M67)		4	M65-69	Carrollton	0.0	13:08	14:18	+70	27:26.484	8:50.0	26.48	27:26.484	62.3%		
5	193	Julio Lopez (M67)		5	M65-69	Farmers Branch	4.2	13:50	14:18	+28	28:08.104	9:03.3	6.90	28:12.330	60.7%		
6	096	Blake Bruser (F13)		1	F10-14	Highland Village	4.1	13:54	15:16	+83	29:09.799	9:23.2	102.80	29:13.937	54.8%		
7	040	Kim Andres (F70)		2	F70-74	Irving	0.0	15:03	15:20	+17	30:23.587	9:47.0	28.59	30:23.587	74.2%		
8	113	Victor Elfenbein (M65)		6	M65-69	Dallas	1.3	14:47	15:43	+56	30:29.677	9:48.9	150.32	30:30.957	55.0%		
9	044	Amie Goins (F51)		3	F50-54	Garland	3.3	14:51	15:48	+57	30:38.911	9:51.9	5.09	30:42.214	55.9%		
10	265	Kuay Sullivan (F57)		4	F55-59	Coppell	7.1	15:31	15:40	+8	31:10.689	10:02.1	61.31	31:17.775	59.5%		
11	050	Chris Goins (M52)		7	M50-54	Garland	2.8	15:18	16:00	+43	31:18.042	10:04.5	18.04	31:20.816	47.9%		
12	586	Emily Whitehurst (F36)		5	F35-39	Carrollton	0.6	15:26	15:59	+34	31:24.882	10:06.7	35.12	31:25.529	47.8%		
13	012	Doug Waters (M58)		8	M55-59	Carrollton	6.3	14:53	18:27	+215	33:19.962	10:43.7	479.96	33:26.250	47.3%		
14	097	Nathan Bruser (M51)		9	M50-54	Highland Village	2:06.8	15:31	15:48	+17	31:19.522	10:05.0	171.52	33:26.285	47.5%		
15	198	Yanira Lopez (F60)		6	F60-64	Farmers Branch	21.0	17:20	17:30	+10	34:50.220	11:12.8	21.22	35:11.244	55.5%		
16	106	Robert Simpson (M68)		10	M65-69	Coppell	24.4	18:30	19:57	+87	38:26.132	12:22.3	92.13	38:50.566	44.9%		
17	007	Grace Xi (F57)		7	F55-59		3.7	19:30	20:55	+85	40:24.688	13:00.4	24.69	40:28.380	45.9%		
18	991	Marci Aguilar (F44)		8	F40-44	Carrollton	6.5	21:17	21:14	-3	42:31.003	13:41.1	284.00	42:37.503	37.2%		
19	608	Pat Aguilar (F70)		9	F70-74	Richardson	7.2	21:18	21:22	+4	42:39.172	13:43.7	320.83	42:46.408	52.8%		
20	466	Andrew Ngotho (M56)		11	M55-59	Carrollton	11:18.6	14:23	17:59	+215	32:21.626	10:24.9	98.37	43:40.185	47.9%		
21	024	Carol Creech (F72)		10	F70-74	Aubrey	4.8	22:50	23:26	+36	46:15.927	14:53.5	0.07	46:20.746	50.4%		
22	405	Steve Russo (M59) [2]		12	M55-59	Plano	26:53.2	11:35	15:28	+233	27:03.107	8:42.4	76.89	53:56.318	58.8%		
23	117	Vijayan Nair (M60) [2]		13	M60-64	Plano	25:58.6	12:28	15:58	+209	28:26.196	9:09.2	26.20	54:24.845	56.4%		
24	155	Ruben Arevalo (M67) [2]		14	M65-69	Carrollton	27:27.8	13:08	15:48	+160	28:56.412	9:18.9	56.41	56:24.207	59.0%		
25	193	Julio Lopez (M67) [2]		15	M65-69	Farmers Branch	28:14.5	12:14	16:03	+229	28:16.179	9:05.9	58.82	56:30.718	60.4%		
26	246	Sheila Holen (F52)		11	F50-54	Lewisville	15.6	28:09	28:16	+7	56:24.399	18:09.3	185.60	56:40.029	30.8%		
27	261	John Kramer (M61)		16	M60-64	Plano	7:38.4	26:42	27:43	+60	54:24.915	17:30.9	110.08	62:03.347	29.7%		
28	265	Kuay Sullivan (F57) [2]		12	F55-59	Coppell	31:19.0				33:00.929	10:37.6	12.93	64:19.890	56.1%		
29	198	Yanira Lopez (F60) [2]		13	F60-64	Farmers Branch	35:12.4				38:48.353	12:29.4	66.65	74:00.783	49.8%		
										24 Positive Split	3 Negative Split		Average Finish Time: 34:01			Average Age Grade: 52.8%	