



Carrollton Runners Prediction Run 5K

Sunday, August 21, 2016

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

73F PCloudy 85%H 6mphSSW
5K Off :7:35 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference	
1	5	275	Jeho Oh (M41)			5	M40-44	24:00	5.4	11:48	12:12	+24	23:59.845	⊙	7:43.4	0.15
2	40	999	Blake Bruser (F7)			13	F01-09	41:41	49.0	21:06	20:35	-31	41:41.180	⊙	13:25.1	0.18
3	13	040	Kim Andres (F63)			3	F60-64	26:10	0.0	12:48	13:21	+33	26:08.564	⊙	8:24.9	1.44
4	36	252	Michael Johnson (M63)			25	M60-64	35:00	6.6	16:58	17:58	+60	34:55.911		11:14.6	4.09
5	18	568	Joe Wales (M14)			15	M10-14	27:00	10.6	13:13	13:41	+28	26:54.572		8:39.7	5.43
6	37	050	Chris Goins (M44)			26	M40-44	35:00	13.3	16:23	18:45	+142	35:07.901		11:18.5	7.90
7	16	008	David Mask (M64)			13	M60-64	26:10	8.3	13:12	13:07	-5	26:19.654		8:28.4	9.65
8	26	283	Ruben Reyes (M60)			20	M60-64	29:59	8.0	14:24	15:25	+61	29:48.804		9:35.8	10.20
9	48	278	Zak Sakoglu (M37) [2]			30	M35-39	27:00	26:52.8				27:11.782		8:45.2	11.78
10	12	591	Maurice Valderas (M26)			10	M25-29	26:00	0.0	12:22	13:26	+64	25:47.869		8:18.2	12.13
11	23	448	Victor Hegemann (M76)			18	M75-79	29:20	3.6	14:43	14:55	+12	29:38.154		9:32.3	18.15
12	20	453	Jeff Goodman (M54)			16	M50-54	27:00	2.3	13:25	13:54	+29	27:19.815		8:47.8	19.82
13	33	185	Tina Clark (F47)			11	F45-49	34:00	16.4	16:26	17:07	+41	33:33.494		10:48.1	26.51
14	28	454	Betsy Palmer (F55)			8	F55-59	30:50	14.0	15:34	15:42	+8	31:16.506		10:04.0	26.51
15	25	451	Rob Windsor (M52)			19	M50-54	30:00	11.5	14:34	14:59	+26	29:33.015		9:30.7	26.98
16	14	916	Wally Capps (M75)			11	M75-79	25:55	1.2	13:05	13:18	+13	26:22.579		8:29.4	27.58
17	10	011	Guillermina Bonilla (F54)			2	F50-54	24:30	3.4	11:55	13:05	+71	25:00.007		8:02.8	30.01
18	4	590	Jonathon Barnett (M26)			4	M25-29	23:27	0.0	11:40	12:24	+44	24:03.517		7:44.6	36.52
19	24	198	Yanira Lopez (F53)			6	F50-54	30:15	8.7	14:12	15:23	+71	29:34.405		9:31.1	40.59
20	29	044	Amie Goins (F44)			9	F40-44	30:50	9.3	14:48	16:49	+121	31:36.182		10:10.3	46.18
21	21	343	Jen Evangelista (M45)			17	M45-49	28:00	11.8	13:39	13:33	-6	27:12.795		8:45.5	47.20
22	6	006	Bobby Whitney (M44)			6	M40-44	25:00	7.0	11:46	12:21	+35	24:06.617		7:45.6	53.38
23	1	012	Keith Johnson (M55)			1	M55-59	21:30	6.3	10:37	9:57	-40	20:33.902		6:37.2	56.10
24	44	569	Karen Wales (F46)			16	F45-49	45:00	13.3	21:21	22:42	+82	44:02.882		14:10.7	57.12
25	8	184	Manav Shah (M31)			7	M30-34	25:49	3.8	12:24	12:25	+1	24:49.234		7:59.3	59.77
26	7	593	Briana Carter (F23)			1	F20-24	25:40	0.9	12:22	12:18	-4	24:39.606		7:56.2	60.39
27	11	012	Doug Waters (M51)			9	M50-54	24:00	4.8	12:31	12:32	+1	25:03.092		8:03.8	63.09
28	3	278	Zak Sakoglu (M37)			3	M35-39	25:00	5.5	11:54	12:00	+6	23:54.655		7:41.8	65.34
29	27	003	D Mcdonough (F53)			7	F50-54	32:00	7.4	14:57	15:57	+60	30:53.463		9:56.6	66.54
30	9	060	Jaws Hansen (M56)			8	M55-59	26:11	2.8	12:22	12:36	+14	24:58.310		8:02.3	72.69
31	15	002	Rich Weklar (M45)			12	M45-49	27:30	11.1	13:14	13:00	-13	26:14.088		8:26.6	75.91
32	47	453	Trina Smith-Patterson (F53)			18	F50-54	50:00	4.9	25:19	26:07	+49	51:26.127		16:33.3	86.13
33	31	345	Ryan Pogue (M45)			21	M45-49	29:50	2:10.9	15:10	16:07	+57	31:16.603		10:04.0	86.60
34	17	997	Aloysius Mathenge (M52)			14	M50-54	25:00	3.4	13:12	13:16	+5	26:28.215		8:31.2	88.22
35	39	454	Larry Mccarty (M75)			27	M75-79	38:00	0.0	18:21	17:55	-26	36:16.185		11:40.4	103.81
36	45	262	Jennifer Johnson (F54)			17	F50-54	46:15	7.2	21:55	22:36	+41	44:30.302		14:19.5	104.70
37	22	004	Melanie Mcdonough (F22)			5	F20-24	31:00	7.1	14:08	15:02	+54	29:09.822		9:23.2	110.18
38	46	148	Scott Ahlstrom (M68)			29	M65-69	48:00	15.4	23:12	22:56	-16	46:08.599		14:51.1	111.40
39	35	261	John Kramer (M54)			24	M50-54	29:00	3:07.8	15:20	15:36	+16	30:56.028		9:57.4	116.03
40	41	998	Nathan Bruser (M45)			28	M45-49	39:39	48.2	21:07	20:36	-31	41:42.279		13:25.4	123.28
41	2	193	Julio Lopez (M60)			2	M60-64	25:45	5.1	11:29	12:00	+30	23:29.339		7:33.6	135.66
42	34	015	Gabriel Sapien (M56)			23	M55-59	36:00	10.3	17:39	16:04	-95	33:42.791		10:51.1	137.21
43	32	001	Michael Sullivan (M64)			22	M60-64	30:50	5.5	15:54	17:40	+106	33:33.613		10:48.1	163.61
44	38	250	Suvi Raisanen (F51)			12	F50-54	40:00	4.7	18:38	17:09	-89	35:47.340		11:31.2	252.66
45	42	008	Sydney Skillern (F6)			14	F01-09	48:00	49.0				43:14.070		13:55.0	285.93
46	43	434	Ashley Jones (F39)			15	F35-39	49:30	13.4	20:59	22:57	+117	43:56.014		14:08.5	333.99
47	30	450	Erin Short (F30)			10	F30-34	38:14	9.4	15:25	16:40	+74	32:05.103		10:19.6	368.90
48	19	451	Amber Cervin (F31)			4	F30-34	34:00	9.1	13:02	14:00	+59	27:02.484		8:42.2	417.52

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18 Slower

30 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime)

Fast Slow

△ Positive Split
△ Negative Split

Timing provided by:
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By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	012	Keith Johnson (M55)		1	M55-59	Plano	6.3	10:37	9:57	-40	20:33.902	6:37.2	56.10	20:40.162	74.7%
2	193	Julio Lopez (M60)		2	M60-64	Farmers Branch	5.1	11:29	12:00	+30	23:29.339	7:33.6	135.66	23:34.455	68.3%
3	278	Zak Sakoglu (M37)		3	M35-39	Dallas	5.5	11:54	12:00	+6	23:54.655	7:41.8	65.34	24:00.111	55.8%
4	590	Jonathon Barnett (M26)		4	M25-29	Arlington	0.0	11:40	12:24	+44	24:03.517	7:44.6	36.52	24:03.517	53.6%
5	275	Jeho Oh (M41)		5	M40-44	Mckinney	5.4	11:48	12:12	+24	23:59.845	7:43.4	0.15	24:05.294	57.3%
6	006	Bobby Whitney (M44)		6	M40-44	Southlake	7.0	11:46	12:21	+35	24:06.617	7:45.6	53.38	24:13.634	58.4%
7	593	Briana Carter (F23)		1	F20-24	Arlington	0.9	12:22	12:18	-4	24:39.606	7:56.2	60.39	24:40.490	60.0%
8	184	Manav Shah (M31)		7	M30-34	Dallas	3.8	12:24	12:25	+1	24:49.234	7:59.3	59.77	24:53.000	52.2%
9	060	Jaws Hansen (M56)		8	M55-59	Dallas	2.8	12:22	12:36	+14	24:58.310	8:02.3	72.69	25:01.115	62.1%
10	011	Guillermina Bonilla (F54)		2	F50-54	El Paso	3.4	11:55	13:05	+71	25:00.007	8:02.8	30.01	25:03.373	71.2%
11	012	Doug Waters (M51)		9	M50-54	Carrollton	4.8	12:31	12:32	+1	25:03.092	8:03.8	63.09	25:07.919	59.4%
12	591	Maurice Valderas (M26)		10	M25-29	Dallas	0.0	12:22	13:26	+64	25:47.869	8:18.2	12.13	25:47.869	50.0%
13	040	Kim Andres (F63)		3	F60-64	Irving	0.0	12:48	13:21	+33	26:08.564	8:24.9	1.44	26:08.564	77.2%
14	916	Wally Capps (M75)		11	M75-79	Farmers Branch	1.2	13:05	13:18	+13	26:22.579	8:29.4	27.58	26:23.800	71.8%
15	002	Rich Weklar (M45)		12	M45-49	Bartonville	11.1	13:14	13:00	-13	26:14.088	8:26.6	75.91	26:25.154	54.0%
16	008	David Mask (M64)		13	M60-64	Lewisville	8.3	13:12	13:07	-5	26:19.654	8:28.4	9.65	26:27.949	63.1%
17	997	Aloysius Mathenge (M52)		14	M50-54	Dallas	3.4	13:12	13:16	+5	26:28.215	8:31.2	88.22	26:31.589	56.6%
18	568	Joe Wales (M14)		15	M10-14	Carrollton	10.6	13:13	13:41	+28	26:54.572	8:39.7	5.43	27:05.160	52.7%
19	451	Amber Cervin (F31)		4	F30-34	Richardson	9.1	13:02	14:00	+59	27:02.484	8:42.2	417.52	27:11.564	54.8%
20	453	Jeff Goodman (M54)		16	M50-54	Hickory Creek	2.3	13:25	13:54	+29	27:19.815	8:47.8	19.82	27:22.115	55.8%
21	343	Jen Evangelista (M45)		17	M45-49	Irving	11.8	13:39	13:33	-6	27:12.795	8:45.5	47.20	27:24.642	52.1%
22	004	Melanie Mcdonough (F22)		5	F20-24	Frisco	7.1	14:08	15:02	+54	29:09.822	9:23.2	110.18	29:16.945	50.7%
23	448	Victor Hegemann (M76)		18	M75-79	Bedford	3.6	14:43	14:55	+12	29:38.154	9:32.3	18.15	29:41.709	65.1%
24	198	Yanira Lopez (F53)		6	F50-54	Farmers Branch	8.7	14:12	15:23	+71	29:34.405	9:31.1	40.59	29:43.101	59.4%
25	451	Rob Windsor (M52)		19	M50-54	Flower Mound	11.5	14:34	14:59	+26	29:33.015	9:30.7	26.98	29:44.515	50.7%
26	283	Ruben Reyes (M60)		20	M60-64	Carrollton	8.0	14:24	15:25	+61	29:48.804	9:35.8	10.20	29:56.791	53.8%
27	003	D Mcdonough (F53)		7	F50-54	Frisco	7.4	14:57	15:57	+60	30:53.463	9:56.6	66.54	31:00.904	56.9%
28	454	Betsy Palmer (F55)		8	F55-59	Carrollton	14.0	15:34	15:42	+8	31:16.506	10:04.0	26.51	31:30.537	57.7%
29	044	Amie Goins (F44)		9	F40-44	Garland	9.3	14:48	16:49	+121	31:36.182	10:10.3	46.18	31:45.441	50.1%
30	450	Erin Short (F30)		10	F30-34	Lucas	9.4	15:25	16:40	+74	32:05.103	10:19.6	368.90	32:14.513	46.1%
31	345	Ryan Pogue (M45)		21	M45-49	Carrollton	2:10.9	15:10	16:07	+57	31:16.603	10:04.0	86.60	33:27.490	45.3%
32	001	Michael Sullivan (M64)		22	M60-64	Dallas	5.5	15:54	17:40	+106	33:33.613	10:48.1	163.61	33:39.080	49.5%
33	185	Tina Clark (F47)		11	F45-49	Farmers Branch	16.4	16:26	17:07	+41	33:33.494	10:48.1	26.51	33:49.931	48.6%
34	015	Gabriel Sapien (M56)		23	M55-59	Carrollton	10.3	17:39	16:04	-95	33:42.791	10:51.1	137.21	33:53.054	46.0%
35	261	John Kramer (M54)		24	M50-54	Plano	3:07.8	15:20	15:36	+16	30:56.028	9:57.4	116.03	34:03.865	49.3%
36	252	Michael Johnson (M63)		25	M60-64	Coppell	6.6	16:58	17:58	+60	34:55.911	11:14.6	4.09	35:02.474	47.2%
37	050	Chris Goins (M44)		26	M40-44	Garland	13.3	16:23	18:45	+142	35:07.901	11:18.5	7.90	35:21.222	40.0%
38	250	Suvi Raisanen (F51)		12	F50-54	Grapevine	4.7	18:38	17:09	-89	35:47.340	11:31.2	252.66	35:52.089	47.9%
39	454	Larry Mccarty (M75)		27	M75-79	Richardson	0.0	18:21	17:55	-26	36:16.185	11:40.4	103.81	36:16.185	52.2%
40	999	Blake Bruser (F7)		13	F01-09	Coppell	49.0	21:06	20:35	-31	41:41.180	13:25.1	0.18	42:30.175	45.0%
41	998	Nathan Bruser (M45)		28	M45-49	Coppell	48.2	21:07	20:36	-31	41:42.279	13:25.4	123.28	42:30.519	34.0%
42	008	Sydney Skillern (F6)		14	F01-09	Coppell	49.0				43:14.070	13:55.0	285.93	44:03.033	45.2%
43	434	Ashley Jones (F39)		15	F35-39	Spokane	13.4	20:59	22:57	+117	43:56.014	14:08.5	333.99	44:09.441	34.7%
44	569	Karen Wales (F46)		16	F45-49	Carrollton	13.3	21:21	22:42	+82	44:02.882	14:10.7	57.12	44:16.144	36.6%
45	262	Jennifer Johnson (F54)		17	F50-54	Coppell	7.2	21:55	22:36	+41	44:30.302	14:19.5	104.70	44:37.541	40.0%
46	148	Scott Ahlstrom (M68)		29	M65-69	Carrollton	15.4	23:12	22:56	-16	46:08.599	14:51.1	111.40	46:24.039	37.4%
47	453	Trina Smith-Patterson (F53)		18	F50-54	Fort Worth	4.9	25:19	26:07	+49	51:26.127	16:33.3	86.13	51:31.035	34.2%
48	278	Zak Sakoglu (M37) [2]		30	M35-39	Dallas	26:52.8				27:11.782	8:45.2	11.78	54:04.621	49.1%

35 Positive Split

11 Negative Split

Average Finish Time: 31:06

Average Age Grade: 52.8%

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast

Slow

△ Positive Split

△ Negative Split



Timing provided by:

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