



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, February 21, 2021

40F Cloudy 92%H 10mphS

5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	14	153	Peter Chan (M67)			12	M65-69	31:00	7.2	15:20	15:38	+18	30:57.650	9:57.9	2.35
2	5	255	John Cosentino (M58)			5	M55-59	22:55	1.4	11:33	11:27	-6	23:00.154	7:24.2	5.15
3	17	050	Chris Goins (M50)			15	M50-54	36:00	10.6	17:09	18:40	+91	35:49.000	11:31.7	11.00
4	26	409	Martin Chavez (M59)			20	M55-59	46:00	29.9	21:39	24:34	+176	46:12.654	14:52.4	12.65
5	15	225	David McAdam (M53)			13	M50-54	32:00	1:03.5	15:04	17:10	+125	32:14.023	10:22.5	14.02
6	6	012	Doug Waters (M56)			6	M55-59	24:30	12.9	12:22	12:25	+3	24:47.482	7:58.8	17.48
7	11	380	Gabor Toth (M40)			10	M40-44	29:29	20.4	14:45	15:03	+18	29:47.734	9:35.4	18.73
8	4	831	Max Chounlamany (M37)			4	M35-39	22:30	2.6	11:05	11:48	+44	22:52.736	7:21.8	22.74
9	31	991	Ruben Saguil (M56)			23	M55-59	26:00	26:24.9	13:03	13:20	+18	26:23.146	8:29.6	23.15
10	8	117	Vijayan Nair (M58)			8	M55-59	28:00	0.0	13:37	13:55	+17	27:32.277	8:51.8	27.72
11	7	155	Ruben Arevalo (M65)			7	M65-69	25:49	3.1	12:51	13:30	+38	26:21.022	8:28.9	32.02
12	20	124	Jerri Hixson (F67)			5	F65-69	38:00	12.1	18:07	19:14	+67	37:21.153	12:01.4	38.85
13	1	159	Robert Landon (M61)			1	M60-64	22:15	3.5	10:53	10:42	-11	21:34.070	6:56.5	40.93
14	3	011	Blair Casey (M34)			3	M30-34	23:00	0.0	11:00	11:19	+20	22:18.859	7:10.9	41.14
15	10	265	Kuay Sullivan (F55)			1	F55-59	29:52	8.2	14:42	14:28	-14	29:10.441	9:23.4	41.56
16	18	044	Amie Goins (F49)			3	F45-49	35:27	6.8	17:33	18:43	+70	36:16.882	11:40.7	49.88
17	30	246	Sheila Holen (F50)			8	F50-54	51:30	36.6	25:34	24:56	-38	50:30.004	16:15.3	60.00
18	9	193	Julio Lopez (M65)			9	M65-69	30:00	13.9	14:34	14:26	-8	28:59.696	9:20.0	60.30
19	34	455	Rosemary Lewis (F65)			9	F65-69	60:00	31.4	28:54	29:55	+61	58:49.459	18:56.0	70.54
20	19	454	Betsy Palmer (F59)			4	F55-59	35:04	17.7	18:17	18:12	-5	36:28.841	11:44.5	84.84
21	16	113	Victor Elfenbein (M63)			14	M60-64	32:00	6.3	16:27	17:13	+46	33:40.663	10:50.4	100.66
22	28	024	Carol Creech (F70)			7	F70-74	49:27	3.2	23:34	24:06	+32	47:39.425	15:20.4	107.58
23	21	106	Robert Simpson (M65)			16	M65-69	36:00	1:16.8	18:45	19:06	+21	37:51.039	12:11.0	111.04
24	12	580	Robert Flores (M40)			11	M40-44	28:00	27.2	15:16	15:16	+0	30:31.597	9:49.5	151.60
25	13	617	Tanya Nunn (F38)			2	F35-39	28:00	23.4	15:19	15:16	-3	30:35.674	9:50.8	155.67
26	2	626	Jonathan Le (M18)			2	M15-19	19:00	2.0	10:52	10:46	-6	21:38.000	6:57.8	158.00
27	22	445	Mireya Salas (F45)			6	F45-49	35:00	15.0	18:13	21:04	+171	39:16.659	12:38.5	256.66
28	32	261	John Kramer (M59)			24	M55-59	43:50	4:28.1	24:19	24:09	-10	48:28.181	15:36.1	278.18
29	24	992	Alok Jena (M49)			18	M45-49	30:00	9.0	19:18	22:50	+211	42:08.134	13:33.7	728.13
30	27	255	John Cosentino (M58) [2]			21	M55-59	24:00	23:02.5	12:15	11:53	-22	24:08.415	7:46.2	8.42
31	25	011	Blair Casey (M34) [2]			19	M30-34	23:00	22:19.6	11:24	11:24	-1	22:48.058	7:20.3	11.94
32	29	159	Robert Landon (M61) [2]			22	M60-64	25:45	23:31.7	12:54	12:37	-18	25:31.183	8:12.8	13.82
33	23	626	Jonathan Le (M18) [2]			17	M15-19	19:00	21:40.0	8:27	10:04	+96	18:31.050	5:57.6	28.95
34	37	117	Vijayan Nair (M58) [2]			28	M55-59	40:00	27:32.6	19:06	21:59	+173	41:04.455	13:13.2	64.46
35	35	193	Julio Lopez (M65) [2]			26	M65-69	30:00	29:13.9	15:24	16:10	+47	31:33.980	10:09.6	93.98
36	33	155	Ruben Arevalo (M65) [2]			25	M65-69	27:00	26:25.0	14:43	14:42	-2	29:24.776	9:28.0	144.78
37	36	380	Gabor Toth (M40) [2]			27	M40-44	32:00	30:09.7	17:50	17:42	-8	35:32.059	11:26.2	212.06

© Most Accurate Predictor(s) wins gift card(s).

23Slower 14Faster 89.216

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast Slow

△ Positive Split

△ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	159	Robert Landon (M61)		1	M60-64	Allen	3.5	10:53	10:42	-11	21:34.070	6:56.5	40.93	21:37.558	75.0%
2	626	Jonathan Le (M18)		2	M15-19	Coppell	2.0	10:52	10:46	-6	21:38.000	6:57.8	158.00	21:40.000	61.7%
3	011	Blair Casey (M34)		3	M30-34	Carrollton	0.0	11:00	11:19	+20	22:18.859	7:10.9	41.14	22:18.859	58.8%
4	831	Max Chounlamany (M37)		4	M35-39	Dallas	2.6	11:05	11:48	+44	22:52.736	7:21.8	22.74	22:55.369	58.4%
5	255	John Cosentino (M58)		5	M55-59	Plano	1.4	11:33	11:27	-6	23:00.154	7:24.2	5.15	23:01.548	68.5%
6	012	Doug Waters (M56)		6	M55-59	Carrollton	12.9	12:22	12:25	+3	24:47.482	7:58.8	17.48	25:00.386	62.5%
7	155	Ruben Arevalo (M65)		7	M65-69	Carrollton	3.1	12:51	13:30	+38	26:21.022	8:28.9	32.02	26:24.123	63.7%
8	117	Vijayan Nair (M58)		8	M55-59	Plano	0.0	13:37	13:55	+17	27:32.277	8:51.8	27.72	27:32.277	57.2%
9	193	Julio Lopez (M65)		9	M65-69	Farmers Branch	13.9	14:34	14:26	-8	28:59.696	9:20.0	60.30	29:13.621	57.8%
10	265	Kuay Sullivan (F55)		1	F55-59	Coppell	8.2	14:42	14:28	-14	29:10.441	9:23.4	41.56	29:18.628	61.9%
11	380	Gabor Toth (M40)		10	M40-44	Coppell	20.4	14:45	15:03	+18	29:47.734	9:35.4	18.73	30:08.144	45.8%
12	580	Robert Flores (M40)		11	M40-44	Aubrey	27.2	15:16	15:16	+0	30:31.597	9:49.5	151.60	30:58.812	44.7%
13	617	Tanya Nunn (F38)		2	F35-39	Plano	23.4	15:19	15:16	-3	30:35.674	9:50.8	155.67	30:59.101	49.5%
14	153	Peter Chan (M67)		12	M65-69	Coppell	7.2	15:20	15:38	+18	30:57.650	9:57.9	2.35	31:04.849	55.2%
15	225	David McAdam (M53)		13	M50-54	Grand Prairie	1:03.5	15:04	17:10	+125	32:14.023	10:22.5	14.02	33:17.546	46.9%
16	113	Victor Elfenbein (M63)		14	M60-64	Dallas	6.3	16:27	17:13	+46	33:40.663	10:50.4	100.66	33:46.925	48.9%
17	050	Chris Goins (M50)		15	M50-54	Garland	10.6	17:09	18:40	+91	35:49.000	11:31.7	11.00	35:59.597	41.2%
18	044	Amie Goins (F49)		3	F45-49	Garland	6.8	17:33	18:43	+70	36:16.882	11:40.7	49.88	36:23.681	46.1%
19	454	Betsy Palmer (F59)		4	F55-59	Carrollton	17.7	18:17	18:12	-5	36:28.841	11:44.5	84.84	36:46.539	52.2%
20	124	Jerri Hixson (F67)		5	F65-69	Plano	12.1	18:07	19:14	+67	37:21.153	12:01.4	38.85	37:33.267	57.5%
21	106	Robert Simpson (M65)		16	M65-69	Coppell	1:16.8	18:45	19:06	+21	37:51.039	12:11.0	111.04	39:07.878	44.3%
22	445	Mireya Salas (F45)		6	F45-49	Carrollton	15.0	18:13	21:04	+171	39:16.659	12:38.5	256.66	39:31.691	40.7%
23	626	Jonathan Le (M18) [2]		17	M15-19	Coppell	21:40.0	8:27	10:04	+96	18:31.050	5:57.6	28.95	40:11.054	72.0%
24	992	Alok Jena (M49)		18	M45-49	Frisco	9.0	19:18	22:50	+211	42:08.134	13:33.7	728.13	42:17.138	34.7%
25	011	Blair Casey (M34) [2]		19	M30-34	Carrollton	22:19.6	11:24	11:24	-1	22:48.058	7:20.3	11.94	45:07.664	57.5%
26	409	Martin Chavez (M59)		20	M55-59	Lewisville	29.9	21:39	24:34	+176	46:12.654	14:52.4	12.65	46:42.587	34.4%
27	255	John Cosentino (M58) [2]		21	M55-59	Plano	23:02.5	12:15	11:53	-22	24:08.415	7:46.2	8.42	47:10.906	65.3%
28	024	Carol Creech (F70)		7	F70-74	Aubrey	3.2	23:34	24:06	+32	47:39.425	15:20.4	107.58	47:42.652	47.3%
29	159	Robert Landon (M61) [2]		22	M60-64	Allen	23:31.7	12:54	12:37	-18	25:31.183	8:12.8	13.82	49:02.886	63.4%
30	246	Sheila Holen (F50)		8	F50-54	Lewisville	36.6	25:34	24:56	-38	50:30.004	16:15.3	60.00	51:06.578	33.5%
31	991	Ruben Saguil (M56)		23	M55-59	Carrollton	26:24.9	13:03	13:20	+18	26:23.146	8:29.6	23.15	52:48.078	58.7%
32	261	John Kramer (M59)		24	M55-59	Plano	4:28.1	24:19	24:09	-10	48:28.181	15:36.1	278.18	52:56.302	32.8%
33	155	Ruben Arevalo (M65) [2]		25	M65-69	Carrollton	26:25.0	14:43	14:42	-2	29:24.776	9:28.0	144.78	55:49.767	57.0%
34	455	Rosemary Lewis (F65)		9	F65-69	Carrollton	31.4	28:54	29:55	+61	58:49.459	18:56.0	70.54	59:20.855	35.4%
35	193	Julio Lopez (M65) [2]		26	M65-69	Farmers Branch	29:13.9	15:24	16:10	+47	31:33.980	10:09.6	93.98	60:47.849	53.1%
36	380	Gabor Toth (M40) [2]		27	M40-44	Coppell	30:09.7	17:50	17:42	-8	35:32.059	11:26.2	212.06	65:41.773	38.4%
37	117	Vijayan Nair (M58) [2]		28	M55-59	Plano	27:32.6	19:06	21:59	+173	41:04.455	13:13.2	64.46	68:37.021	38.4%

22 Positive Split

15 Negative Split

Average Finish Time: 32:38

Average Age Grade: 51.9%