



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, January 15, 2023

48F Clear 93%H 13mphS

5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference
1	18	153	Peter Chan (M69)			13	M65-69	32:00	7.5	16:10	15:55	-15	32:05.628	10:19.8	5.63
2	7	155	Ruben Arevalo (M67)			7	M65-69	27:00	1.5	13:15	13:52	+37	27:06.621	8:43.6	6.62
3	8	192	Rob Preston (M58)			8	M55-59	27:00	2.3	13:35	13:36	+1	27:10.560	8:44.8	10.56
4	22	001	Andrew Ngotho (M56)			17	M55-59	35:00	6.7	16:44	18:05	+81	34:48.593	11:12.3	11.41
5	10	193	Julio Lopez (M67)			10	M65-69	28:30	2.8	14:13	14:31	+18	28:44.765	9:15.1	14.77
6	17	586	Emily Whitehurst (F36)			5	F35-39	32:00	6.4	15:33	16:12	+39	31:44.889	10:13.1	15.11
7	9	060	Jaws Hansen (M62)			9	M60-64	28:02	0.0	13:54	13:46	-7	27:39.895	8:54.3	22.10
8	14	345	Ryan Pogue (M51)			11	M50-54	31:30	7.9	15:33	15:24	-9	30:57.105	9:57.7	32.89
9	23	454	Betsy Palmer (F61)			6	F60-64	36:58	8.7	18:17	19:23	+66	37:39.790	12:07.4	41.79
10	11	040	Kim Andres (F69)			1	F65-69	28:30	8.8	14:44	14:29	-14	29:12.911	9:24.2	42.91
11	21	113	Victor Elfenbein (M65)			16	M65-69	34:00	0.4	15:50	18:53	+184	34:43.104	11:10.5	43.10
12	3	117	Vijayan Nair (M60)			3	M60-64	25:00	0.0	12:28	13:16	+48	25:44.555	8:17.1	44.56
13	16	044	Amie Goins (F51)			4	F50-54	32:27	5.1	15:28	16:14	+45	31:41.986	10:12.2	45.01
14	24	106	Robert Simpson (M67)			18	M65-69	36:48	22.8	18:20	19:20	+60	37:39.963	12:07.4	51.96
15	1	012	Doug Waters (M58)			1	M55-59	24:30	6.7	11:40	11:54	+14	23:34.337	7:35.2	55.66
16	12	265	Kuay Sullivan (F57)			2	F55-59	31:22	7.6	15:02	15:15	+13	30:16.258	9:44.6	65.74
17	27	317	Leah Marks (F42)			7	F40-44	39:00	6.6	18:02	22:11	+248	40:12.703	12:56.6	72.70
18	26	318	Mason Marks (M10)			20	M10-14	39:00	0.8	17:12	23:06	+354	40:18.086	12:58.3	78.09
19	15	050	Chris Goins (M52)			12	M50-54	33:00	5.1	15:20	16:19	+59	31:39.375	10:11.3	80.62
20	29	024	Carol Creech (F71)			8	F70-74	46:46	5.8	22:11	23:13	+63	45:24.414	14:36.9	81.59
21	28	529	Carlos Ordonez (M52)			21	M50-54	43:00	17.1	21:51	22:41	+50	44:32.141	14:20.1	92.14
22	4	577	Paul Norris (M50)			4	M50-54	25:00	5.9	13:14	13:18	+4	26:32.738	8:32.7	92.74
23	2	255	John Cosentino (M60)			2	M60-64	22:55	4.3	12:12	12:17	+5	24:28.713	7:52.7	93.71
24	5	003	Diego Acosta (M19)			5	M15-19	24:50	3.5	13:16	13:19	+2	26:35.262	8:33.5	105.26
25	13	096	Blake Bruser (F13)			3	F10-14	29:00	12.6	15:22	15:26	+4	30:48.688	9:55.0	108.69
26	32	246	Sheila Holen (F51)			9	F50-54	56:45	17.5	26:53	27:17	+24	54:10.383	17:26.2	154.62
27	6	011	Blair Casey (M36)			6	M35-39	24:00	3.5	13:16	13:19	+2	26:35.377	8:33.5	155.38
28	20	405	Steve Russo (M59)			15	M55-59	37:07	9.7	16:03	18:24	+141	34:26.605	11:05.2	160.39
29	19	097	Nathan Bruser (M51)			14	M50-54	30:00	21.3	16:47	16:36	-11	33:23.010	10:44.7	203.01
30	25	283	Ruben Reyes (M66)			19	M65-69	33:33	6.7	18:17	20:00	+103	38:16.663	12:19.2	283.66
31	31	117	Vijayan Nair (M60) [2]			23	M60-64	29:00	25:45.4	14:13	14:19	+6	28:31.721	9:10.9	28.28
32	30	255	John Cosentino (M60) [2]			22	M60-64	25:40	24:34.3	13:22	12:58	-24	26:20.678	8:28.8	40.68
33	33	193	Julio Lopez (M67) [2]			24	M65-69	31:30	28:48.2	14:42	15:09	+27	29:51.223	9:36.5	98.78
34	34	113	Victor Elfenbein (M65) [2]			25	M65-69	40:00	34:43.6				44:54.402	14:27.2	294.40

© Most Accurate Predictor(s) wins gift card(s).

21Slower 13Faster 80.429

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split

△ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	012	Doug Waters (M58)		1	M55-59	Carrollton	6.7	11:40	11:54	+14	23:34.337	7:35.2	55.66	23:41.044	66.9%
2	255	John Cosentino (M60)		2	M60-64	Plano	4.3	12:12	12:17	+5	24:28.713	7:52.7	93.71	24:32.986	65.5%
3	117	Vijayan Nair (M60)		3	M60-64	Plano	0.0	12:28	13:16	+48	25:44.555	8:17.1	44.56	25:44.552	62.3%
4	577	Paul Norris (M50)		4	M50-54	Coppell	5.9	13:14	13:18	+4	26:32.738	8:32.7	92.74	26:38.599	55.6%
5	003	Diego Acosta (M19)		5	M15-19	Coppell	3.5	13:16	13:19	+2	26:35.262	8:33.5	105.26	26:38.755	49.6%
6	011	Blair Casey (M36)		6	M35-39	Carrollton	3.5	13:16	13:19	+2	26:35.377	8:33.5	155.38	26:38.867	49.9%
7	155	Ruben Arevalo (M67)		7	M65-69	Carrollton	1.5	13:15	13:52	+37	27:06.621	8:43.6	6.62	27:08.154	63.0%
8	192	Rob Preston (M58)		8	M55-59	Irving	2.3	13:35	13:36	+1	27:10.560	8:44.8	10.56	27:12.818	58.0%
9	060	Jaws Hansen (M62)		9	M60-64	Dallas	0.0	13:54	13:46	-7	27:39.895	8:54.3	22.10	27:39.892	59.0%
10	193	Julio Lopez (M67)		10	M65-69	Farmers Branch	2.8	14:13	14:31	+18	28:44.765	9:15.1	14.77	28:47.591	59.4%
11	040	Kim Andres (F69)		1	F65-69	Irving	8.8	14:44	14:29	-14	29:12.911	9:24.2	42.91	29:21.685	75.9%
12	265	Kuay Sullivan (F57)		2	F55-59	Coppell	7.6	15:02	15:15	+13	30:16.258	9:44.6	65.74	30:23.878	61.2%
13	096	Blake Bruser (F13)		3	F10-14	Highland Village	12.6	15:22	15:26	+4	30:48.688	9:55.0	108.69	31:01.244	51.8%
14	345	Ryan Pogue (M51)		11	M50-54	Carrollton	7.9	15:33	15:24	-9	30:57.105	9:57.7	32.89	31:05.037	48.0%
15	050	Chris Goins (M52)		12	M50-54	Garland	5.1	15:20	16:19	+59	31:39.375	10:11.3	80.62	31:44.476	47.4%
16	044	Amie Goins (F51)		4	F50-54	Garland	5.1	15:28	16:14	+45	31:41.986	10:12.2	45.01	31:47.041	54.0%
17	586	Emily Whitehurst (F36)		5	F35-39	Carrollton	6.4	15:33	16:12	+39	31:44.889	10:13.1	15.11	31:51.302	47.3%
18	153	Peter Chan (M69)		13	M65-69	Coppell	7.5	16:10	15:55	-15	32:05.628	10:19.8	5.63	32:13.101	54.3%
19	097	Nathan Bruser (M51)		14	M50-54	Highland Village	21.3	16:47	16:36	-11	33:23.010	10:44.7	203.01	33:44.289	44.5%
20	405	Steve Russo (M59)		15	M55-59	Plano	9.7	16:03	18:24	+141	34:26.605	11:05.2	160.39	34:36.259	46.2%
21	113	Victor Elfenbein (M65)		16	M65-69	Dallas	0.4	15:50	18:53	+184	34:43.104	11:10.5	43.10	34:43.531	48.3%
22	001	Andrew Ngotho (M56)		17	M55-59	Carrollton	6.7	16:44	18:05	+81	34:48.593	11:12.3	11.41	34:55.257	44.5%
23	454	Betsy Palmer (F61)		6	F60-64	Carrollton	8.7	18:17	19:23	+66	37:39.790	12:07.4	41.79	37:48.488	52.1%
24	106	Robert Simpson (M67)		18	M65-69	Coppell	22.8	18:20	19:20	+60	37:39.963	12:07.4	51.96	38:02.771	45.4%
25	283	Ruben Reyes (M66)		19	M65-69	Carrollton	6.7	18:17	20:00	+103	38:16.663	12:19.2	283.66	38:23.377	44.2%
26	318	Mason Marks (M10)		20	M10-14	Carrollton	0.8	17:12	23:06	+354	40:18.086	12:58.3	78.09	40:18.839	39.2%
27	317	Leah Marks (F42)		7	F40-44	Carrollton	6.6	18:02	22:11	+248	40:12.703	12:56.6	72.70	40:19.263	38.7%
28	529	Carlos Ordonez (M52)		21	M50-54	Carrollton	17.1	21:51	22:41	+50	44:32.141	14:20.1	92.14	44:49.207	33.7%
29	024	Carol Creech (F71)		8	F70-74	Aubrey	5.8	22:11	23:13	+63	45:24.414	14:36.9	81.59	45:30.238	50.5%
30	255	John Cosentino (M60) [2]		22	M60-64	Plano	24:34.3	13:22	12:58	-24	26:20.678	8:28.8	40.68	50:54.964	60.9%
31	117	Vijayan Nair (M60) [2]		23	M60-64	Plano	25:45.4	14:13	14:19	+6	28:31.721	9:10.9	28.28	54:17.160	56.2%
32	246	Sheila Holen (F51)		9	F50-54	Lewisville	17.5	26:53	27:17	+24	54:10.383	17:26.2	154.62	54:27.841	31.6%
33	193	Julio Lopez (M67) [2]		24	M65-69	Farmers Branch	28:48.2	14:42	15:09	+27	29:51.223	9:36.5	98.78	58:39.439	57.2%
34	113	Victor Elfenbein (M65) [2]		25	M65-69	Dallas	34:43.6				44:54.402	14:27.2	294.40	79:37.970	37.4%

27 Positive Split

6 Negative Split

Average Finish Time: 32:52

Average Age Grade: 51.8%

